

# Llanelli Open Meet 2026 - Saturday 14th March

Pentre Awel Leisure Centre

## Confirmed Session Times

	Session	Warm up	Session Start	Events	Estimated Finish
Saturday 14th March	1	<b>07.45 - 08.45</b>	08.50	1 - 10	10.50
	2	11.05 - 12.05	12.10	20 - 28	14.20
	3	14.35 - 15.35	15.40	30 - 38	17.45