

LLANELLI SWIMMING CLUB AUTUMN MEET 2026

MEET PACK

A/B Graded Meet

Sat. 3rd & Sun. 4th
October 2026

At the

New Llanelli Leisure Centre
Pentre Awel, Machynys.
SA15 2EZ.

License No: 3WL25xxxx



8 LANE
25M POOL



NEW LLANELLI
LEISURE CENTRE



GOOD PARKING
FACILITIES

CLOSING DATE:
MONDAY 14th SEPTEMBER 2026

NEW ENTRY SYSTEM

LLANELLI AUTUMN MEET 2026 A/B GRADED GALA

For the 2026 Llanelli Autumn A/B Graded Gala we will be using an online entry system and all entries for this competition must be submitted using this system.

ENTRY CONDITIONS

- All entries must be submitted via the **official online entry portal**.
- Entries will be **held pending payment** and will **only be processed once full payment has been received and confirmed** by Llanelli ASC.
- Entries must be completed and submitted **no later than 11:59pm on Monday 14th September 2026**.
- **Late entries and entries without payment will not be accepted** under any circumstances.

ONLINE ENTRY PORTAL

Please use the link below to submit **team, individual, and multiclass entries**:

Entries from clubs should be prepared in the usual way using Hy-Tek Team Manager, Swim Manager, etc. The completed entry file should then be uploaded to the online system.

<https://entrymanager.rar-timing.co.uk/competition/llanelli-sc-autumn-meet-2026-r7byrO>

You may also access the entry system by **scanning the QR code shown below**.



⚠ IMPORTANT PAYMENT NOTICE ⚠

Entries submitted without payment will **not** be processed.

Confirmation of acceptance will only be issued once payment has been successfully received and verified.

ENTRY SUPPORT

If you experience any difficulty accessing, completing, or submitting entries via the online portal, please contact:

 **robwilliams1145@gmail.com**

Llanelli ASC – A/B Graded Meet - Autumn 2026

This meet will be swum under the following rules and conditions:

World Aquatics and Swim Wales Laws,
Llanelli ASC Autumn Meet 2026 Meet Conditions.
Meet License No.: 3WL26xxxx

Sat. 3rd & Sun. 4th October 2026

For 2026 the Llanelli ASC Autumn Meet will be a A/B graded meet. A graded meet is a Heat Declared Winner meet where the results for each event are separated into groups based on the entry time for each swimmer.

Please note that the following explanation regarding 'A' grade and 'B' grade swimmers will NOT apply to the 8 year old swimmers. The 8 year old swimmers will be treated as a single group. With this in mind, there will not be any 'A' Grade Qualifying Times for the 8 year olds.

For the 9 years and over swimmers, each event will have a 'A' grade Qualifying Time. Swimmers who submit an entry time equal to or faster than the 'A' grade QT will be entered into the 'A' division of that particular event.

Swimmers who submit an entry time slower than the 'A' grade QT (this includes 'NT' swimmers) will be entered into the 'B' division of the event.

For example, let's say that for the 9/10 Girls 50m Free the A Grade QT is 45.50.

This means any swimmer in the 9/10 age group with an **entry** time of 45.50 or faster will be ranked and scored with the A group. Swimmers in this age group with an **entry** time of 45.51 or slower (including NT swimmers) will be ranked and scored with the B group.

As an illustration, let's further suppose that we have the following 3 entries for this event:

Name	Age	Team	Entry Time	Grade
Smith, Rachel	10	Llanelli	45.00	A - (Faster than 'A' Grade QT)
Smith, Francis	9	Llanelli	46.00	B - (Slower than 'A' Grade QT)
Smith, Louise	10	Llanelli	NT	B - (Slower than 'A' Grade QT)

In this example the results might look something like:

Event 800 Girls 9-10 50 SC Meter Freestyle				
Name	Age	Team	Seed Time	Finals Time
A - Division				
1 Smith, Rachel	10	Llanelli Asc	45.00	44.36
B - Division				
1 Smith, Louise	10	Llanelli Asc	NT	45.49
2 Smith, Francis	9	Llanelli Asc	46.00	46.63

Please note that for any given swimmer the above arrangements work on an event-by-event basis, which means that a swimmer may be graded in the 'A' category in one event and in the 'B' category for another.

Medals:

For the 8 year olds, awards will be made to the first 3 swimmers in each of the 50m events plus the 100m IM event.

For the 9 and over swimmers, awards will be made to the first three in both 'A' and 'B' categories in all events in the age groups 9/10, 11/12, 13/14, 15/Ov. Please note that 'A' grade swimmers whose race time does not achieve the 'A' grade QT in a particular event will not be eligible for points or awards in the 'B' category and will be ranked in a non-award category. However, times which fall into the non-award category will still be submitted to and included in the UK rankings database.

Medals for Para Swimmers:

For para swimmers, medals will be awarded at the end of the meet to the para competitors with the highest British Para Points scored in a single event. Para medals will be awarded in each age group (9/10, 11/12, 13/14, 15/Ov) on a multi class, multi event basis.

Meet Conditions

1. All entrants must be members of an Affiliated Club
2. Events will be swum mixed gender with awards being made in the age groups: 8 (50m events and 100m IM only), 9/10, 11/12, 13/14, 15+ for both male and female swimmers.
3. Entries:

Electronic entries using Hy-Tek Team Manager or Swim Manager is the preferred method of entry. The events file for use with TM and SM is available from both the Swim Wales website and on the West Wales site at:

<https://www.westwalesswim.org.uk/llanelli-autumn-2026/>

Electronic entries should be uploaded to the online entry system as described on page 2 of this meet pack.

Poolside passes for Coaches, Team Managers, etc should also be applied for via the online system as described on page 11.

All payments for entries, coach passes, etc should be made using BACS to:

Name: Llanelli Amateur Swimming and Water Polo Club
Account No: 04022475
Sort Code: 40-43-31

Reference: For bulk team entries (e.g. using the TM entry file) please use “**LLA26**” followed by your four digit team code. e.g for Llanelli the reference would be “LLA26LLLY”, for Swansea Aquatics it would be “LLA26SWAY”, etc. For individual entries please use surname followed by the initials of the swimmer.

Once payment has been made by BACS then a confirmation email stating the amount and date of payment is also required to:

robwilliams1145@gmail.com

4. All events will be Heat Declared Winner.
5. No swimmers may enter events “Out of Age”.
6. Enter latest short course times in the appropriate boxes on the online entry form. Long course times converted to short course times are acceptable. As this is a Level 3 meet then entry times of NT are also welcome.
7. All entries to be accompanied by the correct fee (£7.50 per event). Please see payment details above.
8. Confirmation of entries will be sent via email.
9. Closing date for entries: **Monday 14th September 2026.**
10. Swimmers will be accepted up to the maximum possible. If entries exceed capacity the meet organisers reserve the right to limit (scratch) entries.

Should scratching be necessary priority will be given to Llanelli swimming club members. Every effort will be made to scratch an equal proportion of ‘A’ grade and ‘B’ grade swimmers.

‘A’ grade swimmers: For the ‘A’ grade swimmers those with the **fastest** times will be scratched.

‘B’ grade swimmers: In events that do not have any ‘No Time’ entries then swimmers with the **slower** entry times will be

scratched.

Should it be necessary to scratch 'B' grade swimmers in events that do have 'No Time' entries, scratches will firstly be applied to some or all of the 'No Time' entries in the event. If it is necessary to scratch only **some** of the NT entries in an event then the NTs will be scratched using a random number generator programme to select swimmers using their psych sheet numbers. If it becomes necessary to scratch any additional entries in the event then swimmers with the slower entry times will be scratched.

Any swimmers not accepted will have their fees returned.

11. Team managers, coaches and chaperones will only be admitted onto the poolside with a special pass ordered beforehand - **£12.00** per person. Please note that coaches etc without a pass will not be allowed onto the poolside.

All requests for poolside passes must be submitted using the online system by the meet closing date (14th September 2026). Please see page 11 of this document for further details. ***Coach passes will not be available for purchase on the day of the meet and must be ordered in advance.***

12. Team managers must ensure that swimmers are available to the marshals two heats before their swim.
13. All swimmers must be amateurs as defined by Swim Wales law.
14. Ages as at the first day of the meet. i.e. 3rd October 2026.
15. Programmes for the meet will be published in advance showing the heat & lane allocation of each swimmer for each event. When a swimmer fails to show in the marshalling area prior to the start of the race then that lane will be left empty. No substitute swimmers will be allowed.
16. The first session on both days will have warm up at 8.00am and start at 9.00am. Warm up and start times for the remaining sessions will be confirmed when all entries have been received and processed. Details will be returned with the confirmation of entries.
17. Results will be available for download from the West Wales web site (www.westwalesswim.org.uk) under the 'Other Meets' menu as soon as practical after the meet.

Health & Safety

In addition to the above meet conditions a number of Health and Safety rules as laid down by Swim Wales must be observed:

All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times

It is the responsibility of the swimmer and/or parent/guardian to declare to the referee any disability or medical condition that could present a health or safety risk

If such a disability or medical condition exists, swimmers must produce a medical note confirming that their participation presents no health or safety problems

All swimmers, officials, volunteers, spectators, and visitors are required, at all times, to abide by the rules set out in the Pool Operating Procedures and / or the Normal Operating Procedures & Emergency Action Plan for the facility hired for the meet

Unacceptable Behaviour

Behaviour becomes "unacceptable" when it is considered "Offensive" to others; this includes, but is not limited to, the following:

Theft, wilful damage to property and / or equipment, acts of vandalism, abuse of alcohol and / or drugs, bullying, offensive language, aggressive / violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions / directions, actions that bring the sport of swimming into disrepute.

Competitive Start Award

Swimmers must have attained the standard of the Competitive Start Award in order to start from the blocks; (this is the

responsibility of the club coach).

Swimmers who have not attained the standard of the Competitive Start Award must lower themselves into over the side into the water, on the long whistle of the Referee before starting at an appropriate place.

Jewellery

“For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands).

Swim Wales will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.”

Video and Photography.

Llanelli ASC will adhere to the Swim Wales Film and Photography Policy as outlined below.

Swim Wales Film and Photography Policy

Please be advised that photographs and videos may be taken at this event. Swim Wales are aware of the wide range of devices including mobile telephones that have photographic and filming capabilities. This enables the capture of both static and moving images. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or identity of a child/children which may present a risk of harm to the child/children concerned. The use of such equipment is difficult to control but we can all be vigilant. If you have any concerns or safeguarding queries, please bring them to the immediate attention of the event management team. The full swim Wales Photography Guidance Policy can be found on the Swim Wales website.

All correspondence to:

robwilliams1145@gmail.com

Officials

As I'm sure you will appreciate, for any competition to run smoothly it is ESSENTIAL that we have a large number of officials present. The organisers would therefore be grateful if as many officials as possible would make themselves available for the competition. Would you please ask available officials from your club to sign up in advance of the meet by registering using the link:

<https://swim-meet.com/Availability/?h=931>

Llanelli Autumn Meet– Sat. 3rd & Sun. 4th October 2026

Saturday

Session 1				
Event no	Gender	Age Groups	Distance	Stroke
101	MIXED	9/10, 11/12, 13/14, 15+	400m	FREESTYLE
102	MIXED	8	100m	IM
103	MIXED	9/10, 11/12, 13/14, 15+	200 m	IM

Session 2				
Event no	Gender	Age Groups	Distance	Stroke
201	MIXED	9/10, 11/12, 13/14, 15+	200m	BACKSTROKE
202	MIXED	8, 9/10, 11/12, 13/14, 15+	50m	FREESTYLE
203	MIXED	9/10, 11/12, 13/14, 15+	100m	BREASTSTROKE

Session 3				
Event no	Gender	Age Groups	Distance	Stroke
301	MIXED	9/10, 11/12, 13/14, 15+	200m	FREESTYLE
302	MIXED	8, 9/10, 11/12, 13/14, 15+	50m	BACKSTROKE
303	MIXED	9/10, 11/12, 13/14, 15+	100m	BUTTERFLY

Sunday

Session 4				
Event no	Gender	Age Groups	Distance	Stroke
401	MIXED	11/12, 13/14, 15+	*800m	FREESTYLE
402	MIXED	11/12, 13/14, 15+	400m	IM

Session 5				
Event no	Gender	Age Groups	Distance	Stroke
501	MIXED	9/10, 11/12, 13/14, 15+	200m	BUTTERFLY
502	MIXED	8, 9/10, 11/12, 13/14, 15+	50m	BREASTSTROKE
503	MIXED	9/10, 11/12, 13/14, 15+	100m	BACKSTROKE

Session 6				
Event no	Gender	Age Groups	Distance	Stroke
601	MIXED	9/10, 11/12, 13/14, 15+	200m	BREASTSTROKE
602	MIXED	8, 9/10, 11/12, 13/14, 15+	50m	BUTTERFLY
603	MIXED	9/10, 11/12, 13/14, 15+	100m	FREESTYLE

*: Swimmers wishing to enter #401 Mixed 800m Freestyle must already have already have a 400m time or an 800m time recorded on the UK 'rankings. Swimmers who do not have at least a 400m time will not be accepted into this event.

BOYS – ‘A’ Grade Qualifying Times

Swimmers who submit an entry time equal to or faster than the ‘A’ grade QT will be entered into the ‘A’ division of that particular event.

Swimmers who submit an entry time slower than the ‘A’ grade QT (this includes ‘NT’ swimmers) will be entered into the ‘B’ division of the event.

NB: There are no ‘A’ Grade QTs for 8 year old swimmers.

		8 YRS	9/10 YRS	11/12 YRS	13/14 YRS	15/OV
50m Free	A Grade QT	No A Grade QT	45.30	39.70	34.40	31.20
100m Free	A Grade QT		1:39.30	1:25.70	1:14.10	1:07.50
200 Free	A Grade QT		3:35.40	3:06.90	2:41.60	2:27.10
400 Free	A Grade QT		7:34.50	6:33.00	5:42.10	5:11.40
800 Free	A Grade QT			13:45.50	11:56.60	10:52.50
50m Breast	A Grade QT	No A Grade QT	58.80	50.80	43.50	39.20
100m Breast	A Grade QT		2:08.50	1:49.40	1:33.50	1:24.40
200m Breast	A Grade QT		4:35.40	3:56.40	3:22.20	3:03.80
50m Fly	A Grade QT	No A Grade QT	50.30	43.80	37.60	33.90
100m Fly	A Grade QT		1:53.40	1:35.50	1:21.70	1:14.00
200 Fly	A Grade QT		4:09.10	3:30.80	3:01.00	2:43.30
50m Back	A Grade QT	No A Grade QT	51.80	45.40	39.20	35.10
100m Back	A Grade QT		1:52.50	1:36.20	1:22.40	1:14.60
200m Back	A Grade QT		3:58.10	3:26.40	2:57.50	2:41.40
100m IM	A Grade QT	No A Grade QT				
200m IM	A Grade QT		4:04.70	3:31.40	3:02.00	2:45.60
400m IM	A Grade QT			7:27.20	6:25.70	5:50.90

GIRLS – ‘A’ Grade Qualifying Times

Swimmers who submit an entry time equal to or faster than the ‘A’ grade QT will be entered into the ‘A’ division of that particular event.

Swimmers who submit an entry time slower than the ‘A’ grade QT (this includes ‘NT’ swimmers) will be entered into the ‘B’ division of the event.

NB: There are no ‘A’ Grade QTs for 8 year old swimmers.

		8 YRS	9/10 YRS	11/12 YRS	13/14 YRS	15/OV
50m Free	A Grade QT	No A Grade QT	45.50	39.90	36.20	34.50
100m Free	A Grade QT		1:40.10	1:25.70	1:17.80	1:14.20
200 Free	A Grade QT		3:34.00	3:04.70	2:47.60	2:39.80
400 Free	A Grade QT		7:33.20	6:25.10	5:50.40	5:35.10
800 Free	A Grade QT			13:16.20	11:58.70	11:28.80
50m Breast	A Grade QT	No A Grade QT	58.80	50.60	45.50	43.40
100m Breast	A Grade QT		2:08.00	1:48.50	1:36.70	1:32.90
200m Breast	A Grade QT		4:32.70	3:52.90	3:28.80	3:20.30
50m Fly	A Grade QT	No A Grade QT	49.90	43.50	39.30	37.40
100m Fly	A Grade QT		1:52.60	1:34.60	1:25.20	1:21.60
200 Fly	A Grade QT		4:09.30	3:27.80	3:06.40	2:57.70
50m Back	A Grade QT	No A Grade QT	51.70	45.10	40.80	38.90
100m Back	A Grade QT		1:52.20	1:35.20	1:26.10	1:22.10
200m Back	A Grade QT		3:58.30	3:23.00	3:04.50	2:55.10
100m IM	A Grade QT	No A Grade QT				
200m IM	A Grade QT		4:03.10	3:28.30	3:08.90	3:00.60
400m IM	A Grade QT			7:18.20	6:36.50	6:18.40

Poolside Pass Application (Coaches, Team Managers and Poolside Helpers)

All poolside passes must be applied for using the **official online application form**. Applications must be completed **electronically** via the online system.

Access the poolside pass application by **scanning the QR code below** or using the link provided.

APPLICATION DEADLINE

Poolside pass applications must be submitted **no later than 11:59pm on Monday 14th September 2026**.

Late or incomplete applications will **not** be accepted.

ONLINE POOLSIDE PASS APPLICATION

<https://entrymanager.rar-timing.co.uk/competition/llanelli-sc-autumn-meet-2026-r7byrO>



ACCREDITATION & COLLECTION

Approved poolside passes must be collected on the day from the meet information desk.

All accredited personnel must wear their pass at all times while on poolside.

Poolside access will not be permitted without a valid, visible pass