Amman Valley Mid-Distance Meet 2026 - 15/11/2026

Results - Session 1 (Warmup 8.00 - 8.50)

Event 101 Girls 9-10 800 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Morgan, Summer	10	Heads Valley	11:39.41
	38.21 43.26 44.66 44.06			
	43.70 44.53 44.56 44.31			
	45.06 44.55 44.78 44.05			
	45.42 43.69 43.97 40.60			

Event 101 Girls 11-12 800 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Gwenter, Isobel	12	Neath	11:49.10
	37.50 43.87 45.36 44.87			
	45.60 46.03 45.88 46.22			
	46.59 46.73 46.41 45.07			
	45.42 42.36 42.60 38.59			
2	Lennon, Amelia-Rose	12	Carmarthen	12:16.11
	39.84 44.02 45.86 47.45			
	47.95 48.16 48.63 47.42			
	47.00 47.88 47.35 47.06			
	46.79 46.98 46.82 36.90			
3	Husband, Alysia	11	Haverfordwes	12:34.09
	41.43 46.70 48.13 48.88			
	47.96 48.90 49.43 48.78			
	47.47 48.59 49.82 47.48			
	45.78 47.93 45.66 41.15			
4	Monan, Hazel	11	Tenby	12:39.57
	41.41 45.89 47.11 46.91			
	49.53 48.19 47.33 49.70			
	49.39 48.60 49.24 48.30			
	49.06 50.69 47.42 40.80			
5	Prince, Edith S	12	Swansea Aq	12:42.21
	41.18 47.92 48.58 48.82			
	48.53 50.18 48.26 49.83			
	49.94 48.57 48.59 48.61			
	47.79 47.68 46.80 40.93			
6	Harvey, Olivia	12	PembrokeDist	13:48.40
	44.05 48.82 53.29 53.61			
	52.67 53.43 52.54 53.70			
	53.70 52.91 53.42 52.69			
	53.65 52.49 51.73 45.70			
7	Dashfield, Lottie	11	Tenby	16:29.56
	52.28 1:00.17 1:01.28 1:02.39			
	1:04.29 1:03.72 1:04.95 1:03.81			
	1:03.82 1:04.11 1:05.59 1:03.44			
	1:02.35 1:02.65 59.25 55.46			

Event 101 Girls 13-14 800 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Patterson, Hollie May	14	Carmarthen	10:06.66
	32.56 36.43 37.78 37.77			
	38.12 38.30 38.62 38.27			
	38.33 38.89 38.70 39.12			
	38.92 39.00 38.38 37.47			
2	Parry, Abigail	13	Nofio S Gar	10:25.04
	35.13 38.75 39.54 39.60			
	38.90 39.86 39.70 40.14			
	39.40 40.02 40.13 40.00			
	40.26 38.83 38.96 35.82			
3	Jones, Hunydd	14	Nofio S Gar	10:32.32
	34.54 38.24 39.70 39.36			
	39.64 40.15 39.51 39.77			
	40.65 39.82 40.51 40.55			
	40.30 40.57 40.63 38.38			
4	Hefford, Ava	14	Rhondda	11:12.92
	35.81 41.68 42.86 43.34			
	43.49 42.64 43.24 43.01			
	42.87 42.58 42.86 42.28			
	42.93 42.14 41.52 39.67			
5	Oseng-Rees, Eira	13	Swansea Aq	11:27.09
	38.19 42.62 43.08 43.40			
	43.60 44.69 43.93 44.02			
	43.42 45.17 43.72 43.42			
	43.16 44.42 41.65 38.60			
6	Harvey-Flinn, Ruby E	13	Swansea Aq	11:56.22
	38.98 44.83 46.27 45.95			
	47.12 46.51 46.20 47.65			
	47.40 44.20 44.29 44.77			
	44.52 44.76 45.04 37.73			
7	Kivell, Hannah	14	Heads Valley	11:59.28
	37.70 43.22 44.24 44.97			
	44.45 46.93 45.81 45.78			
	46.79 47.18 46.98 45.12			
	47.19 46.84 43.53 42.55			
8	Morris, Besi	13	Amman Valley	12:05.48
	39.05 44.55 45.78 45.66			
	45.36 46.29 46.51 46.36			
	46.37 46.96 46.18 46.22			
	45.80 45.52 45.36 43.51			
9	Jewell, Zoe	14	Tenby	12:07.67
	38.81 43.78 45.77 45.21			
	45.63 46.15 46.24 46.52			
	47.07 47.24 47.18 46.50			
	46.74 46.75 45.31 42.77			
10	Bullock, Georgia May	13	Carmarthen	12:11.90
	39.25 44.60 46.42 46.35			
	46.83 46.25 46.59 46.69			
	46.61 46.47 47.00 46.68			
	46.67 46.27 46.05 43.17			
11	Dashfield, Olivia	13	Tenby	12:42.35
	41.16 46.98 48.12 48.89			
	49.39 50.21 50.31 50.87			
	48.02 47.49 48.20 46.72			
	48.83 48.53 45.95 42.68			
12	Thomas, Lili-rose	13	Neath	13:29.34
	38.67 46.73 50.62 50.02			
	51.31 53.02 52.39 52.45			
	53.75 53.78 53.73 51.64			
	52.30 51.20 50.08 47.65			
13	Goss, Lucia	14	Aberavon	13:31.37
	42.15 49.32 51.79 53.11			
	50.60 53.57 53.08 51.45			
	52.16 52.99 52.81 50.74			
	51.33 50.98 49.09 46.20			

Event 101 Women 15-16 800 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Morgan, Evelyn	15	Nofio S Gar	10:44.29
	33.90 37.87 39.49 39.21			
	39.23 39.24 40.65 41.13			
	41.46 4:52.11			

Amman Valley Mid-Distance Meet 2026 - 15/11/2026

Results - Session 1 (Warmup 8.00 - 8.50)

(Event 101 Women 15-16 800 SC Meter Freestyle)

	Name	Age	Team	Finals Time
2	Jones, Alanna	16	Aberystwyth	13:36.61
	52.18 52.18 53.43 52.10			
	52.71 51.91 53.08 52.21			
	52.74 52.29 49.32 48.69			

Event 101 Boys 9-10 800 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Collins, Hudson	10	Rhondda	12:58.84
	41.81 48.21 47.91 49.14			
	49.84 50.15 49.49 50.24			
	49.70 50.11 49.44 50.17			
	49.82 49.40 47.65 45.76			

Event 101 Boys 11-12 800 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Treinis, Lucian	12	Tenby	12:40.33
	42.19 46.34 48.15 48.86			
	48.71 49.85 47.98 49.57			
	49.89 49.60 48.43 48.44			
	48.32 47.92 46.10 39.98			
2	Boyle, Toby Maxwell	11	Carmarthen	13:32.50
	43.37 48.07 50.13 51.31			
	51.44 51.39 52.69 51.90			
	52.75 52.58 52.85 51.44			
	51.21 51.11 50.92 49.34			

Event 101 Boys 13-14 800 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Morgan, Thomas	14	Llanelli	9:54.57
	32.83 36.96 37.50 38.03			
	37.61 37.63 38.19 38.79			
	37.19 37.62 37.51 37.08			
	37.72 36.92 36.46 36.53			
2	Marques-Jones, Felix	13	Carmarthen	9:57.53
	31.79 36.60 37.17 37.36			
	37.81 38.29 38.31 38.71			
	36.97 38.57 37.60 38.52			
	37.48 38.38 38.10 35.87			
3	Jones, Dafydd	14	Carmarthen	9:57.81
	33.08 36.01 36.07 37.28			
	37.82 37.81 38.29 38.41			
	38.41 38.65 38.93 38.32			
	38.32 37.88 1:12.53			
4	Jones, Tomi	14	Neath	11:08.43
	34.90 39.13 41.42 41.24			
	41.65 42.92 42.63 44.33			
	43.17 42.70 43.60 44.10			
	42.71 43.20 41.43 39.30			
5	Monan, Euan	13	Tenby	11:18.38
	36.34 41.72 43.02 43.56			
	43.91 43.66 44.61 42.94			
	44.30 43.72 44.42 43.06			
	42.94 42.58 41.77 35.83			

Event 101 Men 15-16 800 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Williams, Thomas	16	Nofio S Gar	9:02.10
	30.34 32.86 33.71 33.89			
	34.05 34.21 34.53 34.40			
	34.11 34.52 34.84 34.77			
	34.54 34.45 34.11 32.77			

Event 102 Girls 9-10 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Holborow, Esmay	10	Amman Valley	3:25.02
	45.60 53.00 53.68 52.74			
2	Hawksworth Garcia, Frida	9	Swansea Aq	3:32.79
	49.90 54.89 56.69 51.31			
3	O'Hara, Gracie	10	Aberavon	3:45.30
	49.84 1:00.50 1:00.41 54.55			
4	Prosser, Mia S	10	Tenby	4:01.37
	54.06 1:02.68 1:04.08 1:00.55			
5	Parry, Theodora Florence Mo	9	Carmarthen	4:03.94
	57.76 1:03.88 1:05.04 57.26			
6	Monan, Frances	10	Tenby	4:04.01
	56.10 1:03.89 1:03.09 1:00.93			
7	Bool, Lani	10	Haverfordwes	4:13.06
	57.80 1:05.38 1:05.26 1:04.62			
8	Green, Hazel	10	Haverfordwes	4:33.66
	1:05.35 1:07.73 1:11.31 1:09.27			
---	Minton, Adeline	9	Rhondda	DQ
	7.2 Body not on the breast during stroke			
	51.16 1:00.66 1:00.69 58.55			
---	Boyle, Olivia	9	PembrokeDist	DQ
	7.1 More than one butterfly kick prior to first breaststroke kick after the sta			
	1:01.25 1:10.26 1:10.21 1:09.11			
---	Danks, Una	10	Haverfordwes	DQ
	7.1 Head did not break the surface before the hands turned inward at the w			
	1:04.05 1:12.92 1:13.80 1:16.38			

Event 102 Girls 11-12 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Hooper, Olivia R	11	Swansea Aq	3:20.31
	47.04 52.17 51.57 49.53			
2	Holness, Camille S	11	Swansea Aq	3:21.32
	44.85 51.66 54.14 50.67			
3	Jones, Molly	12	Pontypridd	3:48.00
4	Weeks, Mali	11	Pontypridd	3:53.36
	54.54 59.12 59.66 1:00.04			
5	Benson, Annabelle	11	Pontypridd	3:54.63
	53.52 59.92 1:03.23 57.96			
6	Evans, Alys Eirie	11	Carmarthen	3:57.38
	53.89 1:01.91 1:02.22 59.36			
7	Evans, Lowri Carys	12	Carmarthen	4:01.92
	54.06 1:02.17 1:04.54 1:01.15			
8	Edwards, Mali	11	Amman Valley	4:06.12
	56.55 1:04.73 1:04.74 1:00.10			
9	Tree, Lois	11	Haverfordwes	4:12.26
	55.80 1:05.07 1:05.50 1:05.89			
---	Williams, Eva M	12	Swansea Aq	DQ
	7.1 More than one butterfly kick prior to first breaststroke kick after the sta			
	52.15 59.79 58.73 58.37			

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Results - Session 1 (Warmup 8.00 - 8.50)

Event 102 Girls 13-14 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	May, Gwen	14	Rhondda	3:08.15
	42.14	47.46	49.65	48.90
2	Mitrjaikina, Scarlet	14	Swansea Aq	3:09.03
	42.11	47.30	49.96	49.66
3	Longar, Miriam Elena Patrcia	14	Carmarthen	3:16.31
	44.83	49.56	51.98	49.94
4	Harrison, Abigail	13	Neath	3:43.75
	51.07	56.25	58.38	58.05
5	Morris, Lilly	13	Aberavon	3:55.56
	52.48	1:01.31	1:01.11	1:00.66
6	Evans, Mari	14	Carmarthen	4:12.32
	50.10	1:01.84	1:05.33	1:15.05
---	Murahari Ethirajalu, Jithika	14	PembrokeDist	DQ
	7.6 Did not touch at the turn or finish with both hands; separated; simultan			
	1:09.07	1:24.93	1:31.44	1:30.79

Event 102 Women 15-16 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Jenkins, Elli J	15	Swansea Aq	3:04.80
	42.32	46.81	47.46	48.21
2	Ballinger, Scarlett	15	Rhondda	3:18.98
	43.94	51.19	52.20	51.65
3	Strong, Cerys	15	Amman Valley	3:58.21
	52.21	1:01.41	1:03.63	1:00.96

Event 102 Boys 9-10 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
---	Davies, Ezra	10	Bridgend SC	DQ
	7.2 Body not on the breast during stroke			
	1:00.27	1:11.07	1:12.25	1:06.72

Event 102 Boys 11-12 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Lummis, Arthur	11	Pontypridd	3:32.23
	49.56	54.84	56.30	51.53
2	May-John, Dylan	11	Aberystwyth	3:37.40
	48.54	55.82	57.83	55.21
3	Taylor, Kingsley C	11	Swansea Aq	3:49.02
	53.78	58.70	58.78	57.76

Event 102 Boys 13-14 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Antwhistle, Isaac J	14	Swansea Aq	2:51.36
	40.33	43.71	44.22	43.10
2	Batcup, Oliver J	14	Swansea Aq	2:51.99
	36.51	47.47	45.42	42.59
3	Bool, Iolo	13	Haverfordwes	2:54.58
	38.92	44.80	46.12	44.74
4	Bowes, James	14	Carmarthen	3:03.84
	41.84	46.51	48.16	47.33
5	Hart, Ruaraidh E	14	Rhondda	3:19.66
	44.04	50.93	54.01	50.68
6	Taylor, Jasper B	14	Swansea Aq	3:21.48
	45.44	53.43	51.80	50.81
7	Jones, Bobby	13	Neath	3:32.85
	47.91	53.54	55.20	56.20
---	Adido, Remi	14	Amman Valley	DQ
	7.1 Head did not break the surface before the hands turned inward at the w			
	48.92	1:00.45	1:02.69	1:01.97

Event 102 Men 15-16 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Coles, Ieuan	16	Pontypridd	3:00.23
	38.62	45.32	47.57	48.72
2	Price, James D	16	Pontypridd	3:23.76
	43.94	50.49	53.99	55.34
3	Downie, William M	15	Swansea Aq	3:36.81
	49.02	55.21	56.66	55.92

Event 103 Girls 9-10 200 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Dickens, Clementine	10	Haverfordwes	3:12.85
	44.26	49.59	50.94	48.06
2	Prosser, Mia S	10	Tenby	3:13.98
	44.32	50.07	50.82	48.77
3	Morgan, Poppy	10	Llanelli	3:17.53
	44.02	51.14	52.11	50.26
4	Monan, Frances	10	Tenby	3:42.83
	53.24	55.98	1:02.30	51.31
5	Hunt, Rory	9	Aberavon	4:08.25
	57.53	1:04.19	1:03.94	1:02.59
---	Gladstone, Sophie	10	Haverfordwes	DQ
	6.4 Turn not initiated at completion of the arm pull after leaving position or			
	48.39	54.79	56.83	55.02

Event 103 Girls 11-12 200 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Morgan, Iolah	12	Haverfordwes	2:58.16
	41.48	45.52	46.88	44.28
2	Thomas, Catrin	12	Pontypridd	3:08.04
	42.36	47.98	47.82	49.88
3	Kiernan, Emily A	11	Swansea Aq	3:20.66
4	Dalton, Daisy	11	Haverfordwes	3:33.23
	49.25	55.78	56.24	51.96
5	Hefford, Ella	11	Rhondda	3:33.26
	50.05	55.69	53.71	53.81
6	Moseley, Mair	11	PembrokeDist	4:03.37
	59.57	1:01.95	1:03.25	58.60
7	Adams, Elizabeth	11	Haverfordwes	4:12.61
---	Evans, Alys Eirie	11	Carmarthen	DQ
	6.4 Did not start executing the turn immediately after turning onto the brea			
	46.86	53.52	55.25	53.65
---	De Silva, Thinuli	11	Aberavon	DQ
	10.2 Did not complete the whole distance			
	1:01.38	1:16.60	1:13.54	16.84

Event 103 Girls 13-14 200 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Pinnock, Betsan R	14	Swansea Aq	2:37.62
	36.29	39.65	40.67	41.01
2	James, Izzy	13	Rhondda	2:48.19
	39.00	42.87	44.07	42.25
3	Jones, Jess	14	Pontypridd	2:49.36
	38.47	42.63	44.86	43.40

Event 103 Women 15-16 200 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Upton-Boorman, Isabella	16	Nofio S Gar	2:35.56
	35.50	38.19	40.26	41.61
2	Goodman, Lola	15	Swansea Aq	2:37.29
	35.90	39.89	41.08	40.42
3	Jenkins, Alexandra G	16	Swansea Aq	2:40.95
	37.56	41.07	41.77	40.55

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Results - Session 1 (Warmup 8.00 - 8.50)

(Event 103 Women 15-16 200 SC Meter Backstroke)

	Name	Age	Team	Finals Time
4	Middleton, Caitlin	16	Aberystwyth	3:05.12
	42.00 47.24		49.36 46.52	

Event 103 Boys 9-10 200 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Davies, Ezra	10	Bridgend SC	3:40.53
	51.95 56.01		58.40 54.17	
2	Morgan, Jim	9	Haverfordwes	3:41.61
	50.73 59.35		55.60 55.93	
3	Williams, Cobi	10	Carmarthen	3:43.90
	52.56 55.88		57.73 57.73	
---	Tompsett, Osian	10	Aberystwyth	DQ

6.2 Left position on the back except when executing a turn

Event 103 Boys 11-12 200 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Tucker, Elliot	11	Rhondda	3:16.87
	44.02 49.39		52.75 50.71	
2	Danks, Toby	12	Haverfordwes	3:18.76
	47.14 51.27		52.24 48.11	
3	Perkins, James	11	Pontypridd	3:18.94
	48.26 51.59		51.64 47.45	
4	Kilvington, Aston	12	Aberystwyth	3:21.35
	44.48 52.42		52.34 52.11	

Event 103 Boys 13-14 200 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Lummis, Oscar	13	Pontypridd	2:39.88
	37.18 40.87		41.59 40.24	
2	Youlden, George	13	Pontypridd	3:11.53
	42.30 47.29		52.56 49.38	

Event 103 Men 15-16 200 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Higgins, Finley J	15	Swansea Aq	2:37.37
	37.54 40.80		41.02 38.01	
2	Rood, Rowan	16	Rhondda	2:39.79
	36.69 40.49		41.75 40.86	

Event 103 Men 17 & Over 200 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Gray, Gruffudd I	17	Swansea Aq	2:27.93
	34.42 37.99		38.59 36.93	