

## West Wales Regional LC Championships 2026 - 06/02/2026 to 08/02/2026

## Meet Program - Session 7 (Warmup 3.35 - 4.25)

**Event 331 Boys 11 & Over 50 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 5 Finals</b>				
1	Filmer, Owen	11	Aberystwyth	53.00
2	Mills, Flynn	12	Milford Havn	51.40
3	Treinis, Lucian	12	Tenby	49.37
4	Evans, Wolfgang	12	PembrokeDist	48.06
5	Marques-Jones, Idris	12	Carmarthen	49.10
6	May-John, Dylan	11	Aberystwyth	51.00
7	Fretwell, Logan	12	Milford Havn	52.70
8				

**Heat 2 of 5 Finals**

1	Lloyd- Roberts, Harry	14	Milford Havn	46.29
2	Thomas, Gabriel	11	Llanelli	44.70
3	Monan, Euan	13	Pembs Cty	41.71
4	Reynolds, Owain	19	Llanelli	40.40
5	Smith, Declan	15	Neath	41.06
6	Higgins, Finley	15	Swansea Aq	43.30
7	Rees, Oscar	13	Llanelli	45.88
8	Pirmohamed, Eshan	13	Swansea Aq	47.70

**Heat 3 of 5 Finals**

1	Lewis, Callum	17	Milford Havn	39.55
2	Lewis, Cian	17	Neath	39.32
3	Bevan, Driw	14	Llanelli	39.05
4	Williams, Lucas	12	Swansea Aq	38.30
5	Noden, Rory	14	Pembs Cty	38.50
6	Batcup, Oliver	14	Swansea Aq	39.12
7	Lloyd, Vincent-Owen	13	Llanelli	39.34
8	Marques-Jones, Felix	14	Carmarthen	39.80

**Heat 4 of 5 Finals**

1	Crotty, Beau	15	PembrokeDist	37.37
2	Smith, Caelan	16	Haverfordwes	36.80
3	Baker, Ellis	20	Swansea Uni	33.32
4	Helps, Jacob	20	Swansea Uni	33.00
5	Bennett, Finley	17	Pembs Cty	33.28
6	Lerigo, Oli	16	Aberystwyth	36.70
7	Morgan, Cole	15	C Dolphins	37.10
8	Poole, Tomos	16	Afan Valley	38.00

**Heat 5 of 5 Finals**

1	Upton-Boorman, Liam	19	Nofio S Gar	32.37
2	Stuart Lavender, Jac	16	Nofio S Gar	31.96
3	Lovell-Pascal, Jean-Luc	21	Swansea Uni	29.60
4	James, Jack	19	Swansea Uni	28.94
5	Turner, Harry	27	Swansea Uni	29.50
6	Staines, Luca	22	Swansea Uni	30.09
7	Phillips, Finley	16	Nofio S Gar	31.99
8	Silverstone, Sol	17	Pembs Cty	32.70

**Event 332 Girls 11 & Over 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1	George, Eilir	16	Llanelli	3:09.50
2	Dyde, Pheobe	14	Pembs Cty	3:06.10
3	Davies, Elizabeth	13	Pembs Cty	3:04.10
4	Mason, Phoebe	16	Pembs Cty	3:00.50
5	Roberts Mylan, Ffion	14	Swansea Aq	3:01.50
6	Gil Wood, Elena	14	Swansea Aq	3:05.10
7	Powell, Nina Lily Truda	14	Carmarthen	3:08.00
8	Davies, Eva	15	Afan Valley	3:16.30

**Heat 2 of 2 Finals**

1	Berner, Iyla	13	Nofio S Gar	2:57.36
2	Mcfarlane, Una	15	Pembs Cty	2:53.10
3	Griffiths, Cerys	16	Pembs Cty	2:26.85
4	Toms, Emily	20	Swansea Uni	2:20.73
5	Grant, Lucy	19	Swansea Uni	2:24.36
6	Morgan, Evelyn	15	Nofio S Gar	2:50.24
7	Ostrowski, Julia	17	Pembs Cty	2:56.20
8	Kenny, Jemima	15	Pembs Cty	2:59.40

**Event 333 Boys 11 & Over 100 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Finals</b>				
1				
2	Jermin, Morgan	13	Llanelli	1:25.30
3	Dadswell, Harry	13	Pembs Cty	1:20.40
4	Bowes, James	14	Carmarthen	1:17.80
5	Backen, Freddie	14	Pembs Cty	1:19.30
6	Batcup, Oliver	14	Swansea Aq	1:23.90
7	Lewis, Henry	14	Neath	1:26.75
8				

**Heat 2 of 4 Finals**

1	Bevan, Driw	14	Llanelli	1:16.90
2	Evans, Sam	14	Pembs Cty	1:11.00
3	Phillips, Finley	16	Nofio S Gar	1:09.40
4	Harwood, Jack	15	Pembs Cty	1:08.21
5	Fogarty, Oliver	14	Pembs Cty	1:08.67
6	Morgan, Ben	17	Pembs Cty	1:09.60
7	Thomas, Tristan	16	Pembs Cty	1:15.10
8	Collins, Thomas	14	Penyrheol	1:17.30

**Heat 3 of 4 Finals**

1	Chapman, Coby	17	Penyrheol	1:05.80
2	Helps, Jacob	20	Swansea Uni	1:03.80
3	Keeble, Alex	22	Swansea Uni	1:01.18
4	Chapman, Nathan	22	Swansea Uni	59.54
5	Major, Seb	20	Swansea Uni	1:00.95
6	Greenway, Morgan	23	Swansea Uni	1:01.45
7	Jones, Lloyd	23	Swansea Uni	1:04.64
8	Galbraith, Elian	17	Llanelli	1:06.20

**Heat 4 of 4 Finals**

1	Kamel, Yassin	17	Swansea Uni	58.00
2	Taylor, Harry	19	Swansea Uni	57.17
3	Morgan, dom	21	Swansea Uni	56.61
4	Edwards, Rhys	24	Swansea Uni	54.36
5	Kershaw, Charles	24	Swansea Uni	56.50
6	Chan, Jacky	19	Swansea Uni	56.70
7	Murray, Ross	21	Swansea Uni	57.25
8	Bradley, Mathew Bradley	20	Swansea Uni	58.33

**Event 334 Girls 11 & Over 400 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 7 Finals</b>				
1				
2	Gil Wood, Sofia	11	Swansea Aq	6:53.00
3	Lennon, Amelia-Rose	12	Carmarthen	6:39.30
4	Jewell, Zoe	14	Tenby	6:13.40
5	McFarlane, Mali	12	Milford Havn	6:36.92
6	Husband, Alysia	11	Haverfordwes	6:41.40
7				
8				

## West Wales Regional LC Championships 2026 - 06/02/2026 to 08/02/2026

## Meet Program - Session 7 (Warmup 3.35 - 4.25)

**Heat 2 Finals (#334 Girls 11 & Over 400 LC Meter Freestyle)**

1	Austin, Sophie Haf	13	C Dolphins	6:10.78	___
2	Enoch, Erin Lois	12	Carmarthen	6:04.90	___
3	Butcher, Freya	11	Swansea Aq	5:55.23	___
4	Coles, Aria	13	Neath	5:49.74	___
5	Roberts Mylan, Sophie	14	Swansea Aq	5:54.50	___
6	Hawkins, Betsy-May	15	Llanelli	5:55.42	___
7	Morgan, Iolah	12	Haverfordwes	6:09.30	___
8	Iturbe, Carys	13	Afan Valley	6:13.10	___

**Heat 3 of 7 Finals**

1	Fenemore, Emily Grace	14	Carmarthen	5:47.20	___
2	Kaill-Franks, Nia	15	Pembs Cty	5:43.80	___
3	Morris, Ffion	14	Pembs Cty	5:38.60	___
4	Griffiths, Ffion	15	Pembs Cty	5:34.90	___
5	Pinnock, Betsan	14	Swansea Aq	5:35.50	___
6	Mason, Ezmee	13	Pembs Cty	5:40.60	___
7	Henson, Jessica	13	Pembs Cty	5:46.10	___
8	Lauder, Beatrix	13	Neath	5:48.66	___

**Heat 4 of 7 Finals**

1	Holloway, Olivia	17	Afan Valley	5:33.00	___
2	Kurys, Millie	12	Carmarthen	5:28.60	___
3	Davies, Erin	15	C Dolphins	5:22.35	___
4	Beasley, Evaleigh	13	Swansea Aq	5:20.40	___
5	Lewis, Evie	13	Pembs Cty	5:21.30	___
6	Giles, Seren	16	Neath	5:25.52	___
7	Williams, Grace	15	Neath	5:32.01	___
8	Hawkins, Lottie	13	Pembs Cty	5:34.30	___

**Heat 5 of 7 Finals**

1	Jenkins, Elli	15	Swansea Aq	5:12.87	___
2	Hall, Ellena	15	Pembs Cty	5:12.07	___
3	Bruce, Skye	17	Pembs Cty	5:09.50	___
4	Davies, Ava-Rose	13	Nofio S Gar	5:06.59	___
5	Clifford, Bethany	19	Neath	5:08.52	___
6	Hall, Isabelle	15	Pembs Cty	5:10.30	___
7	Mason, Phoebe	16	Pembs Cty	5:12.19	___
8	Holmes, Seren	17	Afan Valley	5:14.80	___

**Heat 6 of 7 Finals**

1	Patterson, Hollie May	15	Carmarthen	5:02.70	___
2	Thompson, Freya	16	Pembs Cty	4:57.70	___
3	Clissold, Bronwyn	18	Pembs Cty	4:55.50	___
4	Clissold, Elizabeth	20	Pembs Cty	4:53.96	___
5	Filmer, Gwennan	14	Aberystwyth	4:55.40	___
6	Philpott, Ffion	17	Nofio S Gar	4:55.58	___
7	Davies, Isabella	15	Nofio S Gar	5:01.02	___
8	Moorby, Charlie	20	Swansea Uni	5:03.27	___

**Heat 7 of 7 Finals**

1	Burns, Freya	15	Nofio S Gar	4:46.54	___
2	Davies, Isla	13	Nofio S Gar	4:36.75	___
3	Hornby, Rachel	22	Swansea Uni	4:32.32	___
4	Patterson, Millie	20	Swansea Uni	4:28.27	___
5	Mitchell, Abby	20	Swansea Uni	4:30.04	___
6	Hunter, Liv	22	Swansea Uni	4:33.74	___
7	Roberts, Megan	19	Swansea Uni	4:41.76	___
8	Hatton-Ellis, Izzy	18	Swansea Uni	4:47.43	___

**Event 335 Boys 11 & Over 200 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

1				___
2				___
3	Fenn, William	11	Swansea Aq	3:22.40
4	Fretwell, Logan	12	Milford Havn	3:09.97
5	Mills, Flynn	12	Milford Havn	3:10.38
6				___
7				___
8				___

**Heat 2 of 7 Finals**

1	Filmer, Owen	11	Aberystwyth	3:04.00
2	May-John, Dylan	11	Aberystwyth	2:59.10
3	Monan, Euan	13	Pembs Cty	2:46.90
4	Evans, Wolfgang	12	PembrokeDist	2:43.68
5	Thomas, Gabriel	11	Llanelli	2:46.80
6	Pirmohamed, Eshan	13	Swansea Aq	2:52.30
7	Lewis, Ollie	12	Afan Valley	3:03.60
8				___

**Heat 3 of 7 Finals**

1	Phillips, Gethin	15	Haverfordwes	2:42.50
2	Lewis, Henry	14	Neath	2:35.64
3	Backen, Freddie	14	Pembs Cty	2:34.20
4	Smith, Caelan	16	Haverfordwes	2:32.50
5	Lewis, Callum	17	Milford Havn	2:33.69
6	Jermin, Morgan	13	Llanelli	2:35.60
7	Jones, Dion Rees	15	Carmarthen	2:39.10
8	Green, William	14	Aberystwyth	2:43.40

**Heat 4 of 7 Finals**

1	Higgins, Finley	15	Swansea Aq	2:30.80
2	Morgan, Thomas	14	Neath	2:27.54
3	Poole, Tomos	16	Afan Valley	2:25.30
4	Thomas, Tristan	16	Pembs Cty	2:22.00
5	Cleave, Joshua	17	C Dolphins	2:23.08
6	Antwhistle, Isaac	14	Swansea Aq	2:25.44
7	Marques-Jones, Felix	14	Carmarthen	2:29.10
8	Lerigo, Oli	16	Aberystwyth	2:31.10

**Heat 5 of 7 Finals**

1	Hale, Oliver	15	Swansea Aq	2:18.66
2	Noden, Rory	14	Pembs Cty	2:17.30
3	Gray, Gruffudd	17	Swansea Aq	2:17.20
4	Morgan, Ben	17	Pembs Cty	2:14.00
5	Fogarty, Oliver	14	Pembs Cty	2:16.50
6	Stuart Lavender, Jac	16	Nofio S Gar	2:17.26
7	King, Ethan	14	Penyrheol	2:18.01
8	Jones, Dafydd	14	Carmarthen	2:19.96

**Heat 6 of 7 Finals**

1	Galbraith, Elian	17	Llanelli	2:13.10
2	Harwood, Jack	15	Pembs Cty	2:10.50
3	Williams, Thomas	16	Nofio S Gar	2:08.13
4	Jasinski, Hubert	19	Swansea Uni	2:02.57
5	Sellick, Fenn	18	Swansea Uni	2:07.67
6	Bennett, Finley	17	Pembs Cty	2:09.04
7	Read, William S14	18	Swansea Aq	2:11.80
8	Evans, Sam	14	Pembs Cty	2:13.51

**West Wales Regional LC Championships 2026 - 06/02/2026 to 08/02/2026****Meet Program - Session 7 (Warmup 3.35 - 4.25)****Heat 7 Finals (#335 Boys 11 & Over 200 LC Meter Freestyle)**

1	Twigger, Owen	17	Swansea Aq	2:00.20	___
2	Silverstone, Sol	17	Pembs Cty	1:59.13	___
3	Lee, Jacob	20	Swansea Uni	1:55.96	___
4	Gillett, Oliver	19	Swansea Uni	1:51.70	___
5	Nerushenko, Valeriy	21	Swansea Uni	1:52.90	___
6	Stepliuk, Edgar	20	Swansea Uni	1:56.81	___
7	Keeble, Alex	22	Swansea Uni	1:59.46	___
8	Upton-Boorman, Liam	19	Nofio S Gar	2:02.54	___

**Event 336 Girls 11-12 4x100 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 1 Finals**

1			___
2			___
3	Llanelli	A	NT
4	C Dolphins	A	NT
5	Swansea Aq	A	NT
	1) Clay, Emelia 12	2) Soul, Anna 12	
	3) Butcher, Freya 11	4) Jones, Myla 11	
6			___
7			___
8			___

**Event 337 Girls 13-14 4x100 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 1 Finals**

1			___
2	Pembs Cty	A	NT
3	Swansea Aq	A	NT
	1) Pinnock, Betsan 14	2) Williams, Paige 14	
	3) Beasley, Evaleigh 13	4) Mitrjaikina, Scarlet 14	
4	Llanelli	A	NT
5	C Dolphins	A	NT
6	Nofio S Gar	A	NT
7			___
8			___

**Event 338 Girls 15-16 4x100 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 1 Finals**

1			___
2			___
3	Llanelli	A	NT
4	Pembs Cty	A	4:50.61
5	Nofio S Gar	A	NT
6	C Dolphins	A	NT
7			___
8			___

**Event 339 Girls 17 & Over 4x100 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 1 Finals**

1			___
2			___
3			___
4	Swansea Uni	A	NT
5			___
6			___
7			___
8			___