

Llanelli ASC - Autumn Meet 2026 - 03/10/2026 to 04/10/2026
Meet Program - Session 2 (Warmup 11.20 - 12.20)

Event 201 Mixed 9 & Over 200 SC Meter Backstroke					
Lane	Name	Age	Team	Seed	Time
Heat 1 of 7 Finals					
2	El Saghir, Julia Salah	W9	Carmarthen	NT	_____
3	Jack, Courtney E	W10	BCSS	NT	_____
4	Lewis, Ollie	M12	AVSY	NT	_____
5	Curtis, Alexandra L	W10	Swansea Aq	NT	_____
6	Divers, Olivia-lilly	W10	Swansea Aq	NT	_____
7					_____
Heat 2 of 7 Finals					
2	Jack, Layla E	W14	BCSS	NT	_____
3	Alexander, Seren	W15	Aberystwyth	NT	_____
4	Evans, Liliana	W11	Llanelli	3:50.42	_____
5	Evans, Lowri Carys	W12	Carmarthen	4:06.97	_____
6	Bloomfield, Benjamin J	M14	BCSS	NT	_____
7	Duggan, Grace L	W14	BCSS	NT	_____
Heat 3 of 7 Finals					
2	Houlding, Holly	W13	Neath	3:36.46	_____
3	Hughes, Isaac W	M10	Swansea Aq	3:30.65	_____
4	Marques-Jones, Idris	M12	Carmarthen	3:29.18	_____
5	Edwards, Rhodri	M11	Llanelli	3:29.67	_____
6	Williams, Grace	W14	Neath	3:31.70	_____
7	Lewis, Emilia	W13	Aberavon	3:41.00	_____
Heat 4 of 7 Finals					
2	Heron, Edith	W13	Aberystwyth	3:19.38	_____
3	McIntosh, Catrin N	W12	BCSS	3:16.90	_____
4	Williams, Eva M	W11	Swansea Aq	3:13.97	_____
5	Sharpe, Lillie	W13	Llanelli	3:15.35	_____
6	John, Elsie O	W14	BCSS	3:18.80	_____
7	Harding, Esmee	W11	Neath	3:28.82	_____
Heat 5 of 7 Finals					
2	Brown, Thea L	W13	BCSS	3:06.80	_____
3	Nicklin, Parker	W11	Amman Valley	3:03.27	_____
4	Kellaway, Evie-Rosa	W13	Aberystwyth	3:00.53	_____
5	Bullock, Georgia May	W13	Carmarthen	3:01.80	_____
6	Kurys, Bonnie Phoebe	W13	Carmarthen	3:04.23	_____
7	Middleton, Caitlin	W16	Aberystwyth	3:10.53	_____
Heat 6 of 7 Finals					
2	Short, Amelia	W14	Neath	2:48.30	_____
3	Morris, Blair	W13	Neath	2:47.68	_____
4	Davies, Ava-Rose	W13	Nsg	2:46.02	_____
5	Haddrell, Eva Lily	W18	BCSS	2:47.60	_____
6	Kurys, Emiliese	W12	Carmarthen	2:48.20	_____
7	Wells, Iris	W14	C Dolphins	3:00.29	_____
Heat 7 of 7 Finals					
2	Duggan, Elliot A	M15	BCSS	2:41.90	_____
3	Bowes, James	M14	Carmarthen	2:38.79	_____
4	Lerigo, Oli	M16	Aberystwyth	2:37.21	_____
5	Philpott, Ffion	W17	Nsg	2:37.33	_____
6	Marques-Jones, Felix	M13	Carmarthen	2:39.30	_____
7	Price, Seren	W14	Carmarthen	2:45.18	_____

Event 202 Mixed 8 & Over 50 SC Meter Freestyle					
Lane	Name	Age	Team	Seed	Time
Heat 1 of 37 Finals					
2					_____
3	Evans, Archie	M8	Llanelli	NT	_____
4	Evans, Sebastian	M8	Llanelli	NT	_____
5	Welch, Noah R	M8	BCSS	NT	_____
6					_____
7					_____
Heat 2 of 37 Finals					
2	Lee, Isaac	M9	Llanelli	NT	_____
3	Shingler, Lotti	W9	Llanelli	NT	_____
4	Jack, Courtney E	W10	BCSS	NT	_____
5	Cooke, AnaÃ's S	W10	BCSS	NT	_____
6	De Silva, Sanali	W9	Aberavon	NT	_____
7	Gravell, Sonny	M9	Llanelli	NT	_____
Heat 3 of 37 Finals					
2	Borthwick, Ewan	M11	Aberavon	NT	_____
3	Shingler, Aila	W11	Llanelli	NT	_____
4	Oliver, Sophie M	W12	BCSS	NT	_____
5	De Silva, Thinuli	W11	Aberavon	NT	_____
6	O'Sullivan, Llian	W11	C Dolphins	NT	_____
7	Evans, Alys Eirie	W11	Carmarthen	NT	_____
Heat 4 of 37 Finals					
2	Kapilan, Kathir	M12	Swansea Aq	NT	_____
3	Jones, Ruby	W13	Aberavon	NT	_____
4	Mohamed, Adam I	M14	BCSS	NT	_____
5	Jack, Layla E	W14	BCSS	NT	_____
6	Evans-Williams, Emily	W13	Amman Valley	NT	_____
7	Turner, Teddy	M12	Llanelli	NT	_____
Heat 5 of 37 Finals					
2	Davies, Kiera	W15	Llanelli	NT	_____
3	Williams, Sophia	W9	Llanelli	1:16.15	_____
4	Gemine, Mollie	W8	Llanelli	1:01.54	_____
5	Coles, Harley	M9	Neath	1:02.50	_____
6	Sysuieva, Oleksandra	W16	Swansea Aq	NT	_____
7	Eccles, Connor	M14	C Dolphins	NT	_____
Heat 6 of 37 Finals					
2	Owens, Eliza	W9	Carmarthen	59.56	_____
3	Pyzer, Ezra John	M9	Carmarthen	57.72	_____
4	Hunt, Rory	W8	Aberavon	56.86	_____
5	Thomas, Anna	W10	Carmarthen	56.92	_____
6	Loring, Nonnie	W8	Llanelli	58.06	_____
7	Wilshire, Alexa	W10	Llanelli	1:00.84	_____
Heat 7 of 37 Finals					
2	Williams, Anna Mair	W10	Carmarthen	55.75	_____
3	Nicholas, Harri	M9	Llanelli	54.87	_____
4	Bates, Florence	W12	Aberystwyth	53.07	_____
5	Madge, Willow	W9	C Dolphins	53.10	_____
6	Lewis, Florence I	W9	BCSS	54.90	_____
7	Morris, Cai	M11	Llanelli	56.71	_____
Heat 8 of 37 Finals					
2	Bailey, Emily-May	W10	Llanelli	52.49	_____
3	Williams, Sonny	M10	Llanelli	52.10	_____
4	John-Howes, Bailey	M12	Llanelli	51.54	_____
5	Burgess-Walters, Matilda J	W8	Swansea Aq	51.86	_____
6	Holloway, Amelie	W11	AVSY	52.31	_____
7	Schneiweiss Tommasin, Giu	M11	Swansea Aq	52.88	_____

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Heat 9 Finals (#202 Mixed 8 & Over 50 SC Meter Freestyle)

2	James, Scarlett	W10	Carmarthen	50.84	_____
3	Organ, Alice F	W8	Swansea Aq	50.60	_____
4	Williams, Cobi	M10	Carmarthen	50.08	_____
5	Edmunds, Jessica S14	W17	Llanelli	50.40	_____
6	Biskup, Antonina	W10	Swansea Aq	50.69	_____
7	Phillips, Megan	W10	Llanelli	50.87	_____

Heat 10 of 37 Finals

2	Totterdale, Sophia	W10	Llanelli	48.75	_____
3	Evans, Esta Fleur	W10	Carmarthen	48.50	_____
4	Jones, Elsie	W10	Llanelli	48.16	_____
5	Bonnell, Isabelle	W12	Llanelli	48.20	_____
6	Davies, Rosie	W11	Amman Valley	48.63	_____
7	Hoskins, Emily	W11	C Dolphins	49.32	_____

Heat 11 of 37 Finals

2	Williams, Alaw	W9	Llanelli	47.73	_____
3	Johnson, Molly	W9	AVSY	47.67	_____
4	Rowlands, Ffion	W8	Llanelli	47.50	_____
5	Dursley, Juneau R	W10	BCSS	47.60	_____
6	Prosser, Harri	M15	Llanelli	47.73	_____
7	Powell, Finley	M11	AVSY	48.07	_____

Heat 12 of 37 Finals

2	Treharne, Rachel	W10	AVSY	47.30	_____
3	Butler, Alexa F	W10	Swansea Aq	46.50	_____
4	Wilson, Isla Jayne	W11	Carmarthen	45.40	_____
5	Woodman, Argyll J	M10	BCSS	46.50	_____
6	Kilvington, Aston J	M11	Aberystwyth	46.98	_____
7	Hudson-Joshua, Liwsi F	W9	Swansea Aq	47.49	_____

Heat 13 of 37 Finals

2	Duggan, Harry	M11	Llanelli	45.23	_____
3	Gorvett, Violet	W9	Aberavon	44.91	_____
4	Morgan, Poppy	W10	Llanelli	44.50	_____
5	Carre, Josh	M20	AVSY	44.66	_____
6	Dunn, Harriet	W11	Llanelli	44.97	_____
7	Williams, Lowri	W11	Neath	45.32	_____

Heat 14 of 37 Finals

2	Koszalski, Penelope	W9	Llanelli	43.49	_____
3	Lawler, Edith	W13	AVSY	43.42	_____
4	Facey, Alisha	W14	C Dolphins	43.17	_____
5	Batcup, Charlie W	M11	Swansea Aq	43.31	_____
6	Kiss, Jonathan	M11	AVSY	43.42	_____
7	Haynes, Edith G	W13	BCSS	44.00	_____

Heat 15 of 37 Finals

2	Milsom, Scarlet	W10	AVSY	42.32	_____
3	Sherwood, Betti J	W12	Swansea Aq	41.80	_____
4	Sinfield, Alis	W11	Llanelli	41.70	_____
5	Morris, Lilly	W13	Aberavon	41.74	_____
6	Phillips, Grace I	W11	Swansea Aq	42.00	_____
7	Lyons Jones, Florence H	W10	BCSS	42.90	_____

Heat 16 of 37 Finals

2	Brown, Kenzi I	W9	BCSS	41.52	_____
3	Owen-Rees, Phoebe	W10	Aberavon	41.44	_____
4	Hopkins, Casey	M11	AVSY	41.30	_____
5	Dakin, Chloe	W11	Llanelli	41.43	_____
6	Fincher, Ayda	W12	Llanelli	41.46	_____
7	Mowbray-Rees, Myles	M11	Swansea Aq	41.60	_____

Heat 17 of 37 Finals

2	Evans, Lowri Carys	W12	Carmarthen	40.93	_____
3	Davies, Levi	M17	AVSY	40.71	_____
4	Felton, Gwennan	W13	C Dolphins	40.33	_____
5	Burt, Gwion	M12	Llanelli	40.34	_____
6	Morris, Sara	W9	Neath	40.93	_____
7	Edwards, Joseff	M10	Aberystwyth	41.28	_____

Heat 18 of 37 Finals

2	Denty, Taylor	W13	Aberavon	40.29	_____
3	Williams, Emily	W10	Llanelli	40.24	_____
4	Wedlake, Annie R	W10	Swansea Aq	39.80	_____
5	Bowen-Lewis, Florence	W11	Llanelli	40.16	_____
6	Duncan, Miriam Grug	W11	Carmarthen	40.24	_____
7	Watkins, Eleanor R	W12	AVSY	40.30	_____

Heat 19 of 37 Finals

2	Arnold, Dylan	M11	C Dolphins	39.10	_____
3	Edwards, Rhodri	M11	Llanelli	39.02	_____
4	Jones, Zara	W10	Llanelli	38.60	_____
5	Evans, Mari	W14	Carmarthen	38.93	_____
6	Jones, Cooper	M9	Swansea Aq	39.10	_____
7	Hodges, Maya Z	W10	BCSS	39.70	_____

Heat 20 of 37 Finals

2	Hawksworth Garcia, Frida	W9	Swansea Aq	38.59	_____
3	Knight, Anna	W13	C Dolphins	38.42	_____
4	Cornelius, Emmie	W11	Neath	38.32	_____
5	Philpott, Lowri S14	W15	Llanelli	38.40	_____
6	Taylor, Kingsley C	M11	Swansea Aq	38.44	_____
7	Middleton, Caitlin	W16	Aberystwyth	38.59	_____

Heat 21 of 37 Finals

2	Carley-smith, Evelyn	W11	Neath	38.07	_____
3	Owen, Kaelia H	W10	Neath	37.93	_____
4	Boyle, Toby Maxwell	M11	Carmarthen	37.87	_____
5	Walters, Grace E	W11	Swansea Aq	37.90	_____
6	Kiernan, Emily A	W11	Swansea Aq	38.00	_____
7	Loring, Cerys	W11	Llanelli	38.20	_____

Heat 22 of 37 Finals

2	Fincher, Cari	W13	Llanelli	37.79	_____
3	Roberts, macy	W13	AVSY	37.70	_____
4	Goss, Lucia	W14	Aberavon	37.15	_____
5	Felton, Catrin	W11	C Dolphins	37.36	_____
6	Filmer, Owen	M11	Aberystwyth	37.70	_____
7	Griffiths, Matilda	W10	Llanelli	37.80	_____

Heat 23 of 37 Finals

2	Evans, Sylvie	W11	Llanelli	36.80	_____
3	El Saghir, Karim Salah	M12	Carmarthen	36.60	_____
4	Houlding, Holly	W13	Neath	36.50	_____
5	Williams, Alys Lowri	W12	Carmarthen	36.50	_____
6	Evans, Liliana	W11	Llanelli	36.63	_____
7	Selby, Chloe	W16	Neath	36.99	_____

Heat 24 of 37 Finals

2	Madge, Brianna	W11	C Dolphins	36.31	_____
3	John, Elsie O	W14	BCSS	36.30	_____
4	Avery, Thomas	M11	AVSY	36.10	_____
5	Heron, Edith	W13	Aberystwyth	36.12	_____
6	Lee, Ioan	M11	Llanelli	36.30	_____
7	Burton, Darcie M	W12	Swansea Aq	36.40	_____

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Heat 25 Finals (#202 Mixed 8 & Over 50 SC Meter Freestyle)				
2	Evans, Cora Eirlys	W12	Carmarthen	35.80
3	Snellgrove, Maddie	W12	Neath	35.62
4	Boyle, Samantha Jane	W12	Carmarthen	35.57
5	Jones, Oscar	M13	Llanelli	35.62
6	Akers, Finnley	M14	AVSY	35.66
7	Gorvett, Blu	M12	Aberavon	35.92
Heat 26 of 37 Finals				
2	Schneiweiss Tommasin, Ber	M12	Swansea Aq	35.40
3	Edmunds, Freya	W13	Llanelli	35.30
4	Taylor, Jasper B	M13	Swansea Aq	35.20
5	Strong, Cerys	W15	Amman Valley	35.27
6	Powell, Poppy	W12	Llanelli	35.35
7	Davies, Loti	W13	C Dolphins	35.57
Heat 27 of 37 Finals				
2	Longar, Miriam Elena Pa	W14	Carmarthen	34.90
3	McIntosh, Catrin N	W12	BCSS	34.80
4	Ryan, Cora	W17	C Dolphins	34.70
5	Bullock, Georgia May	W13	Carmarthen	34.70
6	Jones, Bobby	M13	Neath	34.89
7	Lewis, Emilia	W13	Aberavon	35.10
Heat 28 of 37 Finals				
2	Rees, Oscar	M13	Llanelli	34.60
3	Roberts, Arwyn	W13	AVSY	34.21
4	Lewis, Ollie	M12	AVSY	34.10
5	Davies, Alana	W13	Neath	34.11
6	Zheng, Ryan	M11	Neath	34.33
7	Fenemore, Emily Grace	W14	Carmarthen	34.70
Heat 29 of 37 Finals				
2	Holborow, Esmay	W10	Amman Valley	33.90
3	Mcadie, Isaac	M14	Neath	33.79
4	Harding, Esmee	W11	Neath	33.45
5	Iturbe, Carys	W13	Neath	33.47
6	Owen-Rees, Scarlett	W13	Aberavon	33.90
7	Wells, Iris	W14	C Dolphins	34.02
Heat 30 of 37 Finals				
2	Morris, Megan	W13	Neath	33.08
3	Gale, Jasmine	W16	AVSY	32.87
4	Payne, Vivienne I	W13	BCSS	32.60
5	Hedges, Amalie R	W12	BCSS	32.70
6	Joseph, Ellie	W14	C Dolphins	32.91
7	Koszalski, Soffia	W14	Llanelli	33.29
Heat 31 of 37 Finals				
2	Coles, Aria	W13	Neath	32.51
3	Rees, Derryn H	M11	Swansea Aq	32.20
4	O'Mahoney, Cameron P	M12	BCSS	32.00
5	Robinson, Bronwen E	W12	BCSS	32.20
6	Duncan, Ava	W13	Amman Valley	32.20
7	Evans, Annie	W15	Neath	32.53
Heat 32 of 37 Finals				
2	Austin, Sophie Haf	W12	C Dolphins	31.87
3	Lyons Jones, Ava	W13	BCSS	31.60
4	Hoskins, James	M14	C Dolphins	31.57
5	Enoch, Erin Lois	W12	Carmarthen	31.60
6	Downie, William M	M15	Swansea Aq	31.70
7	Thomas, Gabriel	M11	Llanelli	32.00

Heat 33 of 37 Finals				
2	Pyzer, Cyrus Alexander	M12	Carmarthen	31.40
3	Abell, Ronan	M14	Neath	31.25
4	Hughes, Megan	W13	C Dolphins	30.98
5	Holloway, Olivia	W17	AVSY	31.00
6	Jones, Tomi	M13	Neath	31.38
7	Knight, Lily	W16	C Dolphins	31.48
Heat 34 of 37 Finals				
2	El Saghir, Mohamed Salah	M15	Carmarthen	30.90
3	Davies, Eva	W14	AVSY	30.80
4	Rowland, Scarlett	W14	Llanelli	30.70
5	Shelmerdine, Molly	W11	Neath	30.78
6	Morris, Besi	W13	Amman Valley	30.90
7	Green, William	M14	Aberystwyth	30.90
Heat 35 of 37 Finals				
2	Thomas, Nikita	W17	Llanelli	30.70
3	Brown, Thea L	W13	BCSS	30.50
4	Haddrell, Eva Lily	W18	BCSS	30.20
5	Wood, Lilly	W12	Neath	30.22
6	King, Hamish	M13	Aberystwyth	30.51
7	Jermin, Morgan	M13	Llanelli	30.70
Heat 36 of 37 Finals				
2	Patterson, Hollie May	W14	Carmarthen	29.30
3	Lewis, Cian	M16	Neath	29.01
4	Griffiths, Harri	M16	C Dolphins	28.40
5	Burt, Caio	M15	Llanelli	28.70
6	Woodward, Ethan H	M14	BCSS	29.10
7	Sanders, Heaven-Leigh	W15	BCSS	29.60
Heat 37 of 37 Finals				
2	Williams, Thomas	M16	Nsg	27.33
3	Galbraith, Elian	M17	Llanelli	26.80
4	Morgan, Cole	M15	C Dolphins	26.52
5	Stuart Lavender, Jac	M16	Nsg	26.54
6	Bevan, Driw	M14	Llanelli	27.30
7	Poole, Tomos	M16	AVSY	28.20

Event 203 Mixed 9 & Over 100 SC Meter Breaststroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 18 Finals				
2				
3	Jones, Cooper	M9	Swansea Aq	NT
4	Hodges, Maya Z	W10	BCSS	NT
5	Owens, Eliza	W9	Carmarthen	NT
6	El Saghir, Julia Salah	W9	Carmarthen	NT
7				
Heat 2 of 18 Finals				
2	Woodman, Argyll J	M10	BCSS	NT
3	Cooke, AnaÃ's S	W10	BCSS	NT
4	Williams, Anna Mair	W10	Carmarthen	NT
5	Williams, Joel S	M10	Swansea Aq	NT
6	Curtis, Alexandra L	W10	Swansea Aq	NT
7	Butler, Alexa F	W10	Swansea Aq	NT
Heat 3 of 18 Finals				
2	Jenkins, Nansi	W11	Aberystwyth	NT
3	Dunn, Harriet	W11	Llanelli	NT
4	Bonnell, Isabelle	W12	Llanelli	NT
5	Oliver, Sophie M	W12	BCSS	NT
6	May-John, Dylan	M11	Aberystwyth	NT
7	Demchyshyna, Viktoriia	W11	Amman Valley	NT

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Heat 4 Finals (#203 Mixed 9 & Over 100 SC Meter Breaststroke)

2	Szmigiero, Kaya	W13	Aberystwyth	NT	_____
3	Duggan, Grace L	W14	BCSS	NT	_____
4	Sanders, Heaven-Leigh	W15	BCSS	NT	_____
5	Duggan, Elliot A	M15	BCSS	NT	_____
6	Lawler, Edith	W13	AVSY	NT	_____
7	Denty, Taylor	W13	Aberavon	NT	_____

Heat 5 of 18 Finals

2	Holloway, Amelie	W11	AVSY	2:41.44	_____
3	Dursley, Juneau R	W10	BCSS	2:25.20	_____
4	Koszalski, Penelope	W9	Llanelli	2:20.21	_____
5	Williams, Lowri	W11	Neath	2:21.84	_____
6	Totterdale, Sophia	W10	Llanelli	2:25.61	_____
7	Sysuieva, Oleksandra	W16	Swansea Aq	NT	_____

Heat 6 of 18 Finals

2	Jermin, Martha	W11	Llanelli	2:12.21	_____
3	Johnson, Molly	W9	AVSY	2:11.78	_____
4	Hopkins, Casey	M11	AVSY	2:08.88	_____
5	Fincher, Ayda	W12	Llanelli	2:10.10	_____
6	Treharne, Rachel	W10	AVSY	2:11.86	_____
7	Evans, Esta Fleur	W10	Carmarthen	2:17.80	_____

Heat 7 of 18 Finals

2	Dakin, Chloe	W11	Llanelli	2:06.66	_____
3	Felton, Catrin	W11	C Dolphins	2:05.73	_____
4	Duggan, Harry	M11	Llanelli	2:04.07	_____
5	Evans, Alys Eirie	W11	Carmarthen	2:04.71	_____
6	Haynes, Edith G	W13	BCSS	2:05.80	_____
7	Cornelius, Emmie	W11	Neath	2:08.83	_____

Heat 8 of 18 Finals

2	Lloyd, Dylan J	M13	Swansea Aq	2:03.97	_____
3	Avery, Thomas	M11	AVSY	2:02.28	_____
4	Hughes, Isaac W	M10	Swansea Aq	1:58.60	_____
5	Taylor, Kingsley C	M11	Swansea Aq	1:59.27	_____
6	Lewis, Harrison C	M10	BCSS	2:02.40	_____
7	Batcup, Charlie W	M11	Swansea Aq	2:04.06	_____

Heat 9 of 18 Finals

2	Phillips, Grace I	W11	Swansea Aq	1:57.28	_____
3	Owen, Kaelia H	W10	Neath	1:55.43	_____
4	Powell, Poppy	W12	Llanelli	1:54.45	_____
5	Facey, Alisha	W14	C Dolphins	1:54.63	_____
6	Mowbray-Rees, Myles	M11	Swansea Aq	1:56.56	_____
7	Harding, Esmee	W11	Neath	1:58.25	_____

Heat 10 of 18 Finals

2	Watkins, Eleanor R	W12	AVSY	1:53.33	_____
3	Edwards, Mali	W11	Amman Valley	1:52.19	_____
4	Hedges, Amalie R	W12	BCSS	1:51.10	_____
5	Felton, Gwennan	W13	C Dolphins	1:52.04	_____
6	Duncan, Miriam Grug	W11	Carmarthen	1:52.60	_____
7	Goss, Lucia	W14	Aberavon	1:54.05	_____

Heat 11 of 18 Finals

2	Filmer, Owen	M11	Aberystwyth	1:50.30	_____
3	Hawksworth Garcia, Frida	W9	Swansea Aq	1:48.30	_____
4	John, Elsie O	W14	BCSS	1:47.90	_____
5	Jones, Oscar	M13	Llanelli	1:48.05	_____
6	Griffiths, Matilda	W10	Llanelli	1:48.80	_____
7	Williams, Alys Lowri	W12	Carmarthen	1:50.94	_____

Heat 12 of 18 Finals

2	Roberts, Arwyn	W13	AVSY	1:46.00	_____
3	Evans, Cora Eirlys	W12	Carmarthen	1:45.50	_____
4	Downie, William M	M15	Swansea Aq	1:45.10	_____
5	Harrison, Abigail	W13	Neath	1:45.17	_____
6	El Saghir, Karim Salah	M12	Carmarthen	1:45.50	_____
7	Strong, Cerys	W15	Amman Valley	1:47.27	_____

Heat 13 of 18 Finals

2	Sharpe, Lillie	W13	Llanelli	1:44.51	_____
3	Kellaway, Evie-Rosa	W13	Aberystwyth	1:43.59	_____
4	Gorvett, Blu	M12	Aberavon	1:42.89	_____
5	Zheng, Ryan	M11	Neath	1:43.38	_____
6	O'Hara, Gracie	W10	Aberavon	1:43.84	_____
7	Jones, Gwenllian	W11	Carmarthen	1:45.10	_____

Heat 14 of 18 Finals

2	Davies, Loti	W13	C Dolphins	1:42.74	_____
3	Jones, Bobby	M13	Neath	1:42.43	_____
4	Brown, Thea L	W13	BCSS	1:41.20	_____
5	El Saghir, Mohamed Salah	M15	Carmarthen	1:41.75	_____
6	Fenemore, Emily Grace	W14	Carmarthen	1:42.49	_____
7	Gale, Jasmine	W16	AVSY	1:42.87	_____

Heat 15 of 18 Finals

2	Taylor, Jasper B	M13	Swansea Aq	1:40.00	_____
3	Rees, Derryn H	M11	Swansea Aq	1:39.00	_____
4	Williams, Grace	W14	Neath	1:37.38	_____
5	Nicklin, Parker	W11	Amman Valley	1:38.80	_____
6	Green, William	M14	Aberystwyth	1:39.14	_____
7	Heron, Edith	W13	Aberystwyth	1:40.85	_____

Heat 16 of 18 Finals

2	Percival, Bella	W14	C Dolphins	1:36.86	_____
3	Marques-Jones, Idris	M12	Carmarthen	1:36.50	_____
4	Enoch, Erin Lois	W12	Carmarthen	1:35.00	_____
5	Holborow, Esmay	W10	Amman Valley	1:36.30	_____
6	Wood, Lilly	W12	Neath	1:36.56	_____
7	Massey, Mia	W14	C Dolphins	1:37.09	_____

Heat 17 of 18 Finals

2	Robinson, Bronwen E	W12	BCSS	1:34.20	_____
3	Jewitt, Anya	W14	Llanelli	1:32.76	_____
4	Hughes, Mollie	W15	C Dolphins	1:29.85	_____
5	Longar, Miriam Elena Pa	W14	Carmarthen	1:31.60	_____
6	Rees, Oscar	M13	Llanelli	1:34.10	_____
7	Thomas, Gabriel	M11	Llanelli	1:34.40	_____

Heat 18 of 18 Finals

2	King, Hamish	M13	Aberystwyth	1:29.12	_____
3	Lewis, Cian	M16	Neath	1:22.80	_____
4	Stuart Lavender, Jac	M16	Nsg	1:06.09	_____
5	Marques-Jones, Felix	M13	Carmarthen	1:21.83	_____
6	Lennon, Amelia-Rose	W12	Carmarthen	1:26.90	_____
7	Rowland, Scarlett	W14	Llanelli	1:29.45	_____