West Wales Regional SC Championships 2026 - 06/11/2026 to 08/11/2026

Meet Program - Session 3 (Warmup 11.10 - 12.10)

Event 221 Female 11 & Over 100 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	
Heat 1 of 10 Finals					
1	Monan, Hazel	11	Tenby Dolphins	1:57.36	____
2	Edwards, Mali	11	Amman Valley	1:52.19	____
3	Walters, Grace E	12	Swansea Aq	1:50.86	____
4	Gallagher, Thia C	12	Swansea Aq	1:50.40	____
5	Symmonds, Taya	11	Haverfordwest	1:50.61	____
6	Major, Esmee	12	Haverfordwest	1:50.92	____
7	Duncan, Miriam Grug	11	Carmarthen	1:52.60	____
8	Griffith, Ariana M	11	Swansea Aq	1:58.70	____
Heat 2 of 10 Finals					
1	Madge, Brianna	12	Celtic D.	1:50.01	____
2	Evans, Gwenllian	12	Fishguard	1:49.44	____
3	Antwhistle, Esme W	12	Swansea Aq	1:48.60	____
4	Prince, Edith S	12	Swansea Aq	1:48.19	____
5	Oseng-Rees, Eira	13	Swansea Aq	1:48.49	____
6	Roscoe, Evelyn	11	Haverfordwest	1:48.77	____
7	Harding, Esmee	12	Neath	1:49.86	____
8	Watkins, Eleanor R	12	Afan Valley	1:50.35	____
Heat 3 of 10 Finals					
1	Allan, Imogen	13	Afan Valley	1:47.80	____
2	Williams, Eva M	12	Swansea Aq	1:47.41	____
3	Husband, Alysia	11	Haverfordwest	1:45.63	____
4	Williams, Alys Lowri	13	Carmarthen	1:44.23	____
5	Jones, Gwenllian	11	Carmarthen	1:45.10	____
6	Alexander, Fflur	13	Aberystwyth	1:47.10	____
7	Rogers, Mia	12	Pembroke	1:47.60	____
8	Cornelius, Emmie	11	Neath	1:48.11	____
Heat 4 of 10 Finals					
1	Price, Seren	14	Carmarthen	1:40.44	____
2	Evans, Cora Eirlys	12	Carmarthen	1:39.77	____
3	Jarrold, Tilly	13	Pembroke	1:39.02	____
4	Couzens, Sibylla	15	Fishguard	1:38.57	____
5	Hooper, Olivia R	11	Swansea Aq	1:38.80	____
6	McFarlane, Mali	12	Milford Tigers	1:39.23	____
7	Snellgrove, Maddie	12	Neath	1:39.82	____
8	Baylis, Ellie	14	Penyrheol	1:41.61	____
Heat 5 of 10 Finals					
1	Phillips, Isabelle	13	Haverfordwest	1:38.08	____
2	Holborow, Esmay	11	Amman Valley	1:36.30	____
3	Dennison, Evie	14	Milford Tigers	1:35.37	____
4	Morris, Megan	13	Neath	1:33.69	____
5	Griffiths, Elizabeth	15	Fishguard	1:34.79	____
6	Williams, Evie	13	Milford Tigers	1:35.74	____
7	Massey, Mia	14	Celtic D.	1:37.09	____
8	Foldi, Kristina	14	Haverfordwest	1:38.57	____
Heat 6 of 10 Finals					
1	Holloway, Olivia	17	Afan Valley	1:31.45	____
2	Pearce, Ava	15	Afan Valley	1:29.96	____
3	Snellgrove, Chloe	16	Amman Valley	1:29.72	____
4	Longar, Miriam Elena Patrci	14	Carmarthen	1:29.40	____
5	Mitrjaikina, Scarlet	14	Swansea Aq	1:29.70	____
6	Hughes, Mollie	15	Celtic D.	1:29.85	____
7	Miles, Megan	18	Fishguard	1:30.39	____
8	Dyde, Pheobe	14	Pembroke	1:31.46	____
Heat 7 of 10 Finals					
1	Gil Wood, Elena	14	Swansea Aq	1:28.90	____
2	Ostrowski, Julia	17	Milford Tigers	1:27.02	____
3	Lennon, Amelia-Rose	12	Carmarthen	1:26.90	____
4	Kurys, Bonnie Phoebe	13	Carmarthen	1:26.43	____
5	Dashfield, Olivia	13	Tenby Dolphins	1:26.82	____
6	Kaill-Franks, Nia	15	Fishguard	1:26.92	____
7	Jones, Myla	11	Swansea Aq	1:28.26	____
8	Watkins, Mylee	16	Neath	1:29.25	____
Heat 8 of 10 Finals					
1	Coles, Aria	13	Neath	1:26.14	____
2	Patterson, Hollie May	15	Carmarthen	1:23.70	____
3	Bissicks, Cari	15	Neath	1:22.74	____
4	Hall, Ellena	15	Fishguard	1:22.60	____
5	Evans, Cadi	14	Penyrheol	1:22.70	____
6	Williams, Paige T	14	Swansea Aq	1:22.93	____
7	Hall, Isabelle	15	Fishguard	1:24.60	____
8	Polverino, Tilly	13	Neath	1:26.35	____
Heat 9 of 10 Finals					
1	English, Lacey	18	Swansea Uni	1:21.41	____
2	Lovelock, Hannah	18	Swansea Uni	1:18.68	____
3	Davies, Isabella	15	Llanelli	1:18.47	____
4	Taffetsauffer, Isabella	15	Llanelli	1:17.60	____
5	Snook, Vanessa	18	Swansea Uni	1:17.72	____
6	Summerfield, Lucy	14	Llanelli	1:18.60	____
7	Hansford, Chloe	18	Swansea Uni	1:19.70	____
8	Kazmiruk, Anastasiia	15	Amman Valley	1:22.20	____
Heat 10 of 10 Finals					
1	Oliver, Phoebe	18	Swansea Uni	1:17.20	____
2	Owen, Kessie	18	Neath	1:15.82	____
3	Parry, Abigail	13	Carmarthen	1:11.10	____
4	Brassington, Sophie	20	Swansea Uni	1:09.00	____
5	Major, Scarlet	23	Swansea Uni	1:11.10	____
6	Sait, Erika	20	Swansea Uni	1:13.22	____
7	Bissicks, Ella	19	Neath	1:16.14	____
8	Berner, Iyla	13	Carmarthen	1:17.57	____

Event 222 Boys 11 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
Heat 1 of 11 Finals					
1					____
2	Macklen, Daniel	11	Celtic D.	1:27.47	____
3	Filmer, Owen	11	Aberystwyth	1:24.90	____
4	Marques-Jones, Idris	12	Carmarthen	1:23.31	____
5	Avery, Thomas	11	Afan Valley	1:24.00	____
6	Taylor, Kingsley C	11	Swansea Aq	1:25.39	____
7	Arnold, Dylan	11	Celtic D.	1:29.64	____
8					____
Heat 2 of 11 Finals					
1	Falconer, Jacob	12	Neath	1:21.15	____
2	Pirmohamed, Eshan A	13	Swansea Aq	1:19.80	____
3	Gray, Ioan	12	Fishguard	1:19.12	____
4	Lee, Ioan	11	Llanelli	1:17.43	____
5	Jones, Carter A	13	Swansea Aq	1:18.35	____
6	Treinis, Lucian	12	Tenby Dolphins	1:19.29	____
7	Gorvett, Blu	12	Aberavon	1:20.28	____
8	Hearne, Logan	11	Tenby Dolphins	1:22.21	____

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Meet Program - Session 3 (Warmup 11.10 - 12.10)

Heat 3 Finals (#222 Boys 11 & Over 100 SC Meter Freestyle)

1	May-John, Dylan	11	Aberystwyth	1:16.74	____
2	Zheng, Ryan	11	Neath	1:13.98	____
3	Lewis, Ollie	12	Afan Valley	1:13.71	____
4	Munt, Oliver	13	Haverfordwest	1:13.22	____
5	Rees, Derryn H	12	Swansea Aq	1:13.40	____
6	Hindle, Finn C	11	Swansea Aq	1:13.82	____
7	Jones, Oscar	13	Llanelli	1:15.53	____
8	Fretwell, Logan	12	Milford Tigers	1:16.78	____

Heat 4 of 11 Finals

1	Evans, Wolfgang	12	Pembroke	1:12.61	____
2	Couzens, Sebastian	13	Fishguard	1:11.21	____
3	Phillips, Ieuan	13	Fishguard	1:10.78	____
4	Jermin, Morgan	13	Llanelli	1:08.20	____
5	Whatmore, Finley	13	Milford Tigers	1:10.47	____
6	Moore, Freddy	11	Fishguard	1:11.18	____
7	David, Ioan	14	Haverfordwest	1:11.77	____
8	Thomas, Gabriel	11	Llanelli	1:12.80	____

Heat 5 of 11 Finals

1	King, Hamish	14	Aberystwyth	1:07.62	____
2	Pyzer, Cyrus Alexander	13	Carmarthen	1:06.64	____
3	Green, William	14	Aberystwyth	1:05.00	____
4	Higgins, Finley J	15	Swansea Aq	1:04.76	____
5	Marques-Jones, Felix	14	Carmarthen	1:04.93	____
6	Jones, Tomi	14	Neath	1:06.12	____
7	Sursona, Mateo	13	Carmarthen	1:07.40	____
8	Dadswell, Harry	13	Haverfordwest	1:07.64	____

Heat 6 of 11 Finals

1	Morgan, Thomas	14	Llanelli	1:03.70	____
2	Griffiths, Harri	16	Celtic D.	1:03.21	____
3	Lerigo, Oli	16	Aberystwyth	1:02.63	____
4	Collins, Thomas	14	Penyrheol	1:02.30	____
5	Smith, Caelan	16	Haverfordwest	1:02.62	____
6	Poole, Tomos	16	Afan Valley	1:03.00	____
7	Bowes, James	14	Carmarthen	1:03.50	____
8	Williams, Lucas C	12	Swansea Aq	1:04.18	____

Heat 7 of 11 Finals

1	Noden, Rory	14	Haverfordwest	1:01.70	____
2	Lewis, Callum	17	Fishguard	1:01.07	____
3	Smith, Declan	15	Neath	1:00.87	____
4	Jones, Dafydd	14	Carmarthen	1:00.20	____
5	Burt, Caio	16	Llanelli	1:00.54	____
6	Antwhistle, Isaac J	14	Swansea Aq	1:00.93	____
7	Moore, Hari	14	Fishguard	1:01.70	____
8	Mills, Thomas	15	Llanelli	1:01.92	____

Heat 8 of 11 Finals

1	Hale, Oliver S	15	Swansea Aq	59.80	____
2	Gray, Gruffudd I	17	Swansea Aq	59.10	____
3	Bevan, Driw	14	Llanelli	58.32	____
4	Morgan, Ben	17	Haverfordwest	57.90	____
5	%Read, William S14	18	Swansea Aq	58.10	____
6	Thomas, Tristan	16	Milford Tigers	58.74	____
7	Bury, James	19	Swansea Uni	59.51	____
8	Lewis, Henry	14	Neath	1:00.11	____

Heat 9 of 11 Finals

1	Morgan, Cole	15	Celtic D.	57.70	____
2	Williams, Thomas	16	Llanelli	57.36	____
3	Evans, Sam	14	Haverfordwest	56.80	____
4	King, Ethan	14	Penyrheol	56.30	____
5	Phillips, Finley	16	Llanelli	56.70	____
6	Stuart-Lavender, Jac	16	Llanelli	56.82	____
7	James, Matthew	19	Swansea Uni	57.40	____
8	Galbraith, Elian	17	Llanelli	57.80	____

Heat 10 of 11 Finals

1	Helps, Jacob	20	Swansea Uni	54.00	____
2	Colyer, Oscar	18	Swansea Uni	53.38	____
3	Mottram, Joseph	19	Swansea Uni	53.25	____
4	Edwards, Rhys	24	Swansea Uni	51.86	____
5	Greenway, Morgan	23	Swansea Uni	52.30	____
6	Twigger, Owen P	17	Swansea Aq	53.30	____
7	Evans, Monty	19	Swansea Uni	54.00	____
8	West, Dexter	17	Fishguard	54.69	____

Heat 11 of 11 Finals

1	Lee, Jacob	20	Swansea Uni	51.60	____
2	Rodriguez, Antonio	22	Swansea Uni	51.33	____
3	Silverstone, Solomon	17	Haverfordwest	50.50	____
4	Gillett, Oliver	19	Swansea Uni	49.16	____
5	Armon, Jacob	23	Swansea Uni	49.50	____
6	Jones, Timothy	18	Swansea Uni	51.19	____
7	Lennon, Daniel	18	Swansea Uni	51.60	____
8	Broom, Dylan	24	Swansea Uni	51.70	____

Event 223 Female 11 & Over 800 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
Heat 1 of 5 Finals					
1					____
2					____
3	Organ, Eleanor L	11	Swansea Aq	13:13.50	____
4	Morgan, Iolah	12	Haverfordwest	12:33.38	____
5	Edmunds, Freya	13	Llanelli	13:06.71	____
6					____
7					____
8					____
Heat 2 of 5 Finals					
1					____
2	#Roberts Mylan, Ffion C	14	Swansea Aq	12:16.10	____
3	#Roberts Mylan, Sophie I	14	Swansea Aq	11:47.30	____
4	Fenemore, Emily Grace	14	Carmarthen	11:40.18	____
5	Griffiths, Ffion	15	Tenby Dolphins	11:45.24	____
6	Kaill-Franks, Nia	15	Fishguard	12:00.04	____
7	Iturbe, Carys	13	Neath	12:25.56	____
8					____
Heat 3 of 5 Finals					
1	Enoch, Erin Lois	12	Carmarthen	11:30.60	____
2	Roberts, Arwyn	13	Afan Valley	11:23.96	____
3	Mason, Ezmee	13	Haverfordwest	11:15.70	____
4	Williams, Eirwen N	14	Swansea Aq	10:54.78	____
5	Austin, Sophie Haf	13	Celtic D.	11:00.25	____
6	Morris, Ffion	14	Tenby Dolphins	11:21.32	____
7	Dyde, Pheobe	14	Pembroke	11:26.06	____
8	Hawkins, Lottie	13	Haverfordwest	11:33.70	____

West Wales Regional SC Championships 2026 - 06/11/2026 to 08/11/2026

Meet Program - Session 3 (Warmup 11.10 - 12.10)

Heat 4 Finals (#223 Female 11 & Over 800 SC Meter Freestyle)

1	Davies, Erin	15	Celtic D.	10:37.83	____
2	Jenkins, Elli J	15	Swansea Aq	10:31.10	____
3	McFarlane, Una	15	Milford Tigers	10:30.07	____
4	Davies, Elizabeth	13	Tenby Dolphins	10:15.28	____
5	Powell, Nina	14	Haverfordwest	10:24.56	____
6	Pinnock, Betsan R	14	Swansea Aq	10:30.60	____
7	Gil Wood, Elena	14	Swansea Aq	10:36.10	____
8	Kurys, Emiliese	12	Carmarthen	10:54.40	____

Heat 5 of 5 Finals

1	Davies, Ava-Rose	13	Llanelli	10:04.92	____
2	Clissold, Bronwyn	18	Tenby Dolphins	9:57.63	____
3	Wade, Grace	18	Swansea Uni	9:25.00	____
4	Mitchell, Abby	20	Swansea Uni	9:04.10	____
5	Griffiths, Cerys	16	Haverfordwest	9:06.85	____
6	Burns, Freya	15	Amman Valley	9:31.72	____
7	Williams, Marys E	17	Swansea Aq	9:58.46	____
8	Bruce, Skye	17	Tenby Dolphins	10:13.04	____

Event 224 Boys 11 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	
Heat 1 of 4 Finals					
1					____
2					____
3	Fretwell, Logan	12	Milford Tigers	3:54.89	____
4	Taylor, Kingsley C	11	Swansea Aq	3:50.19	____
5	Treinis, Lucian	12	Tenby Dolphins	3:50.60	____
6					____
7					____
8					____
Heat 2 of 4 Finals					
1	Filmer, Owen	11	Aberystwyth	3:44.10	____
2	Gorvett, Blu	12	Aberavon	3:43.47	____
3	Pirmohamed, Eshan A	13	Swansea Aq	3:38.19	____
4	Marques-Jones, Idris	12	Carmarthen	3:19.90	____
5	Taylor, Jasper B	14	Swansea Aq	3:23.94	____
6	El Saghir, Karim Salah	12	Carmarthen	3:41.77	____
7	Caprilli, Valentino	12	Fishguard	3:44.02	____
8	May-John, Dylan	11	Aberystwyth	3:46.48	____
Heat 3 of 4 Finals					
1	Couzens, Sebastian	13	Fishguard	3:17.24	____
2	Williams, Lucas C	12	Swansea Aq	3:15.41	____
3	Lewis, Cian	17	Neath	2:58.62	____
4	Lerigo, Oli	16	Aberystwyth	2:57.50	____
5	Hall, Ethan	17	Fishguard	2:57.96	____
6	Monan, Euan	13	Tenby Dolphins	2:59.79	____
7	Rees, Oscar	13	Llanelli	3:16.30	____
8	Leahy, Herbie	12	Haverfordwest	3:18.32	____
Heat 4 of 4 Finals					
1	Smith, Caelan	16	Haverfordwest	2:54.37	____
2	Thomas, Rhys	16	Haverfordwest	2:41.45	____
3	Phillips, Finley	16	Llanelli	2:27.90	____
4	Lovell-Pascal, Jean-Luc	21	Swansea Uni	2:23.07	____
5	Stuart-Lavender, Jac	16	Llanelli	2:25.96	____
6	Owen, Luca	19	Swansea Uni	2:41.12	____
7	Morgan, Thomas	14	Llanelli	2:43.00	____
8	Backen, Frederick	14	Fishguard	2:57.22	____

Event 225 Female 11-12 50 SC Meter Freestyle (Skins)

	Name	Age	Team	Seed Time
---	No entries for event			

Event 226 Female 13-14 50 SC Meter Freestyle (Skins)

	Name	Age	Team	Seed Time
---	No entries for event			

Event 227 Female 15-16 50 SC Meter Freestyle (Skins)

	Name	Age	Team	Seed Time
---	No entries for event			

Event 228 Female 17 & Over 50 SC Meter Freestyle (Skins)

	Name	Age	Team	Seed Time
---	No entries for event			