West Wales Regional SC Championships 2026 - 06/11/2026 to 08/11/2026

Meet Program - Session 7 (Warmup 2.25 - 3.25)

Event 331 Boys 11 & Over 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time	
Heat 1 of 4 Finals					
1					____
2					____
3	Kummer, Seb	11	Milford Tigers	3:31.00	____
4	Hearne, Logan	11	Tenby Dolphins	3:20.41	____
5	Boyle, Toby Maxwell	11	Carmarthen	3:25.39	____
6					____
7					____
8					____
Heat 2 of 4 Finals					
1					____
2	Phillips, Ieuan	13	Fishguard	2:57.83	____
3	Backen, Frederick	14	Fishguard	2:50.67	____
4	Leahy, Herbie	12	Haverfordwest	2:47.81	____
5	Moore, Hari	14	Fishguard	2:48.94	____
6	Jermin, Morgan	13	Llanelli	2:50.69	____
7	Fretwell, Logan	12	Milford Tigers	3:06.80	____
8					____
Heat 3 of 4 Finals					
1	Monan, Euan	13	Tenby Dolphins	2:44.70	____
2	Pyzer, Cyrus Alexander	13	Carmarthen	2:43.00	____
3	Thomas, Tristan	16	Milford Tigers	2:38.27	____
4	Marques-Jones, Felix	14	Carmarthen	2:34.58	____
5	Lerigo, Oli	16	Aberystwyth	2:37.21	____
6	Banner, Harry	14	Penyrheol	2:40.72	____
7	Lewis, Gethin	12	Neath	2:44.01	____
8	Green, William	14	Aberystwyth	2:45.72	____
Heat 4 of 4 Finals					
1	Jones, Dafydd	14	Carmarthen	2:29.94	____
2	Galbraith, Elian	17	Llanelli	2:26.20	____
3	Noden, Rory	14	Haverfordwest	2:25.82	____
4	West, Dexter	17	Fishguard	2:04.13	____
5	King, Ethan	14	Penyrheol	2:19.20	____
6	James, Matthew	19	Swansea Uni	2:26.10	____
7	Antwhistle, Isaac J	14	Swansea Aq	2:28.60	____
8	Morgan, Thomas	14	Llanelli	2:33.50	____

Event 332 Female 11 & Over 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time	
Heat 1 of 10 Finals					
1	%Edmunds, Jessica S14	17	Llanelli	2:10.44	____
2	Raistrick, Evelyn	11	Amman Valley	1:40.99	____
3	Jermin, Martha	11	Llanelli	1:38.46	____
4	Popham, Nyla C	12	Swansea Aq	1:37.01	____
5	Major, Esmee	12	Haverfordwest	1:38.13	____
6	Morgan, Poppy	11	Llanelli	1:40.90	____
7	Tree, Lois	11	Haverfordwest	1:43.10	____
8					____
Heat 2 of 10 Finals					
1	Symmonds, Taya	11	Haverfordwest	1:35.12	____
2	Shearan, Imogen	11	Afan Valley	1:34.66	____
3	Demchyshyna, Viktoriia	11	Amman Valley	1:32.93	____
4	Loring, Cerys	12	Llanelli	1:31.10	____
5	Burley, Florence	11	Neath	1:32.23	____
6	Antwhistle, Esme W	12	Swansea Aq	1:34.00	____
7	Williams, Alys Lowri	13	Carmarthen	1:34.70	____
8	Llewellyn, Anwen	12	Haverfordwest	1:35.43	____
Heat 3 of 10 Finals					
1	Joseph, Ellie	14	Celtic D.	1:28.24	____
2	Dennison, Evie	14	Milford Tigers	1:27.95	____
3	Prosser, Mia S	11	Tenby Dolphins	1:27.28	____
4	Tooze, Moli	12	Aberystwyth	1:26.28	____
5	Williams, Lois G	14	Swansea Aq	1:27.20	____
6	Macy, Ceri	14	Aberystwyth	1:27.67	____
7	Kellaway, Evie-Rosa	13	Aberystwyth	1:28.02	____
8	Williams, Eva M	12	Swansea Aq	1:28.71	____
Heat 4 of 10 Finals					
1	Davies, Phoebe	12	Tenby Dolphins	1:26.02	____
2	Toutt, Molly	14	Amman Valley	1:25.82	____
3	Baylis, Ellie	14	Penyrheol	1:24.53	____
4	Bullock, Georgia May	13	Carmarthen	1:23.30	____
5	Husband, Alysia	11	Haverfordwest	1:24.37	____
6	Lennon, Amelia-Rose	12	Carmarthen	1:24.94	____
7	Watson, Isabelle	13	Neath	1:25.94	____
8	Nicklin, Parker	11	Amman Valley	1:26.20	____
Heat 5 of 10 Finals					
1	Soul, Anna F	12	Swansea Aq	1:22.76	____
2	Kurys, Bonnie Phoebe	13	Carmarthen	1:22.13	____
3	Enoch, Erin Lois	12	Carmarthen	1:20.44	____
4	#Roberts Mylan, Ffion C	14	Swansea Aq	1:19.80	____
5	Williams, Evie	13	Milford Tigers	1:19.90	____
6	Duncan, Ava	14	Amman Valley	1:21.41	____
7	Lloyd-Taylor, Cali	15	Fishguard	1:22.65	____
8	Iturbe, Carys	13	Neath	1:22.94	____
Heat 6 of 10 Finals					
1	Price, Seren	14	Carmarthen	1:19.61	____
2	Rabaiotti, Orla-Rae	11	Swansea Aq	1:19.19	____
3	Jones, Myla	11	Swansea Aq	1:18.70	____
4	Jenkins, Alexandra G	17	Swansea Aq	1:17.01	____
5	Alexander, Seren	16	Aberystwyth	1:18.42	____
6	Kurys, Emiliese	12	Carmarthen	1:18.80	____
7	Powell, Nina	14	Haverfordwest	1:19.20	____
8	Morris, Ffion	14	Tenby Dolphins	1:19.69	____
Heat 7 of 10 Finals					
1	Hnoiana, Valya	14	Swansea Aq	1:16.50	____
2	Davies, Eva	15	Afan Valley	1:15.90	____
3	Hall, Ellena	15	Fishguard	1:15.71	____
4	Morris, Blair	13	Neath	1:15.13	____
5	McFarlane, Una	15	Milford Tigers	1:15.26	____
6	Williams, Marys E	17	Swansea Aq	1:15.79	____
7	Morris, Besi	13	Amman Valley	1:16.37	____
8	Griffiths, Ffion	15	Tenby Dolphins	1:16.70	____
Heat 8 of 10 Finals					
1	Hawkins, Lottie	13	Haverfordwest	1:14.49	____
2	King, Marley	18	Penyrheol	1:13.40	____
3	Clissold, Bronwyn	18	Tenby Dolphins	1:12.75	____
4	Jenkins, Elli J	15	Swansea Aq	1:12.60	____
5	%Webb, Saskia S14	19	Haverfordwest	1:12.60	____
6	Pinnock, Betsan R	14	Swansea Aq	1:13.27	____
7	Dash, Amelie	15	Milford Tigers	1:13.80	____
8	Goodman, Lola	15	Swansea Aq	1:14.83	____

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Heat 9 Finals (#332 Female 11 & Over 100 SC Meter Backstroke)

1	Williams, Paige T	14	Swansea Aq	1:12.50	____
2	Davies, Elizabeth	13	Tenby Dolphins	1:11.70	____
3	Ridley, Madeleine	20	Swansea Uni	1:10.31	____
4	Geach, Libbie	17	Amman Valley	1:09.41	____
5	Jones, Hunydd	15	Carmarthen	1:09.51	____
6	Layland, Seren	15	Penyrheol	1:10.31	____
7	Holmes, Seren	17	Neath	1:11.80	____
8	Upton-Boorman, Isabella	16	Carmarthen	1:12.56	____

Heat 10 of 10 Finals

1	#Beasley, Evaleigh D	13	Swansea Aq	1:08.32	____
2	Bosley, Lucy	19	Swansea Uni	1:07.89	____
3	Howells-Davies, Lana	18	Swansea Uni	1:06.09	____
4	Nichols, Grace	16	Haverfordwest	1:03.75	____
5	Davies, Isla	13	Amman Valley	1:05.62	____
6	Williams, Jody	20	Swansea Uni	1:06.23	____
7	Berner, Iyla	13	Carmarthen	1:08.09	____
8	Hansford, Chloe	18	Swansea Uni	1:09.17	____

Event 333 Boys 11 & Over 200 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time	
Heat 1 of 1 Finals					
1	Backen, Frederick	14	Fishguard	2:58.06	____
2	Dadswell, Harry	13	Haverfordwest	2:40.93	____
3	Cressey-Rodgers, Ioan	21	Swansea Uni	2:06.80	____
4	Bradley, Mathew	20	Swansea Uni	2:05.20	____
5	Bamborough, Jack	18	Swansea Uni	2:06.70	____
6	Bowes, James	14	Carmarthen	2:28.70	____
7	Munt, Oliver	13	Haverfordwest	2:47.75	____
8					____

Event 334 Female 11 & Over 400 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
Heat 1 of 5 Finals					
1	Monan, Hazel	11	Tenby Dolphins	6:22.72	____
2	Dashfield, Olivia	13	Tenby Dolphins	6:07.68	____
3	Morgan, Iolah	12	Haverfordwest	6:05.42	____
4	Foldi, Kristina	14	Haverfordwest	5:52.61	____
5	Jewell, Zoe	14	Tenby Dolphins	5:54.76	____
6	Arnold, Olivia	13	Milford Tigers	6:05.66	____
7	Husband, Alysia	11	Haverfordwest	6:21.70	____
8					____
Heat 2 of 5 Finals					
1	McFarlane, Mali	12	Milford Tigers	5:48.01	____
2	#Roberts Mylan, Sophie I	14	Swansea Aq	5:40.60	____
3	Hughes, Megan	13	Celtic D.	5:39.22	____
4	Gwenter, Isobel	12	Neath	5:31.07	____
5	Kaill-Franks, Nia	15	Fishguard	5:36.25	____
6	Fenemore, Emily Grace	14	Carmarthen	5:39.94	____
7	Edmunds, Freya	13	Llanelli	5:47.58	____
8	Clay, Emelia S	12	Swansea Aq	5:51.68	____
Heat 3 of 5 Finals					
1	Launder, Beatrix	13	Neath	5:23.39	____
2	Griffiths, Ffion	15	Tenby Dolphins	5:17.23	____
3	Dyde, Pheobe	14	Pembroke	5:13.10	____
4	Davies, Erin	15	Celtic D.	5:10.59	____
5	Williams, Eirwen N	14	Swansea Aq	5:10.82	____
6	Austin, Sophie Haf	13	Celtic D.	5:16.64	____
7	Mason, Ezmee	13	Haverfordwest	5:20.55	____
8	Enoch, Erin Lois	12	Carmarthen	5:25.30	____
Heat 4 of 5 Finals					
1	Hall, Isabelle	15	Fishguard	5:06.04	____
2	Powell, Nina	14	Haverfordwest	5:04.35	____
3	McFarlane, Una	15	Milford Tigers	4:53.44	____
4	Clissold, Bronwyn	18	Tenby Dolphins	4:48.80	____
5	Williams, Marys E	17	Swansea Aq	4:51.34	____
6	Pinnock, Betsan R	14	Swansea Aq	4:56.64	____
7	Kurys, Emiliese	12	Carmarthen	5:05.50	____
8	Koo, Kathryn	17	Tenby Dolphins	5:08.95	____
Heat 5 of 5 Finals					
1	Wade, Grace	18	Swansea Uni	4:36.76	____
2	Cumner, Megan	19	Swansea Uni	4:30.85	____
3	Patterson, Millie	20	Swansea Uni	4:20.00	____
4	Monks, Aimee	21	Swansea Uni	4:04.79	____
5	Griffiths, Cerys	16	Haverfordwest	4:19.80	____
6	Davies, Isla	13	Amman Valley	4:29.40	____
7	Deakin, Ellena	18	Swansea Uni	4:34.00	____
8	Burns, Freya	15	Amman Valley	4:38.80	____

Event 335 Boys 11 & Over 200 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
Heat 1 of 6 Finals					
1	Filmer, Owen	11	Aberystwyth	3:02.09	____
2	Fretwell, Logan	12	Milford Tigers	2:59.47	____
3	Treinis, Lucian	12	Tenby Dolphins	2:58.00	____
4	Wickland, Jonah	11	Pembroke	2:55.29	____
5	Gorvett, Blu	12	Aberavon	2:56.38	____
6	Gray, Ioan	12	Fishguard	2:59.20	____
7	Boyle, Toby Maxwell	11	Carmarthen	3:00.79	____
8	Scourfield, Max	12	Milford Tigers	3:05.18	____
Heat 2 of 6 Finals					
1	Lewis, Ollie	12	Afan Valley	2:43.05	____
2	Phillips, Ieuan	13	Fishguard	2:42.07	____
3	David, Ioan	14	Haverfordwest	2:40.61	____
4	Whatmore, Finley	13	Milford Tigers	2:40.12	____
5	Moore, Freddy	11	Fishguard	2:40.42	____
6	Rees, Derryn H	12	Swansea Aq	2:41.70	____
7	Jones, Oscar	13	Llanelli	2:43.03	____
8	Hearne, Logan	11	Tenby Dolphins	2:54.25	____
Heat 3 of 6 Finals					
1	Monan, Euan	13	Tenby Dolphins	2:37.10	____
2	Leahy, Herbie	12	Haverfordwest	2:35.04	____
3	Green, William	14	Aberystwyth	2:30.74	____
4	Smith, Caelan	16	Haverfordwest	2:25.74	____
5	Dadswell, Harry	13	Haverfordwest	2:26.97	____
6	Jones, Dion	15	Carmarthen	2:32.22	____
7	Lewis, Gethin	12	Neath	2:35.97	____
8	Williams, Lucas C	12	Swansea Aq	2:37.30	____
Heat 4 of 6 Finals					
1	Higgins, Finley J	15	Swansea Aq	2:25.60	____
2	Poole, Tomos	16	Afan Valley	2:22.91	____
3	Marques-Jones, Felix	14	Carmarthen	2:19.19	____
4	Noden, Rory	14	Haverfordwest	2:14.74	____
5	Lewis, Henry	14	Neath	2:14.77	____
6	Moore, Hari	14	Fishguard	2:22.65	____
7	Munt, Oliver	13	Haverfordwest	2:25.16	____
8	Lewis, Callum	17	Fishguard	2:25.71	____

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Heat 5 Finals (#335 Boys 11 & Over 200 SC Meter Freestyle)

1	Thomas, Tristan	16	Milford Tigers	2:10.73	____
2	Galbraith, Elian	17	Llanelli	2:09.70	____
3	Morgan, Ben	17	Haverfordwest	2:06.40	____
4	Evans, Sam	14	Haverfordwest	2:03.20	____
5	Herbert, Blake	19	Swansea Aq	2:04.18	____
6	Stuart-Lavender, Jac	16	Llanelli	2:06.83	____
7	Thomas, Rhys	16	Haverfordwest	2:09.90	____
8	Morgan, Thomas	14	Llanelli	2:13.82	____

Heat 6 of 6 Finals

1	Twigger, Owen P	17	Swansea Aq	1:54.63	____
2	Broom, Dylan	24	Swansea Uni	1:53.70	____
3	Lee, Jacob	20	Swansea Uni	1:50.06	____
4	Kummer, Seb	11	Milford Tigers	1:43.36	____
5	Gillett, Oliver	19	Swansea Uni	1:49.01	____
6	Bamborough, Jack	18	Swansea Uni	1:50.10	____
7	Silverstone, Solomon	17	Haverfordwest	1:53.77	____
8	West, Dexter	17	Fishguard	2:01.72	____