Amman Valley Mid-Distance Meet 2026 - 15/11/2026

Meet Program - Session 1 (Warmup 8.00 - 8.50)

Event 101 Mixed 9 & Over 800 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
Heat 1 of 5 Finals					
1	Dashfield, Lottie	W11	Tenby	17:49.97	____
2	Prince, Edith S	W12	Swansea Aq	15:22.09	____
3	Jones, Alanna	W16	Aberystwyth	14:36.55	____
4	Goss, Lucia	W14	Aberavon	14:19.06	____
5	El Saghir, Karim Salah	M12	Carmarthen	14:31.77	____
6	Lennon, Amelia-Rose	W12	Carmarthen	15:12.16	____
7	Collins, Hudson	M10	Rhondda	16:11.52	____
8					____
Heat 2 of 5 Finals					
1	Harvey, Olivia	W12	PembrokeDist	14:10.96	____
2	Monan, Hazel	W11	Tenby	14:01.98	____
3	Treinis, Lucian	M12	Tenby	13:58.86	____
4	Dashfield, Olivia	W13	Tenby	13:28.90	____
5	Humphreys, Mali G	W13	Swansea Aq	13:55.58	____
6	Husband, Alysia	W11	Haverfordwes	13:59.52	____
7	Thomas, Enlli M	W13	Rhondda	14:04.59	____
8	Boyle, Toby Maxwell	M11	Carmarthen	14:15.82	____
Heat 3 of 5 Finals					
1	Thomas, Lili-rose	W13	Neath	13:09.40	____
2	Monan, Euan	M13	Tenby	12:50.53	____
3	Morgan, Summer	W10	Heads Valley	12:37.24	____
4	Jones, Dion Rees	M14	Carmarthen	12:23.47	____
5	Harvey-Flinn, Ruby E	W13	Swansea Aq	12:33.28	____
6	Oseng-Rees, Eira	W13	Swansea Aq	12:46.45	____
7	Jewell, Zoe	W14	Tenby	13:00.47	____
8	Kivell, Hannah	W14	Heads Valley	13:25.00	____
Heat 4 of 5 Finals					
1	Hefford, Ava	W14	Rhondda	12:06.37	____
2	Jones, Dafydd	M14	Carmarthen	11:43.93	____
3	Jones, Tomi	M14	Neath	11:27.30	____
4	Price, Seren	W14	Carmarthen	11:14.68	____
5	Parry, Abigail	W13	Nofio S Gar	11:21.64	____
6	Gwenter, Isobel	W12	Neath	11:34.57	____
7	Morris, Besi	W13	Amman Valley	12:01.38	____
8	Bullock, Georgia May	W13	Carmarthen	12:10.70	____
Heat 5 of 5 Finals					
1	Jones, Hunydd	W14	Nofio S Gar	10:41.27	____
2	Marques-Jones, Felix	M13	Carmarthen	10:21.90	____
3	Morgan, Evelyn	W15	Nofio S Gar	10:13.34	____
4	Williams, Thomas	M16	Nofio S Gar	9:02.79	____
5	Davies, Isla	W13	Nofio S Gar	10:10.35	____
6	Patterson, Hollie May	W14	Carmarthen	10:20.82	____
7	Phillips, Finley	M16	Nofio S Gar	10:39.87	____
8	Morgan, Thomas	M14	Llanelli	10:51.75	____

Event 102 Mixed 9 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	
Heat 1 of 7 Finals					
1					____
2					____
3	Minton, Adeline	W9	Rhondda	NT	____
4	Prosser, Mia S	W10	Tenby	NT	____
5	Jenkins, Ianto	M9	Bridgend SC	NT	____
6					____
7					____
8					____
Heat 2 of 7 Finals					
1					____
2	Davies, Ezra	M10	Bridgend SC	NT	____
3	Tree, Lois	W11	Haverfordwes	NT	____
4	Benson, Annabelle	W11	Pontypridd	NT	____
5	Edwards, Mali	W11	Amman Valley	NT	____
6	Green, Hazel	W10	Haverfordwes	NT	____
7	Danks, Una	W10	Haverfordwes	NT	____
8					____
Heat 3 of 7 Finals					
1	Morris, Lilly	W13	Aberavon	NT	____
2	Harrison, Abigail	W13	Neath	NT	____
3	Evans, Mari	W14	Carmarthen	NT	____
4	Price, James D	M16	Pontypridd	NT	____
5	Strong, Cerys	W15	Amman Valley	NT	____
6	Adido, Remi	M14	Amman Valley	NT	____
7	Milton, Gabriel	M13	Aberavon	NT	____
8	Williams, Eva M	W12	Swansea Aq	NT	____
Heat 4 of 7 Finals					
1	Boyle, Olivia	W9	PembrokeDist	4:32.83	____
2	Evans, Alys Eirie	W11	Carmarthen	4:27.53	____
3	Monan, Frances	W10	Tenby	4:18.46	____
4	Parry, Theodora Florence M	W9	Carmarthen	4:07.49	____
5	Evans, Lowri Carys	W12	Carmarthen	4:09.44	____
6	Jones, Molly	W12	Pontypridd	4:20.03	____
7	Bool, Lani	W10	Haverfordwes	4:29.43	____
8	Murahari Ethirajalu, Jithika	W14	PembrokeDist	5:19.94	____
Heat 5 of 7 Finals					
1	Weeks, Mali	W11	Pontypridd	3:57.88	____
2	Taylor, Kingsley C	M11	Swansea Aq	3:56.20	____
3	Hawksworth Garcia, Frida	W9	Swansea Aq	3:48.59	____
4	Lummis, Arthur	M11	Pontypridd	3:46.17	____
5	May-John, Dylan	M11	Aberystwyth	3:46.48	____
6	Downie, William M	M15	Swansea Aq	3:54.24	____
7	O'Hara, Gracie	W10	Aberavon	3:57.65	____
8	Jones, Bobby	M13	Neath	4:03.77	____
Heat 6 of 7 Finals					
1	Hart, Ruaraidh E	M14	Rhondda	3:36.31	____
2	El Saghir, Mohamed Salah	M15	Carmarthen	3:29.88	____
3	Holborow, Esmay	W10	Amman Valley	3:26.40	____
4	Longar, Miriam Elena Patrci	W14	Carmarthen	3:12.80	____
5	Bowes, James	M14	Carmarthen	3:13.00	____
6	Hooper, Olivia R	W11	Swansea Aq	3:26.75	____
7	Taylor, Jasper B	M14	Swansea Aq	3:33.84	____
8	Holness, Camille S	W11	Swansea Aq	3:45.80	____
Heat 7 of 7 Finals					
1	Ballinger, Scarlett	W15	Rhondda	3:12.28	____
2	Bool, Iolo	M13	Haverfordwes	3:07.84	____
3	Coles, Ieuan	M16	Pontypridd	3:03.09	____
4	Batcup, Oliver J	M14	Swansea Aq	2:53.70	____
5	Antwhistle, Isaac J	M14	Swansea Aq	3:01.30	____
6	May, Gwen	W14	Rhondda	3:03.32	____
7	Jenkins, Elli J	W15	Swansea Aq	3:11.46	____
8	Mitrjaikina, Scarlet	W14	Swansea Aq	3:12.80	____

Amman Valley Mid-Distance Meet 2026 - 15/11/2026

Meet Program - Session 1 (Warmup 8.00 - 8.50)

Event 103 Mixed 9 & Over 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time	
Heat 1 of 5 Finals					
1	Morgan, Jim	M9	Haverfordwes	NT	____
2	Hunt, Rory	W9	Aberavon	NT	____
3	Davies, Ezra	M10	Bridgend SC	NT	____
4	Dickens, Clementine	W10	Haverfordwes	NT	____
5	Williams, Cobi	M10	Carmarthen	NT	____
6	Gladstone, Sophie	W10	Haverfordwes	NT	____
7	Jenkins, Ianto	M9	Bridgend SC	NT	____
8					____
Heat 2 of 5 Finals					
1	Tompsett, Osian	M10	Aberystwyth	NT	____
2	Dunn, Harriet	W11	Llanelli	NT	____
3	Tucker, Elliot	M11	Rhondda	NT	____
4	Adams, Elizabeth	W11	Haverfordwes	NT	____
5	Perkins, James	M11	Pontypridd	NT	____
6	Demchyshyna, Viktoriia	W11	Amman Valley	NT	____
7	De Silva, Thinuli	W11	Aberavon	NT	____
8	Morgan, Poppy	W10	Llanelli	NT	____
Heat 3 of 5 Finals					
1	Kiernan, Emily A	W11	Swansea Aq	NT	____
2	Thomas, Catrin	W12	Pontypridd	NT	____
3	Danks, Toby	M12	Haverfordwes	NT	____
4	Moseley, Mair	W11	PembrokeDist	4:07.84	____
5	Youlden, George	M13	Pontypridd	NT	____
6	Kilvington, Aston	M12	Aberystwyth	NT	____
7	Hefford, Ella	W11	Rhondda	NT	____
8	Dalton, Daisy	W11	Haverfordwes	NT	____
Heat 4 of 5 Finals					
1	Monan, Frances	W10	Tenby	3:51.64	____
2	Prosser, Mia S	W10	Tenby	3:11.24	____
3	Morgan, Iolah	W12	Haverfordwes	2:58.93	____
4	Rood, Rowan	M16	Rhondda	2:46.22	____
5	Higgins, Finley J	M15	Swansea Aq	2:51.00	____
6	Middleton, Caitlin	W16	Aberystwyth	3:10.53	____
7	Lummis, Oscar	M13	Pontypridd	3:44.92	____
8	Evans, Alys Eirie	W11	Carmarthen	3:54.66	____
Heat 5 of 5 Finals					
1	James, Izzy	W13	Rhondda	2:46.09	____
2	Pinnock, Betsan R	W14	Swansea Aq	2:41.96	____
3	Goodman, Lola	W15	Swansea Aq	2:37.87	____
4	Gray, Gruffudd I	M17	Swansea Aq	2:26.85	____
5	Upton-Boorman, Isabella	W16	Nofio S Gar	2:35.39	____
6	Marques-Jones, Felix	M13	Carmarthen	2:39.30	____
7	Jenkins, Alexandra G	W16	Swansea Aq	2:42.13	____
8	Jones, Jess	W14	Pontypridd	2:46.11	____