Amman Valley Mid-Distance Meet 2026 - 15/11/2026

Results - Session 2 (Warmup 11.25 - 12.15)

Event 201 Girls 9-10 400 SC Meter IM

	Name	Age	Team	Finals Time
1	Dickens, Clementine	10	Haverfordwes	7:04.50
	50.69 1:00.78		51.87 52.85	
	59.11 59.12		46.23 43.85	

Event 201 Girls 11-12 400 SC Meter IM

	Name	Age	Team	Finals Time
1	Snellgrove, Maddie	12	Neath	6:28.01
	39.34 48.13		49.35 48.72	
	56.77 57.80		46.35 41.55	
2	Monan, Hazel	11	Tenby	7:04.42
	48.95 58.49		49.69 52.18	
	1:03.79 1:00.14		48.80 42.38	
---	Harvey, Olivia	12	PembrokeDist	DQ
	49.85 1:03.98		57.33 57.37	
	1:21.17 1:15.43		50.90 47.87	

Event 201 Girls 13-14 400 SC Meter IM

	Name	Age	Team	Finals Time
1	Pinnock, Betsan R	14	Swansea Aq	5:46.31
	36.40 45.47		43.29 42.02	
	50.09 50.65		39.66 38.73	
2	James, Izzy	13	Rhondda	6:01.16
	38.77 46.89		44.40 44.06	
	53.53 53.52		40.94 39.05	
3	Mitrjaikina, Scarlet	14	Swansea Aq	6:12.72
	37.32 49.71		47.03 45.04	
	50.68 52.79		44.91 45.24	
4	Oseng-Rees, Eira	13	Swansea Aq	6:16.61
	41.06 50.18		45.80 46.09	
	55.80 56.90		40.52 40.26	
5	Hefford, Ava	14	Rhondda	6:19.86
	40.50 51.33		46.99 45.96	
	55.90 55.98		42.39 40.81	
6	Duncan, Ava	14	Amman Valley	6:30.98
	42.49 53.70		48.22 47.01	
	55.36 57.38		44.63 42.19	

Event 201 Women 15-16 400 SC Meter IM

	Name	Age	Team	Finals Time
---	Jenkins, Elli J	15	Swansea Aq	DNF
	10.2 Did not complete the whole distance - misc			
	35.79			

Event 201 Boys 13-14 400 SC Meter IM

	Name	Age	Team	Finals Time
1	Cook, Noah	13	Torfaen D	5:18.93
	32.56 38.43		37.95 38.25	
	50.04 50.48		35.42 35.80	
2	Batcup, Oliver J	14	Swansea Aq	5:49.42
	38.47 44.03		48.06 47.36	
	45.59 46.71		41.79 37.41	
3	Monan, Euan	13	Tenby	5:55.53
	37.07 44.74		43.78 43.43	
	55.16 51.62		40.76 38.97	
---	Cole, Jacob	14	Neath	DQ
	6.4 Turn not initiated at completion of the arm pull after leaving position or			
	39.27 48.35		49.29 49.30	
	50.09 53.88		44.64 40.42	

Event 201 Men 15-16 400 SC Meter IM

	Name	Age	Team	Finals Time
1	Rood, Rowan	16	Rhondda	5:45.44
	36.12 45.56		42.42 42.00	
	50.35 49.60		40.28 39.11	
2	Higgins, Finley J	15	Swansea Aq	5:47.58
	40.05 49.22		42.75 43.32	
	50.20 51.61		36.78 33.65	

Event 202 Girls 9-10 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Morgan, Summer	10	Heads Valley	2:47.94
	38.61 44.16		43.84 41.33	
2	Holborow, Esmay	10	Amman Valley	2:50.91
	37.88 44.93		46.22 41.88	
3	Minton, Adeline	9	Rhondda	2:54.98
	40.25 45.31		46.69 42.73	
4	Hawksworth Garcia, Frida	9	Swansea Aq	2:59.51
	40.38 47.59		47.31 44.23	
5	Williams, Emily	10	Llanelli	3:06.68
	41.13 48.97		50.54 46.04	
6	Gladstone, Sophie	10	Haverfordwes	3:17.42
	43.81 50.62		53.05 49.94	
7	Morgan, Poppy	10	Llanelli	3:19.72
	45.14 52.45		55.50 46.63	
8	O'Hara, Gracie	10	Aberavon	3:20.34
	44.49 52.16		54.85 48.84	
9	Dyde, Bethan	10	PembrokeDist	3:21.65
	44.87 51.03		53.39 52.36	
10	Monan, Frances	10	Tenby	3:22.33
	44.84 54.26		54.45 48.78	
11	Bool, Lani	10	Haverfordwes	3:37.89
	47.74 55.54		58.52 56.09	
12	Parry, Theodora Florence Mo	9	Carmarthen	3:45.24
	49.68 58.45		58.32 58.79	
13	Green, Hazel	10	Haverfordwes	3:51.34
	51.81 1:01.72		1:00.69 57.12	
14	Danks, Una	10	Haverfordwes	3:58.97
	49.49 1:00.98		1:04.60 1:03.90	
15	Hunt, Rory	9	Aberavon	4:01.08
	52.76 1:01.01		1:04.69 1:02.62	
16	Boyle, Olivia	9	PembrokeDist	4:02.33
	54.16 1:03.58		1:04.16 1:00.43	
17	Williams, Olivia	9	Llanelli	4:10.82
	54.54 1:05.72		1:05.24 1:05.32	

Event 202 Girls 11-12 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Gwenter, Isobel	12	Neath	2:32.73
	33.54 38.79		41.13 39.27	
2	Clay, Emelia S	12	Swansea Aq	2:33.09
	35.53 39.46		40.33 37.77	
3	Nicklin, Parker	11	Amman Valley	2:40.95
	36.25 41.91		42.66 40.13	
4	Lennon, Amelia-Rose	12	Carmarthen	2:41.53
	36.14 41.24		42.50 41.65	
5	Rabaiotti, Orla-Rae	11	Swansea Aq	2:42.13
	36.27 42.14		42.68 41.04	
6	Hooper, Olivia R	11	Swansea Aq	2:45.63
	38.60 44.06		43.05 39.92	
7	Holness, Camille S	11	Swansea Aq	2:45.67
	37.83 43.56		44.24 40.04	

Amman Valley Mid-Distance Meet 2026 - 15/11/2026

Results - Session 2 (Warmup 11.25 - 12.15)

(Event 202 Girls 11-12 200 SC Meter Freestyle)

	Name	Age	Team	Finals Time
8	Demchyshyna, Viktoriia	11	Amman Valley	2:47.65
	37.15 44.67		45.31 40.52	
9	Morgan, Iolah	12	Haverfordwes	2:48.52
	37.12 43.10		45.50 42.80	
10	Thomas, Catrin	12	Pontypridd	2:49.90
	37.21 43.78		44.97 43.94	
11	Gil Wood, Sofia A	11	Swansea Aq	2:58.63
	40.51 46.89		46.14 45.09	
12	Williams, Eva M	12	Swansea Aq	3:04.15
	40.55 48.53		48.64 46.43	
13	Kiernan, Emily A	11	Swansea Aq	3:06.41
	41.74 48.87		50.35 45.45	
14	Benson, Annabelle	11	Pontypridd	3:08.06
	41.82 50.33		51.44 44.47	
15	Jones, Molly	12	Pontypridd	3:08.60
	41.43 49.00		49.90 48.27	
16	Dalton, Daisy	11	Haverfordwes	3:12.34
	44.44 50.53		50.24 47.13	
17	Tree, Lois	11	Haverfordwes	3:13.06
	43.31 49.32		50.72 49.71	
18	Brookman, Martha	12	Pontypridd	3:15.80
	43.93 51.79		52.69 47.39	
19	Evans, Lowri Carys	12	Carmarthen	3:17.00
	44.03 51.46		52.31 49.20	
20	Hefford, Ella	11	Rhondda	3:18.25
	45.84 50.52		53.22 48.67	
21	Dunn, Harriet	11	Llanelli	3:20.34
	43.53 53.54		52.74 50.53	
22	Weeks, Mali	11	Pontypridd	3:20.99
	46.07 52.55		52.34 50.03	
23	Moseley, Mair	11	PembrokeDist	3:57.07
	54.10 1:00.46		1:04.33 58.18	
24	Adams, Elizabeth	11	Haverfordwes	4:02.63
	52.85 1:02.12		1:03.99 1:03.67	

Event 202 Girls 13-14 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Patterson, Hollie May	14	Carmarthen	2:19.39
	31.11 34.70		36.34 37.24	
2	Jones, Jess	14	Pontypridd	2:29.92
	34.17 38.68		39.72 37.35	
3	May, Gwen	14	Rhondda	2:30.70
	35.41 38.07		38.94 38.28	
4	Polverino, Tilly	13	Neath	2:38.57
	35.67 39.83		41.32 41.75	
5	Longar, Miriam Elena Patrcia	14	Carmarthen	2:39.08
	36.83 40.41		42.28 39.56	
6	Bullock, Georgia May	13	Carmarthen	2:44.22
	37.32 42.03		43.26 41.61	
7	Harvey-Flinn, Ruby E	13	Swansea Aq	2:46.18
	37.39 42.61		44.76 41.42	
8	Glenham, Scarlett	14	Rhondda	2:47.01
	37.10 42.40		45.07 42.44	
9	Jones, Ruby	14	Aberavon	2:54.29
	38.06 43.95		46.56 45.72	
10	Jenkins, Alys	13	Amman Valley	2:54.85
	39.85 45.79		45.71 43.50	
11	Lloyd, Freya	14	Llanelli	3:03.45
	37.90 47.44		49.84 48.27	
12	Evans, Mari	14	Carmarthen	3:03.59
	39.49 46.21		50.47 47.42	
13	Kelly, Freya	13	Pontypridd	3:18.86
	40.50 50.43		55.54 52.39	
14	Evans-Williams, Emily	13	Amman Valley	3:19.48
	43.75 51.08		53.25 51.40	
15	Murahari Ethirajalu, Jithika	14	PembrokeDist	4:02.09
	50.33 1:01.89		1:05.42 1:04.45	

Event 202 Women 15-16 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Goodman, Lola	15	Swansea Aq	2:21.99
	32.60 36.35		36.73 36.31	
2	Kazmiruk, Anastasiia	15	Nofio S Gar	2:23.06
	31.99 36.11		37.60 37.36	
3	Jenkins, Alexandra G	16	Swansea Aq	2:28.52
	35.03 37.83		38.23 37.43	
4	Strong, Cerys	15	Amman Valley	3:00.04
	40.70 45.83		48.50 45.01	
5	Jones, Alanna	16	Aberystwyth	3:13.34
	40.78 50.51		53.45 48.60	

Event 202 Women 17 & Over 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Geach, Libbie	17	Nofio S Gar	2:14.76
	31.00 33.38		34.34 36.04	

Event 202 Boys 9-10 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Hughes, Isaac W	10	Swansea Aq	3:16.28
	45.82 51.24		52.58 46.64	
2	Davies, Ezra	10	Bridgend SC	3:24.08
	45.42 55.18		52.40 51.08	
3	Tompsett, Osian	10	Aberystwyth	3:25.76
	45.43 53.93		54.42 51.98	
4	Morgan, Jim	9	Haverfordwes	3:31.51
	45.73 55.31		56.48 53.99	
5	Williams, Cobi	10	Carmarthen	3:44.20
	50.32 57.55		59.17 57.16	

Event 202 Boys 11-12 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Lummis, Arthur	11	Pontypridd	2:43.43
	37.82 42.67		42.41 40.53	
2	Evans, Wolfgang	12	PembrokeDist	2:45.00
	36.43 42.29		44.01 42.27	
3	May-John, Dylan	11	Aberystwyth	2:46.47
	36.90 43.10		43.89 42.58	
4	Treinis, Lucian	12	Tenby	2:48.85
	38.72 44.36		45.36 40.41	
5	Tucker, Elliot	11	Rhondda	2:48.99
	38.56 42.39		45.57 42.47	
6	Danks, Toby	12	Haverfordwes	2:49.28
	38.13 42.95		45.11 43.09	
7	Wickland, Jonah	11	PembrokeDist	2:55.09
	39.69 45.26		46.37 43.77	
8	Schneiweiss Tommasin, Benja	12	Swansea Aq	2:56.91
	38.78 45.65		46.39 46.09	
9	Perkins, James	11	Pontypridd	3:06.06
	40.60 50.34		49.41 45.71	
10	Boyle, Toby Maxwell	11	Carmarthen	3:09.78
	40.41 48.81		52.37 48.19	

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Results - Session 2 (Warmup 11.25 - 12.15)

(Event 202 Boys 11-12 200 SC Meter Freestyle)

	Name	Age	Team	Finals Time
11	Taylor, Kingsley C	11	Swansea Aq	3:15.76
	42.93	52.50	53.62	46.71
12	Kania, Joshua	11	Tenby	3:40.33
	46.07	55.87	58.99	59.40

Event 202 Boys 13-14 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Bevan, Driw	14	Llanelli	2:12.70
	31.20	33.57	34.57	33.36
2	Bool, Iolo	13	Haverfordwes	2:28.25
	32.26	38.57	39.24	38.18
3	Lummis, Oscar	13	Pontypridd	2:28.99
	32.37	38.00	40.34	38.28
4	Rees, Oscar	13	Llanelli	2:34.60
	34.94	39.22	40.30	40.14
5	Youlden, George	13	Pontypridd	2:44.02
	35.20	40.07	45.86	42.89
6	Pirmohamed, Eshan A	13	Swansea Aq	2:44.97
	36.51	43.33	43.87	41.26
7	Jones, Bobby	13	Neath	2:48.03
	38.21	43.45	44.10	42.27
8	Adido, Remi	14	Amman Valley	3:14.59
	39.93	49.43	1:45.23	

Event 202 Men 15-16 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Sekula, Szymon	15	Rhondda	2:14.61
	30.67	33.85	35.36	34.73
2	Sekula, Mateusz	15	Rhondda	2:15.28
	30.01	33.84	35.72	35.71
3	Coles, Ieuan	16	Pontypridd	2:26.49
	32.23	36.41	39.14	38.71
4	Price, James D	16	Pontypridd	2:30.26
	31.72	38.01	40.44	40.09
5	Downie, William M	15	Swansea Aq	2:54.42
	39.89	42.71	42.13	49.69

Event 202 Men 17 & Over 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Gray, Gruffudd I	17	Swansea Aq	2:12.39
	31.52	34.37	34.07	32.43

Event 203 Girls 9-10 200 SC Meter Butterfly

	Name	Age	Team	Finals Time
1	Shaw, Penny	10	Tenby	5:06.61
	1:03.09	1:23.61	1:20.77	1:19.14
---	Jones, Zara	10	Llanelli	DQ
	8.1 Body not on the breast during stroke			
	47.58	59.39	1:07.88	1:08.12

Event 203 Girls 13-14 200 SC Meter Butterfly

	Name	Age	Team	Finals Time
1	Berner, Iyla	13	Nofio S Gar	2:30.96
	32.88	37.01	39.06	42.01
---	Kurys, Bonnie Phoebe	13	Carmarthen	DQ
	8.3 Alternating movement of legs or feet			
	42.43	53.51	57.89	54.75

Event 203 Women 15-16 200 SC Meter Butterfly

	Name	Age	Team	Finals Time
1	Ballinger, Scarlett	15	Rhondda	2:49.03
	35.05	43.32	46.30	44.36

Event 203 Boys 13-14 200 SC Meter Butterfly

	Name	Age	Team	Finals Time
1	Jones, Dafydd	14	Carmarthen	2:37.35
	33.87	39.60	41.21	42.67
2	Antwhistle, Isaac J	14	Swansea Aq	2:42.29
	34.95	41.11	43.62	42.61
3	Marques-Jones, Felix	13	Carmarthen	3:07.26
	35.07	46.65	52.79	52.75
4	Hart, Ruaraidh E	14	Rhondda	3:15.90
	40.61	51.94	54.21	49.14
5	Monan, Euan	13	Tenby	3:25.96
	39.61	50.86	58.40	57.09

Event 203 Men 15-16 200 SC Meter Butterfly

	Name	Age	Team	Finals Time
1	Williams, Thomas	16	Nofio S Gar	2:23.17
	31.91	35.78	37.25	38.23
2	Sekula, Mateusz	15	Rhondda	2:43.71
	35.84	40.23	43.76	43.88
3	Sekula, Szymon	15	Rhondda	2:53.23
	34.60	42.79	48.80	47.04

Event 204 Boys 13-14 1500 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Bowes, James	14	Carmarthen	18:29.91
	31.96	34.88	35.68	35.70
	36.28	36.23	36.66	36.62
	36.84	36.85	36.99	37.09
	37.37	37.20	36.98	37.62
	37.21	37.61	38.06	38.41
	38.01	38.67	38.19	38.10
	37.72	37.98	38.03	37.59
	37.36	36.02		
2	Taylor, Jasper B	14	Swansea Aq	22:24.34
	37.36	1:29.42	44.92	45.44
	45.30	44.16	45.98	45.81
	43.80	44.46	45.97	44.04
	45.78	45.40	44.05	44.77
	45.66	44.58	46.29	46.90
	44.91	48.09	45.70	44.64
	46.35	45.28	44.82	44.08
	40.38			

Event 204 Boys 15-16 1500 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Watts, Macsen	15	Torfaen D	18:15.23
	31.20	34.45	35.28	35.55
	35.59	35.91	35.92	35.83
	36.05	36.09	36.52	36.99
	36.92	36.46	37.21	37.15
	37.19	37.52	37.16	37.25
	37.01	37.30	37.56	37.91
	37.95	37.39	37.38	37.14
	37.08	36.27		

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Results - Session 2 (Warmup 11.25 - 12.15)

(Event 204 Boys 15-16 1500 SC Meter Freestyle)

	Name	Age	Team	Finals Time
2	Burt, Caio	16	Llanelli	19:05.17
	31.37 35.18 36.19 37.47			
	38.37 38.44 38.32 38.92			
	38.59 38.96 38.36 38.53			
	38.97 39.13 39.49 39.14			
	39.30 39.42 38.82 38.79			
	39.38 38.51 37.07 38.67			
	38.60 38.29 38.41 38.65			
	38.15 37.68			

Event 204 Boys 17 & Over 1500 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Twigger, Owen P	17	Swansea Aq	16:25.82
	29.81 32.21 32.52 32.49			
	32.77 32.72 32.92 32.88			
	33.06 33.01 32.75 32.74			
	32.83 33.05 33.25 33.04			
	33.43 33.14 33.21 33.29			
	33.30 33.31 33.33 33.22			
	33.19 33.08 33.30 33.22			
	32.97 31.78			
2	Spinks, Owen	18	Torfaen D	17:44.75
	31.21 33.78 33.83 34.33			
	34.81 34.30 34.61 35.10			
	34.70 35.01 35.74 35.81			
	35.81 35.99 36.17 36.35			
	36.47 36.14 36.69 36.15			
	36.24 36.53 36.58 36.55			
	36.43 36.49 36.28 36.41			
	36.08 34.16			