

Nofio Sir Gar SC Development Meet 2026 - 14/06/2026

Meet Program - Session 1 (Warmup 8.00 - 9.00)

Event 101 Mixed 9 & Over 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Finals

1				___
2	Price, Megan A	W9	NexusValleys	NT ___
3	Popham, Mari G	W9	Swansea Aq	NT ___
4	Haines, Nia	W10	Amman Valley	NT ___
5	Buckmaster, Edward J	M9	NexusValleys	NT ___
6	Caprilli, Iris	W9	Fishguard	NT ___
7	Evans, Iorwerth R	M9	Fishguard	NT ___
8				___

Heat 2 of 10 Finals

1	Treharne, Rachel	W10	Afan Valley	NT ___
2	Warrington, Mavi	W10	Penyrheol	NT ___
3	Whitcombe, Isabelle G	W11	Swansea Aq	NT ___
4	Rees, Derryn H	M11	Swansea Aq	NT ___
5	Lee, Ioan	M11	Llanelli	NT ___
6	Durrant-Pearce, Safia	W10	Milford Havn	NT ___
7	Curtis, Alexandra L	W10	Swansea Aq	NT ___
8	Moseley, Mair	W10	PembrokeDist	NT ___

Heat 3 of 10 Finals

1	Mowbray-Rees, Myles	M11	Swansea Aq	NT ___
2	Harrod, Percy	M12	Haverfordwes	NT ___
3	Collins-Williams, Jasmine	W13	Fishguard	NT ___
4	Morgans-Hurley, Jason	M14	Milford Havn	NT ___
5	Batcup, Oliver J	M14	Swansea Aq	NT ___
6	Beynon, Eila	W13	Penyrheol	NT ___
7	Burton, Darcie M	W12	Swansea Aq	NT ___
8	Thomas, Emily	W11	Haverfordwes	NT ___

Heat 4 of 10 Finals

1	Goodman, Lola	W14	Swansea Aq	NT ___
2	%Edmunds, Jessica S14	W17	Llanelli	2:11.32 ___
3	Griffiths, Phillip	M11	Milford Havn	2:06.96 ___
4	Bool, Lani	W10	Haverfordwes	2:03.15 ___
5	Nicholas, Belle	W10	Milford Havn	2:03.60 ___
6	Symmonds, Taya	W11	Haverfordwes	2:10.60 ___
7	Prosser, Harri	M15	Llanelli	2:26.58 ___
8	Southgate, Ryan	M14	Milford Havn	NT ___

Heat 5 of 10 Finals

1	Hayward, Adam	M11	Milford Havn	2:01.55 ___
2	Lory, Penny	W10	Haverfordwes	1:57.34 ___
3	Evans, Mia R	W10	NexusValleys	1:52.48 ___
4	Taylor, Kingsley C	M11	Swansea Aq	1:52.20 ___
5	Williams, Tom	M11	Haverfordwes	1:52.20 ___
6	Scourfield, Max	M12	Milford Havn	1:55.05 ___
7	Dyde, Bethan	W10	PembrokeDist	2:01.12 ___
8	Thomas, Lily	W9	Haverfordwes	2:01.65 ___

Heat 6 of 10 Finals

1	Williams, Emily	W9	Llanelli	1:49.35 ___
2	Dakin, Chloe	W11	Llanelli	1:48.27 ___
3	Baylis, Ellie	W13	Penyrheol	1:44.09 ___
4	Burt, Gwion	M12	Llanelli	1:41.50 ___
5	Lewis, Ollie	M12	Afan Valley	1:42.00 ___
6	Sherwood, Betti J	W11	Swansea Aq	1:45.93 ___
7	Tree, Lois	W10	Haverfordwes	1:49.28 ___
8	Divers, Olivia-lilly	W10	Swansea Aq	1:51.76 ___

Heat 7 of 10 Finals

1	Dedman, Ivy	W9	Tenby	1:40.62 ___
2	Akers, Finnley	M14	Afan Valley	1:40.31 ___
3	Evans, Liliana	W10	Llanelli	1:37.70 ___
4	Lloyd-Roberts, Harry	M13	Milford Havn	1:37.45 ___
5	Bowen, Cai	M14	Fishguard	1:37.47 ___
6	Phillips, Ieuan	M12	Fishguard	1:38.09 ___
7	Kiernan, Emily A	W11	Swansea Aq	1:40.39 ___
8	Besley, Freya	W13	Penyrheol	1:41.39 ___

Heat 8 of 10 Finals

1	Humphreys, Mali G	W13	Swansea Aq	1:35.50 ___
2	Sharpe, Lillie	W13	Llanelli	1:33.70 ___
3	Thomas, Catrin	W12	Pontypridd	1:33.35 ___
4	Iturbe, Carys	W12	Afan Valley	1:32.12 ___
5	Dashfield, Olivia	W12	Tenby	1:33.07 ___
6	Fretwell, Logan	M11	Milford Havn	1:33.41 ___
7	Davies, Phoebe	W11	Tenby	1:34.19 ___
8	Evans, Sylvie	W10	Llanelli	1:35.62 ___

Heat 9 of 10 Finals

1	Whatmore, Finley	M12	Milford Havn	1:30.77 ___
2	Arnold, Olivia	W12	Milford Havn	1:29.68 ___
3	Phillips, Gethin	M15	Haverfordwes	1:29.40 ___
4	Clement, Darcey	W13	Afan Valley	1:29.31 ___
5	Carre, Isabelle	W14	Afan Valley	1:29.40 ___
6	Hope, Brooke	W12	Tenby	1:29.64 ___
7	Treinis, Lucian	M12	Tenby	1:29.87 ___
8	Husband, Alysia	W11	Haverfordwes	1:32.09 ___

Heat 10 of 10 Finals

1	Foldi, Kristina	W14	Haverfordwes	1:25.60 ___
2	O'Connell, Cerys E	W17	NexusValleys	1:25.09 ___
3	Dyde, Pheobe	W13	PembrokeDist	1:22.93 ___
4	Burt, Caio	M15	Llanelli	1:16.15 ___
5	George, Eilir	W15	Llanelli	1:17.02 ___
6	Gil Wood, Elena	W13	Swansea Aq	1:23.82 ___
7	Banner, Harry	M14	Penyrheol	1:25.31 ___
8	Nicklin, Parker	W11	Amman Valley	1:27.29 ___

Event 102 Mixed 9 & Over 200 SC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

1				___
2	Dedman, Ivy	W9	Tenby	NT ___
3	Chisholm, Evan G	M10	Swansea Aq	NT ___
4	Fenn, William G	M10	Swansea Aq	NT ___
5	Perkins, James	M10	Pontypridd	NT ___
6	Boyle, Olivia	W9	PembrokeDist	NT ___
7				___
8				___

Heat 2 of 8 Finals

1	Rees, Derryn H	M11	Swansea Aq	NT ___
2	Batcup, Charlie W	M11	Swansea Aq	NT ___
3	Truman, Caitlyn E	W12	NexusValleys	NT ___
4	Ellis, Raferty	M12	Haverfordwes	NT ___
5	Nicholas, Annie	W12	Milford Havn	NT ___
6	Pugh, Elis	M12	Pontypridd	NT ___
7	Jones, Florence A	W11	NexusValleys	NT ___
8	Rabaiotti, Orla-Rae	W11	Swansea Aq	NT ___

Nofio Sir Gar SC Development Meet 2026 - 14/06/2026

Meet Program - Session 1 (Warmup 8.00 - 9.00)

Heat 3 Finals (#102 Mixed 9 & Over 200 SC Meter IM)

1	Harrod, Percy	M12	Haverfordwes	NT	___
2	Adams, Elizabeth	W10	Haverfordwes	5:08.48	___
3	Walters, Ellie-Mae	W12	Haverfordwes	4:31.05	___
4	Dashfield, Lottie	W11	Tenby	4:23.53	___
5	Backen, Matilda	W10	Fishguard	4:29.42	___
6	Lory, Penny	W10	Haverfordwes	4:38.59	___
7	Schneeweiss Tommasin, Ber	M12	Swansea Aq	NT	___
8	Shelmerdine, Holly	W12	PembrokeDist	NT	___

Heat 4 of 8 Finals

1	Milsom, Scarlet	W10	Afan Valley	4:04.50	___
2	Scourfield, Max	M12	Milford Havn	4:03.90	___
3	Williams, Tom	M11	Haverfordwes	3:57.53	___
4	Harvey, Olivia	W11	PembrokeDist	3:56.48	___
5	Beecham, Emelia-May	W11	Fishguard	3:56.85	___
6	Benson, Annabelle	W11	Pontypridd	4:01.01	___
7	Dakin, Chloe	W11	Llanelli	4:04.45	___
8	Price, Olivia-Lois	W10	Afan Valley	4:12.84	___

Heat 5 of 8 Finals

1	Harris, Ffion H	W15	NexusValleys	3:53.75	___
2	Hawksworth Garcia, Frida	W9	Swansea Aq	3:52.24	___
3	Phillips, Grace I	W11	Swansea Aq	3:41.38	___
4	Warrington, Ilayda	W13	Penyrheol	3:37.15	___
5	Allan, Imogen	W12	Afan Valley	3:40.50	___
6	Fincher, Cari	W13	Llanelli	3:47.60	___
7	Dickens, Clementine	W10	Haverfordwes	3:52.65	___
8	Thomas, Catrin	W12	Pontypridd	3:55.42	___

Heat 6 of 8 Finals

1	Taylor, Kingsley C	M11	Swansea Aq	3:33.50	___
2	Griffiths, Matilda	W10	Llanelli	3:32.90	___
3	Barrett, William	M14	Penyrheol	3:28.53	___
4	Hope, Madi	W10	Tenby	3:27.68	___
5	McFarlane, Mali	W12	Milford Havn	3:28.33	___
6	Demchyshyna, Viktoriia	W11	Amman Valley	3:29.83	___
7	Fretwell, Logan	M11	Milford Havn	3:33.26	___
8	Watkins, Eleanor R	W12	Afan Valley	3:36.70	___

Heat 7 of 8 Finals

1	Husband, Alysia	W11	Haverfordwes	3:26.08	___
2	Lummis, Oscar D	M13	NexusValleys	3:20.75	___
3	Lloyd-Roberts, Harry	M13	Milford Havn	3:17.85	___
4	Mason, Ezmee	W13	Haverfordwes	3:09.90	___
5	Davies, Betsi	W13	Fishguard	3:09.91	___
6	Roberts, Arwyn	W13	Afan Valley	3:18.22	___
7	Carre, Isabelle	W14	Afan Valley	3:21.40	___
8	Arnold, Olivia	W12	Milford Havn	3:27.58	___

Heat 8 of 8 Finals

1	Thomas, Leah	W14	Haverfordwes	3:06.92	___
2	Griffiths, Elizabeth	W14	Fishguard	3:05.84	___
3	Jewitt, Anya	W14	Llanelli	2:59.09	___
4	Smith, Caelan	M16	Haverfordwes	2:46.83	___
5	Jenkins, Alexandra G	W16	Swansea Aq	2:50.63	___
6	Clement, Darcey	W13	Afan Valley	3:01.72	___
7	Phillips, Gethin	M15	Haverfordwes	3:06.75	___
8	Baylis, Ellie	W13	Penyrheol	3:09.24	___

Event 103 Mixed 9 & Over 100 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1	Hughes, Isaac W	M10	Swansea Aq	NT	___
2	Popham, Nyla C	W11	Swansea Aq	NT	___
3	Burton, Darcie M	W12	Swansea Aq	NT	___
4	Treinis, Lucian	M12	Tenby	NT	___
5	Bool, Iolo	M12	Haverfordwes	NT	___
6	McFarlane, Mali	W12	Milford Havn	NT	___
7	Warrington, Mavi	W10	Penyrheol	NT	___
8	Buckmaster, Edward J	M9	NexusValleys	NT	___

Heat 2 of 4 Finals

1	Phillips, Ieuan	M12	Fishguard	NT	___
2	Morris, Besi	W13	Amman Valley	NT	___
3	Prosser, Eleri	W18	Llanelli	2:18.42	___
4	Dashfield, Olivia	W12	Tenby	1:57.33	___
5	Phillips, Grace I	W11	Swansea Aq	2:00.47	___
6	Hale, Oliver S	M15	Swansea Aq	NT	___
7	Warrington, Ilayda	W13	Penyrheol	NT	___
8	Caprilli, Valentino	M12	Fishguard	NT	___

Heat 3 of 4 Finals

1	Prosser, Mia S	W10	Tenby	1:45.06	___
2	Taylor, Jasper B	M13	Swansea Aq	1:41.91	___
3	Evans, Sylvie	W10	Llanelli	1:37.93	___
4	Henson, Jess	W12	Tenby	1:32.20	___
5	Williams, Evie	W13	Milford Havn	1:35.14	___
6	Dennison, Evie	W14	Milford Havn	1:38.76	___
7	Iturbe, Carys	W12	Afan Valley	1:44.57	___
8	Mason, Ezmee	W13	Haverfordwes	1:48.06	___

Heat 4 of 4 Finals

1	Edmunds, Freya	W12	Llanelli	1:29.96	___
2	Smith, Caelan	M16	Haverfordwes	1:26.51	___
3	Jenkins, Elli J	W15	Swansea Aq	1:23.28	___
4	George, Eilir	W15	Llanelli	1:17.42	___
5	Batcup, Oliver J	M14	Swansea Aq	1:22.99	___
6	Dyde, Pheobe	W13	PembrokeDist	1:23.30	___
7	Butcher, Freya S	W11	Swansea Aq	1:29.23	___
8	Jewitt, Anya	W14	Llanelli	1:30.58	___

Event 104 Mixed 8 & Over 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 20 Finals

1	Phelps, Ruby	W8	Penyrheol	NT	___
2	Organ, Alice F	W8	Swansea Aq	NT	___
3	Evans, Archie	M8	Llanelli	NT	___
4	Griffiths, Oly	M9	Milford Havn	NT	___
5	Morgan, Evie	W9	Amman Valley	NT	___
6	Burgess-Walters, Matilda J	W8	Swansea Aq	NT	___
7	Williams, Gethin	M8	Pontypridd	NT	___
8	McFarlane, Griff	M8	Milford Havn	NT	___

Heat 2 of 20 Finals

1	Kelly, Caitlin	W9	Fishguard	NT	___
2	Jones, Elsie	W9	Llanelli	NT	___
3	Burnett, Steffan	M9	Pontypridd	NT	___
4	Brace, Mali	W10	Tenby	NT	___
5	John, Beau	W10	Swansea Aq	NT	___
6	Hudson-Joshua, Liwsi F	W9	Swansea Aq	NT	___
7	Smith, Emily R	W9	NexusValleys	NT	___
8	Wilshire, Alexa	W9	Llanelli	NT	___

Nofio Sir Gar SC Development Meet 2026 - 14/06/2026

Meet Program - Session 1 (Warmup 8.00 - 9.00)

Heat 3 Finals (#104 Mixed 8 & Over 50 SC Meter Freestyle)

1	Kania, Joshua	M10	Tenby	NT	___
2	Biskup, Antonina	W10	Swansea Aq	NT	___
3	Roberts, Sienna R	W10	NexusValleys	NT	___
4	Miller, Catrin K	W10	Swansea Aq	NT	___
5	Cunniffe, Isabella C	W10	Swansea Aq	NT	___
6	Schneiweiss Tommasin, Giu	M10	Swansea Aq	NT	___
7	Escandor, Samantha Hailey	W10	Swansea Aq	NT	___
8	Phillips, Ava	W10	Fishguard	NT	___

Heat 4 of 20 Finals

1	Dunn, Harriet	W11	Llanelli	NT	___
2	Oliinyk, Adam	M11	Swansea Aq	NT	___
3	Whitcombe, Isabelle G	W11	Swansea Aq	NT	___
4	Collins, Emilia	W11	Milford Havn	NT	___
5	Williams, Ania	W11	Penyrheol	NT	___
6	Rees, Poppy	W11	Milford Havn	NT	___
7	Williams, Alis	W11	Penyrheol	NT	___
8	Jones, Maddison	W10	Milford Havn	NT	___

Heat 5 of 20 Finals

1	Ellis, Raferty	M12	Haverfordwes	NT	___
2	Lay, Morgan	M13	PembrokeDist	NT	___
3	Owen, Florence	W8	Penyrheol	1:09.07	___
4	Gemine, Mollie	W8	Llanelli	1:01.54	___
5	Loring, Nonnie	W8	Llanelli	1:05.79	___
6	Southgate, Ryan	M14	Milford Havn	NT	___
7	Kovacs Old Record, Amelia	W12	Swansea Aq	NT	___
8	Kivell-Jones, Dylan J	M12	Swansea Aq	NT	___

Heat 6 of 20 Finals

1	Shelmerdine, Holly	W12	PembrokeDist	57.90	___
2	Shaw, Penny	W9	Tenby	56.19	___
3	Holloway, Amelie	W11	Afan Valley	54.46	___
4	Evans, Mia R	W10	NexusValleys	54.10	___
5	Price, Megan A	W9	NexusValleys	54.31	___
6	Butler, Alexa F	W11	Swansea Aq	56.02	___
7	Williams, Noah J	M9	NexusValleys	57.86	___
8	Perkins, Thomas	M9	Pontypridd	59.18	___

Heat 7 of 20 Finals

1	Thomas, Emily	W11	Haverfordwes	53.01	___
2	Moseley, Mair	W10	PembrokeDist	52.65	___
3	Williams, Cobi A	M9	Swansea Aq	52.32	___
4	Perkins, James	M10	Pontypridd	51.93	___
5	Prosser, Eleri	W18	Llanelli	52.18	___
6	Davies, Rosie	W11	Amman Valley	52.49	___
7	Rowlands, Ffion	W8	Llanelli	52.75	___
8	Fenn, Annabelle R	W8	Swansea Aq	53.11	___

Heat 8 of 20 Finals

1	Griffiths, Phillip	M11	Milford Havn	51.79	___
2	Boyle, Olivia	W9	PembrokeDist	50.99	___
3	Prosser, Harri	M15	Llanelli	50.53	___
4	Williams, Olivia	W8	Llanelli	49.98	___
5	Williams, Alaw	W9	Llanelli	50.11	___
6	Adams, Elizabeth	W10	Haverfordwes	50.65	___
7	Treharne, Rachel	W10	Afan Valley	51.01	___
8	%Edmunds, Jessica S14	W17	Llanelli	51.80	___

Heat 9 of 20 Finals

1	Roscoe, Evelyn	W10	Haverfordwes	48.28	___
2	Koszalski, Penelope	W9	Llanelli	47.93	___
3	Johnson, Molly	W9	Afan Valley	47.82	___
4	Ellis, Elsie	W10	Haverfordwes	46.91	___
5	Buckmaster, Edward J	M9	NexusValleys	47.68	___
6	Bool, Lani	W10	Haverfordwes	47.87	___
7	Popham, Mari G	W9	Swansea Aq	48.11	___
8	Durrant-Pearce, Safia	W10	Milford Havn	49.63	___

Heat 10 of 20 Finals

1	Thomas, Lily	W9	Haverfordwes	46.13	___
2	Carre, Thomas	M12	Afan Valley	46.07	___
3	Walters, Ellie-Mae	W12	Haverfordwes	45.55	___
4	Dyde, Bethan	W10	PembrokeDist	45.19	___
5	Curtis, Alexandra L	W10	Swansea Aq	45.30	___
6	Fincher, Ayda	W12	Llanelli	45.80	___
7	Easterlow, Sophiia	W8	Tenby	46.08	___
8	Codell, Cadence R	W8	NexusValleys	46.16	___

Heat 11 of 20 Finals

1	Price, Olivia-Lois	W10	Afan Valley	45.04	___
2	Carre, Josh	M20	Afan Valley	44.90	___
3	Harris, Cerys H	W11	NexusValleys	44.82	___
4	Hodge, Leila	W10	Amman Valley	44.31	___
5	Brookman, Martha	W11	Pontypridd	44.50	___
6	Williams, Joel S	M9	Swansea Aq	44.85	___
7	Collins-Williams, Jasmine	W13	Fishguard	44.97	___
8	Warrington, Mavi	W10	Penyrheol	45.16	___

Heat 12 of 20 Finals

1	Lloyd, Dylan J	M12	Swansea Aq	44.09	___
2	Nicholas, Annie	W12	Milford Havn	44.07	___
3	Beecham, Emelia-May	W11	Fishguard	43.33	___
4	Haines, Nia	W10	Amman Valley	43.13	___
5	Harrod, Percy	M12	Haverfordwes	43.18	___
6	Milsom, Scarlet	W10	Afan Valley	43.38	___
7	Dakin, Chloe	W11	Llanelli	44.07	___
8	Evans, Iorwerth R	M9	Fishguard	44.26	___

Heat 13 of 20 Finals

1	Mowbray-Rees, Myles	M11	Swansea Aq	42.76	___
2	Walters, Grace E	W11	Swansea Aq	42.40	___
3	Williams, Tom	M11	Haverfordwes	42.22	___
4	Morgans-Hurley, Jason	M14	Milford Havn	42.15	___
5	Dedman, Ivy	W9	Tenby	42.15	___
6	Williams, Emily	W9	Llanelli	42.23	___
7	Truman, Caitlyn E	W12	NexusValleys	42.50	___
8	Griffiths, Mari	W10	Amman Valley	43.00	___

Heat 14 of 20 Finals

1	Sherwood, Betti J	W11	Swansea Aq	41.94	___
2	Divers, Olivia-lilly	W10	Swansea Aq	41.40	___
3	Benson, Annabelle	W11	Pontypridd	41.08	___
4	Symmonds, Taya	W11	Haverfordwes	40.61	___
5	Harvey, Olivia	W11	PembrokeDist	41.00	___
6	Loring, Cerys	W11	Llanelli	41.13	___
7	Beynon, Eila	W13	Penyrheol	41.50	___
8	Kelly, Freya	W13	Pontypridd	42.11	___

Nofio Sir Gar SC Development Meet 2026 - 14/06/2026

Meet Program - Session 1 (Warmup 8.00 - 9.00)

Heat 15 Finals (#104 Mixed 8 & Over 50 SC Meter Freestyle)

1	Burt, Gwion	M12	Llanelli	40.34	___
2	Owen, Molly	W12	Penyrheol	40.09	___
3	Hughes, Isaac W	M10	Swansea Aq	39.30	___
4	Fincher, Cari	W13	Llanelli	38.26	___
5	Griffiths, Matilda	W10	Llanelli	38.55	___
6	Hawksworth Garcia, Frida	W9	Swansea Aq	39.80	___
7	Fenn, William G	M10	Swansea Aq	40.30	___
8	Wheeler, Amelie	W14	Penyrheol	40.38	___

Heat 16 of 20 Finals

1	Hope, Brooke	W12	Tenby	38.19	___
2	Besley, Freya	W13	Penyrheol	38.12	___
3	Lee, Ioan	M11	Llanelli	38.00	___
4	Pugh, Elis	M12	Pontypridd	37.72	___
5	Chisholm, Evan G	M10	Swansea Aq	37.82	___
6	Kiernan, Emily A	W11	Swansea Aq	38.00	___
7	Sharpe, Lillie	W13	Llanelli	38.13	___
8	Rogers, Mia	W11	PembrokeDist	38.26	___

Heat 17 of 20 Finals

1	Nicklin, Parker	W11	Amman Valley	37.43	___
2	Thomas, Catrin	W12	Pontypridd	37.21	___
3	Evans, Sylvie	W10	Llanelli	36.87	___
4	Warrington, Ilayda	W13	Penyrheol	36.43	___
5	Evans, Liliana	W10	Llanelli	36.63	___
6	Hope, Madi	W10	Tenby	36.94	___
7	Davies, Phoebe	W11	Tenby	37.25	___
8	Allan, Imogen	W12	Afan Valley	37.50	___

Heat 18 of 20 Finals

1	Burton, Darcie M	W12	Swansea Aq	36.40	___
2	Strong, Cerys	W15	Amman Valley	36.25	___
3	Pompa, Molly	W15	Penyrheol	35.97	___
4	Akers, Finnley	M14	Afan Valley	35.66	___
5	Dennison, Evie	W14	Milford Havn	35.78	___
6	Lloyd-Roberts, Harry	M13	Milford Havn	36.00	___
7	Harris, Ffion H	W15	NexusValleys	36.33	___
8	Bowen, Cai	M14	Fishguard	36.41	___

Heat 19 of 20 Finals

1	Carre, Isabelle	W14	Afan Valley	35.40	___
2	Toutt, Molly	W13	Amman Valley	35.00	___
3	Jackowiak, Oliver	M13	Swansea Aq	34.99	___
4	Roberts, Arwyn	W13	Afan Valley	34.60	___
5	Koszalski, Soffia	W14	Llanelli	34.95	___
6	Barrett, William	M14	Penyrheol	35.00	___
7	Rees, Oscar	M13	Llanelli	35.05	___
8	Schneeweiss Tommasin, Ber	M12	Swansea Aq	35.40	___

Heat 20 of 20 Finals

1	Jenkins, Olivia I	W13	Swansea Aq	34.50	___
2	Lumms, Oscar D	M13	NexusValleys	33.60	___
3	Thomas, Carys	W15	Penyrheol	32.30	___
4	Phillips, Gethin	M15	Haverfordwes	31.88	___
5	Downie, William M	M15	Swansea Aq	32.20	___
6	Burnett, Ellie	W14	Pontypridd	33.23	___
7	Humphreys, Mali G	W13	Swansea Aq	34.40	___
8	Clement, Darcey	W13	Afan Valley	34.56	___

Nofio Sir Gar SC Development Meet 2026 - 14/06/2026

Meet Program - Session 2 (Warmup 11.10 - 12.10)

Event 201 Mixed 8 & Over 50 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 19 Finals

1	Organ, Alice F	W8	Swansea Aq	NT
2	Owen, Florence	W8	Penyrheol	NT
3	Evans, Archie	M8	Llanelli	NT
4	Wilshire, Alexa	W9	Llanelli	NT
5	Crome, Megan A	W9	Swansea Aq	NT
6	Williams, Gethin	M8	Pontypridd	NT
7	McFarlane, Griff	M8	Milford Havn	NT
8	Codell, Cadence R	W8	NexusValleys	NT

Heat 2 of 19 Finals

1	Perkins, Thomas	M9	Pontypridd	NT
2	Kelly, Caitlin	W9	Fishguard	NT
3	Cunniffe, Isabella C	W10	Swansea Aq	NT
4	Roberts, Sienna R	W10	NexusValleys	NT
5	Biskup, Antonina	W10	Swansea Aq	NT
6	Hudson-Joshua, Liwsi F	W9	Swansea Aq	NT
7	Griffiths, Olly	M9	Milford Havn	NT
8	Burnett, Steffan	M9	Pontypridd	NT

Heat 3 of 19 Finals

1	Phillips, Ava	W10	Fishguard	NT
2	Durrant-Pearce, Safia	W10	Milford Havn	NT
3	Schneiwiss Tommasin, Giu	M10	Swansea Aq	NT
4	Williams, Ania	W11	Penyrheol	NT
5	Escandor, Samantha Hailey	W10	Swansea Aq	NT
6	Brace, Mali	W10	Tenby	NT
7	John, Beau	W10	Swansea Aq	NT
8	Jones, Maddison	W10	Milford Havn	NT

Heat 4 of 19 Finals

1	Rees, Poppy	W11	Milford Havn	NT
2	Oliinyk, Adam	M11	Swansea Aq	NT
3	Whitcombe, Isabelle G	W11	Swansea Aq	NT
4	Titely, Flo	W11	Milford Havn	NT
5	Davies, Rosie	W11	Amman Valley	NT
6	Lee, Ioan	M11	Llanelli	NT
7	Collins, Emilia	W11	Milford Havn	NT
8	Jones, Florence A	W11	NexusValleys	NT

Heat 5 of 19 Finals

1	Williams, Alis	W11	Penyrheol	NT
2	Ellis, Raferty	M12	Haverfordwes	NT
3	Kovacs Old Record, Amelia	W12	Swansea Aq	NT
4	Lay, Morgan	M13	PembrokeDist	NT
5	Jackowiak, Oliver	M13	Swansea Aq	NT
6	Kivell-Jones, Dylan J	M12	Swansea Aq	NT
7	Pugh, Elis	M12	Pontypridd	NT
8	Dunn, Harriet	W11	Llanelli	NT

Heat 6 of 19 Finals

1	Prosser, Harri	M15	Llanelli	1:09.10
2	Loring, Nonnie	W8	Llanelli	1:02.76
3	Adams, Elizabeth	W10	Haverfordwes	1:01.34
4	Perkins, James	M10	Pontypridd	1:00.83
5	Boyle, Olivia	W9	PembrokeDist	1:01.07
6	Gemine, Mollie	W8	Llanelli	1:01.61
7	Williams, Joel S	M9	Swansea Aq	1:03.82
8	Southgate, Ryan	M14	Milford Havn	NT

Heat 7 of 19 Finals

1	Prosser, Eleri	W18	Llanelli	59.31
2	Thomas, Emily	W11	Haverfordwes	58.79
3	%Edmunds, Jessica S14	W17	Llanelli	58.40
4	Price, Megan A	W9	NexusValleys	57.83
5	Johnson, Molly	W9	Afan Valley	58.19
6	Morgans-Hurley, Jason	M14	Milford Havn	58.48
7	Rowlands, Ffion	W8	Llanelli	58.99
8	Evans, Mia R	W10	NexusValleys	59.59

Heat 8 of 19 Finals

1	Fenn, Annabelle R	W8	Swansea Aq	57.06
2	Nicholas, Belle	W10	Milford Havn	56.64
3	Shaw, Penny	W9	Tenby	56.05
4	Walters, Ellie-Mae	W12	Haverfordwes	55.37
5	Roscoe, Evelyn	W10	Haverfordwes	55.72
6	Harris, Cerys H	W11	NexusValleys	56.26
7	Butler, Alexa F	W11	Swansea Aq	56.86
8	Backen, Matilda	W10	Fishguard	57.27

Heat 9 of 19 Finals

1	Griffiths, Phillip	M11	Milford Havn	54.87
2	Treharne, Rachel	W10	Afan Valley	54.28
3	Collins-Williams, Jasmine	W13	Fishguard	53.84
4	Allan, Imogen	W12	Afan Valley	53.17
5	Clay, Isla L	W8	Swansea Aq	53.41
6	Buckmaster, Edward J	M9	NexusValleys	53.93
7	Dashfield, Lottie	W11	Tenby	54.70
8	Edwards, Mali	W10	Amman Valley	55.26

Heat 10 of 19 Finals

1	Thomas, Lily	W9	Haverfordwes	52.85
2	Curtis, Alexandra L	W10	Swansea Aq	52.60
3	Bool, Lani	W10	Haverfordwes	52.14
4	Batcup, Charlie W	M11	Swansea Aq	51.80
5	Popham, Mari G	W9	Swansea Aq	51.93
6	Scourfield, Max	M12	Milford Havn	52.45
7	Price, Olivia-Lois	W10	Afan Valley	52.84
8	Dakin, Chloe	W11	Llanelli	53.08

Heat 11 of 19 Finals

1	Gladstone, Sophie	W9	Haverfordwes	51.39
2	Haines, Nia	W10	Amman Valley	50.72
3	Evans, Sylvie	W10	Llanelli	50.66
4	Richards, Sarah M	W10	Penyrheol	50.61
5	Watkins, Eleanor R	W12	Afan Valley	50.66
6	Richards, Catrin A	W13	Penyrheol	50.68
7	Rogers, Mia	W11	PembrokeDist	51.14
8	Milsom, Scarlet	W10	Afan Valley	51.54

Heat 12 of 19 Finals

1	Williams, Emily	W9	Llanelli	50.40
2	Easterlow, Sophiia	W8	Tenby	50.12
3	Evans, Iorwerth R	M9	Fishguard	49.52
4	Harris, Ffion H	W15	NexusValleys	49.19
5	Truman, Caitlyn E	W12	NexusValleys	49.35
6	Griffith, Ariana M	W10	Swansea Aq	49.90
7	Holness, Reeve F	W9	Swansea Aq	50.34
8	Divers, Olivia-lilly	W10	Swansea Aq	50.40

Nofio Sir Gar SC Development Meet 2026 - 14/06/2026

Meet Program - Session 2 (Warmup 11.10 - 12.10)

Heat 13 Finals (#201 Mixed 8 & Over 50 SC Meter Backstroke)

1	Harvey, Olivia	W11	PembrokeDist	48.90	___
2	Pompa, Molly	W15	Penyrheol	48.69	___
3	Tree, Lois	W10	Haverfordwes	48.37	___
4	Owen, Molly	W12	Penyrheol	48.05	___
5	Walters, Grace E	W11	Swansea Aq	48.18	___
6	Symmonds, Taya	W11	Haverfordwes	48.42	___
7	Raistrick, Evelyn	W10	Amman Valley	48.70	___
8	Sherwood, Betti J	W11	Swansea Aq	49.02	___

Heat 14 of 19 Finals

1	Mowbray-Rees, Myles	M11	Swansea Aq	47.62	___
2	Phillips, Grace I	W11	Swansea Aq	46.18	___
3	Gregory, Grace	W11	Amman Valley	45.92	___
4	Wheeler, Amelie	W14	Penyrheol	45.10	___
5	Hughes, Isaac W	M10	Swansea Aq	45.90	___
6	Taffetsauffer, Leo	M10	Llanelli	46.00	___
7	Fenn, William G	M10	Swansea Aq	47.60	___
8	Loring, Cerys	W11	Llanelli	47.71	___

Heat 15 of 19 Finals

1	Dedman, Ivy	W9	Tenby	44.73	___
2	Evans, Lilliana	W10	Llanelli	44.45	___
3	Schneeweiss Tommasin, Ber	M12	Swansea Aq	44.30	___
4	McFarlane, Mali	W12	Milford Havn	44.07	___
5	Benson, Annabelle	W11	Pontypridd	44.24	___
6	Lloyd-Roberts, Harry	M13	Milford Havn	44.44	___
7	Nicholas, Annie	W12	Milford Havn	44.59	___
8	Llewellyn, Anwen	W12	Haverfordwes	44.99	___

Heat 16 of 19 Finals

1	Burton, Darcie M	W12	Swansea Aq	43.80	___
2	Griffiths, Matilda	W10	Llanelli	43.55	___
3	Roberts, Arwyn	W13	Afan Valley	43.40	___
4	Downie, William M	M15	Swansea Aq	43.20	___
5	Jones, Oscar	M12	Llanelli	43.31	___
6	Bowen, Cai	M14	Fishguard	43.41	___
7	Antwhistle, Esme W	W12	Swansea Aq	43.80	___
8	Kiernan, Emily A	W11	Swansea Aq	44.00	___

Heat 17 of 19 Finals

1	Beynon, Eila	W13	Penyrheol	42.84	___
2	Demchyshyna, Viktoriia	W11	Amman Valley	42.76	___
3	Dashfield, Olivia	W12	Tenby	42.35	___
4	Prosser, Mia S	W10	Tenby	42.14	___
5	Williams, Eva M	W11	Swansea Aq	42.33	___
6	Evans, Gwenllian	W11	Fishguard	42.61	___
7	Taylor, Jasper B	M13	Swansea Aq	42.78	___
8	Akers, Finnley	M14	Afan Valley	43.15	___

Heat 18 of 19 Finals

1	Sharpe, Lillie	W13	Llanelli	41.84	___
2	Toutt, Molly	W13	Amman Valley	41.30	___
3	Titely, Lola	W14	Milford Havn	41.12	___
4	Barrett, William	M14	Penyrheol	39.40	___
5	Williams, Lois G	W14	Swansea Aq	40.53	___
6	Carre, Isabelle	W14	Afan Valley	41.30	___
7	Mason, Ezmee	W13	Haverfordwes	41.57	___
8	Dennison, Evie	W14	Milford Havn	41.89	___

Heat 19 of 19 Finals

1	Smith, Caelan	M16	Haverfordwes	39.04	___
2	Burnett, Ellie	W14	Pontypridd	38.41	___
3	Reynolds, Owain	M18	Llanelli	37.62	___
4	Burt, Caio	M15	Llanelli	34.28	___
5	Phillips, Gethin	M15	Haverfordwes	36.29	___
6	O'Connell, Cerys E	W17	NexusValleys	38.04	___
7	Griffiths, Elizabeth	W14	Fishguard	38.45	___
8	Lumms, Oscar D	M13	NexusValleys	39.05	___

Event 202 Mixed 9 & Over 200 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

1				___	
2				___	
3	Burt, Gwion	M12	Llanelli	NT	___
4	Williams, Evie	W13	Milford Havn	NT	___
5	Beasley, Evaleigh D	W12	Swansea Aq	NT	___
6				___	
7				___	
8				___	

Heat 2 of 3 Finals

1				___	
2	Hawkins, Lottie	W13	Haverfordwes	NT	___
3	Titely, Lola	W14	Milford Havn	NT	___
4	Dennison, Evie	W14	Milford Havn	NT	___
5	Goodman, Evie	W14	Swansea Aq	NT	___
6	Price, Seren-Louise	W13	Llanelli	NT	___
7	Taylor, Jasper B	M13	Swansea Aq	NT	___
8				___	

Heat 3 of 3 Finals

1	King, Marley	W17	Penyrheol	NT	___
2	Parry, Abigail	W13	Nofio S Gar	3:15.70	___
3	Gil Wood, Elena	W13	Swansea Aq	3:03.41	___
4	Galbraith, Elian	M16	Llanelli	2:46.26	___
5	Summerfield, Lucy	W14	Llanelli	3:00.09	___
6	Dyde, Pheobe	W13	PembrokeDist	3:06.52	___
7	Edmunds, Freya	W12	Llanelli	3:36.55	___
8	Smith, Caelan	M16	Haverfordwes	NT	___

Event 203 Mixed 9 & Over 200 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals

1	Moseley, Mair	W10	PembrokeDist	NT	___
2	Demchyshyna, Viktoriia	W11	Amman Valley	NT	___
3	Williams, Lucas C	M11	Swansea Aq	NT	___
4	Kivell-Jones, Dylan J	M12	Swansea Aq	NT	___
5	Holloway, Amelie	W11	Afan Valley	NT	___
6	Rees, Derryn H	M11	Swansea Aq	NT	___
7	Dickens, Clementine	W10	Haverfordwes	NT	___
8				___	

Heat 2 of 7 Finals

1	Nicholas, Annie	W12	Milford Havn	NT	___
2	Harris, Ffion H	W15	NexusValleys	NT	___
3	Griffith, Ariana M	W10	Swansea Aq	3:59.70	___
4	Sinfield, Alis	W11	Llanelli	3:46.93	___
5	Lory, Penny	W10	Haverfordwes	3:53.33	___
6	Boyle, Olivia	W9	PembrokeDist	4:31.77	___
7	Batcup, Oliver J	M14	Swansea Aq	NT	___
8	Watkins, Eleanor R	W12	Afan Valley	NT	___

Nofio Sir Gar SC Development Meet 2026 - 14/06/2026

Meet Program - Session 2 (Warmup 11.10 - 12.10)

Heat 3 Finals (#203 Mixed 9 & Over 200 SC Meter Freestyle)

1	Taylor, Kingsley C	M11	Swansea Aq	3:40.49	___
2	Ellis, Elsie	W10	Haverfordwes	3:38.91	___
3	Caprilli, Valentino	M12	Fishguard	3:29.94	___
4	Fenn, William G	M10	Swansea Aq	3:20.69	___
5	Harvey, Olivia	W11	PembrokeDist	3:21.34	___
6	Collins-Williams, Jasmine	W13	Fishguard	3:33.34	___
7	Divers, Olivia-lilly	W10	Swansea Aq	3:39.35	___
8	Tree, Lois	W10	Haverfordwes	3:41.48	___

Heat 4 of 7 Finals

1	Owen, Molly	W12	Penyrheol	3:19.63	___
2	Dedman, Ivy	W9	Tenby	3:16.53	___
3	Besley, Freya	W13	Penyrheol	3:14.90	___
4	Akers, Finnley	M14	Afan Valley	3:08.57	___
5	Hawksworth Garcia, Frida	W9	Swansea Aq	3:13.33	___
6	Hughes, Isaac W	M10	Swansea Aq	3:16.15	___
7	Milsom, Scarlet	W10	Afan Valley	3:17.39	___
8	Dakin, Chloe	W11	Llanelli	3:20.03	___

Heat 5 of 7 Finals

1	Fretwell, Logan	M11	Milford Havn	3:05.43	___
2	Evans, Lilliana	W10	Llanelli	3:02.83	___
3	Phillips, Ieuan	M12	Fishguard	3:01.97	___
4	Nicklin, Parker	W11	Amman Valley	2:58.84	___
5	Bowen, Cai	M14	Fishguard	2:59.50	___
6	Pompa, Molly	W15	Penyrheol	3:02.76	___
7	Davies, Phoebe	W11	Tenby	3:03.41	___
8	Burton, Darcie M	W12	Swansea Aq	3:07.73	___

Heat 6 of 7 Finals

1	Jenkins, Olivia I	W13	Swansea Aq	2:55.10	___
2	Thomas, Leah	W14	Haverfordwes	2:52.15	___
3	Lewis, Ollie	M12	Afan Valley	2:50.60	___
4	Arnold, Olivia	W12	Milford Havn	2:46.14	___
5	Davies, Betsi	W13	Fishguard	2:49.54	___
6	Whatmore, Finley	M12	Milford Havn	2:50.70	___
7	Husband, Alysia	W11	Haverfordwes	2:54.50	___
8	Humphreys, Mali G	W13	Swansea Aq	2:56.90	___

Heat 7 of 7 Finals

1	Baylis, Ellie	W13	Penyrheol	2:44.72	___
2	Foldi, Kristina	W14	Haverfordwes	2:41.42	___
3	Banner, Harry	M14	Penyrheol	2:38.11	___
4	Smith, Caelan	M16	Haverfordwes	2:30.19	___
5	Griffiths, Elizabeth	W14	Fishguard	2:35.10	___
6	Duncan, Ava	W13	Amman Valley	2:38.51	___
7	Thomas, Carys	W15	Penyrheol	2:41.50	___
8	Iturbe, Carys	W12	Afan Valley	2:45.89	___

Event 204 Mixed 9 & Over 100 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Finals

1					___
2					___
3	Caprilli, Iris	W9	Fishguard	NT	___
4	Shaw, Penny	W9	Tenby	NT	___
5	Popham, Mari G	W9	Swansea Aq	NT	___
6					___
7					___
8					___

Heat 2 of 12 Finals

1					___
2	Evans, Iorwerth R	M9	Fishguard	NT	___
3	Williams, Cobi A	M9	Swansea Aq	NT	___
4	Perkins, James	M10	Pontypridd	NT	___
5	Haines, Nia	W10	Amman Valley	NT	___
6	Rees, Martha	W9	Fishguard	NT	___
7	Boyle, Olivia	W9	PembrokeDist	NT	___
8					___

Heat 3 of 12 Finals

1	Popham, Nyla C	W11	Swansea Aq	NT	___
2	Thomas, Emily	W11	Haverfordwes	NT	___
3	Hayward, Adam	M11	Milford Havn	NT	___
4	Lloyd, Dylan J	M12	Swansea Aq	NT	___
5	Walters, Ellie-Mae	W12	Haverfordwes	NT	___
6	Dakin, Chloe	W11	Llanelli	NT	___
7	Benson, Annabelle	W11	Pontypridd	NT	___
8	Evans, Mia R	W10	NexusValleys	NT	___

Heat 4 of 12 Finals

1	Kivell-Jones, Dylan J	M12	Swansea Aq	NT	___
2	Morgans-Hurley, Jason	M14	Milford Havn	NT	___
3	Adams, Elizabeth	W10	Haverfordwes	2:36.74	___
4	Backen, Matilda	W10	Fishguard	2:29.86	___
5	Harris, Cerys H	W11	NexusValleys	2:30.03	___
6	Thomas, Leah	W14	Haverfordwes	NT	___
7	Toutt, Molly	W13	Amman Valley	NT	___
8	Ellis, Raferty	M12	Haverfordwes	NT	___

Heat 5 of 12 Finals

1	Llewellyn, Anwen	W12	Haverfordwes	2:23.70	___
2	Lory, Penny	W10	Haverfordwes	2:19.24	___
3	Rogers, Mia	W11	PembrokeDist	2:13.37	___
4	Antwhistle, Esme W	W12	Swansea Aq	2:12.53	___
5	Price, Olivia-Lois	W10	Afan Valley	2:13.17	___
6	Bool, Lani	W10	Haverfordwes	2:13.87	___
7	Koszalski, Penelope	W9	Llanelli	2:20.29	___
8	Scourfield, Max	M12	Milford Havn	2:24.27	___

Heat 6 of 12 Finals

1	Hodge, Leila	W10	Amman Valley	2:11.62	___
2	Griffiths, Phillip	M11	Milford Havn	2:09.46	___
3	Beecham, Emelia-May	W11	Fishguard	2:05.85	___
4	Mowbray-Rees, Myles	M11	Swansea Aq	2:03.49	___
5	Batcup, Charlie W	M11	Swansea Aq	2:04.65	___
6	Fincher, Cari	W13	Llanelli	2:07.65	___
7	Fincher, Ayda	W12	Llanelli	2:10.10	___
8	Raistrick, Evelyn	W10	Amman Valley	2:12.37	___

Heat 7 of 12 Finals

1	Davies, Phoebe	W11	Tenby	2:03.12	___
2	Walters, Grace E	W11	Swansea Aq	2:00.33	___
3	Hope, Brooke	W12	Tenby	1:59.65	___
4	Roscoe, Evelyn	W10	Haverfordwes	1:57.85	___
5	Jones, Oscar	M12	Llanelli	1:58.97	___
6	Dashfield, Lottie	W11	Tenby	2:00.29	___
7	Taylor, Kingsley C	M11	Swansea Aq	2:00.39	___
8	Griffith, Ariana M	W10	Swansea Aq	2:03.34	___

Nofio Sir Gar SC Development Meet 2026 - 14/06/2026

Meet Program - Session 2 (Warmup 11.10 - 12.10)

Heat 8 Finals (#204 Mixed 9 & Over 100 SC Meter Breaststroke)

1	Phillips, Grace I	W11	Swansea Aq	1:57.28	___
2	Griffiths, Matilda	W10	Llanelli	1:54.48	___
3	Fretwell, Logan	M11	Milford Havn	1:54.30	___
4	Taffetsauffer, Leo	M10	Llanelli	1:53.71	___
5	Hawksworth Garcia, Frida	W9	Swansea Aq	1:53.94	___
6	Weeks, Mali	W11	Pontypridd	1:54.38	___
7	McFarlane, Mali	W12	Milford Havn	1:55.56	___
8	Symmonds, Taya	W11	Haverfordwes	1:57.53	___

Heat 9 of 12 Finals

1	Treinis, Lucian	M12	Tenby	1:51.77	___
2	Whatmore, Finley	M12	Milford Havn	1:51.54	___
3	Strong, Cerys	W15	Amman Valley	1:50.15	___
4	Husband, Alysia	W11	Haverfordwes	1:49.53	___
5	Downie, William M	M15	Swansea Aq	1:49.98	___
6	Lummis, Oscar D	M13	NexusValleys	1:50.40	___
7	Harris, Ffion H	W15	NexusValleys	1:51.67	___
8	Edwards, Mali	W10	Amman Valley	1:52.42	___

Heat 10 of 12 Finals

1	Allan, Imogen	W12	Afan Valley	1:48.90	___
2	Richards, Catrin A	W13	Penyrheol	1:47.88	___
3	Holness, Camille S	W11	Swansea Aq	1:46.70	___
4	Sharpe, Lillie	W13	Llanelli	1:44.91	___
5	Roberts, Arwyn	W13	Afan Valley	1:46.00	___
6	Rabaiotti, Orla-Rae	W11	Swansea Aq	1:47.68	___
7	Jackowiak, Oliver	M13	Swansea Aq	1:47.99	___
8	Phillips, Ieuan	M12	Fishguard	1:49.01	___

Heat 11 of 12 Finals

1	Rees, Derryn H	M11	Swansea Aq	1:44.20	___
2	Hope, Madi	W10	Tenby	1:43.62	___
3	Baylis, Ellie	W13	Penyrheol	1:41.61	___
4	Davies, Betsi	W13	Fishguard	1:40.01	___
5	Williams, Lois G	W14	Swansea Aq	1:40.73	___
6	Mason, Ezmee	W13	Haverfordwes	1:43.39	___
7	Taylor, Jasper B	M13	Swansea Aq	1:43.68	___
8	Foldi, Kristina	W14	Haverfordwes	1:44.37	___

Heat 12 of 12 Finals

1	Rees, Oscar	M13	Llanelli	1:37.90	___
2	Clement, Darcey	W13	Afan Valley	1:36.41	___
3	Davies, Ava-Rose	W13	Nofio S Gar	1:35.93	___
4	Reynolds, Owain	M18	Llanelli	1:28.29	___
5	Jenkins, Alexandra G	W16	Swansea Aq	1:30.34	___
6	Koszalski, Soffia	W14	Llanelli	1:36.19	___
7	Williams, Evie	W13	Milford Havn	1:37.80	___
8	Lloyd-Roberts, Harry	M13	Milford Havn	1:38.70	___

Nofio Sir Gar SC Development Meet 2026 - 14/06/2026

Meet Program - Session 3 (Warmup 2.25 - 3.25)

Event 301 Mixed 8 & Over 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 16 Finals

1	Rowlands, Ffion	W8	Llanelli	NT
2	Williams, Gethin	M8	Pontypridd	NT
3	Crome, Megan A	W9	Swansea Aq	NT
4	Williams, Noah J	M9	NexusValleys	NT
5	Gladstone, Sophie	W9	Haverfordwes	NT
6	Perkins, Thomas	M9	Pontypridd	NT
7	Clay, Isla L	W8	Swansea Aq	NT
8	Loring, Nonnie	W8	Llanelli	NT

Heat 2 of 16 Finals

1	Price, Megan A	W9	NexusValleys	NT
2	Buckmaster, Edward J	M9	NexusValleys	NT
3	Hudson-Joshua, Liwsi F	W9	Swansea Aq	NT
4	Biskup, Antonina	W10	Swansea Aq	NT
5	Griffiths, Olly	M9	Milford Havn	NT
6	Smith, Emily R	W9	NexusValleys	NT
7	Caprilli, Iris	W9	Fishguard	NT
8	Thomas, Lily	W9	Haverfordwes	NT

Heat 3 of 16 Finals

1	Cunniffe, Isabella C	W10	Swansea Aq	NT
2	Roberts, Sienna R	W10	NexusValleys	NT
3	Escandor, Samantha Hailey	W10	Swansea Aq	NT
4	Kania, Joshua	M10	Tenby	NT
5	Evans, Mia R	W10	NexusValleys	NT
6	Nicholas, Belle	W10	Milford Havn	NT
7	Moseley, Mair	W10	PembrokeDist	NT
8	Brace, Mali	W10	Tenby	NT

Heat 4 of 16 Finals

1	Rees, Poppy	W11	Milford Havn	NT
2	Smith, Isla	W11	Amman Valley	NT
3	Williams, Alis	W11	Penyrheol	NT
4	Griffiths, Jayden	M12	Amman Valley	NT
5	Titley, Flo	W11	Milford Havn	NT
6	Davies, Rosie	W11	Amman Valley	NT
7	Williams, Ania	W11	Penyrheol	NT
8	Phillips, Ava	W10	Fishguard	NT

Heat 5 of 16 Finals

1	Kivell-Jones, Dylan J	M12	Swansea Aq	NT
2	Collins-Williams, Jasmine	W13	Fishguard	NT
3	Lay, Morgan	M13	PembrokeDist	NT
4	Gemine, Mollie	W8	Llanelli	1:29.73
5	Owen, Florence	W8	Penyrheol	1:47.32
6	Jackowiak, Oliver	M13	Swansea Aq	NT
7	Lloyd, Dylan J	M12	Swansea Aq	NT
8	Kovacs Old Record, Amelia	W12	Swansea Aq	NT

Heat 6 of 16 Finals

1	Prosser, Harri	M15	Llanelli	1:25.11
2	Easterlow, Sophiia	W8	Tenby	1:17.00
3	Holloway, Amelie	W11	Afan Valley	1:14.66
4	Hampson, Ethan	M12	Llanelli	1:11.97
5	Fenn, Annabelle R	W8	Swansea Aq	1:12.19
6	Butler, Alexa F	W11	Swansea Aq	1:14.94
7	Walters, Ellie-Mae	W12	Haverfordwes	1:17.51
8	Codell, Cadence R	W8	NexusValleys	1:27.87

Heat 7 of 16 Finals

1	Morgan, Evie	W9	Amman Valley	1:10.24
2	Adams, Elizabeth	W10	Haverfordwes	1:09.16
3	Williams, Cobi A	M9	Swansea Aq	1:08.73
4	Hayward, Adam	M11	Milford Havn	1:04.79
5	Kelly, Freya	W13	Pontypridd	1:05.23
6	Williams, Alaw	W9	Llanelli	1:08.82
7	Shaw, Penny	W9	Tenby	1:09.86
8	Williams, Emily	W9	Llanelli	1:10.38

Heat 8 of 16 Finals

1	Durrant-Pearce, Safia	W10	Milford Havn	1:04.40
2	Sinfield, Alis	W11	Llanelli	1:03.81
3	Evans, Iorwerth R	M9	Fishguard	1:03.26
4	Boyle, Olivia	W9	PembrokeDist	1:03.03
5	Johnson, Molly	W9	Afan Valley	1:03.23
6	Brookman, Martha	W11	Pontypridd	1:03.76
7	Milsom, Scarlet	W10	Afan Valley	1:03.87
8	Koszalski, Penelope	W9	Llanelli	1:04.54

Heat 9 of 16 Finals

1	Bool, Lani	W10	Haverfordwes	1:02.68
2	Phelps, Ruby	W8	Penyrheol	1:02.59
3	Holness, Reeve F	W9	Swansea Aq	1:01.19
4	Beecham, Emelia-May	W11	Fishguard	1:00.58
5	Raistrick, Evelyn	W10	Amman Valley	1:01.04
6	Griffiths, Phillip	M11	Milford Havn	1:02.20
7	Chisholm, Evan G	M10	Swansea Aq	1:02.65
8	Williams, Joel S	M9	Swansea Aq	1:02.88

Heat 10 of 16 Finals

1	Treharne, Rachel	W10	Afan Valley	1:00.25
2	Hughes, Dylan R	M12	Swansea Aq	59.84
3	Gourley, Noah	M13	Penyrheol	58.45
4	Roscoe, Evelyn	W10	Haverfordwes	58.02
5	Symmonds, Taya	W11	Haverfordwes	58.05
6	Fincher, Ayda	W12	Llanelli	59.64
7	Llewellyn, Anwen	W12	Haverfordwes	59.90
8	Gregory, Grace	W11	Amman Valley	1:00.30

Heat 11 of 16 Finals

1	Mowbray-Rees, Myles	M11	Swansea Aq	57.88
2	Griffiths, Mari	W10	Amman Valley	57.25
3	Walters, Grace E	W11	Swansea Aq	55.70
4	Fincher, Cari	W13	Llanelli	54.51
5	Wheeler, Amelie	W14	Penyrheol	54.84
6	Dashfield, Lottie	W11	Tenby	56.76
7	Arnold, Olivia	W12	Milford Havn	57.61
8	Fenn, William G	M10	Swansea Aq	57.92

Heat 12 of 16 Finals

1	Lewis, Ollie	M12	Afan Valley	53.57
2	Weeks, Mali	W11	Pontypridd	53.35
3	Griffiths, Matilda	W10	Llanelli	52.13
4	Jones, Oscar	M12	Llanelli	51.57
5	Jenkins, Olivia I	W13	Swansea Aq	51.60
6	Demchyshyna, Viktoriia	W11	Amman Valley	53.30
7	Evans, Liliana	W10	Llanelli	53.41
8	Taylor, Kingsley C	M11	Swansea Aq	54.10

Nofio Sir Gar SC Development Meet 2026 - 14/06/2026

Meet Program - Session 3 (Warmup 2.25 - 3.25)

Heat 13 Finals (#301 Mixed 8 & Over 50 SC Meter Breaststroke)

1	Watkins, Eleanor R	W12	Afan Valley	51.09	___
2	Lummis, Oscar D	M13	NexusValleys	50.10	___
3	Taffetsauffer, Leo	M10	Llanelli	49.59	___
4	Titley, Lola	W14	Milford Havn	49.34	___
5	Rogers, Mia	W11	PembrokeDist	49.42	___
6	Besley, Freya	W13	Penyrheol	50.02	___
7	Richards, Catrin A	W13	Penyrheol	50.26	___
8	Oseng-Rees, Eira	W12	Swansea Aq	51.39	___

Heat 14 of 16 Finals

1	Downie, William M	M15	Swansea Aq	48.43	___
2	Nicklin, Parker	W11	Amman Valley	47.90	___
3	Iturbe, Carys	W12	Afan Valley	47.49	___
4	Hope, Madi	W10	Tenby	47.32	___
5	Toutt, Molly	W13	Amman Valley	47.38	___
6	Barrett, William	M14	Penyrheol	47.73	___
7	Holness, Camille S	W11	Swansea Aq	48.01	___
8	Phillips, Gethin	M15	Haverfordwes	48.63	___

Heat 15 of 16 Finals

1	Treinis, Lucian	M12	Tenby	46.54	___
2	Mason, Ezmee	W13	Haverfordwes	45.93	___
3	Rees, Oscar	M13	Llanelli	45.20	___
4	Thomas, Harry S	M13	Swansea Aq	44.09	___
5	Dennison, Evie	W14	Milford Havn	44.57	___
6	Williams, Evie	W13	Milford Havn	45.86	___
7	Hawkins, Lottie	W13	Haverfordwes	46.41	___
8	Taylor, Jasper B	M13	Swansea Aq	47.20	___

Heat 16 of 16 Finals

1	Koszalski, Soffia	W14	Llanelli	43.33	___
2	Burns, Freya	W14	Nofio S Gar	42.55	___
3	George, Eilir	W15	Llanelli	40.93	___
4	Gourley, Ethan	M17	Penyrheol	37.94	___
5	Reynolds, Owain	M18	Llanelli	38.30	___
6	Jenkins, Elli J	W15	Swansea Aq	41.40	___
7	Goodman, Evie	W14	Swansea Aq	42.57	___
8	Burnett, Ellie	W14	Pontypridd	43.56	___

Event 302 Mixed 9 & Over 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1					___
2					___
3	Benson, Annabelle	W11	Pontypridd	NT	___
4	Caprilli, Valentino	M12	Fishguard	NT	___
5	Popham, Nyla C	W11	Swansea Aq	NT	___
6	Rabaiotti, Orla-Rae	W11	Swansea Aq	NT	___
7					___
8					___

Heat 2 of 4 Finals

1	Hope, Brooke	W12	Tenby	NT	___
2	Goodman, Lola	W14	Swansea Aq	NT	___
3	Dedman, Ivy	W9	Tenby	3:53.87	___
4	Nicholas, Annie	W12	Milford Havn	3:43.89	___
5	Scourfield, Max	M12	Milford Havn	3:52.52	___
6	O'Connell, Cerys E	W17	NexusValleys	NT	___
7	Baylis, Ellie	W13	Penyrheol	NT	___
8	Whatmore, Finley	M12	Milford Havn	NT	___

Heat 3 of 4 Finals

1	Hawksworth Garcia, Frida	W9	Swansea Aq	3:27.90	___
2	Williams, Eva M	W11	Swansea Aq	3:22.76	___
3	Dashfield, Olivia	W12	Tenby	3:18.33	___
4	Arnold, Olivia	W12	Milford Havn	3:13.16	___
5	Prosser, Mia S	W10	Tenby	3:15.72	___
6	Fretwell, Logan	M11	Milford Havn	3:22.09	___
7	McFarlane, Mali	W12	Milford Havn	3:22.84	___
8	Harvey, Olivia	W11	PembrokeDist	3:41.45	___

Heat 4 of 4 Finals

1	Gil Wood, Elena	W13	Swansea Aq	3:06.84	___
2	Thomas, Leah	W14	Haverfordwes	3:03.87	___
3	George, Eilir	W15	Llanelli	2:56.14	___
4	Burt, Caio	M15	Llanelli	2:42.83	___
5	Jenkins, Alexandra G	W16	Swansea Aq	2:45.77	___
6	Banner, Harry	M14	Penyrheol	3:00.00	___
7	Henson, Jess	W12	Tenby	3:05.68	___
8	Dennison, Evie	W14	Milford Havn	3:12.92	___

Event 303 Mixed 9 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Finals

1					___
2					___
3	Smith, Emily R	W9	NexusValleys	NT	___
4	Gladstone, Sophie	W9	Haverfordwes	NT	___
5	Koszalski, Penelope	W9	Llanelli	NT	___
6	Perkins, Thomas	M9	Pontypridd	NT	___
7					___
8					___

Heat 2 of 12 Finals

1	Perkins, James	M10	Pontypridd	NT	___
2	Thomas, Jake O	M11	Swansea Aq	NT	___
3	Kivell-Jones, Dylan J	M12	Swansea Aq	NT	___
4	Southgate, Ryan	M14	Milford Havn	NT	___
5	Thomas, Harry S	M13	Swansea Aq	NT	___
6	Rees, Derryn H	M11	Swansea Aq	NT	___
7	Richards, Sarah M	W10	Penyrheol	NT	___
8	Williams, Cobi A	M9	Swansea Aq	NT	___

Heat 3 of 12 Finals

1	Divers, Olivia-lilly	W10	Swansea Aq	2:18.70	___
2	Adams, Elizabeth	W10	Haverfordwes	2:06.50	___
3	Holloway, Amelie	W11	Afan Valley	2:02.60	___
4	Durrant-Pearce, Safia	W10	Milford Havn	1:58.12	___
5	Shaw, Penny	W9	Tenby	2:01.89	___
6	Prosser, Harri	M15	Llanelli	2:04.12	___
7	Hampson, Ethan	M12	Llanelli	2:10.70	___
8	Carre, Josh	M20	Afan Valley	NT	___

Heat 4 of 12 Finals

1	Griffiths, Phillip	M11	Milford Havn	1:53.46	___
2	Roscoe, Evelyn	W10	Haverfordwes	1:52.64	___
3	Prosser, Eleri	W18	Llanelli	1:50.62	___
4	Evans, Mia R	W10	NexusValleys	1:48.75	___
5	Treharne, Rachel	W10	Afan Valley	1:49.96	___
6	Curtis, Alexandra L	W10	Swansea Aq	1:52.41	___
7	Moseley, Mair	W10	PembrokeDist	1:52.68	___
8	Nicholas, Belle	W10	Milford Havn	1:57.70	___

Nofio Sir Gar SC Development Meet 2026 - 14/06/2026

Meet Program - Session 3 (Warmup 2.25 - 3.25)

Heat 5 Finals (#303 Mixed 9 & Over 100 SC Meter Freestyle)

1	Popham, Mari G	W9	Swansea Aq	1:47.06	___
2	Backen, Matilda	W10	Fishguard	1:46.30	___
3	Fincher, Ayda	W12	Llanelli	1:44.44	___
4	Hughes, Isaac W	M10	Swansea Aq	1:42.77	___
5	Hayward, Adam	M11	Milford Havn	1:44.17	___
6	Brookman, Martha	W11	Pontypridd	1:44.84	___
7	Evans, Iorwerth R	M9	Fishguard	1:47.04	___
8	Johnson, Molly	W9	Afan Valley	1:48.38	___

Heat 6 of 12 Finals

1	Price, Olivia-Lois	W10	Afan Valley	1:42.51	___
2	Raistrick, Evelyn	W10	Amman Valley	1:39.19	___
3	Fenn, William G	M10	Swansea Aq	1:38.16	___
4	Gregory, Grace	W11	Amman Valley	1:37.99	___
5	Sinfield, Alis	W11	Llanelli	1:38.08	___
6	Kelly, Freya	W13	Pontypridd	1:38.98	___
7	Antwhistle, Esme W	W12	Swansea Aq	1:41.14	___
8	Collins-Williams, Jasmine	W13	Fishguard	1:42.67	___

Heat 7 of 12 Finals

1	Morgans-Hurley, Jason	M14	Milford Havn	1:37.51	___
2	Beecham, Emelia-May	W11	Fishguard	1:35.90	___
3	Loring, Cerys	W11	Llanelli	1:33.98	___
4	Kiernan, Emily A	W11	Swansea Aq	1:32.90	___
5	Chisholm, Evan G	M10	Swansea Aq	1:33.06	___
6	Williams, Emily	W9	Llanelli	1:35.38	___
7	Llewellyn, Anwen	W12	Haverfordwes	1:36.21	___
8	Sherwood, Betti J	W11	Swansea Aq	1:37.89	___

Heat 8 of 12 Finals

1	Symmonds, Taya	W11	Haverfordwes	1:32.22	___
2	Burt, Gwion	M12	Llanelli	1:29.80	___
3	Downie, William M	M15	Swansea Aq	1:28.90	___
4	Fincher, Cari	W13	Llanelli	1:28.69	___
5	Lee, Ioan	M11	Llanelli	1:28.81	___
6	Hughes, Dylan R	M12	Swansea Aq	1:29.48	___
7	Richards, Catrin A	W13	Penyrheol	1:30.71	___
8	Dedman, Ivy	W9	Tenby	1:32.29	___

Heat 9 of 12 Finals

1	Besley, Freya	W13	Penyrheol	1:28.53	___
2	Allan, Imogen	W12	Afan Valley	1:26.90	___
3	Phillips, Ieuan	M12	Fishguard	1:25.50	___
4	Evans, Liliana	W10	Llanelli	1:24.47	___
5	Taffetsauffer, Leo	M10	Llanelli	1:24.98	___
6	Davies, Phoebe	W11	Tenby	1:25.73	___
7	Weeks, Mali	W11	Pontypridd	1:28.14	___
8	Pugh, Elis	M12	Pontypridd	1:28.56	___

Heat 10 of 12 Finals

1	Hope, Madi	W10	Tenby	1:23.58	___
2	Jackowiak, Oliver	M13	Swansea Aq	1:22.92	___
3	Holborow, Esmay	W10	Amman Valley	1:22.08	___
4	Treinis, Lucian	M12	Tenby	1:20.86	___
5	Akers, Finnley	M14	Afan Valley	1:21.68	___
6	Thomas, Catrin	W12	Pontypridd	1:22.90	___
7	Fretwell, Logan	M11	Milford Havn	1:23.46	___
8	Jones, Oscar	M12	Llanelli	1:24.35	___

Heat 11 of 12 Finals

1	Emam, Lina	W13	Swansea Aq	1:20.48	___
2	Holness, Camille S	W11	Swansea Aq	1:18.60	___
3	Jenkins, Olivia I	W13	Swansea Aq	1:17.60	___
4	Koszalski, Soffia	W14	Llanelli	1:16.53	___
5	Dashfield, Olivia	W12	Tenby	1:17.20	___
6	Lewis, Ollie	M12	Afan Valley	1:18.40	___
7	Toutt, Molly	W13	Amman Valley	1:19.47	___
8	Lloyd-Roberts, Harry	M13	Milford Havn	1:20.64	___

Heat 12 of 12 Finals

1	Carre, Isabelle	W14	Afan Valley	1:16.40	___
2	Clement, Darcey	W13	Afan Valley	1:14.00	___
3	Phillips, Gethin	M15	Haverfordwes	1:11.57	___
4	Smith, Caelan	M16	Haverfordwes	1:04.36	___
5	Reynolds, Owain	M18	Llanelli	1:05.20	___
6	Roberts, Arwyn	W13	Afan Valley	1:13.72	___
7	Williams, Lois G	W14	Swansea Aq	1:15.70	___
8	Titely, Lola	W14	Milford Havn	1:16.49	___

Event 304 Mixed 8 & Over 50 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Finals

1	Crome, Megan A	W9	Swansea Aq	NT	___
2	Price, Megan A	W9	NexusValleys	NT	___
3	Williams, Noah J	M9	NexusValleys	NT	___
4	Perkins, James	M10	Pontypridd	NT	___
5	Caprilli, Iris	W9	Fishguard	NT	___
6	Rees, Martha	W9	Fishguard	NT	___
7	Jones, Elsie	W9	Llanelli	NT	___
8	Williams, Gethin	M8	Pontypridd	NT	___

Heat 2 of 10 Finals

1	Evans, Mia R	W10	NexusValleys	NT	___
2	Hayward, Adam	M11	Milford Havn	NT	___
3	Titely, Flo	W11	Milford Havn	NT	___
4	Williams, Alis	W11	Penyrheol	NT	___
5	Jones, Florence A	W11	NexusValleys	NT	___
6	Williams, Ania	W11	Penyrheol	NT	___
7	Rees, Derryn H	M11	Swansea Aq	NT	___
8	Richards, Sarah M	W10	Penyrheol	NT	___

Heat 3 of 10 Finals

1	Pugh, Elis	M12	Pontypridd	NT	___
2	Whatmore, Finley	M12	Milford Havn	NT	___
3	Easterlow, Sophiia	W8	Tenby	1:17.55	___
4	Buckmaster, Edward J	M9	NexusValleys	1:11.88	___
5	Popham, Mari G	W9	Swansea Aq	1:17.00	___
6	Holloway, Amelie	W11	Afan Valley	1:17.57	___
7	Jones, Oscar	M12	Llanelli	NT	___
8	Mowbray-Rees, Myles	M11	Swansea Aq	NT	___

Heat 4 of 10 Finals

1	Johnson, Molly	W9	Afan Valley	1:06.98	___
2	Fenn, Annabelle R	W8	Swansea Aq	1:04.02	___
3	Symmonds, Taya	W11	Haverfordwes	1:01.91	___
4	Thomas, Catrin	W12	Pontypridd	1:00.63	___
5	Clay, Isla L	W8	Swansea Aq	1:01.27	___
6	Boyle, Olivia	W9	PembrokeDist	1:02.72	___
7	Walters, Ellie-Mae	W12	Haverfordwes	1:04.98	___
8	Shaw, Penny	W9	Tenby	1:08.56	___

Nofio Sir Gar SC Development Meet 2026 - 14/06/2026

Meet Program - Session 3 (Warmup 2.25 - 3.25)

Heat 5 Finals (#304 Mixed 8 & Over 50 SC Meter Butterfly)

1	Prosser, Eleri	W18	Llanelli	59.50	___
2	Gourley, Noah	M13	Penyrheol	57.92	___
3	Backen, Matilda	W10	Fishguard	57.21	___
4	Morgans-Hurley, Jason	M14	Milford Havn	56.21	___
5	Sinfield, Alis	W11	Llanelli	56.58	___
6	Fenn, William G	M10	Swansea Aq	57.29	___
7	Milsom, Scarlet	W10	Afan Valley	58.04	___
8	Collins-Williams, Jasmine	W13	Fishguard	59.61	___

Heat 6 of 10 Finals

1	Griffith, Ariana M	W10	Swansea Aq	55.50	___
2	McFarlane, Mali	W12	Milford Havn	54.91	___
3	Scourfield, Max	M12	Milford Havn	52.02	___
4	Kiernan, Emily A	W11	Swansea Aq	51.20	___
5	Richards, Catrin A	W13	Penyrheol	51.61	___
6	Benson, Annabelle	W11	Pontypridd	54.21	___
7	Price, Olivia-Lois	W10	Afan Valley	55.25	___
8	Hope, Brooke	W12	Tenby	55.87	___

Heat 7 of 10 Finals

1	Hughes, Isaac W	M10	Swansea Aq	50.70	___
2	Davies, Phoebe	W11	Tenby	49.59	___
3	Evans, Gwenllian	W11	Fishguard	49.12	___
4	Chisholm, Evan G	M10	Swansea Aq	48.67	___
5	Harvey, Olivia	W11	PembrokeDist	48.81	___
6	Allan, Imogen	W12	Afan Valley	49.50	___
7	Owen, Molly	W12	Penyrheol	50.08	___
8	Gladstone, Sophie	W9	Haverfordwes	50.90	___

Heat 8 of 10 Finals

1	Watkins, Eleanor R	W12	Afan Valley	46.50	___
2	Lummis, Oscar D	M13	NexusValleys	45.93	___
3	Thomas, Jake O	M11	Swansea Aq	45.20	___
4	Nicklin, Parker	W11	Amman Valley	44.70	___
5	Holborow, Esmay	W10	Amman Valley	45.02	___
6	Lewis, Ollie	M12	Afan Valley	45.38	___
7	Rogers, Mia	W11	PembrokeDist	46.03	___
8	Loring, Cerys	W11	Llanelli	47.34	___

Heat 9 of 10 Finals

1	Treinis, Lucian	M12	Tenby	43.81	___
2	Roberts, Arwyn	W13	Afan Valley	41.79	___
3	O'Connell, Cerys E	W17	NexusValleys	41.30	___
4	Prosser, Mia S	W10	Tenby	40.26	___
5	Demchyshyna, Viktoriia	W11	Amman Valley	41.21	___
6	Barrett, William	M14	Penyrheol	41.66	___
7	Carre, Isabelle	W14	Afan Valley	42.40	___
8	Evans, Liliana	W10	Llanelli	44.59	___

Heat 10 of 10 Finals

1	Phillips, Gethin	M15	Haverfordwes	40.11	___
2	Baylis, Ellie	W13	Penyrheol	38.75	___
3	Davies, Betsi	W13	Fishguard	38.69	___
4	Gourley, Ethan	M17	Penyrheol	32.60	___
5	Williams, Evie	W13	Milford Havn	38.19	___
6	Clement, Darcey	W13	Afan Valley	38.72	___
7	Mason, Ezmee	W13	Haverfordwes	40.08	___
8	Arnold, Olivia	W12	Milford Havn	40.12	___

Event 305 Mixed 9 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1					
2	Treharne, Rachel	W10	Afan Valley	NT	___
3	Iturbe, Carys	W12	Afan Valley	NT	___
4	King, Marley	W17	Penyrheol	NT	___
5	Thomas, Harry S	M13	Swansea Aq	NT	___
6	Thomas, Jake O	M11	Swansea Aq	NT	___
7	Bool, Lani	W10	Haverfordwes	NT	___
8					

Heat 2 of 4 Finals

1	Ellis, Elsie	W10	Haverfordwes	4:50.87	___
2	Hughes, Isaac W	M10	Swansea Aq	4:30.20	___
3	Dashfield, Lottie	W11	Tenby	4:22.73	___
4	Griffith, Ariana M	W10	Swansea Aq	4:12.95	___
5	Phillips, Ieuan	M12	Fishguard	4:13.27	___
6	Beecham, Emelia-May	W11	Fishguard	4:24.82	___
7	Weeks, Mali	W11	Pontypridd	4:32.08	___
8	Hampson, Ethan	M12	Llanelli	5:29.96	___

Heat 3 of 4 Finals

1	Watkins, Eleanor R	W12	Afan Valley	4:02.40	___
2	Antwhistle, Esme W	W12	Swansea Aq	4:00.23	___
3	Taylor, Kingsley C	M11	Swansea Aq	3:56.20	___
4	Hawksworth Garcia, Frida	W9	Swansea Aq	3:48.59	___
5	Mason, Ezmee	W13	Haverfordwes	3:49.79	___
6	Emam, Lina	W13	Swansea Aq	4:00.03	___
7	Griffiths, Matilda	W10	Llanelli	4:00.51	___
8	Caprilli, Valentino	M12	Fishguard	4:02.57	___

Heat 4 of 4 Finals

1	Taylor, Jasper B	M13	Swansea Aq	3:44.50	___
2	Davies, Betsi	W13	Fishguard	3:28.09	___
3	Davies, Ava-Rose	W13	Nofio S Gar	3:26.91	___
4	Williams, Evie	W13	Milford Havn	3:22.70	___
5	Dyde, Pheobe	W13	PembrokeDist	3:23.10	___
6	Duncan, Ava	W13	Amman Valley	3:27.08	___
7	Lloyd-Roberts, Harry	M13	Milford Havn	3:30.10	___
8	Oseng-Rees, Eira	W12	Swansea Aq	3:45.20	___