

Pembrokeshire County Championships 2026 - 26/09/2026 to 27/09/2026

Sanction #: 3WL261100

Meet Program - Session 5 (Warmup 11.05 - 12.05)

Event 501 Mixed 11 & Over 400 SC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

1				_____
2				_____
3	Hearne, Logan	M11	Tenby	NT _____
4	Leahy, Herbie	M12	H'West	NT _____
5	Bool, Iolo	M12	H'West	NT _____
6				_____
7				_____
8				_____

Heat 2 of 5 Finals

1	Monan, Euan	M13	Tenby	NT _____
2	Moore, Hari	M13	Flyers	NT _____
3	Mason, Ezmee	W13	H'West	7:17.90 _____
4	Foldi, Kristina	W14	H'West	7:05.87 _____
5	Dashfield, Olivia	W13	Tenby	7:07.62 _____
6	Williams, Evie	W13	Milford Havn	NT _____
7	Munt, Oliver	M13	H'West	NT _____
8				_____

Heat 3 of 5 Finals

1	Henson, Jess	W12	Tenby	6:47.74 _____
2	Kaill-Franks, Nia	W14	Flyers	6:26.11 _____
3	Kenny, Jemima	W15	Milford Havn	6:06.07 _____
4	Bruce, Skye	W17	Tenby	5:59.95 _____
5	Dyde, Pheobe	W14	PembrokeDist	6:02.35 _____
6	Hawkins, Lottie	W13	H'West	6:06.10 _____
7	Morris, Ffion	W14	Tenby	6:38.57 _____
8	Morgan, Iolah	W12	H'West	6:53.58 _____

Heat 4 of 5 Finals

1	Thomas, Tristan	M15	Milford Havn	5:53.95 _____
2	Davies, Elizabeth	W13	Tenby	5:50.76 _____
3	Dadswell, Harry	M12	H'West	5:47.50 _____
4	Hall, Isabelle	W15	Flyers	5:41.79 _____
5	Thompson, Freya	W16	H'West	5:42.02 _____
6	Hall, Ellena	W15	Flyers	5:48.38 _____
7	Powell, Nina	W13	H'West	5:51.10 _____
8	Backen, Frederick	M14	Flyers	5:57.49 _____

Heat 5 of 5 Finals

1	Thomas, Rhys	M15	H'West	5:26.75 _____
2	Morgan, Ben	M16	H'West	5:21.33 _____
3	Harwood, Jack	M14	H'West	5:09.48 _____
4	West, Dexter	M17	Flyers	4:43.47 _____
5	Griffiths, Cerys	W16	H'West	5:08.33 _____
6	Evans, Sam	M14	H'West	5:16.30 _____
7	Noden, Rory	M14	H'West	5:23.12 _____
8	McFarlane, Una	W14	Milford Havn	5:39.33 _____

Event 502 Mixed 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Finals

1				_____
2	Morgan, Jim	M9	H'West	NT _____
3	Jain, Avantika	W10	H'West	NT _____
4	Gladstone, Sophie	W10	H'West	NT _____
5	Moore, Freddy	M10	Flyers	NT _____
6	Leane, George	M10	H'West	NT _____
7	Maddocks, Myah	W9	H'West	NT _____
8				_____

Heat 2 of 12 Finals

1	Danks, Toby	M12	H'West	NT _____
2	Vaughan, Laila-Rose	W13	H'West	NT _____
3	Ellis, Elsie	W10	H'West	2:16.03 _____
4	Whitecross, Phoebe	W11	H'West	2:08.07 _____
5	Richards, Lillian	W11	H'West	2:15.28 _____
6	Lay, Morgan	M14	PembrokeDist	NT _____
7	Evans, Gwenllian	W12	Flyers	NT _____
8	Walters, Olivia	W11	Flyers	NT _____

Heat 3 of 12 Finals

1	Southgate, Ryan	M15	Milford Havn	2:03.92 _____
2	Walters, Ellie-Mae	W13	H'West	1:59.41 _____
3	Monan, Frances	W10	Tenby	1:57.82 _____
4	Griffiths, Phillip	M12	Milford Havn	1:56.90 _____
5	Durrant-Pearce, Safia	W11	Milford Havn	1:57.60 _____
6	Tully, Leo	M10	H'West	1:58.18 _____
7	Thomas, Lily	W9	H'West	2:01.65 _____
8	Griffiths, Evelyn	W15	Milford Havn	2:05.60 _____

Heat 4 of 12 Finals

1	Roscoe, Evelyn	W11	H'West	1:56.10 _____
2	Backen, Matilda	W10	Flyers	1:55.07 _____
3	Bool, Lani	W10	H'West	1:53.34 _____
4	Gray, Ioan	M11	Flyers	1:51.29 _____
5	Dyde, Bethan	W10	PembrokeDist	1:52.88 _____
6	Evans, Oliver	M10	Flyers	1:53.95 _____
7	Easterlow, Sophiia	W9	Tenby	1:55.66 _____
8	Thomas, Emily	W12	H'West	1:56.64 _____

Heat 5 of 12 Finals

1	Nicholas, Annie	W12	Milford Havn	1:47.85 _____
2	Symmonds, Taya	W11	H'West	1:47.06 _____
3	Evans, William	M12	Flyers	1:44.59 _____
4	Tree, Lois	W11	H'West	1:43.10 _____
5	Llewellyn, Anwen	W12	H'West	1:44.42 _____
6	Mills, Flynn	M12	Milford Havn	1:45.73 _____
7	Williams, Tom	M11	H'West	1:47.75 _____
8	Evans, Iorwerth R	M9	Flyers	1:49.61 _____

Heat 6 of 12 Finals

1	Powell, Leila	W10	H'West	1:42.85 _____
2	Morgan, Tilly	W13	Flyers	1:41.39 _____
3	Lewis, Megan	W15	Milford Havn	1:40.10 _____
4	Bowen, Cai	M14	Flyers	1:37.34 _____
5	Dedman, Ivy	W10	Tenby	1:39.03 _____
6	Phillips, Lucas	M15	H'West	1:41.19 _____
7	Scourfield, Max	M12	Milford Havn	1:42.28 _____
8	Kummer, Seb	M11	Milford Havn	1:43.00 _____

Heat 7 of 12 Finals

1	Lawrence, Rhodri	M12	Flyers	1:35.67 _____
2	Davies, Phoebe	W11	Tenby	1:34.19 _____
3	Wickland, Jonah	M11	PembrokeDist	1:32.11 _____
4	Prosser, Mia S	W10	Tenby	1:31.06 _____
5	Fretwell, Logan	M12	Milford Havn	1:31.80 _____
6	Powell, Fred	M10	H'West	1:33.12 _____
7	David, Ioan	M14	H'West	1:34.34 _____
8	McFarlane, Mali	W12	Milford Havn	1:35.70 _____

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Sanction #: 3WL261100

Meet Program - Session 5 (Warmup 11.05 - 12.05)

Heat 8 Finals (#502 Mixed 100 SC Meter Backstroke)				
1	Treinis, Lucian	M12	Tenby	1:29.87
2	Arnold, Olivia	W12	Milford Havn	1:29.17
3	Smith, Caelan	M16	H'West	1:27.69
4	Evans, Wolfgang	M12	PembrokeDist	1:26.64
5	Morgan, Iolah	W12	H'West	1:27.10
6	Husband, Alysia	W11	H'West	1:28.70
7	Griffiths, Elizabeth	W14	Flyers	1:29.26
8	Dennison, Evie	W14	Milford Havn	1:29.89

Heat 9 of 12 Finals				
1	Leahy, Herbie	M12	H'West	1:26.15
2	Lloyd-Taylor, Cali	W15	Flyers	1:25.32
3	Williams, Evie	W13	Milford Havn	1:21.30
4	Morris, Ffion	W14	Tenby	1:20.54
5	Prevel, Tilly	W13	PembrokeDist	1:21.20
6	Phillips, Ieuan	M13	Flyers	1:21.56
7	Whatmore, Finley	M12	Milford Havn	1:25.49
8	George, Kieran	M15	Milford Havn	1:26.45

Heat 10 of 12 Finals				
1	Powell, Nina	W13	H'West	1:19.20
2	Ostrowski, Julia	W17	Milford Havn	1:17.10
3	Griffiths, Ffion	W15	Tenby	1:16.70
4	McFarlane, Una	W14	Milford Havn	1:15.26
5	Miles, Megan	W18	Flyers	1:16.41
6	Monan, Euan	M13	Tenby	1:16.75
7	Kenny, Jemima	W15	Milford Havn	1:17.70
8	Griffiths, Isla	W13	Tenby	1:19.48

Heat 11 of 12 Finals				
1	Hawkins, Lottie	W13	H'West	1:14.71
2	Davies, Elizabeth	W13	Tenby	1:14.13
3	Clissold, Bronwyn	W18	Tenby	1:13.32
4	Bruce, Skye	W17	Tenby	1:12.22
5	Webb, Saskia	W19	H'West	1:12.61
6	Dash, Amelie	W14	Milford Havn	1:13.80
7	Morgan, Lily	W15	Tenby	1:14.35
8	Koo, Kathryn	W17	Tenby	1:14.85

Heat 12 of 12 Finals				
1	Piotrowski, Bartosz	M16	Flyers	1:10.54
2	Noden, Rory	M14	H'West	1:08.10
3	Nichols, Grace	W16	H'West	1:03.75
4	Silverstone, Solomon	M16	H'West	1:02.53
5	Harwood, Jack	M14	H'West	1:03.60
6	Bennett, Finley	M17	H'West	1:06.36
7	Griffiths, Cerys	W16	H'West	1:08.50
8	Harris, Osian	M17	Flyers	1:11.06

Event 503 Mixed 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Finals				
1				
2				
3	Boyle, Olivia	W9	PembrokeDist	NT
4	Adams, Elizabeth	W11	H'West	NT
5	Roscoe, Evelyn	W11	H'West	NT
6	Evans, Iorwerth R	M9	Flyers	NT
7				
8				

Heat 2 of 6 Finals				
1	Danks, Toby	M12	H'West	NT
2	Morgan, Zariah	W7	H'West	6:05.07
3	Barnes, Elsie	W10	Flyers	4:32.74
4	Monan, Frances	W10	Tenby	4:24.73
5	Ellis, Elsie	W10	H'West	4:29.61
6	Morgan, Jim	M9	H'West	5:32.12
7	Murahari Ethirajalu, Jithika	W14	PembrokeDist	NT
8	Tree, Lois	W11	H'West	NT

Heat 3 of 6 Finals				
1	David, Ioan	M14	H'West	4:08.08
2	Williams, Tom	M11	H'West	4:02.95
3	Wickland, Jonah	M11	PembrokeDist	4:01.59
4	Monan, Hazel	W11	Tenby	3:59.95
5	Beecham, Emelia-May	W11	Flyers	4:00.74
6	Couzens, Sibylla	W15	Flyers	4:01.83
7	Rogers, Mia	W12	PembrokeDist	4:06.82
8	Dashfield, Lottie	W11	Tenby	4:22.73

Heat 4 of 6 Finals				
1	Mills, Flynn	M12	Milford Havn	3:54.62
2	Caprilli, Valentino	M12	Flyers	3:52.36
3	Jarrold, Tilly	W12	PembrokeDist	3:38.04
4	Lloyd- Roberts, Harry	M13	Milford Havn	3:30.10
5	Dennison, Evie	W14	Milford Havn	3:34.05
6	Husband, Alysia	W11	H'West	3:47.32
7	Couzens, Sebastian	M12	Flyers	3:52.69
8	McFarlane, Mali	W12	Milford Havn	3:55.55

Heat 5 of 6 Finals				
1	Miles, Megan	W18	Flyers	3:14.62
2	Ostrowski, Julia	W17	Milford Havn	3:09.44
3	Caprilli, Claudio	M41	Flyers	3:04.29
4	Hall, Isabelle	W15	Flyers	3:02.42
5	Kaill-Franks, Nia	W14	Flyers	3:04.29
6	Backen, Frederick	M14	Flyers	3:07.00
7	Dyde, Pheobe	W14	PembrokeDist	3:12.41
8	Dashfield, Olivia	W13	Tenby	3:16.21

Heat 6 of 6 Finals				
1	Hall, Ellena	W15	Flyers	2:59.17
2	Smith, Caelan	M16	H'West	2:54.37
3	Thomas, Rhys	M15	H'West	2:47.05
4	West, Dexter	M17	Flyers	2:32.26
5	Lewis, Matthew D	M41	H'West	2:43.00
6	May, Christopher	M34	H'West	2:48.18
7	Mountain, Sophie	W39	H'West	2:57.20
8	Crotty, Beau	M14	PembrokeDist	3:01.95

Event 504 Boys 13 & Under 200 SC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1	H'West	C	NT
2	Flyers	A	NT
3	H'West	B	2:43.50
4	H'West	A	1:59.30
5	Tenby	A	2:27.45
6	Milford Havn	A	NT
7	Flyers	B	NT
8	H'West	D	NT

Pembrokeshire County Championships 2026 - 26/09/2026 to 27/09/2026**Sanction #: 3WL261100****Meet Program - Session 5 (Warmup 11.05 - 12.05)****Event 505 Boys 200 SC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1	H'West	C	NT ____
2	Flyers	A	NT ____
3	PembrokeDist	A	NT ____
	1) Lay, Morgan 14	2) Evans, Wolfgang 12	
	3) Prevel, Sebastian 14	4) Crotty, Beau 14	
4	H'West	A	1:42.16 ____
5	H'West	B	1:49.96 ____
6	Milford Havn	A	NT ____
7	Flyers	B	NT ____
8	H'West	D	NT ____