

Carmarthen Summer Sizzler 2026 - 05/07/2026

Meet Program - Session 3 (Warmup: 1.55 - 2.55)

Event 301 Mixed 9 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 14 Finals

1				—
2	Owens, Eliza	W9	Carmarthen	NT
3	Williams, Anna Mair	W9	Carmarthen	NT
4	Davies, Reuben	M10	Brecon	NT
5	Buften, Florence	W9	Brecon	NT
6	Shingler, Lotti	W9	Llanelli	NT
7				—
8				—

Heat 2 of 14 Finals

1				—
2	Shingler, Aila	W11	Llanelli	NT
3	Harrod, Percy	M12	Haverfordwes	NT
4	Prosser, Harri	M15	Llanelli	2:04.12
5	Bonnell, Isabelle	W11	Llanelli	2:08.05
6	Bowen-Lewis, Florence	W11	Llanelli	NT
7	Gill, Seb	M10	Brecon	NT
8				—

Heat 3 of 14 Finals

1				—
2	Evans, Esta Fleur	W10	Carmarthen	1:58.15
3	%Edmunds, Jessica S14	W17	Llanelli	1:55.00
4	Roscoe, Evelyn	W10	Haverfordwes	1:52.64
5	Tully, Leo	M9	Haverfordwes	1:54.42
6	Easterlow, Sophiia	W9	Tenby	1:56.87
7	Major, Selma	W11	Haverfordwes	1:59.09
8				—

Heat 4 of 14 Finals

1				—
2	Prosser, Eleri	W18	Llanelli	1:50.62
3	Shaw, Penny	W9	Tenby	1:47.80
4	Davies, Gwion Phillip	M10	Carmarthen	1:46.03
5	Dashfield, Lottie	W11	Tenby	1:46.64
6	Hill, Cerys	W12	Brecon	1:50.14
7	Leane, George	M10	Haverfordwes	1:51.09
8				—

Heat 5 of 14 Finals

1				—
2	Fincher, Ayda	W12	Llanelli	1:41.74
3	Bullock, Roseanna Eve	W9	Carmarthen	1:40.30
4	Raistrick, Evelyn	W10	Amman Valley	1:39.19
5	Boka, Aiden	M13	Brecon	1:39.46
6	Walters, Ellie-Mae	W12	Haverfordwes	1:41.53
7	Bellis, Martha Anne	W11	Carmarthen	1:44.80
8				—

Heat 6 of 14 Finals

1				—
2	Llewellyn, Anwen	W12	Haverfordwes	1:36.21
3	Powell, Leila T	W10	Carmarthen	1:34.60
4	Loring, Cerys	W11	Llanelli	1:33.98
5	Major, Esmee	W12	Haverfordwes	1:34.06
6	Williams, Emily	W10	Llanelli	1:34.66
7	Duncan, Miriam Grug	W11	Carmarthen	1:37.79
8				—

Heat 7 of 14 Finals

1				—
2	Williams, Tom	M11	Haverfordwes	1:33.31
3	James, Lowri	W15	Brecon	1:31.22
4	Williams, Alys Lowri	W12	Carmarthen	1:29.79
5	Lewis, Gwen Lloyd	W12	Carmarthen	1:31.05
6	Holloway, Celyn	W11	Brecon	1:31.84
7	Dakin, Chloe	W11	Llanelli	1:33.51
8				—

Heat 8 of 14 Finals

1				—
2	Marques-Jones, Idris	M11	Carmarthen	1:28.49
3	Williams, Megan	W11	Llanelli	1:27.55
4	Jones, Zara	W10	Llanelli	1:26.75
5	Evans, Mari	W14	Carmarthen	1:26.99
6	Lloyd, Freya	W14	Llanelli	1:28.00
7	Symmons, Bronwen Dorothe	W10	Carmarthen	1:28.98
8				—

Heat 9 of 14 Finals

1				—
2	Hearne, Logan	M11	Tenby	1:25.04
3	Fincher, Cari	W13	Llanelli	1:24.68
4	%Philpott, Lowri S14	W15	Llanelli	1:24.40
5	Evans, Sylvie	W11	Llanelli	1:24.41
6	Taffetsauffer, Leo	M10	Llanelli	1:24.98
7	Boyle, Toby Maxwell	M10	Carmarthen	1:25.47
8				—

Heat 10 of 14 Finals

1				—
2	Powell, Fred A	M10	Carmarthen	1:23.90
3	Husband, Alysia	W11	Haverfordwes	1:22.27
4	Boyle, Samantha Jane	W12	Carmarthen	1:21.68
5	Jones, Oscar	M12	Llanelli	1:21.73
6	Lee, Ioan	M11	Llanelli	1:23.79
7	Evans, Cora Eirlys	W12	Carmarthen	1:24.20
8				—

Heat 11 of 14 Finals

1				—
2	Toutt, Molly	W13	Amman Valley	1:19.47
3	Javary, Lellia	W14	Brecon	1:18.00
4	Edmunds, Freya	W12	Llanelli	1:16.87
5	Bullock, Georgia May	W13	Carmarthen	1:17.40
6	Powell, Shaun	M16	Brecon	1:18.50
7	Nicklin, Parker	W11	Amman Valley	1:21.20
8				—

Heat 12 of 14 Finals

1				—
2	Fenemore, Emily Grace	W14	Carmarthen	1:16.28
3	Boyle, Taya Lucia	W15	Carmarthen	1:14.72
4	Jones, Alexia	W13	Llanelli	1:13.00
5	Davies, Olivia M	W13	Brecon	1:13.49
6	Morris, Brooke	W12	Brecon	1:15.55
7	Jewell, Zoe	W14	Tenby	1:16.79
8				—

Carmarthen Summer Sizzler 2026 - 05/07/2026**Meet Program - Session 3 (Warmup: 1.55 - 2.55)****Heat 13 Finals (#301 Mixed 9 & Over 100 SC Meter Freestyle)**

1					
2	Sursona, Mateo	M13	Carmarthen	1:12.32	
3	Mason, Ezmee	W13	Haverfordwes	1:10.30	
4	Morgan, Lily	W15	Tenby	1:09.58	
5	Pyzer, Cyrus Alexander	M12	Carmarthen	1:09.70	
6	Duncan, Ava	W13	Amman Valley	1:11.10	
7	Jones, Dion Rees	M14	Carmarthen	1:12.75	
8					

Heat 14 of 14 Finals

1					
2	Marques-Jones, Felix	M13	Carmarthen	1:07.80	
3	Philpott, Ffion	W16	Llanelli	1:05.40	
4	Bowes, James	M14	Carmarthen	1:04.30	
5	Thomas, Finlay	M15	Brecon	1:05.20	
6	Morgan, Thomas	M13	Llanelli	1:05.70	
7	Powell, Nina L	W13	Carmarthen	1:08.15	
8					

Event 302 Mixed 8 & Over 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 15 Finals

1					
2					
3	Williams, Olivia	W8	Llanelli	NT	
4	Dadswell, Sam	M8	Haverfordwes	NT	
5	Pyzer, Ezra John	M8	Carmarthen	NT	
6					
7					
8					

Heat 2 of 15 Finals

1					
2	Rowlands, Ffion	W8	Llanelli	NT	
3	Davies, Noah	M8	Brecon	NT	
4	Wilshire, Alexa	W9	Llanelli	NT	
5	Williams, Cadi	W9	Llanelli	NT	
6	Hill, Elin	W8	Brecon	NT	
7					
8					

Heat 3 of 15 Finals

1					
2	Jenkins, Erin	W9	Llanelli	NT	
3	James, Scarlett	W9	Carmarthen	NT	
4	Brace, Mali	W10	Tenby	NT	
5	Shingler, Lotti	W9	Llanelli	NT	
6	Owens, Eliza	W9	Carmarthen	NT	
7	Buften, Florence	W9	Brecon	NT	
8					

Heat 4 of 15 Finals

1					
2	Evans, Suzanne Anna	W10	Carmarthen	NT	
3	Davies, Gwion Phillip	M10	Carmarthen	NT	
4	Wilson, Isla Jayne	W11	Carmarthen	NT	
5	Taylor, Llio	W10	Carmarthen	NT	
6	Bassett, Elsie-May	W10	Haverfordwes	NT	
7	Leane, George	M10	Haverfordwes	NT	
8					

Heat 5 of 15 Finals

1					
2	Parkinson, India	W11	Llanelli	NT	
3	Guy, Eliza	W12	Tenby	NT	
4	Harrod, Percy	M12	Haverfordwes	NT	
5	Griffiths, Jayden	M12	Amman Valley	NT	
6	Shingler, Aila	W11	Llanelli	NT	
7	Davies, Rosie	W11	Amman Valley	NT	
8					

Heat 6 of 15 Finals

1					
2	Loring, Nonnie	W8	Llanelli	1:19.50	
3	Parry, Bleddyn	M8	Brecon	1:13.96	
4	Williams, Emily	W10	Llanelli	1:10.38	
5	Timmons, Lilly	W8	Brecon	1:11.90	
6	Fenemore, Merlin George	M9	Carmarthen	1:14.26	
7	Bonnell, Isabelle	W11	Llanelli	1:20.60	
8					

Heat 7 of 15 Finals

1					
2	Williams, Anna Mair	W9	Carmarthen	1:08.67	
3	Whitecross, Phoebe	W11	Haverfordwes	1:05.66	
4	Morgan, Poppy	W10	Llanelli	1:04.89	
5	Holloway, Iwan	M9	Brecon	1:05.23	
6	Evans, Esta Fleur	W10	Carmarthen	1:08.13	
7	Morgan, Evie	W9	Amman Valley	1:10.24	
8					

Heat 8 of 15 Finals

1					
2	Ellis, Elsie	W10	Haverfordwes	1:04.16	
3	Dakin, Chloe	W11	Llanelli	1:03.20	
4	Tremlett, William Jack	M9	Carmarthen	1:02.79	
5	El Saghir, Julia Salah	W8	Carmarthen	1:03.11	
6	Williams, Alaw	W9	Llanelli	1:03.99	
7	Wade, Aafon	M9	Brecon	1:04.41	
8					

Heat 9 of 15 Finals

1					
2	Edwards, Mali	W10	Amman Valley	1:00.82	
3	Edmunds, Freya	W12	Llanelli	59.78	
4	Evans, Alys Eirie	W11	Carmarthen	57.90	
5	Fincher, Ayda	W12	Llanelli	59.64	
6	Llewellyn, Anwen	W12	Haverfordwes	59.90	
7	Bullock, Roseanna Eve	W9	Carmarthen	1:01.89	
8					

Heat 10 of 15 Finals

1					
2	Dashfield, Lottie	W11	Tenby	56.76	
3	Hearne, Logan	M11	Tenby	55.34	
4	Hill, Cerys	W12	Brecon	55.23	
5	Parry, Theodora Florence M	W9	Carmarthen	55.25	
6	Haines, Nia	W10	Amman Valley	56.05	
7	Davies, Reuben	M10	Brecon	57.50	
8					

Carmarthen Summer Sizzler 2026 - 05/07/2026

Meet Program - Session 3 (Warmup: 1.55 - 2.55)

Heat 11 Finals (#302 Mixed 8 & Over 50 SC Meter Breaststroke)

1				_____
2	Lewis, Gwen Lloyd	W12	Carmarthen	54.43 _____
3	Lewis, Poppy	W11	Amman Valley	53.61 _____
4	Holloway, Celyn	W11	Brecon	53.05 _____
5	Demchyshyna, Viktoriia	W11	Amman Valley	53.30 _____
6	Evans, Lowri Carys	W12	Carmarthen	53.77 _____
7	Wanga, Michelle	W11	Brecon	54.87 _____
8				_____

Heat 12 of 15 Finals

1				_____
2	Duncan, Miriam Grug	W11	Carmarthen	52.64 _____
3	Williams, Alys Lowri	W12	Carmarthen	52.53 _____
4	Griffiths, Matilda	W10	Llanelli	51.44 _____
5	Williams, Tom	M11	Haverfordwes	52.37 _____
6	Fincher, Cari	W13	Llanelli	52.61 _____
7	Williams, Megan	W11	Llanelli	53.00 _____
8				_____

Heat 13 of 15 Finals

1				_____
2	Bullock, Georgia May	W13	Carmarthen	51.20 _____
3	Jones, Oscar	M12	Llanelli	49.90 _____
4	Evans, Cora Eirlys	W12	Carmarthen	49.50 _____
5	Taffetsauffer, Leo	M10	Llanelli	49.59 _____
6	Jones, Gwennlian	W10	Carmarthen	50.17 _____
7	El Saghir, Karim Salah	M12	Carmarthen	51.32 _____
8				_____

Heat 14 of 15 Finals

1				_____
2	Fenemore, Emily Grace	W14	Carmarthen	48.03 _____
3	Powell, Shaun	M16	Brecon	46.45 _____
4	Enoch, Erin Lois	W12	Carmarthen	45.20 _____
5	Davies, Olivia M	W13	Brecon	46.45 _____
6	Toutt, Molly	W13	Amman Valley	47.38 _____
7	James, Lowri	W15	Brecon	48.09 _____
8				_____

Heat 15 of 15 Finals

1				_____
2	Sursona, Mateo	M13	Carmarthen	42.54 _____
3	Longar, Miriam Elena Patrci	W14	Carmarthen	41.80 _____
4	Jones, Tilly E	W14	Brecon	40.40 _____
5	Kurys, Bonnie Phoebe	W13	Carmarthen	41.00 _____
6	Kurys, Emiliese	W11	Carmarthen	42.40 _____
7	El Saghir, Mohamed Salah	M15	Carmarthen	44.73 _____
8				_____

Event 303 Mixed 9 & Over 200 SC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

1				_____
2				_____
3	Roscoe, Evelyn	W10	Haverfordwes	NT _____
4	Gladstone, Sophie	W10	Haverfordwes	NT _____
5	Tree, Lois	W10	Haverfordwes	NT _____
6				_____
7				_____
8				_____

Heat 2 of 8 Finals

1				_____
2				_____
3	Tremlett, Alys Gwen Mary	W11	Carmarthen	NT _____
4	Strong, Cerys	W15	Amman Valley	NT _____
5	Harrod, Percy	M12	Haverfordwes	NT _____
6	Green, Hazel	W10	Haverfordwes	NT _____
7				_____
8				_____

Heat 3 of 8 Finals

1				_____
2	Walters, Ellie-Mae	W12	Haverfordwes	4:31.05 _____
3	Powell, Leila T	W10	Carmarthen	4:09.94 _____
4	Evans, Alys Eirie	W11	Carmarthen	3:58.95 _____
5	Hill, Cerys	W12	Brecon	4:02.69 _____
6	Ellis, Elsie	W10	Haverfordwes	4:23.71 _____
7	Major, Selma	W11	Haverfordwes	4:57.84 _____
8				_____

Heat 4 of 8 Finals

1				_____
2	Major, Esmee	W12	Haverfordwes	3:54.25 _____
3	Dalton, Daisy	W11	Haverfordwes	3:51.48 _____
4	Jones, Gwennlian	W10	Carmarthen	3:47.85 _____
5	Evans, Mari	W14	Carmarthen	3:50.19 _____
6	Evans, Lowri Carys	W12	Carmarthen	3:52.00 _____
7	Williams, Tom	M11	Haverfordwes	3:57.53 _____
8				_____

Heat 5 of 8 Finals

1				_____
2	Dakin, Chloe	W11	Llanelli	3:43.17 _____
3	Evans, Cora Eirlys	W12	Carmarthen	3:41.32 _____
4	Boyle, Toby Maxwell	M10	Carmarthen	3:36.43 _____
5	Powell, Fred A	M10	Carmarthen	3:39.35 _____
6	Williams, Alys Lowri	W12	Carmarthen	3:42.08 _____
7	Jones, Oscar	M12	Llanelli	3:45.14 _____
8				_____

Heat 6 of 8 Finals

1				_____
2	Holborow, Esmay	W10	Amman Valley	3:28.59 _____
3	Williams, Megan	W11	Llanelli	3:26.84 _____
4	Morris, Brooke	W12	Brecon	3:14.77 _____
5	Hearne, Logan	M11	Tenby	3:26.09 _____
6	Davies, Reuben	M10	Brecon	3:27.44 _____
7	Griffiths, Matilda	W10	Llanelli	3:32.90 _____
8				_____

Heat 7 of 8 Finals

1				_____
2	Mason, Ezmee	W13	Haverfordwes	3:09.90 _____
3	Parry, Taliesin	M13	Brecon	3:06.74 _____
4	Longar, Miriam Elena Patrci	W14	Carmarthen	3:05.08 _____
5	Jones, Tilly E	W14	Brecon	3:05.73 _____
6	Dashfield, Olivia	W12	Tenby	3:08.40 _____
7	Bullock, Georgia May	W13	Carmarthen	3:11.40 _____
8				_____

Carmarthen Summer Sizzler 2026 - 05/07/2026**Meet Program - Session 3 (Warmup: 1.55 - 2.55)****Heat 8 Finals (#303 Mixed 9 & Over 200 SC Meter IM)**

1					_____
2	Duncan, Ava	W13	Amman Valley	2:57.56	_____
3	Powell, Nina L	W13	Carmarthen	2:46.02	_____
4	Morgan, Thomas	M13	Llanelli	2:37.50	_____
5	Patterson, Hollie May	W14	Carmarthen	2:39.76	_____
6	Hawkins, Lottie	W13	Haverfordwes	2:52.61	_____
7	Jones, Dion Rees	M14	Carmarthen	2:59.39	_____
8					_____

Event 304 Mixed 9 & Over 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 7 Finals

1					_____
2	Easterlow, Sophiia	W9	Tenby	NT	_____
3	Morgan, Poppy	W10	Llanelli	NT	_____
4	Haines, Nia	W10	Amman Valley	NT	_____
5	Evans, Esta Fleur	W10	Carmarthen	NT	_____
6	Owens, Eliza	W9	Carmarthen	NT	_____
7					_____
8					_____

Heat 2 of 7 Finals

1					_____
2	Boka, Aiden	M13	Brecon	NT	_____
3	Whitecross, Phoebe	W11	Haverfordwes	2:08.07	_____
4	Raistrick, Evelyn	W10	Amman Valley	1:54.78	_____
5	Prosser, Eleri	W18	Llanelli	2:04.50	_____
6	Prosser, Harri	M15	Llanelli	2:26.58	_____
7	Hill, Cerys	W12	Brecon	NT	_____
8					_____

Heat 3 of 7 Finals

1					_____
2	Dalton, Daisy	W11	Haverfordwes	1:53.62	_____
3	Bullock, Roseanna Eve	W9	Carmarthen	1:51.30	_____
4	Dakin, Chloe	W11	Llanelli	1:45.95	_____
5	Tree, Lois	W10	Haverfordwes	1:49.28	_____
6	Davies, Gwion Phillip	M10	Carmarthen	1:53.06	_____
7	Parry, Theodora Florence M	W9	Carmarthen	1:54.16	_____
8					_____

Heat 4 of 7 Finals

1					_____
2	Symmons, Bronwen Doroth	W10	Carmarthen	1:35.50	_____
3	Lee, Ioan	M11	Llanelli	1:34.50	_____
4	Demchyshyna, Viktoriia	W11	Amman Valley	1:32.93	_____
5	Evans, Sylvie	W11	Llanelli	1:34.38	_____
6	Boyle, Toby Maxwell	M10	Carmarthen	1:34.99	_____
7	Marques-Jones, Idris	M11	Carmarthen	1:37.77	_____
8					_____

Heat 5 of 7 Finals

1					_____
2	Husband, Alysia	W11	Haverfordwes	1:31.00	_____
3	Javary, Lellia	W14	Brecon	1:28.81	_____
4	Lennon, Amelia-Rose	W12	Carmarthen	1:28.42	_____
5	Mason, Ezmee	W13	Haverfordwes	1:28.66	_____
6	Dashfield, Olivia	W12	Tenby	1:28.87	_____
7	Prosser, Mia S	W10	Tenby	1:31.06	_____
8					_____

Heat 6 of 7 Finals

1					_____
2	Kurys, Bonnie Phoebe	W13	Carmarthen	1:25.33	_____
3	Enoch, Erin Lois	W12	Carmarthen	1:22.00	_____
4	Price, Seren-Louise	W13	Llanelli	1:20.02	_____
5	Jones, Alexa	W13	Llanelli	1:21.50	_____
6	Parry, Taliesin	M13	Brecon	1:25.13	_____
7	Nicklin, Parker	W11	Amman Valley	1:27.29	_____
8					_____

Heat 7 of 7 Finals

1					_____
2	Pyzer, Cyrus Alexander	M12	Carmarthen	1:17.80	_____
3	Marques-Jones, Felix	M13	Carmarthen	1:16.80	_____
4	Bowes, James	M14	Carmarthen	1:12.30	_____
5	Green, William	M14	Aberystwyth	1:15.32	_____
6	Morgan, Lily	W15	Tenby	1:17.06	_____
7	Powell, Nina L	W13	Carmarthen	1:19.64	_____
8					_____

Event 305 Mixed 9 & Over 200 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 1 Finals

1					_____
2					_____
3					_____
4	Philpott, Ffion	W16	Llanelli	2:49.04	_____
5	Lloyd, Freya	W14	Llanelli	NT	_____
6					_____
7					_____
8					_____