West Wales Regional SC Championships 2026 - 06/11/2026 to 08/11/2026

Meet Program - Session 5 (Warmup 8.00 - 9.00)

Event 311 Female 11 & Over 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	
Heat 1 of 11 Finals					
1					____
2					____
3	Jermin, Martha	11	Llanelli	55.30	____
4	Symmonds, Taya	11	Haverfordwest	52.73	____
5	Wilkins, Ameila	11	Afan Valley	54.30	____
6	Morgan, Poppy	11	Llanelli	55.55	____
7					____
8					____
Heat 2 of 11 Finals					
1	Shepherd, Amelia H	12	Celtic D.	51.77	____
2	Roscoe, Evelyn	11	Haverfordwest	51.70	____
3	Evans, Lowri Carys	12	Carmarthen	51.20	____
4	Williams, Alys Lowri	13	Carmarthen	50.40	____
5	Duncan, Miriam Grug	11	Carmarthen	50.79	____
6	Griffith, Ariana M	11	Swansea Aq	51.43	____
7	Felton, Catrin	11	Celtic D.	51.73	____
8	Monan, Hazel	11	Tenby Dolphins	52.14	____
Heat 3 of 11 Finals					
1	Davies, Phoebe	12	Tenby Dolphins	50.30	____
2	Jones, Gwenllian	11	Carmarthen	50.17	____
3	Hyett, Antonina	12	Celtic D.	49.69	____
4	Demchyshyna, Viktoriia	11	Amman Valley	48.25	____
5	Shearan, Imogen	11	Afan Valley	48.71	____
6	Watkins, Eleanor R	12	Afan Valley	49.92	____
7	Roberts, macy	13	Afan Valley	50.20	____
8	Madge, Brianna	12	Celtic D.	50.32	____
Heat 4 of 11 Finals					
1	Alexander, Fflur	13	Aberystwyth	48.20	____
2	Prosser, Mia S	11	Tenby Dolphins	47.59	____
3	Oseng-Rees, Eira	13	Swansea Aq	47.34	____
4	Titley, Lola	14	Milford Tigers	46.90	____
5	Fincher, Cari	13	Llanelli	47.31	____
6	Williams, Lois G	14	Swansea Aq	47.57	____
7	Husband, Alysia	11	Haverfordwest	47.67	____
8	Rogers, Mia	12	Pembroke	48.21	____
Heat 5 of 11 Finals					
1	Bullock, Georgia May	13	Carmarthen	46.80	____
2	Price, Seren	14	Carmarthen	46.52	____
3	Harrison, Abigail	14	Neath	46.09	____
4	Jenkins, Olivia I	13	Swansea Aq	45.90	____
5	Roberts, Arwyn	13	Afan Valley	45.94	____
6	Allan, Imogen	13	Afan Valley	46.52	____
7	Kellaway, Evie-Rosa	13	Aberystwyth	46.77	____
8	Fenemore, Emily Grace	14	Carmarthen	46.90	____
Heat 6 of 11 Finals					
1	Prince, Edith S	12	Swansea Aq	45.65	____
2	Evans, Cora Eirlys	12	Carmarthen	44.66	____
3	Hooper, Olivia R	11	Swansea Aq	44.40	____
4	Harris, Chloe	14	Celtic D.	44.00	____
5	Iturbe, Carys	13	Neath	44.26	____
6	Jarrold, Tilly	13	Pembroke	44.63	____
7	Sharpe, Lillie	14	Llanelli	44.84	____
8	McFarlane, Mali	12	Milford Tigers	45.85	____
Heat 7 of 11 Finals					
1	Nicklin, Parker	11	Amman Valley	43.83	____
2	Toutt, Molly	14	Amman Valley	43.57	____
3	Clement, Darcey	14	Afan Valley	42.98	____
4	Holborow, Esmay	11	Amman Valley	42.49	____
5	Dennison, Evie	14	Milford Tigers	42.72	____
6	Griffiths, Isla	13	Tenby Dolphins	43.54	____
7	Enoch, Erin Lois	12	Carmarthen	43.74	____
8	Williams, Grace	15	Neath	43.85	____
Heat 8 of 11 Finals					
1	Morris, Megan	13	Neath	42.21	____
2	Mitrjaikina, Scarlet	14	Swansea Aq	41.16	____
3	Coles, Aria	13	Neath	40.54	____
4	Longar, Miriam Elena Patrci	14	Carmarthen	40.40	____
5	Kaill-Franks, Nia	15	Fishguard	40.50	____
6	Pearce, Ava	15	Afan Valley	40.70	____
7	Davies, Ava-Rose	13	Llanelli	42.12	____
8	Holness, Camille S	12	Swansea Aq	42.40	____
Heat 9 of 11 Finals					
1	Hughes, Mollie	15	Celtic D.	39.97	____
2	Williams, Marys E	17	Swansea Aq	39.60	____
3	Kurys, Bonnie Phoebe	13	Carmarthen	39.45	____
4	Gil Wood, Elena	14	Swansea Aq	39.20	____
5	Dash, Amelie	15	Milford Tigers	39.40	____
6	Snellgrove, Chloe	16	Amman Valley	39.60	____
7	Holloway, Olivia	17	Afan Valley	39.70	____
8	Hughes, Seren	15	Neath	40.21	____
Heat 10 of 11 Finals					
1	Jones, Myla	11	Swansea Aq	38.64	____
2	Lennon, Amelia-Rose	12	Carmarthen	38.30	____
3	Patterson, Hollie May	15	Carmarthen	37.40	____
4	Evans, Cadi	14	Penyrheol	36.40	____
5	English, Lacey	18	Swansea Uni	37.30	____
6	Williams, Paige T	14	Swansea Aq	38.10	____
7	Ostrowski, Julia	17	Milford Tigers	38.60	____
8	Dashfield, Olivia	13	Tenby Dolphins	38.98	____
Heat 11 of 11 Finals					
1	Davies, Isabella	15	Llanelli	35.60	____
2	Snook, Vanessa	18	Swansea Uni	33.89	____
3	Bissicks, Ella	19	Neath	33.50	____
4	Sait, Erika	20	Swansea Uni	32.60	____
5	Parry, Abigail	13	Carmarthen	33.30	____
6	Owen, Kessie	18	Neath	33.72	____
7	Oliver, Phoebe	18	Swansea Uni	35.10	____
8	Summerfield, Lucy	14	Llanelli	35.80	____

Event 312 Boys 11 & Over 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
Heat 1 of 12 Finals					
1					____
2	Kilvington, Aston J	12	Aberystwyth	39.38	____
3	Kummer, Seb	11	Milford Tigers	38.98	____
4	Macklen, Daniel	11	Celtic D.	38.30	____
5	Mowbray-Rees, Myles	11	Swansea Aq	38.96	____
6	Thomas, Henry	11	Haverfordwest	39.13	____
7					____
8					____

West Wales Regional SC Championships 2026 - 06/11/2026 to 08/11/2026

Meet Program - Session 5 (Warmup 8.00 - 9.00)

Heat 2 Finals (#312 Boys 11 & Over 50 SC Meter Freestyle)

1	Hughes, Dylan R	13	Swansea Aq	37.30	____
2	Avery, Thomas	11	Afan Valley	36.10	____
3	Lawrence, Rhodri	12	Fishguard	35.14	____
4	Gorvett, Blu	12	Aberavon	34.57	____
5	Fretwell, Logan	12	Milford Tigers	34.64	____
6	Hearne, Logan	11	Tenby Dolphins	35.56	____
7	Taylor, Kingsley C	11	Swansea Aq	37.15	____
8	Filmer, Owen	11	Aberystwyth	37.45	____

Heat 3 of 12 Finals

1	Akers, Finnley	14	Afan Valley	34.32	____
2	Jones, Bobby	14	Neath	34.25	____
3	Wickland, Jonah	11	Pembroke	33.84	____
4	Moore, Freddy	11	Fishguard	33.75	____
5	Schneiweiss Tommasin, Ber	13	Swansea Aq	33.82	____
6	May-John, Dylan	11	Aberystwyth	34.05	____
7	Rees, Oscar	13	Llanelli	34.30	____
8	Taylor, Jasper B	14	Swansea Aq	34.42	____

Heat 4 of 12 Finals

1	Lewis, Ollie	12	Afan Valley	33.54	____
2	Gray, Ioan	12	Fishguard	33.05	____
3	Jackowiak, Oliver	14	Swansea Aq	32.77	____
4	Rees, Derryn H	12	Swansea Aq	32.20	____
5	Phillips, Ieuan	13	Fishguard	32.42	____
6	Hindle, Finn C	11	Swansea Aq	33.00	____
7	Edmunds, Rhys T	12	Swansea Aq	33.22	____
8	Treinis, Lucian	12	Tenby Dolphins	33.70	____

Heat 5 of 12 Finals

1	Thomas, Gabriel	11	Llanelli	32.00	____
2	Downie, William M	15	Swansea Aq	31.70	____
3	Johnstone, Isaac	20	Swansea Uni	31.57	____
4	Monan, Euan	13	Tenby Dolphins	30.95	____
5	David, Ioan	14	Haverfordwest	31.19	____
6	Lomas, Alexander	14	Fishguard	31.69	____
7	Whatmore, Finley	13	Milford Tigers	31.90	____
8	Zheng, Ryan	11	Neath	32.05	____

Heat 6 of 12 Finals

1	Dadswell, Harry	13	Haverfordwest	30.65	____
2	Phillips, Lucas	15	Haverfordwest	30.41	____
3	Sursona, Mateo	13	Carmarthen	29.60	____
4	King, Hamish	14	Aberystwyth	29.51	____
5	Marques-Jones, Felix	14	Carmarthen	29.60	____
6	Jones, Tomi	14	Neath	30.01	____
7	Jermin, Morgan	13	Llanelli	30.57	____
8	El Saghir, Mohamed Salah	15	Carmarthen	30.90	____

Heat 7 of 12 Finals

1	Jones, Dion	15	Carmarthen	29.30	____
2	Lewis, Cian	17	Neath	29.01	____
3	Green, William	14	Aberystwyth	28.91	____
4	Hall, Ethan	17	Fishguard	28.49	____
5	Williams, Lucas C	12	Swansea Aq	28.80	____
6	Smith, Caelan	16	Haverfordwest	28.94	____
7	Bowes, James	14	Carmarthen	29.20	____
8	Higgins, Finley J	15	Swansea Aq	29.50	____

Heat 8 of 12 Finals

1	Banner, Harry	14	Penyrheol	28.20	____
2	Moore, Hari	14	Fishguard	28.03	____
3	Griffiths, Harri	16	Celtic D.	27.59	____
4	Jones, Dafydd	14	Carmarthen	27.20	____
5	Lerigo, Oli	16	Aberystwyth	27.50	____
6	Morgan, Thomas	14	Llanelli	27.96	____
7	Poole, Tomos	16	Afan Valley	28.06	____
8	Collins, Thomas	14	Penyrheol	28.30	____

Heat 9 of 12 Finals

1	Lewis, Henry	14	Neath	27.12	____
2	Bevan, Driw	14	Llanelli	26.94	____
3	Lewis, Callum	17	Fishguard	26.70	____
4	Chapman, Coby L	17	Penyrheol	26.50	____
5	Gray, Gruffudd I	17	Swansea Aq	26.50	____
6	Galbraith, Elian	17	Llanelli	26.80	____
7	Thomas, Tristan	16	Milford Tigers	27.10	____
8	Bury, James	19	Swansea Uni	27.15	____

Heat 10 of 12 Finals

1	Morgan, Ben	17	Haverfordwest	26.30	____
2	James, Matthew	19	Swansea Uni	26.19	____
3	King, Ethan	14	Penyrheol	25.50	____
4	Phillips, Finley	16	Llanelli	25.40	____
5	Holland, James	20	Swansea Uni	25.40	____
6	Elmes, Max	15	Carmarthen	26.00	____
7	Stuart-Lavender, Jac	16	Llanelli	26.24	____
8	Morgan, Cole	15	Celtic D.	26.41	____

Heat 11 of 12 Finals

1	Walker, Benjamin	19	Swansea Uni	25.10	____
2	Helps, Jacob	20	Swansea Uni	24.60	____
3	Broom, Dylan	24	Swansea Uni	24.47	____
4	Lee, Jacob	20	Swansea Uni	24.20	____
5	Evans, Monty	19	Swansea Uni	24.45	____
6	Meek, Emyr	29	Swansea Uni	24.50	____
7	Mottram, Joseph	19	Swansea Uni	24.60	____
8	Gyuler, Deniz	18	Swansea Uni	25.18	____

Heat 12 of 12 Finals

1	Johnstone, Daniel	19	Swansea Uni	23.80	____
2	Silverstone, Solomon	17	Haverfordwest	23.40	____
3	Colyer, Oscar	18	Swansea Uni	22.90	____
4	Greenway, Morgan	23	Swansea Uni	22.60	____
5	Fisher, Nahum	20	Swansea Uni	22.70	____
6	Lennon, Daniel	18	Swansea Uni	23.00	____
7	Jones, Timothy	18	Swansea Uni	23.70	____
8	Bamborough, Jack	18	Swansea Uni	23.90	____

Event 313 Female 11 & Over 400 SC Meter IM

Lane	Name	Age	Team	Seed Time	
Heat 1 of 4 Finals					
1					____
2					____
3	Dashfield, Olivia	13	Tenby Dolphins	6:47.96	____
4	Foldi, Kristina	14	Haverfordwest	6:31.58	____
5	Morgan, Iolah	12	Haverfordwest	6:46.57	____
6					____
7					____
8					____

West Wales Regional SC Championships 2026 - 06/11/2026 to 08/11/2026

Meet Program - Session 5 (Warmup 8.00 - 9.00)

Heat 2 Finals (#313 Female 11 & Over 400 SC Meter IM)

1	Enoch, Erin Lois	12	Carmarthen	6:22.00	____
2	Morris, Ffion	14	Tenby Dolphins	6:17.09	____
3	Coles, Aria	13	Neath	6:14.21	____
4	Hawkins, Lottie	13	Haverfordwest	6:04.53	____
5	Kaill-Franks, Nia	15	Fishguard	6:13.30	____
6	Williams, Evie	13	Milford Tigers	6:16.55	____
7	Pearce, Ava	15	Afan Valley	6:19.01	____
8	Mason, Ezmee	13	Haverfordwest	6:27.92	____

Heat 3 of 4 Finals

1	Szmigiero, Kaya	13	Aberystwyth	5:50.39	____
2	Jenkins, Elli J	15	Swansea Aq	5:47.50	____
3	#Beasley, Evaleigh D	13	Swansea Aq	5:44.40	____
4	Hall, Isabelle	15	Fishguard	5:41.79	____
5	Holmes, Seren	17	Neath	5:43.98	____
6	Powell, Nina	14	Haverfordwest	5:46.19	____
7	Gil Wood, Elena	14	Swansea Aq	5:48.40	____
8	Dyde, Pheobe	14	Pembroke	5:53.70	____

Heat 4 of 4 Finals

1	Parry, Abigail	13	Carmarthen	5:40.00	____
2	Davies, Isabella	15	Llanelli	5:27.62	____
3	Williams, Jody	20	Swansea Uni	5:15.40	____
4	Logan, Constance	18	Swansea Uni	4:55.03	____
5	Griffiths, Cerys	16	Haverfordwest	5:08.33	____
6	Lovelock, Hannah	18	Swansea Uni	5:26.49	____
7	Davies, Elizabeth	13	Tenby Dolphins	5:37.60	____
8	Hall, Ellena	15	Fishguard	5:41.09	____

Event 314 Boys 11 & Over 200 SC Meter IM

Lane	Name	Age	Team	Seed Time	

Heat 1 of 8 Finals

1					____
2					____
3	Moore, Freddy	11	Fishguard	3:33.32	____
4	Filmer, Owen	11	Aberystwyth	3:24.87	____
5	Gray, Ioan	12	Fishguard	3:30.12	____
6					____
7					____
8					____

Heat 2 of 8 Finals

1					____
2	Fretwell, Logan	12	Milford Tigers	3:23.68	____
3	Hearne, Logan	11	Tenby Dolphins	3:22.16	____
4	Lewis, Ollie	12	Afan Valley	3:20.40	____
5	El Saghir, Karim Salah	12	Carmarthen	3:20.60	____
6	Treinis, Lucian	12	Tenby Dolphins	3:22.42	____
7	Taylor, Kingsley C	11	Swansea Aq	3:24.13	____
8					____

Heat 3 of 8 Finals

1	Hindle, Finn C	11	Swansea Aq	3:17.00	____
2	May-John, Dylan	11	Aberystwyth	3:12.53	____
3	Rees, Oscar	13	Llanelli	3:06.70	____
4	Whatmore, Finley	13	Milford Tigers	2:59.15	____
5	Zheng, Ryan	11	Neath	3:04.18	____
6	Wickland, Jonah	11	Pembroke	3:12.20	____
7	Rees, Derryn H	12	Swansea Aq	3:15.28	____
8	Lawrence, Rhodri	12	Fishguard	3:17.29	____

Heat 4 of 8 Finals

1	Banner, Harry	14	Penyrheol	2:52.90	____
2	Leahy, Herbie	12	Haverfordwest	2:52.10	____
3	Monan, Euan	13	Tenby Dolphins	2:46.05	____
4	Moore, Hari	14	Fishguard	2:43.57	____
5	Smith, Caelan	16	Haverfordwest	2:44.53	____
6	Green, William	14	Aberystwyth	2:46.78	____
7	Jermin, Morgan	13	Llanelli	2:52.71	____
8	Phillips, Ieuan	13	Fishguard	2:58.07	____

Heat 5 of 8 Finals

1	Poole, Tomos	16	Afan Valley	2:40.09	____
2	Antwhistle, Isaac J	14	Swansea Aq	2:39.30	____
3	Lerigo, Oli	16	Aberystwyth	2:38.06	____
4	Dadswell, Harry	13	Haverfordwest	2:36.63	____
5	Williams, Lucas C	12	Swansea Aq	2:37.90	____
6	Collins, Thomas	14	Penyrheol	2:38.70	____
7	Munt, Oliver	13	Haverfordwest	2:39.43	____
8	Lewis, Gethin	12	Neath	2:41.59	____

Heat 6 of 8 Finals

1	Backen, Frederick	14	Fishguard	2:33.66	____
2	Bowes, James	14	Carmarthen	2:31.21	____
3	Noden, Rory	14	Haverfordwest	2:28.71	____
4	Jones, Dafydd	14	Carmarthen	2:27.76	____
5	Thomas, Rhys	16	Haverfordwest	2:28.50	____
6	Thomas, Tristan	16	Milford Tigers	2:31.06	____
7	Marques-Jones, Felix	14	Carmarthen	2:33.05	____
8	Morgan, Thomas	14	Llanelli	2:34.20	____

Heat 7 of 8 Finals

1	Galbraith, Elian	17	Llanelli	2:27.00	____
2	Evans, Sam	14	Haverfordwest	2:23.96	____
3	Herbert, Blake	19	Swansea Aq	2:20.19	____
4	Evans, Ieuan	19	Swansea Uni	2:14.30	____
5	Phillips, Finley	16	Llanelli	2:17.11	____
6	Elmes, Max	15	Carmarthen	2:20.90	____
7	King, Ethan	14	Penyrheol	2:24.10	____
8	%Read, William SM14	18	Swansea Aq	2:27.60	____

Heat 8 of 8 Finals

1	Bradley, Mathew	20	Swansea Uni	2:13.01	____
2	Twigger, Owen P	17	Swansea Aq	2:10.69	____
3	West, Dexter	17	Fishguard	2:08.99	____
4	Armon, Jacob	23	Swansea Uni	1:59.10	____
5	Fraser, Lewis	26	Swansea Uni	2:03.93	____
6	Bamborough, Jack	18	Swansea Uni	2:09.00	____
7	Silverstone, Solomon	17	Haverfordwest	2:11.20	____
8	Cressey-Rodgers, Ioan	21	Swansea Uni	2:13.92	____

Event 315 Female 11 & Over 100 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time	

Heat 1 of 6 Finals

1					____
2					____
3	Demchyshyna, Viktoriia	11	Amman Valley	1:37.37	____
4	Hopkins, Darcy	13	Penyrheol	1:29.10	____
5	Bullock, Georgia May	13	Carmarthen	1:30.64	____
6					____
7					____
8					____

West Wales Regional SC Championships 2026 - 06/11/2026 to 08/11/2026

Meet Program - Session 5 (Warmup 8.00 - 9.00)

Heat 2 Finals (#315 Female 11 & Over 100 SC Meter Butterfly)

1	%Humphrey, Eliza S11	21	Swansea Uni	1:27.51	____
2	Edmunds, Freya	13	Llanelli	1:23.38	____
3	Mitrjaikina, Scarlet	14	Swansea Aq	1:21.44	____
4	Morris, Blair	13	Neath	1:19.40	____
5	Jones, Alexa	13	Llanelli	1:20.06	____
6	Hawkins, Lottie	13	Haverfordwest	1:22.84	____
7	Enoch, Erin Lois	12	Carmarthen	1:25.40	____
8	Duncan, Ava	14	Amman Valley	1:28.34	____

Heat 3 of 6 Finals

1	Gwenter, Isobel	12	Neath	1:17.89	____
2	Morris, Besi	13	Amman Valley	1:16.47	____
3	Griffiths, Ffion	15	Tenby Dolphins	1:15.59	____
4	Ostrowski, Julia	17	Milford Tigers	1:15.07	____
5	Koo, Kathryn	17	Tenby Dolphins	1:15.24	____
6	Hall, Isabelle	15	Fishguard	1:15.72	____
7	Snellgrove, Maddie	12	Neath	1:17.32	____
8	Davies, Ava-Rose	13	Llanelli	1:17.97	____

Heat 4 of 6 Finals

1	Jenkins, Alexandra G	17	Swansea Aq	1:14.01	____
2	Williams, Paige T	14	Swansea Aq	1:12.03	____
3	Taffetsauffer, Isabella	15	Llanelli	1:11.90	____
4	Rowland, Scarlett	14	Llanelli	1:10.88	____
5	McFarlane, Una	15	Milford Tigers	1:11.08	____
6	Summerfield, Lucy	14	Llanelli	1:12.02	____
7	Kurys, Emiliese	12	Carmarthen	1:12.90	____
8	Goodman, Evie	15	Swansea Aq	1:14.20	____

Heat 5 of 6 Finals

1	Bissicks, Cari	15	Neath	1:10.20	____
2	Williams, Marys E	17	Swansea Aq	1:09.70	____
3	Gray, Edith	18	Swansea Uni	1:07.31	____
4	Blanch, Janelle Ashley	19	Swansea Uni	1:06.42	____
5	Snook, Vanessa	18	Swansea Uni	1:07.05	____
6	%Webb, Saskia S14	19	Haverfordwest	1:09.30	____
7	Dash, Amelie	15	Milford Tigers	1:10.00	____
8	Nichols, Grace	16	Haverfordwest	1:10.37	____

Heat 6 of 6 Finals

1	Geach, Libbie	17	Amman Valley	1:06.21	____
2	Davies, Megan	21	Swansea Uni	1:04.70	____
3	Titchener, Megan	18	Swansea Uni	1:03.60	____
4	Deakin, Ellena	18	Swansea Uni	1:02.40	____
5	Lewis, Lowri	20	Neath	1:03.03	____
6	McGrath, Izzy	20	Swansea Uni	1:04.53	____
7	Cumner, Megan	19	Swansea Uni	1:05.20	____
8	Berner, Iyla	13	Carmarthen	1:06.30	____