

Nofio Sir Gar SC Development Meet 2026 - 14/06/2026

Meet Program - Session 3 (Warmup 2.25 - 3.25)

Event 301 Mixed 8 & Over 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 16 Finals

1	Rowlands, Ffion	W8	Llanelli	NT
2	Williams, Gethin	M8	Pontypridd	NT
3	Crome, Megan A	W9	Swansea Aq	NT
4	Williams, Noah J	M9	NexusValleys	NT
5	Gladstone, Sophie	W9	Haverfordwes	NT
6	Perkins, Thomas	M9	Pontypridd	NT
7	Clay, Isla L	W8	Swansea Aq	NT
8	Loring, Nonnie	W8	Llanelli	NT

Heat 2 of 16 Finals

1	Price, Megan A	W9	NexusValleys	NT
2	Buckmaster, Edward J	M9	NexusValleys	NT
3	Hudson-Joshua, Liwsi F	W9	Swansea Aq	NT
4	Biskup, Antonina	W10	Swansea Aq	NT
5	Griffiths, Olly	M9	Milford Havn	NT
6	Smith, Emily R	W9	NexusValleys	NT
7	Caprilli, Iris	W9	Fishguard	NT
8	Thomas, Lily	W9	Haverfordwes	NT

Heat 3 of 16 Finals

1	Cunniffe, Isabella C	W10	Swansea Aq	NT
2	Roberts, Sienna R	W10	NexusValleys	NT
3	Escandor, Samantha Hailey	W10	Swansea Aq	NT
4	Kania, Joshua	M10	Tenby	NT
5	Evans, Mia R	W10	NexusValleys	NT
6	Nicholas, Belle	W10	Milford Havn	NT
7	Moseley, Mair	W10	PembrokeDist	NT
8	Brace, Mali	W10	Tenby	NT

Heat 4 of 16 Finals

1	Rees, Poppy	W11	Milford Havn	NT
2	Smith, Isla	W11	Amman Valley	NT
3	Williams, Alis	W11	Penyrheol	NT
4	Griffiths, Jayden	M12	Amman Valley	NT
5	Titley, Flo	W11	Milford Havn	NT
6	Davies, Rosie	W11	Amman Valley	NT
7	Williams, Ania	W11	Penyrheol	NT
8	Phillips, Ava	W10	Fishguard	NT

Heat 5 of 16 Finals

1	Kivell-Jones, Dylan J	M12	Swansea Aq	NT
2	Collins-Williams, Jasmine	W13	Fishguard	NT
3	Lay, Morgan	M13	PembrokeDist	NT
4	Gemine, Mollie	W8	Llanelli	1:29.73
5	Owen, Florence	W8	Penyrheol	1:47.32
6	Jackowiak, Oliver	M13	Swansea Aq	NT
7	Lloyd, Dylan J	M12	Swansea Aq	NT
8	Kovacs Old Record, Amelia	W12	Swansea Aq	NT

Heat 6 of 16 Finals

1	Prosser, Harri	M15	Llanelli	1:25.11
2	Easterlow, Sophiia	W8	Tenby	1:17.00
3	Holloway, Amelie	W11	Afan Valley	1:14.66
4	Hampson, Ethan	M12	Llanelli	1:11.97
5	Fenn, Annabelle R	W8	Swansea Aq	1:12.19
6	Butler, Alexa F	W11	Swansea Aq	1:14.94
7	Walters, Ellie-Mae	W12	Haverfordwes	1:17.51
8	Codell, Cadence R	W8	NexusValleys	1:27.87

Heat 7 of 16 Finals

1	Morgan, Evie	W9	Amman Valley	1:10.24
2	Adams, Elizabeth	W10	Haverfordwes	1:09.16
3	Williams, Cobi A	M9	Swansea Aq	1:08.73
4	Hayward, Adam	M11	Milford Havn	1:04.79
5	Kelly, Freya	W13	Pontypridd	1:05.23
6	Williams, Alaw	W9	Llanelli	1:08.82
7	Shaw, Penny	W9	Tenby	1:09.86
8	Williams, Emily	W9	Llanelli	1:10.38

Heat 8 of 16 Finals

1	Durrant-Pearce, Safia	W10	Milford Havn	1:04.40
2	Sinfield, Alis	W11	Llanelli	1:03.81
3	Evans, Iorwerth R	M9	Fishguard	1:03.26
4	Boyle, Olivia	W9	PembrokeDist	1:03.03
5	Johnson, Molly	W9	Afan Valley	1:03.23
6	Brookman, Martha	W11	Pontypridd	1:03.76
7	Milsom, Scarlet	W10	Afan Valley	1:03.87
8	Koszalski, Penelope	W9	Llanelli	1:04.54

Heat 9 of 16 Finals

1	Bool, Lani	W10	Haverfordwes	1:02.68
2	Phelps, Ruby	W8	Penyrheol	1:02.59
3	Holness, Reeve F	W9	Swansea Aq	1:01.19
4	Beecham, Emelia-May	W11	Fishguard	1:00.58
5	Raistrick, Evelyn	W10	Amman Valley	1:01.04
6	Griffiths, Phillip	M11	Milford Havn	1:02.20
7	Chisholm, Evan G	M10	Swansea Aq	1:02.65
8	Williams, Joel S	M9	Swansea Aq	1:02.88

Heat 10 of 16 Finals

1	Treharne, Rachel	W10	Afan Valley	1:00.25
2	Hughes, Dylan R	M12	Swansea Aq	59.84
3	Gourley, Noah	M13	Penyrheol	58.45
4	Roscoe, Evelyn	W10	Haverfordwes	58.02
5	Symmonds, Taya	W11	Haverfordwes	58.05
6	Fincher, Ayda	W12	Llanelli	59.64
7	Llewellyn, Anwen	W12	Haverfordwes	59.90
8	Gregory, Grace	W11	Amman Valley	1:00.30

Heat 11 of 16 Finals

1	Mowbray-Rees, Myles	M11	Swansea Aq	57.88
2	Griffiths, Mari	W10	Amman Valley	57.25
3	Walters, Grace E	W11	Swansea Aq	55.70
4	Fincher, Cari	W13	Llanelli	54.51
5	Wheeler, Amelie	W14	Penyrheol	54.84
6	Dashfield, Lottie	W11	Tenby	56.76
7	Arnold, Olivia	W12	Milford Havn	57.61
8	Fenn, William G	M10	Swansea Aq	57.92

Heat 12 of 16 Finals

1	Lewis, Ollie	M12	Afan Valley	53.57
2	Weeks, Mali	W11	Pontypridd	53.35
3	Griffiths, Matilda	W10	Llanelli	52.13
4	Jones, Oscar	M12	Llanelli	51.57
5	Jenkins, Olivia I	W13	Swansea Aq	51.60
6	Demchyshyna, Viktoriia	W11	Amman Valley	53.30
7	Evans, Liliana	W10	Llanelli	53.41
8	Taylor, Kingsley C	M11	Swansea Aq	54.10

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Meet Program - Session 3 (Warmup 2.25 - 3.25)

Heat 13 Finals (#301 Mixed 8 & Over 50 SC Meter Breaststroke)

1	Watkins, Eleanor R	W12	Afan Valley	51.09	___
2	Lumms, Oscar D	M13	NexusValleys	50.10	___
3	Taffetsauffer, Leo	M10	Llanelli	49.59	___
4	Titley, Lola	W14	Milford Havn	49.34	___
5	Rogers, Mia	W11	PembrokeDist	49.42	___
6	Besley, Freya	W13	Penyrheol	50.02	___
7	Richards, Catrin A	W13	Penyrheol	50.26	___
8	Oseng-Rees, Eira	W12	Swansea Aq	51.39	___

Heat 14 of 16 Finals

1	Downie, William M	M15	Swansea Aq	48.43	___
2	Nicklin, Parker	W11	Amman Valley	47.90	___
3	Iturbe, Carys	W12	Afan Valley	47.49	___
4	Hope, Madi	W10	Tenby	47.32	___
5	Toutt, Molly	W13	Amman Valley	47.38	___
6	Barrett, William	M14	Penyrheol	47.73	___
7	Holness, Camille S	W11	Swansea Aq	48.01	___
8	Phillips, Gethin	M15	Haverfordwes	48.63	___

Heat 15 of 16 Finals

1	Treinis, Lucian	M12	Tenby	46.54	___
2	Mason, Ezmee	W13	Haverfordwes	45.93	___
3	Rees, Oscar	M13	Llanelli	45.20	___
4	Thomas, Harry S	M13	Swansea Aq	44.09	___
5	Dennison, Evie	W14	Milford Havn	44.57	___
6	Williams, Evie	W13	Milford Havn	45.86	___
7	Hawkins, Lottie	W13	Haverfordwes	46.41	___
8	Taylor, Jasper B	M13	Swansea Aq	47.20	___

Heat 16 of 16 Finals

1	Koszalski, Soffia	W14	Llanelli	43.33	___
2	Burns, Freya	W14	Nofio S Gar	42.55	___
3	George, Eilir	W15	Llanelli	40.93	___
4	Gourley, Ethan	M17	Penyrheol	37.94	___
5	Reynolds, Owain	M18	Llanelli	38.30	___
6	Jenkins, Elli J	W15	Swansea Aq	41.40	___
7	Goodman, Evie	W14	Swansea Aq	42.57	___
8	Burnett, Ellie	W14	Pontypridd	43.56	___

Event 302 Mixed 9 & Over 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1					___
2					___
3	Benson, Annabelle	W11	Pontypridd	NT	___
4	Caprilli, Valentino	M12	Fishguard	NT	___
5	Popham, Nyla C	W11	Swansea Aq	NT	___
6	Rabaiotti, Orla-Rae	W11	Swansea Aq	NT	___
7					___
8					___

Heat 2 of 4 Finals

1	Hope, Brooke	W12	Tenby	NT	___
2	Goodman, Lola	W14	Swansea Aq	NT	___
3	Dedman, Ivy	W9	Tenby	3:53.87	___
4	Nicholas, Annie	W12	Milford Havn	3:43.89	___
5	Scourfield, Max	M12	Milford Havn	3:52.52	___
6	O'Connell, Cerys E	W17	NexusValleys	NT	___
7	Baylis, Ellie	W13	Penyrheol	NT	___
8	Whatmore, Finley	M12	Milford Havn	NT	___

Heat 3 of 4 Finals

1	Hawksworth Garcia, Frida	W9	Swansea Aq	3:27.90	___
2	Williams, Eva M	W11	Swansea Aq	3:22.76	___
3	Dashfield, Olivia	W12	Tenby	3:18.33	___
4	Arnold, Olivia	W12	Milford Havn	3:13.16	___
5	Prosser, Mia S	W10	Tenby	3:15.72	___
6	Fretwell, Logan	M11	Milford Havn	3:22.09	___
7	McFarlane, Mali	W12	Milford Havn	3:22.84	___
8	Harvey, Olivia	W11	PembrokeDist	3:41.45	___

Heat 4 of 4 Finals

1	Gil Wood, Elena	W13	Swansea Aq	3:06.84	___
2	Thomas, Leah	W14	Haverfordwes	3:03.87	___
3	George, Eilir	W15	Llanelli	2:56.14	___
4	Burt, Caio	M15	Llanelli	2:42.83	___
5	Jenkins, Alexandra G	W16	Swansea Aq	2:45.77	___
6	Banner, Harry	M14	Penyrheol	3:00.00	___
7	Henson, Jess	W12	Tenby	3:05.68	___
8	Dennison, Evie	W14	Milford Havn	3:12.92	___

Event 303 Mixed 9 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Finals

1					___
2					___
3	Smith, Emily R	W9	NexusValleys	NT	___
4	Gladstone, Sophie	W9	Haverfordwes	NT	___
5	Koszalski, Penelope	W9	Llanelli	NT	___
6	Perkins, Thomas	M9	Pontypridd	NT	___
7					___
8					___

Heat 2 of 12 Finals

1	Perkins, James	M10	Pontypridd	NT	___
2	Thomas, Jake O	M11	Swansea Aq	NT	___
3	Kivell-Jones, Dylan J	M12	Swansea Aq	NT	___
4	Southgate, Ryan	M14	Milford Havn	NT	___
5	Thomas, Harry S	M13	Swansea Aq	NT	___
6	Rees, Derryn H	M11	Swansea Aq	NT	___
7	Richards, Sarah M	W10	Penyrheol	NT	___
8	Williams, Cobi A	M9	Swansea Aq	NT	___

Heat 3 of 12 Finals

1	Divers, Olivia-lilly	W10	Swansea Aq	2:18.70	___
2	Adams, Elizabeth	W10	Haverfordwes	2:06.50	___
3	Holloway, Amelie	W11	Afan Valley	2:02.60	___
4	Durrant-Pearce, Safia	W10	Milford Havn	1:58.12	___
5	Shaw, Penny	W9	Tenby	2:01.89	___
6	Prosser, Harri	M15	Llanelli	2:04.12	___
7	Hampson, Ethan	M12	Llanelli	2:10.70	___
8	Carre, Josh	M20	Afan Valley	NT	___

Heat 4 of 12 Finals

1	Griffiths, Phillip	M11	Milford Havn	1:53.46	___
2	Roscoe, Evelyn	W10	Haverfordwes	1:52.64	___
3	Prosser, Eleri	W18	Llanelli	1:50.62	___
4	Evans, Mia R	W10	NexusValleys	1:48.75	___
5	Treharne, Rachel	W10	Afan Valley	1:49.96	___
6	Curtis, Alexandra L	W10	Swansea Aq	1:52.41	___
7	Moseley, Mair	W10	PembrokeDist	1:52.68	___
8	Nicholas, Belle	W10	Milford Havn	1:57.70	___

Nofio Sir Gar SC Development Meet 2026 - 14/06/2026

Meet Program - Session 3 (Warmup 2.25 - 3.25)

Heat 5 Finals (#303 Mixed 9 & Over 100 SC Meter Freestyle)

1	Popham, Mari G	W9	Swansea Aq	1:47.06	___
2	Backen, Matilda	W10	Fishguard	1:46.30	___
3	Fincher, Ayda	W12	Llanelli	1:44.44	___
4	Hughes, Isaac W	M10	Swansea Aq	1:42.77	___
5	Hayward, Adam	M11	Milford Havn	1:44.17	___
6	Brookman, Martha	W11	Pontypridd	1:44.84	___
7	Evans, Iorwerth R	M9	Fishguard	1:47.04	___
8	Johnson, Molly	W9	Afan Valley	1:48.38	___

Heat 6 of 12 Finals

1	Price, Olivia-Lois	W10	Afan Valley	1:42.51	___
2	Raistrick, Evelyn	W10	Amman Valley	1:39.19	___
3	Fenn, William G	M10	Swansea Aq	1:38.16	___
4	Gregory, Grace	W11	Amman Valley	1:37.99	___
5	Sinfield, Alis	W11	Llanelli	1:38.08	___
6	Kelly, Freya	W13	Pontypridd	1:38.98	___
7	Antwhistle, Esme W	W12	Swansea Aq	1:41.14	___
8	Collins-Williams, Jasmine	W13	Fishguard	1:42.67	___

Heat 7 of 12 Finals

1	Morgans-Hurley, Jason	M14	Milford Havn	1:37.51	___
2	Beecham, Emelia-May	W11	Fishguard	1:35.90	___
3	Loring, Cerys	W11	Llanelli	1:33.98	___
4	Kiernan, Emily A	W11	Swansea Aq	1:32.90	___
5	Chisholm, Evan G	M10	Swansea Aq	1:33.06	___
6	Williams, Emily	W9	Llanelli	1:35.38	___
7	Llewellyn, Anwen	W12	Haverfordwes	1:36.21	___
8	Sherwood, Betti J	W11	Swansea Aq	1:37.89	___

Heat 8 of 12 Finals

1	Symmonds, Taya	W11	Haverfordwes	1:32.22	___
2	Burt, Gwion	M12	Llanelli	1:29.80	___
3	Downie, William M	M15	Swansea Aq	1:28.90	___
4	Fincher, Cari	W13	Llanelli	1:28.69	___
5	Lee, Ioan	M11	Llanelli	1:28.81	___
6	Hughes, Dylan R	M12	Swansea Aq	1:29.48	___
7	Richards, Catrin A	W13	Penyrheol	1:30.71	___
8	Dedman, Ivy	W9	Tenby	1:32.29	___

Heat 9 of 12 Finals

1	Besley, Freya	W13	Penyrheol	1:28.53	___
2	Allan, Imogen	W12	Afan Valley	1:26.90	___
3	Phillips, Ieuan	M12	Fishguard	1:25.50	___
4	Evans, Liliana	W10	Llanelli	1:24.47	___
5	Taffetsauffer, Leo	M10	Llanelli	1:24.98	___
6	Davies, Phoebe	W11	Tenby	1:25.73	___
7	Weeks, Mali	W11	Pontypridd	1:28.14	___
8	Pugh, Elis	M12	Pontypridd	1:28.56	___

Heat 10 of 12 Finals

1	Hope, Madi	W10	Tenby	1:23.58	___
2	Jackowiak, Oliver	M13	Swansea Aq	1:22.92	___
3	Holborow, Esmay	W10	Amman Valley	1:22.08	___
4	Treinis, Lucian	M12	Tenby	1:20.86	___
5	Akers, Finnley	M14	Afan Valley	1:21.68	___
6	Thomas, Catrin	W12	Pontypridd	1:22.90	___
7	Fretwell, Logan	M11	Milford Havn	1:23.46	___
8	Jones, Oscar	M12	Llanelli	1:24.35	___

Heat 11 of 12 Finals

1	Emam, Lina	W13	Swansea Aq	1:20.48	___
2	Holness, Camille S	W11	Swansea Aq	1:18.60	___
3	Jenkins, Olivia I	W13	Swansea Aq	1:17.60	___
4	Koszalski, Soffia	W14	Llanelli	1:16.53	___
5	Dashfield, Olivia	W12	Tenby	1:17.20	___
6	Lewis, Ollie	M12	Afan Valley	1:18.40	___
7	Toutt, Molly	W13	Amman Valley	1:19.47	___
8	Lloyd-Roberts, Harry	M13	Milford Havn	1:20.64	___

Heat 12 of 12 Finals

1	Carre, Isabelle	W14	Afan Valley	1:16.40	___
2	Clement, Darcey	W13	Afan Valley	1:14.00	___
3	Phillips, Gethin	M15	Haverfordwes	1:11.57	___
4	Smith, Caelan	M16	Haverfordwes	1:04.36	___
5	Reynolds, Owain	M18	Llanelli	1:05.20	___
6	Roberts, Arwyn	W13	Afan Valley	1:13.72	___
7	Williams, Lois G	W14	Swansea Aq	1:15.70	___
8	Titely, Lola	W14	Milford Havn	1:16.49	___

Event 304 Mixed 8 & Over 50 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Finals

1	Crome, Megan A	W9	Swansea Aq	NT	___
2	Price, Megan A	W9	NexusValleys	NT	___
3	Williams, Noah J	M9	NexusValleys	NT	___
4	Perkins, James	M10	Pontypridd	NT	___
5	Caprilli, Iris	W9	Fishguard	NT	___
6	Rees, Martha	W9	Fishguard	NT	___
7	Jones, Elsie	W9	Llanelli	NT	___
8	Williams, Gethin	M8	Pontypridd	NT	___

Heat 2 of 10 Finals

1	Evans, Mia R	W10	NexusValleys	NT	___
2	Hayward, Adam	M11	Milford Havn	NT	___
3	Titely, Flo	W11	Milford Havn	NT	___
4	Williams, Alis	W11	Penyrheol	NT	___
5	Jones, Florence A	W11	NexusValleys	NT	___
6	Williams, Ania	W11	Penyrheol	NT	___
7	Rees, Derryn H	M11	Swansea Aq	NT	___
8	Richards, Sarah M	W10	Penyrheol	NT	___

Heat 3 of 10 Finals

1	Pugh, Elis	M12	Pontypridd	NT	___
2	Whatmore, Finley	M12	Milford Havn	NT	___
3	Easterlow, Sophiia	W8	Tenby	1:17.55	___
4	Buckmaster, Edward J	M9	NexusValleys	1:11.88	___
5	Popham, Mari G	W9	Swansea Aq	1:17.00	___
6	Holloway, Amelie	W11	Afan Valley	1:17.57	___
7	Jones, Oscar	M12	Llanelli	NT	___
8	Mowbray-Rees, Myles	M11	Swansea Aq	NT	___

Heat 4 of 10 Finals

1	Johnson, Molly	W9	Afan Valley	1:06.98	___
2	Fenn, Annabelle R	W8	Swansea Aq	1:04.02	___
3	Symmonds, Taya	W11	Haverfordwes	1:01.91	___
4	Thomas, Catrin	W12	Pontypridd	1:00.63	___
5	Clay, Isla L	W8	Swansea Aq	1:01.27	___
6	Boyle, Olivia	W9	PembrokeDist	1:02.72	___
7	Walters, Ellie-Mae	W12	Haverfordwes	1:04.98	___
8	Shaw, Penny	W9	Tenby	1:08.56	___

Nofio Sir Gar SC Development Meet 2026 - 14/06/2026

Meet Program - Session 3 (Warmup 2.25 - 3.25)

Heat 5 Finals (#304 Mixed 8 & Over 50 SC Meter Butterfly)

1	Prosser, Eleri	W18	Llanelli	59.50	___
2	Gourley, Noah	M13	Penyrheol	57.92	___
3	Backen, Matilda	W10	Fishguard	57.21	___
4	Morgans-Hurley, Jason	M14	Milford Havn	56.21	___
5	Sinfield, Alis	W11	Llanelli	56.58	___
6	Fenn, William G	M10	Swansea Aq	57.29	___
7	Milsom, Scarlet	W10	Afan Valley	58.04	___
8	Collins-Williams, Jasmine	W13	Fishguard	59.61	___

Heat 6 of 10 Finals

1	Griffith, Ariana M	W10	Swansea Aq	55.50	___
2	McFarlane, Mali	W12	Milford Havn	54.91	___
3	Scourfield, Max	M12	Milford Havn	52.02	___
4	Kiernan, Emily A	W11	Swansea Aq	51.20	___
5	Richards, Catrin A	W13	Penyrheol	51.61	___
6	Benson, Annabelle	W11	Pontypridd	54.21	___
7	Price, Olivia-Lois	W10	Afan Valley	55.25	___
8	Hope, Brooke	W12	Tenby	55.87	___

Heat 7 of 10 Finals

1	Hughes, Isaac W	M10	Swansea Aq	50.70	___
2	Davies, Phoebe	W11	Tenby	49.59	___
3	Evans, Gwenllian	W11	Fishguard	49.12	___
4	Chisholm, Evan G	M10	Swansea Aq	48.67	___
5	Harvey, Olivia	W11	PembrokeDist	48.81	___
6	Allan, Imogen	W12	Afan Valley	49.50	___
7	Owen, Molly	W12	Penyrheol	50.08	___
8	Gladstone, Sophie	W9	Haverfordwes	50.90	___

Heat 8 of 10 Finals

1	Watkins, Eleanor R	W12	Afan Valley	46.50	___
2	Lummis, Oscar D	M13	NexusValleys	45.93	___
3	Thomas, Jake O	M11	Swansea Aq	45.20	___
4	Nicklin, Parker	W11	Amman Valley	44.70	___
5	Holborow, Esmay	W10	Amman Valley	45.02	___
6	Lewis, Ollie	M12	Afan Valley	45.38	___
7	Rogers, Mia	W11	PembrokeDist	46.03	___
8	Loring, Cerys	W11	Llanelli	47.34	___

Heat 9 of 10 Finals

1	Treinis, Lucian	M12	Tenby	43.81	___
2	Roberts, Arwyn	W13	Afan Valley	41.79	___
3	O'Connell, Cerys E	W17	NexusValleys	41.30	___
4	Prosser, Mia S	W10	Tenby	40.26	___
5	Demchyshyna, Viktoriia	W11	Amman Valley	41.21	___
6	Barrett, William	M14	Penyrheol	41.66	___
7	Carre, Isabelle	W14	Afan Valley	42.40	___
8	Evans, Liliana	W10	Llanelli	44.59	___

Heat 10 of 10 Finals

1	Phillips, Gethin	M15	Haverfordwes	40.11	___
2	Baylis, Ellie	W13	Penyrheol	38.75	___
3	Davies, Betsi	W13	Fishguard	38.69	___
4	Gourley, Ethan	M17	Penyrheol	32.60	___
5	Williams, Evie	W13	Milford Havn	38.19	___
6	Clement, Darcey	W13	Afan Valley	38.72	___
7	Mason, Ezmee	W13	Haverfordwes	40.08	___
8	Arnold, Olivia	W12	Milford Havn	40.12	___

Event 305 Mixed 9 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1					
2	Treharne, Rachel	W10	Afan Valley	NT	___
3	Iturbe, Carys	W12	Afan Valley	NT	___
4	King, Marley	W17	Penyrheol	NT	___
5	Thomas, Harry S	M13	Swansea Aq	NT	___
6	Thomas, Jake O	M11	Swansea Aq	NT	___
7	Bool, Lani	W10	Haverfordwes	NT	___
8					

Heat 2 of 4 Finals

1	Ellis, Elsie	W10	Haverfordwes	4:50.87	___
2	Hughes, Isaac W	M10	Swansea Aq	4:30.20	___
3	Dashfield, Lottie	W11	Tenby	4:22.73	___
4	Griffith, Ariana M	W10	Swansea Aq	4:12.95	___
5	Phillips, Ieuan	M12	Fishguard	4:13.27	___
6	Beecham, Emelia-May	W11	Fishguard	4:24.82	___
7	Weeks, Mali	W11	Pontypridd	4:32.08	___
8	Hampson, Ethan	M12	Llanelli	5:29.96	___

Heat 3 of 4 Finals

1	Watkins, Eleanor R	W12	Afan Valley	4:02.40	___
2	Antwhistle, Esme W	W12	Swansea Aq	4:00.23	___
3	Taylor, Kingsley C	M11	Swansea Aq	3:56.20	___
4	Hawksworth Garcia, Frida	W9	Swansea Aq	3:48.59	___
5	Mason, Ezmee	W13	Haverfordwes	3:49.79	___
6	Emam, Lina	W13	Swansea Aq	4:00.03	___
7	Griffiths, Matilda	W10	Llanelli	4:00.51	___
8	Caprilli, Valentino	M12	Fishguard	4:02.57	___

Heat 4 of 4 Finals

1	Taylor, Jasper B	M13	Swansea Aq	3:44.50	___
2	Davies, Betsi	W13	Fishguard	3:28.09	___
3	Davies, Ava-Rose	W13	Nofio S Gar	3:26.91	___
4	Williams, Evie	W13	Milford Havn	3:22.70	___
5	Dyde, Pheobe	W13	PembrokeDist	3:23.10	___
6	Duncan, Ava	W13	Amman Valley	3:27.08	___
7	Lloyd-Roberts, Harry	M13	Milford Havn	3:30.10	___
8	Oseng-Rees, Eira	W12	Swansea Aq	3:45.20	___