

Carmarthen Summer Sizzler 2026 - 05/07/2026
Meet Program - Session 2 (Warmup: 11.00 - 12.00)

Event 201 Mixed 8 & Over 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 23 Finals

1				—
2				—
3	Evans, Archie	M8	Llanelli	NT
4	Dadswell, Sam	M8	Haverfordwes	NT
5	Hill, Elin	W8	Brecon	NT
6				—
7				—
8				—

Heat 2 of 23 Finals

1				—
2				—
3	Mathias, Molly	W8	Brecon	NT
4	Morgan, Evie	W9	Amman Valley	NT
5	Williams, Sophia	W9	Llanelli	NT
6	Taylor, Eryn	W8	Carmarthen	NT
7				—
8				—

Heat 3 of 23 Finals

1				—
2	Holloway, Iwan	M9	Brecon	NT
3	Dadswell, Emily	W9	Haverfordwes	NT
4	Thomas, Anna	W10	Carmarthen	NT
5	Taylor, Llio	W10	Carmarthen	NT
6	Shingler, Lotti	W9	Llanelli	NT
7	Wilshire, Alexa	W9	Llanelli	NT
8				—

Heat 4 of 23 Finals

1				—
2	Bellis, Martha Anne	W11	Carmarthen	NT
3	Smith, Isla	W11	Amman Valley	NT
4	Shingler, Aila	W11	Llanelli	NT
5	Griffiths, Macsen	M11	Llanelli	NT
6	Jones, Isla Mair	W11	Carmarthen	NT
7	Bassett, Elsie-May	W10	Haverfordwes	NT
8				—

Heat 5 of 23 Finals

1				—
2	Griffiths, Jayden	M12	Amman Valley	NT
3	Pyzer, Ezra John	M8	Carmarthen	1:00.71
4	Owens, Eliza	W9	Carmarthen	59.56
5	Jenkins, Erin	W9	Llanelli	59.96
6	Fenemore, Merlin George	M9	Carmarthen	1:02.49
7	Guy, Eliza	W12	Tenby	NT
8				—

Heat 6 of 23 Finals

1				—
2	Parry, Bleddyn	M8	Brecon	58.93
3	Loring, Nonnie	W8	Llanelli	58.06
4	Bridgewater, Arthur	M10	Brecon	56.59
5	Wade, Aafon	M9	Brecon	57.29
6	Williams, Cadi	W9	Llanelli	58.16
7	Davies, Noah	M8	Brecon	59.02
8				—

Heat 7 of 23 Finals

1				—
2	Jones, Elinor Anne	W9	Carmarthen	56.08
3	Bailey, Emily-May	W9	Llanelli	54.57
4	Phillips, Megan	W10	Llanelli	53.58
5	Evans, Suzanne Anna	W10	Carmarthen	53.99
6	Williams, Anna Mair	W9	Carmarthen	55.75
7	James, Scarlett	W9	Carmarthen	56.29
8				—

Heat 8 of 23 Finals

1				—
2	Davies, Rosie	W11	Amman Valley	52.49
3	Lewis, Abbie	W9	Amman Valley	51.66
4	El Saghir, Julia Salah	W8	Carmarthen	51.59
5	Prosser, Eleri	W18	Llanelli	51.66
6	Timmons, Lilly	W8	Brecon	52.29
7	Whitecross, Phoebe	W11	Haverfordwes	53.57
8				—

Heat 9 of 23 Finals

1				—
2	Rowlands, Ffion	W8	Llanelli	50.94
3	Richards, Lillian	W11	Haverfordwes	50.11
4	Wilson, Isla Jayne	W11	Carmarthen	48.87
5	Williams, Olivia	W8	Llanelli	49.97
6	%Edmunds, Jessica S14	W17	Llanelli	50.40
7	Major, Selma	W11	Haverfordwes	51.10
8				—

Heat 10 of 23 Finals

1				—
2	Leane, George	M10	Haverfordwes	48.26
3	Prosser, Harri	M15	Llanelli	47.73
4	Ellis, Elsie	W10	Haverfordwes	46.91
5	Buften, Florence	W9	Brecon	47.31
6	Williams, Alaw	W9	Llanelli	47.73
7	Evans, Esta Fleur	W10	Carmarthen	48.50
8				—

Heat 11 of 23 Finals

1				—
2	Wanga, Michelle	W11	Brecon	45.64
3	Griffiths, Sophie	W11	Brecon	45.05
4	Dunn, Harriet	W11	Llanelli	44.97
5	Shaw, Penny	W9	Tenby	45.01
6	Walters, Ellie-Mae	W12	Haverfordwes	45.55
7	Easterlow, Sophiia	W9	Tenby	46.08
8				—

Heat 12 of 23 Finals

1				—
2	Tully, Leo	M9	Haverfordwes	43.76
3	Haines, Nia	W10	Amman Valley	43.13
4	Williams, Emily	W10	Llanelli	42.20
5	Williams, Tom	M11	Haverfordwes	42.22
6	Bullock, Roseanna Eve	W9	Carmarthen	43.56
7	Dalton, Daisy	W11	Haverfordwes	44.22
8				—

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Heat 13 Finals (#201 Mixed 8 & Over 50 SC Meter Freestyle)

1					
2	Hill, Cerys	W12	Brecon	41.92	___
3	Fincher, Ayda	W12	Llanelli	41.46	___
4	Thomas, Henry	M10	Haverfordwes	41.37	___
5	Brace, Mali	W10	Tenby	41.38	___
6	Gladstone, Sophie	W10	Haverfordwes	41.76	___
7	Duncan, Miriam Grug	W11	Carmarthen	42.13	___
8					___

Heat 14 of 23 Finals

1					
2	Bowen-Lewis, Florence	W11	Llanelli	40.19	___
3	Loring, Cerys	W11	Llanelli	39.90	___
4	Lewis, Gwen Lloyd	W12	Carmarthen	39.70	___
5	Williams, Alys Lowri	W12	Carmarthen	39.83	___
6	Marques-Jones, Idris	M11	Carmarthen	40.00	___
7	Dickens, Clementine	W10	Haverfordwes	41.04	___
8					___

Heat 15 of 23 Finals

1					
2	Jones, Gwennlian	W10	Carmarthen	39.55	___
3	Gill, Seb	M10	Brecon	38.71	___
4	Griffiths, Matilda	W10	Llanelli	38.55	___
5	Jones, Zara	W10	Llanelli	38.60	___
6	Evans, Mari	W14	Carmarthen	39.22	___
7	Holloway, Celyn	W11	Brecon	39.70	___
8					___

Heat 16 of 23 Finals

1					
2	Symmons, Bronwen Dorothy	W10	Carmarthen	38.29	___
3	Hearne, Logan	M11	Tenby	38.21	___
4	Taffetsauffer, Leo	M10	Llanelli	37.76	___
5	Howarth, Mali Emma	W15	Carmarthen	37.93	___
6	Fincher, Cari	W13	Llanelli	38.26	___
7	Powell, Fred A	M10	Carmarthen	38.40	___
8					___

Heat 17 of 23 Finals

1					
2	Jones, Oscar	M12	Llanelli	37.12	___
3	Davies, Reuben	M10	Brecon	37.04	___
4	Evans, Sylvie	W11	Llanelli	36.80	___
5	James, Lowri	W15	Brecon	37.03	___
6	Powell, Poppy	W12	Llanelli	37.06	___
7	Williams, Megan	W11	Llanelli	37.43	___
8					___

Heat 18 of 23 Finals

1					
2	Lee, Ioan	M11	Llanelli	36.30	___
3	Husband, Alysia	W11	Haverfordwes	36.02	___
4	Evans, Cora Eirlys	W12	Carmarthen	35.80	___
5	Lewis, Poppy	W11	Amman Valley	36.00	___
6	Strong, Cerys	W15	Amman Valley	36.25	___
7	El Saghir, Karim Salah	M12	Carmarthen	36.74	___
8					___

Heat 19 of 23 Finals

1					
2	Edmunds, Freya	W12	Llanelli	35.30	___
3	Jewell, Zoe	W14	Tenby	35.06	___
4	Longar, Miriam Elena Patrici	W14	Carmarthen	34.90	___
5	Toutt, Molly	W13	Amman Valley	35.00	___
6	Bullock, Georgia May	W13	Carmarthen	35.30	___
7	Boyle, Samantha Jane	W12	Carmarthen	35.57	___
8					___

Heat 20 of 23 Finals

1					
2	Jones, Paige Mai	W14	Carmarthen	34.85	___
3	Boyle, Taya Lucia	W15	Carmarthen	34.72	___
4	Davies, Olivia M	W13	Brecon	33.15	___
5	Kurys, Bonnie Phoebe	W13	Carmarthen	33.39	___
6	Fenemore, Emily Grace	W14	Carmarthen	34.79	___
7	Javary, Lellia	W14	Brecon	34.90	___
8					___

Heat 21 of 23 Finals

1					
2	Hawkins, Lottie	W13	Haverfordwes	33.00	___
3	Enoch, Erin Lois	W12	Carmarthen	32.10	___
4	Jones, Tilly E	W14	Brecon	31.93	___
5	Powell, Nina L	W13	Carmarthen	32.00	___
6	Powell, Shaun	M16	Brecon	32.84	___
7	Duncan, Ava	W13	Amman Valley	33.10	___
8					___

Heat 22 of 23 Finals

1					
2	Parry, Taliesin	M13	Brecon	31.72	___
3	Sursona, Mateo	M13	Carmarthen	31.10	___
4	George, Eilir	W16	Llanelli	30.92	___
5	Morgan, Lily	W15	Tenby	30.94	___
6	Pyzer, Cyrus Alexander	M12	Carmarthen	31.40	___
7	El Saghir, Mohamed Salah	M15	Carmarthen	31.80	___
8					___

Heat 23 of 23 Finals

1					
2	Philpott, Ffion	W16	Llanelli	30.68	___
3	Bowes, James	M14	Carmarthen	30.20	___
4	Thomas, Finlay	M15	Brecon	28.00	___
5	Marques-Jones, Felix	M13	Carmarthen	29.90	___
6	Green, William	M14	Aberystwyth	30.41	___
7	Jones, Dion Rees	M14	Carmarthen	30.86	___
8					___

Event 202 Mixed 9 & Over 100 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Finals

1					
2					
3	Williams, Anna Mair	W9	Carmarthen		NT
4	Tully, Leo	M9	Haverfordwes		NT
5	Tremlett, William Jack	M9	Carmarthen		NT
6					___
7					___
8					___

Carmarthen Summer Sizzler 2026 - 05/07/2026
Meet Program - Session 2 (Warmup: 11.00 - 12.00)

Heat 2 Finals (#202 Mixed 9 & Over 100 SC Meter Breaststroke)

1					
2					
3	Haines, Nia	W10	Amman Valley	NT	
4	Gill, Seb	M10	Brecon	NT	
5	Green, Hazel	W10	Haverfordwes	NT	
6	Lewis, Abbie	W9	Amman Valley	NT	
7					
8					

Heat 3 of 9 Finals

1					
2	Lewis, Gwen Lloyd	W12	Carmarthen	NT	
3	James, Lowri	W15	Brecon	NT	
4	Evans, Esta Fleur	W10	Carmarthen	2:31.77	
5	Morgan, Poppy	W10	Llanelli	2:34.20	
6	Enoch, Erin Lois	W12	Carmarthen	NT	
7	Walters, Ellie-Mae	W12	Haverfordwes	NT	
8					

Heat 4 of 9 Finals

1					
2	Llewellyn, Anwen	W12	Haverfordwes	2:23.70	
3	Tree, Lois	W10	Haverfordwes	2:12.52	
4	Fincher, Ayda	W12	Llanelli	2:10.10	
5	Raistrick, Evelyn	W10	Amman Valley	2:12.37	
6	Griffiths, Sophie	W11	Brecon	2:17.79	
7	Shaw, Penny	W9	Tenby	2:23.74	
8					

Heat 5 of 9 Finals

1					
2	Fincher, Cari	W13	Llanelli	2:07.65	
3	Dalton, Daisy	W11	Haverfordwes	2:04.84	
4	Major, Esmee	W12	Haverfordwes	2:04.29	
5	Evans, Alys Eirie	W11	Carmarthen	2:04.71	
6	Powell, Leila T	W10	Carmarthen	2:06.60	
7	Tremlett, Alys Gwen Mary	W11	Carmarthen	2:09.90	
8					

Heat 6 of 9 Finals

1					
2	Williams, Tom	M11	Haverfordwes	1:58.13	
3	Wanga, Michelle	W11	Brecon	1:57.72	
4	Davies, Reuben	M10	Brecon	1:55.88	
5	Williams, Alys Lowri	W12	Carmarthen	1:56.24	
6	Roscoe, Evelyn	W10	Haverfordwes	1:57.85	
7	Parry, Theodora Florence M	W9	Carmarthen	2:01.39	
8					

Heat 7 of 9 Finals

1					
2	Duncan, Miriam Grug	W11	Carmarthen	1:55.29	
3	Taffetsauffer, Leo	M10	Llanelli	1:53.71	
4	Jones, Oscar	M12	Llanelli	1:48.05	
5	Jones, Gwennlian	W10	Carmarthen	1:50.88	
6	Griffiths, Matilda	W10	Llanelli	1:54.28	
7	Holloway, Celyn	W11	Brecon	1:55.29	
8					

Heat 8 of 9 Finals

1					
2	Fenemore, Emily Grace	W14	Carmarthen	1:45.85	
3	Kurys, Emiliese	W11	Carmarthen	1:39.51	
4	Jones, Dion Rees	M14	Carmarthen	1:36.84	
5	Sursona, Mateo	M13	Carmarthen	1:36.92	
6	Mason, Ezmee	W13	Haverfordwes	1:43.39	
7	Evans, Cora Eirlys	W12	Carmarthen	1:46.10	
8					

Heat 9 of 9 Finals

1					
2	Powell, Nina L	W13	Carmarthen	1:33.08	
3	Jones, Tilly E	W14	Brecon	1:29.86	
4	Marques-Jones, Felix	M13	Carmarthen	1:22.10	
5	Dadswell, Harry	M12	Haverfordwes	1:29.18	
6	Longar, Miriam Elena Patrci	W14	Carmarthen	1:32.53	
7	Hawkins, Lottie	W13	Haverfordwes	1:36.63	
8					

Event 203 Mixed 8 & Over 50 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 13 Finals

1					
2					
3	El Saghir, Julia Salah	W8	Carmarthen	NT	
4	Fenemore, Merlin George	M9	Carmarthen	NT	
5	Mathias, Molly	W8	Brecon	NT	
6					
7					
8					

Heat 2 of 13 Finals

1					
2					
3	Buften, Florence	W9	Brecon	NT	
4	Brace, Mali	W10	Tenby	NT	
5	Leane, George	M10	Haverfordwes	NT	
6	Parry, Theodora Florence M	W9	Carmarthen	NT	
7					
8					

Heat 3 of 13 Finals

1					
2	Edwards, Mali	W10	Amman Valley	NT	
3	Bassett, Elsie-May	W10	Haverfordwes	NT	
4	Jones, Isla Mair	W11	Carmarthen	NT	
5	Whitecross, Phoebe	W11	Haverfordwes	NT	
6	Haines, Nia	W10	Amman Valley	NT	
7	Evans, Esta Fleur	W10	Carmarthen	NT	
8					

Heat 4 of 13 Finals

1					
2	Bonnell, Isabelle	W11	Llanelli	NT	
3	Harrod, Percy	M12	Haverfordwes	NT	
4	Tree, Lois	W10	Haverfordwes	1:20.23	
5	Powell, Poppy	W12	Llanelli	NT	
6	Guy, Eliza	W12	Tenby	NT	
7	Richards, Lillian	W11	Haverfordwes	NT	
8					

Carmarthen Summer Sizzler 2026 - 05/07/2026
Meet Program - Session 2 (Warmup: 11.00 - 12.00)

Heat 5 Finals (#203 Mixed 8 & Over 50 SC Meter Butterfly)

1					
2	Prosser, Harri	M15	Llanelli	1:12.13	
3	Shaw, Penny	W9	Tenby	1:08.38	
4	Ellis, Elsie	W10	Haverfordwes	1:01.78	
5	Boka, Aiden	M13	Brecon	1:04.04	
6	Major, Selma	W11	Haverfordwes	1:11.92	
7	%Edmunds, Jessica S14	W17	Llanelli	1:12.60	
8					

Heat 6 of 13 Finals

1					
2	Bowen-Lewis, Florence	W11	Llanelli	57.52	
3	Evans, Mari	W14	Carmarthen	53.34	
4	Tully, Leo	M9	Haverfordwes	52.81	
5	Hill, Cerys	W12	Brecon	53.01	
6	Bullock, Roseanna Eve	W9	Carmarthen	54.10	
7	Prosser, Eleri	W18	Llanelli	59.50	
8					

Heat 7 of 13 Finals

1					
2	Davies, Reuben	M10	Brecon	51.11	
3	Gladstone, Sophie	W10	Haverfordwes	50.90	
4	%Philpott, Lowri S14	W15	Llanelli	48.70	
5	Williams, Alys Lowri	W12	Carmarthen	50.73	
6	Major, Esmee	W12	Haverfordwes	51.05	
7	Evans, Alys Eirie	W11	Carmarthen	52.00	
8					

Heat 8 of 13 Finals

1					
2	Loring, Cerys	W11	Llanelli	47.34	
3	El Saghir, Karim Salah	M12	Carmarthen	46.29	
4	Thomas, Henry	M10	Haverfordwes	45.15	
5	Marques-Jones, Idris	M11	Carmarthen	45.90	
6	Evans, Cora Eirlys	W12	Carmarthen	47.23	
7	Evans, Lowri Carys	W12	Carmarthen	48.52	
8					

Heat 9 of 13 Finals

1					
2	Holborow, Esmay	W10	Amman Valley	45.02	
3	Williams, Megan	W11	Llanelli	44.60	
4	Evans, Sylvie	W11	Llanelli	42.82	
5	Jones, Zara	W10	Llanelli	44.60	
6	El Saghir, Mohamed Salah	M15	Carmarthen	44.87	
7	Strong, Cerys	W15	Amman Valley	45.10	
8					

Heat 10 of 13 Finals

1					
2	Demchyshyna, Viktoriia	W11	Amman Valley	41.21	
3	Andreassen, Freya	W15	Amman Valley	40.74	
4	Javary, Lellia	W14	Brecon	40.12	
5	Prosser, Mia S	W10	Tenby	40.26	
6	Lewis, Poppy	W11	Amman Valley	40.94	
7	Hearne, Logan	M11	Tenby	42.77	
8					

Heat 11 of 13 Finals

1					
2	Lennon, Amelia-Rose	W12	Carmarthen	39.90	
3	Powell, Shaun	M16	Brecon	38.80	
4	Morris, Brooke	W12	Brecon	38.44	
5	Bullock, Georgia May	W13	Carmarthen	38.70	
6	Edmunds, Freya	W12	Llanelli	38.94	
7	Kurys, Bonnie Phoebe	W13	Carmarthen	40.03	
8					

Heat 12 of 13 Finals

1					
2	Jones, Paige Mai	W14	Carmarthen	37.29	
3	Price, Seren-Louise	W13	Llanelli	35.60	
4	Morgan, Lily	W15	Tenby	34.67	
5	Powell, Nina L	W13	Carmarthen	35.23	
6	Jones, Tilly E	W14	Brecon	37.17	
7	Davies, Olivia M	W13	Brecon	38.11	
8					

Heat 13 of 13 Finals

1					
2	Patterson, Hollie May	W14	Carmarthen	33.60	
3	Philpott, Ffion	W16	Llanelli	33.20	
4	Bowes, James	M14	Carmarthen	32.20	
5	Morgan, Thomas	M13	Llanelli	32.90	
6	Thomas, Finlay	M15	Brecon	33.40	
7	George, Eilir	W16	Llanelli	33.90	
8					

Event 204 Mixed 9 & Over 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

1					
2	Powell, Leila T	W10	Carmarthen		NT
3	Llewellyn, Anwen	W12	Haverfordwes		NT
4	Leane, George	M10	Haverfordwes	4:53.58	
5	Parry, Taliesin	M13	Brecon		NT
6	Lennon, Amelia-Rose	W12	Carmarthen		NT
7	Symmons, Bronwen Dorothea	W10	Carmarthen		NT
8					

Heat 2 of 3 Finals

1					
2	Evans, Lowri Carys	W12	Carmarthen	4:06.97	
3	Mason, Ezmee	W13	Haverfordwes	3:26.30	
4	El Saghir, Karim Salah	M12	Carmarthen	3:15.01	
5	Husband, Alysia	W11	Haverfordwes	3:16.28	
6	Major, Esmee	W12	Haverfordwes	3:43.39	
7	Bellis, Martha Anne	W11	Carmarthen	4:15.09	
8					

Heat 3 of 3 Finals

1					
2	Powell, Fred A	M10	Carmarthen	3:08.00	
3	Jones, Alexa	W13	Llanelli	2:55.22	
4	Hawkins, Lottie	W13	Haverfordwes	2:39.65	
5	Pyzer, Cyrus Alexander	M12	Carmarthen	2:43.00	
6	Nicklin, Parker	W11	Amman Valley	3:03.27	
7	Prosser, Mia S	W10	Tenby	3:11.24	
8					