

West Wales Regional LC Championships 2026 - 06/02/2026 to 08/02/2026

Meet Program - Session 6 (Warmup (11.50 - 12.40))

Event 321 Girls 11 & Over 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 12 Finals				
1	Davies, Phoebe	12	Tenby	1:43.80
2	Demchyshyna, Viktoriia	11	Amman Valley	1:41.20
3	Roberts, Xyla	11	Afan Valley	1:40.80
4	Antwhistle, Esme	12	Swansea Aq	1:38.11
5	Rabaiotti, Orla-Rae	11	Swansea Aq	1:38.40
6	Evans, Liliana	11	Llanelli	1:40.80
7	McFarlane, Mali	12	Milford Havn	1:41.82
8				
Heat 2 of 12 Finals				
1	Organ, Eleanor	11	Swansea Aq	1:37.90
2	Gil Wood, Sofia	11	Swansea Aq	1:37.60
3	Bullock, Georgia May	13	Carmarthen	1:36.50
4	Snellgrove, Maddie	12	Neath	1:35.43
5	Harvey-Flinn, Ruby	13	Swansea Aq	1:35.80
6	Williams, Eva	12	Swansea Aq	1:37.60
7	Nicklin, Parker	11	Amman Valley	1:37.70
8	Davies, Loti	13	C Dolphins	1:38.01
Heat 3 of 12 Finals				
1	Dashfield, Olivia	13	Pembs Cty	1:33.90
2	Watson, Isabelle	13	Neath	1:32.55
3	Oseng-Rees, Eira	13	Swansea Aq	1:32.20
4	Hope, Brooke	12	Tenby	1:30.84
5	Arnold, Olivia	13	Milford Havn	1:31.17
6	Williams, Lois	14	Swansea Aq	1:32.20
7	Phillips, Isabelle	13	Haverfordwes	1:33.70
8	Husband, Alysia	11	Haverfordwes	1:34.20
Heat 4 of 12 Finals				
1	Mason, Ezmee	13	Pembs Cty	1:29.60
2	Thomas, Eden	13	Neath	1:28.91
3	Francis, Mia	13	Pembs Cty	1:28.90
4	Morgan, Iolah	12	Haverfordwes	1:28.30
5	Griffiths, Elizabeth	15	Fishguard	1:28.86
6	Kellaway, Evie-Rosa	13	Aberystwyth	1:28.90
7	Lennon, Amelia-Rose	12	Carmarthen	1:29.30
8	Davies, Betsi	14	Pembs Cty	1:29.90
Heat 5 of 12 Finals				
1	Lewis, Evie	13	Pembs Cty	1:27.32
2	Enoch, Erin Lois	12	Carmarthen	1:27.00
3	Foldi, Kristina	14	Pembs Cty	1:26.50
4	Thomas, Leah	15	Haverfordwes	1:25.90
5	Kurys, Bonnie Phoebe	13	Carmarthen	1:26.30
6	Butcher, Freya	11	Swansea Aq	1:26.55
7	Lloyd-Taylor, Cali	15	Fishguard	1:27.03
8	Henson, Jessica	13	Pembs Cty	1:27.70
Heat 6 of 12 Finals				
1	Williams, Fay	14	Swansea Aq	1:24.40
2	Dyde, Pheobe	14	Pembs Cty	1:23.90
3	Giles, Seren	16	Neath	1:23.01
4	Hall, Isabelle	15	Pembs Cty	1:22.80
5	Roberts Mylan, Ffion	14	Swansea Aq	1:23.00
6	Duncan, Ava	14	Amman Valley	1:23.50
7	Williams, April	12	Swansea Aq	1:24.00
8	Williams, Evie	13	Pembs Cty	1:25.00

Heat 7 of 12 Finals

1	Kaill-Franks, Nia	15	Pembs Cty	1:22.40
2	Griffiths, Isla	13	Tenby	1:20.68
3	Powell, Nina Lily Truda	14	Carmarthen	1:20.60
4	Fry, Tilly	14	Llanelli	1:20.10
5	Miles, Megan	18	Pembs Cty	1:20.31
6	Morris, Besi	13	Amman Valley	1:20.60
7	Morris, Ffion	14	Pembs Cty	1:21.85
8	Jones, Alexa	13	Llanelli	1:22.52

Heat 8 of 12 Finals

1	Kenny, Jemima	15	Pembs Cty	1:19.70
2	Davies, Eva	15	Afan Valley	1:19.10
3	Ostrowski, Julia	17	Pembs Cty	1:18.10
4	Short, Amelia	15	Neath	1:17.65
5	Griffiths, Ffion	15	Pembs Cty	1:17.70
6	Morris, Blair	13	Neath	1:18.68
7	Alexander, Seren	16	Aberystwyth	1:19.40
8	Hall, Ellena	15	Pembs Cty	1:20.10

Heat 9 of 12 Finals

1	Koo, Kathryn	17	Pembs Cty	1:17.10
2	Richardson, Beca	16	Swansea Aq	1:16.67
3	Philpott, Ffion	17	Nofio S Gar	1:16.02
4	Davies, Elizabeth	13	Pembs Cty	1:15.20
5	Cressey-Rodgers, Gwenllian	16	Nofio S Gar	1:15.20
6	Mcfarlane, Una	15	Pembs Cty	1:16.30
7	Hawkins, Lottie	13	Pembs Cty	1:17.00
8	Pinnock, Betsan	14	Swansea Aq	1:17.30

Heat 10 of 12 Finals

1	Holmes, Seren	17	Afan Valley	1:14.80
2	Lewis, Carys	19	Swansea Uni	1:14.69
3	Clissold, Bronwyn	18	Pembs Cty	1:14.40
4	Williams, Paige	14	Swansea Aq	1:13.90
5	Upton-Boorman, Isabella	16	Nofio S Gar	1:13.92
6	Stanley, Esmee	20	Swansea Uni	1:14.66
7	Thompson, Freya	16	Pembs Cty	1:14.70
8	Dash, Amelie	15	Pembs Cty	1:14.90

Heat 11 of 12 Finals

1	Webb, Saskia S14	19	Pembs Cty	1:13.70
2	Jones, Hunydd	15	Nofio S Gar	1:11.97
3	Taffetsauffer, Isabella	15	Nofio S Gar	1:11.72
4	Berner, Iyla	13	Nofio S Gar	1:09.76
5	Stokes, Aimee	22	Swansea Uni	1:10.90
6	Geach, Libbie	17	Nofio S Gar	1:11.82
7	Bruce, Skye	17	Pembs Cty	1:13.30
8	Beasley, Evaleigh	13	Swansea Aq	1:13.90

Heat 12 of 12 Finals

1	Hatton-Ellis, Izzy	18	Swansea Uni	1:07.96
2	McGrath, Izzy	20	Swansea Uni	1:07.73
3	Nichols, Grace	16	Pembs Cty	1:05.00
4	Harris, Medi	24	Swansea Uni	1:00.25
5	Sutton, Bex	25	Swansea Uni	1:01.73
6	Willis, Hannah	21	Swansea Uni	1:06.91
7	Lush, Emily	24	Swansea Uni	1:07.83
8	Davies, Isla	13	Nofio S Gar	1:08.70

West Wales Regional LC Championships 2026 - 06/02/2026 to 08/02/2026

Meet Program - Session 6 (Warmup (11.50 - 12.40))

Event 322 Boys 11 & Over 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

1				—
2				—
3	Lewis, Gethin	12	Neath	12:31.45
4	Jones, Tomi	14	Neath	12:05.67
5	Pyzer, Cyrus Alexander	13	Carmarthen	12:12.60
6				—
7				—
8				—

Heat 2 of 3 Finals

1	Higgins, Finley	15	Swansea Aq	10:51.90
2	Evans, Sam	14	Pembs Cty	10:05.80
3	Burt, Caio	16	Llanelli	10:00.60
4	Harwood, Jack	15	Pembs Cty	9:42.00
5	Morgan, Ben	17	Pembs Cty	9:45.50
6	Noden, Rory	14	Pembs Cty	10:02.20
7	Bowes, James	14	Carmarthen	10:12.90
8	Roberts-Truman, Harri	16	Neath	10:51.95

Heat 3 of 3 Finals

1	Bennett, Finley	17	Pembs Cty	9:05.30
2	Twigger, Owen	17	Swansea Aq	8:48.50
3	Keeble, Alex	22	Swansea Uni	8:41.85
4	Nerushenko, Valeriy	21	Swansea Uni	8:27.62
5	Harris, Dan or Daniel	19	Swansea Uni	8:38.19
6	Mistry, Manav Mistry	19	Swansea Uni	8:47.04
7	Evans, Ieuan Evans	19	Swansea Uni	8:53.62
8	Thomas, Iolo	16	Neath	9:11.78

Event 323 Girls 11 & Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 19 Finals

1				—
2				—
3	Edmunds, Jessica S14	17	Llanelli	2:02.30
4	Monan, Hazel	11	Tenby	1:31.93
5	Roberts, Xyla	11	Afan Valley	1:33.40
6				—
7				—
8				—

Heat 2 of 19 Finals

1	Rabaiotti, Orla-Rae	11	Swansea Aq	1:31.00
2	Holness, Camille	12	Swansea Aq	1:29.20
3	Gil Wood, Sofia	11	Swansea Aq	1:28.50
4	Husband, Alysia	11	Haverfordwes	1:28.10
5	Felton, Catrin	11	C Dolphins	1:28.39
6	Madge, Brianna	12	C Dolphins	1:29.11
7	Evans, Liliana	11	Llanelli	1:30.60
8				—

Heat 3 of 19 Finals

1	Evans, Cora Eirlys	12	Carmarthen	1:27.10
2	Hope, Brooke	12	Tenby	1:25.66
3	Powell, Poppy	13	Llanelli	1:25.40
4	Snellgrove, Maddie	12	Neath	1:23.21
5	Phillips, Isabelle	13	Haverfordwes	1:24.90
6	Philpott, Lowri S14	15	Llanelli	1:25.41
7	McFarlane, Mali	12	Milford Havn	1:26.22
8	Demchshyna, Viktoriia	11	Amman Valley	1:27.80

Heat 4 of 19 Finals

1	Jenkins, Olivia	13	Swansea Aq	1:22.30
2	Owen-Rees, Scarlett	13	Aberavon	1:21.87
3	Jenkins, Alys	14	Amman Valley	1:21.70
4	Edmunds, Freya	13	Llanelli	1:21.00
5	Dashfield, Olivia	13	Pembs Cty	1:21.60
6	Arnold, Olivia	13	Milford Havn	1:21.82
7	Humphreys, Mali	13	Swansea Aq	1:22.10
8	Organ, Eleanor	11	Swansea Aq	1:22.40

Heat 5 of 19 Finals

1	Lennon, Amelia-Rose	12	Carmarthen	1:20.40
2	Clay, Emelia	12	Swansea Aq	1:19.70
3	Davies, Betsi	14	Pembs Cty	1:19.40
4	Joseph, Ellie	14	C Dolphins	1:19.07
5	Iturbe, Carys	13	Afan Valley	1:19.30
6	Hopkins, Darcy	13	Penyrheol	1:19.60
7	Roberts Mylan, Sophie	14	Swansea Aq	1:19.80
8	Massey, Mia	14	C Dolphins	1:20.56

Heat 6 of 19 Finals

1	Williams, April	12	Swansea Aq	1:17.80
2	Fenemore, Emily Grace	14	Carmarthen	1:17.40
3	Prince, Edith	12	Swansea Aq	1:17.30
4	Clement, Darcey	14	Afan Valley	1:17.00
5	Williams, Lois	14	Swansea Aq	1:17.22
6	Thomas, Eden	13	Neath	1:17.36
7	David, Emily	15	Haverfordwes	1:17.60
8	Titely, Lola	14	Milford Havn	1:18.70

Heat 7 of 19 Finals

1	Hughes, Seren	15	Neath	1:16.30
2	Lloyd-Taylor, Cali	15	Fishguard	1:15.94
3	Wells, Iris	15	C Dolphins	1:15.75
4	Shelmerdine, Molly	11	Neath	1:15.55
5	Williams, Evie	13	Pembs Cty	1:15.70
6	Henson, Jessica	13	Pembs Cty	1:15.90
7	Griffiths, Isla	13	Tenby	1:15.95
8	Baylis, Ellie	14	Penyrheol	1:16.72

Heat 8 of 19 Finals

1	Fry, Tilly	14	Llanelli	1:14.70
2	Hawkins, Betsy-May	15	Llanelli	1:14.59
3	Thomas, Carys	15	Penyrheol	1:14.50
4	Hughes, Megan	13	C Dolphins	1:14.37
5	Humphrey, Eliza	21	Swansea Uni	1:14.49
6	Alexander, Seren	16	Aberystwyth	1:14.50
7	Jones, Ashleigh Rebecca	16	Carmarthen	1:14.60
8	Enoch, Erin Lois	12	Carmarthen	1:15.10

Heat 9 of 19 Finals

1	Williams, Fay	14	Swansea Aq	1:13.96
2	Foldi, Kristina	14	Pembs Cty	1:13.80
3	Kasto, Evie	15	Swansea Aq	1:12.50
4	Francis, Mia	13	Pembs Cty	1:11.77
5	Lauder, Beatrix	13	Neath	1:12.23
6	Percival, Bella	14	C Dolphins	1:13.35
7	Morris, Ffion	14	Pembs Cty	1:13.90
8	Gale, Jasmine	16	Afan Valley	1:14.30

West Wales Regional LC Championships 2026 - 06/02/2026 to 08/02/2026

Meet Program - Session 6 (Warmup (11.50 - 12.40))

Heat 10 Finals (#323 Girls 11 & Over 100 LC Meter Freestyle)

1	Gardner-Rolfe, Mia	14	Swansea Aq	1:11.70	___
2	Holloway, Olivia	17	Afan Valley	1:11.59	___
3	Short, Amelia	15	Neath	1:11.28	___
4	Kurys, Millie	12	Carmarthen	1:10.90	___
5	Williams, Eirwen	14	Neath	1:10.91	___
6	Mason, Ezmee	13	Pembs Cty	1:11.51	___
7	Kaill-Franks, Nia	15	Pembs Cty	1:11.60	___
8	Gil Wood, Elena	14	Swansea Aq	1:11.71	___

Heat 11 of 19 Finals

1	Dyde, Pheobe	14	Pembs Cty	1:10.44	___
2	Kenny, Jemima	15	Pembs Cty	1:09.90	___
3	Beasley, Evaleigh	13	Swansea Aq	1:09.50	___
4	Morris, Blair	13	Neath	1:09.43	___
5	Knight, Lily	16	C Dolphins	1:09.46	___
6	Miles, Megan	18	Pembs Cty	1:09.87	___
7	Hawkins, Lottie	13	Pembs Cty	1:10.20	___
8	Parry, Abi	13	Nofio S Gar	1:10.78	___

Heat 12 of 19 Finals

1	Jenkins, Alexandra	17	Swansea Aq	1:09.29	___
2	Davies, Erin	15	C Dolphins	1:09.13	___
3	Summerfield, Lucy	14	Llanelli	1:09.10	___
4	Jenkins, Elli	15	Swansea Aq	1:08.60	___
5	Davies, Ava-Rose	13	Nofio S Gar	1:08.61	___
6	Mitrjaikina, Scarlet	14	Swansea Aq	1:09.12	___
7	Williams, Paige	14	Swansea Aq	1:09.25	___
8	Powell, Nina Lily Truda	14	Carmarthen	1:09.40	___

Heat 13 of 19 Finals

1	Griffiths, Elizabeth	15	Fishguard	1:08.41	___
2	Rowland, Scarlett	14	Neath	1:08.21	___
3	Mcfarlane, Una	15	Pembs Cty	1:07.89	___
4	Lewis, Evie	13	Pembs Cty	1:07.56	___
5	Ostrowski, Julia	17	Pembs Cty	1:07.80	___
6	Griffiths, Ffion	15	Pembs Cty	1:08.00	___
7	Hall, Ellena	15	Pembs Cty	1:08.40	___
8	Davies, Eva	15	Afan Valley	1:08.60	___

Heat 14 of 19 Finals

1	Koo, Kathryn	17	Pembs Cty	1:07.50	___
2	Bruce, Skye	17	Pembs Cty	1:07.10	___
3	Davies, Isabella	15	Nofio S Gar	1:06.85	___
4	Watkins, Mylee	16	Neath	1:06.55	___
5	Cressey-Rodgers, Gwenllian	16	Nofio S Gar	1:06.83	___
6	Upton-Boorman, Isabella	16	Nofio S Gar	1:06.89	___
7	Hall, Isabelle	15	Pembs Cty	1:07.40	___
8	Mason, Phoebe	16	Pembs Cty	1:07.55	___

Heat 15 of 19 Finals

1	Goodman, Evie	15	Swansea Aq	1:06.30	___
2	Morgan, Evelyn	15	Nofio S Gar	1:06.03	___
3	Goodman, Lola	15	Swansea Aq	1:05.90	___
4	Filmer, Gwennan	14	Aberystwyth	1:05.30	___
5	Kazmiruk, Anastasiia	15	Nofio S Gar	1:05.71	___
6	Dash, Amelie	15	Pembs Cty	1:06.00	___
7	Davies, Elizabeth	13	Pembs Cty	1:06.21	___
8	Ley, Lucy	18	Swansea Aq	1:06.50	___

Heat 16 of 19 Finals

1	Moorby, Charlie	20	Swansea Uni	1:05.26	___
2	Patterson, Hollie May	15	Carmarthen	1:04.80	___
3	Goodliffe, Faith	26	C Dolphins	1:04.66	___
4	Williams, Hollie	19	Nofio S Gar	1:04.24	___
5	Bissicks, Cari	15	Neath	1:04.58	___
6	Daly, Kirsten	20	Neath	1:04.74	___
7	Williams, Marys	17	Swansea Aq	1:05.09	___
8	Owen, Kessie	18	Neath	1:05.28	___

Heat 17 of 19 Finals

1	Clissold, Bronwyn	18	Pembs Cty	1:03.30	___
2	Carter, Ava	18	Penyrheol	1:03.10	___
3	Davies, Isla	13	Nofio S Gar	1:02.65	___
4	Burns, Freya	15	Nofio S Gar	1:02.31	___
5	King, Marley	18	Penyrheol	1:02.35	___
6	Lewis, Lowri	20	Neath	1:02.68	___
7	Gilderdale, Celyn	18	Pembs Cty	1:03.26	___
8	Clissold, Elizabeth	20	Pembs Cty	1:03.89	___

Heat 18 of 19 Finals

1	Berner, Iyla	13	Nofio S Gar	1:02.29	___
2	Weaver, Poppy	19	Swansea Uni	1:02.26	___
3	Cummer, Megs	19	Swansea Uni	1:01.57	___
4	Roberts, Megan	19	Swansea Uni	1:01.22	___
5	Geach, Libbie	17	Nofio S Gar	1:01.33	___
6	Hunter, Liv	22	Swansea Uni	1:01.77	___
7	Humphreys, Holly	18	Neath	1:02.29	___
8	McGrath, Izzy	20	Swansea Uni	1:02.30	___

Heat 19 of 19 Finals

1	Nichols, Grace	16	Pembs Cty	1:00.61	___
2	Davies, Megan	21	Swansea Uni	59.48	___
3	Stead, Martha	21	Swansea Uni	59.22	___
4	Woodcock, Hannah	22	Swansea Uni	56.65	___
5	Griffiths, Cerys	16	Pembs Cty	59.21	___
6	Patterson, Millie	20	Swansea Uni	59.37	___
7	Lush, Emily	24	Swansea Uni	59.83	___
8	Stokes, Aimee	22	Swansea Uni	1:01.20	___

Event 324 Boys 11 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1	Fenn, William	11	Swansea Aq	4:19.80	___
2	Caprilli, Valentino	12	Fishguard	4:09.00	___
3	Filmer, Owen	11	Aberystwyth	3:51.40	___
4	Leahy, Herbie	12	Pembs Cty	3:42.70	___
5	Dadswell, Harry	13	Pembs Cty	3:50.18	___
6	Mills, Flynn	12	Milford Havn	3:58.62	___
7	Taylor, Kingsley	11	Swansea Aq	4:18.80	___
8					___

Heat 2 of 4 Finals

1	Lloyd- Roberts, Harry	14	Milford Havn	3:39.11	___
2	Rees, Oscar	13	Llanelli	3:23.96	___
3	Antwhistle, Isaac	14	Swansea Aq	3:20.80	___
4	Williams, Lucas	12	Swansea Aq	3:18.10	___
5	Lloyd, Vincent-Owen	13	Llanelli	3:18.50	___
6	Monan, Euan	13	Pembs Cty	3:21.40	___
7	Marques-Jones, Idris	12	Carmarthen	3:35.80	___
8	Pirmohamed, Eshan	13	Swansea Aq	3:40.60	___

West Wales Regional LC Championships 2026 - 06/02/2026 to 08/02/2026

Meet Program - Session 6 (Warmup (11.50 - 12.40))

Heat 3 Finals (#324 Boys 11 & Over 200 LC Meter Breaststroke)

1	Smith, Declan	15	Neath	3:11.02	___
2	Backen, Freddie	14	Pembs Cty	3:09.80	___
3	Smith, Caelan	16	Haverfordwes	3:01.90	___
4	Jones, Dafydd	14	Carmarthen	3:01.30	___
5	Lerigo, Oli	16	Aberystwyth	3:01.50	___
6	Crotty, Beau	15	PembrokeDist	3:05.59	___
7	Batcup, Oliver	14	Swansea Aq	3:10.40	___
8	Lewis, Cian	17	Neath	3:11.42	___

Heat 4 of 4 Finals

1	Marques-Jones, Felix	14	Carmarthen	2:59.31	___
2	Thomas, Rhys	16	Pembs Cty	2:50.20	___
3	Upton-Boorman, Liam	19	Nofio S Gar	2:32.82	___
4	Lovell-Pascal, Jean-Luc	21	Swansea Uni	2:25.93	___
5	Stuart Lavender, Jac	16	Nofio S Gar	2:31.80	___
6	Phillips, Finley	16	Nofio S Gar	2:33.34	___
7	Morgan, Thomas	14	Neath	2:57.28	___
8	Fogarty, Oliver	14	Pembs Cty	3:00.90	___

Event 325 Girls 11-12 4x100 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals

1			___
2	C Dolphins	A	NT ___
3	Swansea Aq	A	NT ___
	1) Soul, Anna 12	2) Williams, April 12	
	3) Prince, Edith 12	4) Jones, Myla 11	
4	Amman Valley	A	NT ___
5	Tenby	A	NT ___
6	Llanelli	A	NT ___
7	Amman Valley	B	NT ___
8			___

Event 326 Girls 13-14 4x100 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals

1	Pembs Cty	B	NT ___
2	Swansea Aq	A	NT ___
	1) Mitrjaikina, Scarlet 14	2) Beasley, Evaleigh 13	
	3) Hnoiana, Valya 14	4) Williams, Paige 14	
3	Llanelli	A	NT ___
4	Pembs Cty	A	4:32.48 ___
5	Nofio S Gar	A	NT ___
6	C Dolphins	A	NT ___
7	Amman Valley	A	NT ___
8			___

Event 327 Girls 15-16 4x100 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals

1			___
2	Swansea Aq	A	NT ___
	1) Goodman, Evie 15	2) Jenkins, Elli 15	
	3) Richardson, Beca 16	4) Goodman, Lola 15	
3	Llanelli	A	NT ___
4	Pembs Cty	A	4:18.09 ___
5	C Dolphins	A	NT ___
6	Nofio S Gar	A	NT ___
7	Pembs Cty	B	NT ___
8			___

Event 328 Girls 17 & Over 4x100 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals

1			___
2			___
3			___
4	Swansea Uni	A	NT ___
5			___
6			___
7			___
8			___