West Wales Regional SC Championships 2026 - 06/11/2026 to 08/11/2026

Results - Session 3 (Warmup 11.10 - 12.10)

Event 221 Girls 11-12 100 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Lennon, Amelia-Rose	12	Carmarthen	1:24.90
2	Jones, Myla	11	Swansea Aq	1:24.94
3	Hooper, Olivia R	11	Swansea Aq	1:32.61
4	Holborow, Esmay	11	Amman Valley	1:36.04
5	McFarlane, Mali	12	Milford Tigers	1:38.14
6	Snellgrove, Maddie	12	Neath	1:38.22
7	Evans, Cora Eirlys	12	Carmarthen	1:39.16
8	Prince, Edith S	12	Swansea Aq	1:40.45
9	Husband, Alysia	11	Haverfordwest	1:41.82
10	Jones, Gwenllian	11	Carmarthen	1:43.14
11	Rogers, Mia	12	Pembroke	1:44.57
12	Gallagher, Thia C	12	Swansea Aq	1:45.89
13	Watkins, Eleanor R	12	Afan Valley	1:46.06
14	Williams, Eva M	12	Swansea Aq	1:46.67
15	Roscoe, Evelyn	11	Haverfordwest	1:47.49
16	Duncan, Miriam Grug	11	Carmarthen	1:48.41
17	Major, Esmee	12	Haverfordwest	1:48.66
18	Antwhistle, Esme W	12	Swansea Aq	1:48.68
19	Symmonds, Taya	11	Haverfordwest	1:49.66
20	Monan, Hazel	11	Tenby Dolphins	1:49.71
21	Evans, Gwenllian	12	Fishguard	1:49.92
22	Madge, Brianna	12	Celtic D.	1:51.00
23	Walters, Grace E	12	Swansea Aq	1:51.16
24	Edwards, Mali	11	Amman Valley	1:51.40
25	Griffith, Ariana M	11	Swansea Aq	1:53.34
---	Cornelius, Emmie	11	Neath	DQ

7.1 More than one downward butterfly kick prior to first breaststroke kick a

Event 221 Girls 13-14 100 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Parry, Abigail	13	Carmarthen	1:12.79
2	Berner, Iyla	13	Carmarthen	1:19.46
3	Summerfield, Lucy	14	Llanelli	1:20.07
4	Williams, Paige T	14	Swansea Aq	1:22.91
5	Gil Wood, Elena	14	Swansea Aq	1:23.88
6	Kurys, Bonnie Phoebe	13	Carmarthen	1:27.15
7	Mitrjaikina, Scarlet	14	Swansea Aq	1:27.30
8	Dashfield, Olivia	13	Tenby Dolphins	1:27.68
9	Coles, Aria	13	Neath	1:28.02
10	Polverino, Tilly	13	Neath	1:28.36
11	Longar, Miriam Elena Patrcia	14	Carmarthen	1:31.78
12	Dyde, Pheobe	14	Pembroke	1:31.81
13	Williams, Evie	13	Milford Tigers	1:33.79
14	Morris, Megan	13	Neath	1:34.65
15	Baylis, Ellie	14	Penyrheol	1:38.90
16	Allan, Imogen	13	Afan Valley	1:39.34
17	Foldi, Kristina	14	Haverfordwest	1:39.51
18	Price, Seren	14	Carmarthen	1:40.51
19	Jarrold, Tilly	13	Pembroke	1:40.55
20	Phillips, Isabelle	13	Haverfordwest	1:40.77
21	Alexander, Fflur	13	Aberystwyth	1:41.64
22	Oseng-Rees, Eira	13	Swansea Aq	1:41.77
23	Williams, Alys Lowri	13	Carmarthen	1:43.41
24	Massey, Mia	14	Celtic D.	1:46.30

Event 221 Girls 15-16 100 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Bissicks, Cari	15	Neath	1:19.09
2	Davies, Isabella	15	Llanelli	1:19.66
3	Patterson, Hollie May	15	Carmarthen	1:22.06
4	Hall, Ellena	15	Fishguard	1:22.63
5	Kazmiruk, Anastasiia	15	Amman Valley	1:24.30
6	Hall, Isabelle	15	Fishguard	1:24.79
7	Kaill-Franks, Nia	15	Fishguard	1:27.12
8	Watkins, Mylee	16	Neath	1:27.79
9	Pearce, Ava	15	Afan Valley	1:28.60
10	Hughes, Mollie	15	Celtic D.	1:29.62
11	Snellgrove, Chloe	16	Amman Valley	1:32.83
12	Griffiths, Elizabeth	15	Fishguard	1:33.17
13	Couzens, Sibylla	15	Fishguard	1:40.50

Event 221 Girls 17 & Over 100 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Brassington, Sophie	20	Swansea Uni	1:10.22
2	Snook, Vanessa	18	Swansea Uni	1:13.39
3	Major, Scarlet	23	Swansea Uni	1:13.41
4	Sait, Erika	20	Swansea Uni	1:15.54
5	Oliver, Phoebe	18	Swansea Uni	1:17.32
6	Lovelock, Hannah	18	Swansea Uni	1:19.18
7	Hansford, Chloe	18	Swansea Uni	1:20.95
8	English, Lacey	18	Swansea Uni	1:23.94
9	Ostrowski, Julia	17	Milford Tigers	1:28.41
10	Holloway, Olivia	17	Afan Valley	1:29.12
11	Miles, Megan	18	Fishguard	1:30.30

Event 222 Boys 11-12 100 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Williams, Lucas C	12	Swansea Aq	1:05.00
2	Lewis, Ollie	12	Afan Valley	1:11.45
3	Thomas, Gabriel	11	Llanelli	1:11.67
4	Moore, Freddy	11	Fishguard	1:11.97
5	Zheng, Ryan	11	Neath	1:14.06
6	Evans, Wolfgang	12	Pembroke	1:14.30
7	May-John, Dylan	11	Aberystwyth	1:15.40
8	Hindle, Finn C	11	Swansea Aq	1:15.50
9	Treinis, Lucian	12	Tenby Dolphins	1:16.61
10	Lee, Ioan	11	Llanelli	1:17.11
11	Rees, Derryn H	12	Swansea Aq	1:17.88
12	Gorvett, Blu	12	Aberavon	1:18.12
13	Fretwell, Logan	12	Milford Tigers	1:18.28
14	Gray, Ioan	12	Fishguard	1:19.55
15	Falconer, Jacob	12	Neath	1:19.57
16	Avery, Thomas	11	Afan Valley	1:19.89
17	Filmer, Owen	11	Aberystwyth	1:20.46
18	Hearne, Logan	11	Tenby Dolphins	1:23.71
19	Marques-Jones, Idris	12	Carmarthen	1:24.39
20	Arnold, Dylan	11	Celtic D.	1:24.59
21	Taylor, Kingsley C	11	Swansea Aq	1:25.68

Event 222 Boys 13-14 100 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Evans, Sam	14	Haverfordwest	56.87
2	King, Ethan	14	Penyrheol	57.12
3	Bevan, Driw	14	Llanelli	59.57
4	Jones, Dafydd	14	Carmarthen	1:00.25
5	Lewis, Henry	14	Neath	1:00.36
6	Antwhistle, Isaac J	14	Swansea Aq	1:00.68
7	Moore, Hari	14	Fishguard	1:01.45
8	Morgan, Thomas	14	Llanelli	1:01.60
9	Noden, Rory	14	Haverfordwest	1:01.84
10	Bowes, James	14	Carmarthen	1:02.91
11	King, Hamish	14	Aberystwyth	1:03.57
12	Munt, Oliver	13	Haverfordwest	1:03.66

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(Event 222 Boys 13-14 100 SC Meter Freestyle)

	Name	Age	Team	Finals Time
13	Collins, Thomas	14	Penyrheol	1:03.73
14	Green, William	14	Aberystwyth	1:05.41
15	Sursona, Mateo	13	Carmarthen	1:05.88
16	Dadswell, Harry	13	Haverfordwest	1:06.27
17	Jermin, Morgan	13	Llanelli	1:06.60
18	Marques-Jones, Felix	14	Carmarthen	1:06.75
19	Pyzer, Cyrus Alexander	13	Carmarthen	1:07.02
20	Jones, Tomi	14	Neath	1:08.19
21	David, Ioan	14	Haverfordwest	1:09.47
22	Couzens, Sebastian	13	Fishguard	1:10.60
23	Phillips, Ieuan	13	Fishguard	1:10.99
24	Whatmore, Finley	13	Milford Tigers	1:12.09
25	Jones, Oscar	13	Llanelli	1:13.90
26	Pirmohamed, Eshan A	13	Swansea Aq	1:15.30
27	Jones, Carter A	13	Swansea Aq	1:18.21

Event 222 Boys 15-16 100 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Phillips, Finley	16	Llanelli	56.55
2	Morgan, Cole	15	Celtic D.	57.47
3	Williams, Thomas	16	Llanelli	57.72
4	Stuart-Lavender, Jac	16	Llanelli	58.31
5	Thomas, Tristan	16	Milford Tigers	58.49
6	Hale, Oliver S	15	Swansea Aq	1:00.12
7	Lerigo, Oli	16	Aberystwyth	1:01.78
8	Burt, Caio	16	Llanelli	1:01.79
9	Griffiths, Harri	16	Celtic D.	1:01.89
10	Poole, Tomos	16	Afan Valley	1:02.21
11	Smith, Caelan	16	Haverfordwest	1:03.73
12	Higgins, Finley J	15	Swansea Aq	1:03.97
13	Smith, Declan	15	Neath	1:04.03
14	Mills, Thomas	15	Llanelli	1:04.29

Event 222 Boys 17 & Over 100 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Gillett, Oliver	19	Swansea Uni	49.78
2	Silverstone, Solomon	17	Haverfordwest	50.28
3	Armon, Jacob	23	Swansea Uni	50.65
4	Edwards, Rhys	24	Swansea Uni	52.08
5	Rodriguez, Antonio	22	Swansea Uni	52.42
6	Colyer, Oscar	18	Swansea Uni	53.17
*7	Mottram, Joseph	19	Swansea Uni	53.25
*7	Jones, Timothy	18	Swansea Uni	53.25
9	Twigger, Owen P	17	Swansea Aq	53.60
10	West, Dexter	17	Fishguard	53.98
11	Evans, Monty	19	Swansea Uni	54.85
12	Lee, Jacob	20	Swansea Uni	55.40
13	James, Matthew	19	Swansea Uni	56.71
14	Morgan, Ben	17	Haverfordwest	58.00
15	Galbraith, Elian	17	Llanelli	58.27
16	Bury, James	19	Swansea Uni	58.42
17	Gray, Gruffudd I	17	Swansea Aq	59.56
18	Lewis, Callum	17	Fishguard	59.96

Event 222 Boys 100 SC Meter Freestyle Multi-Class

	Name	Age	Team	Finals Time
1	%Read, William S14	18	Swansea Aq	58.71

Event 223 Girls 11-12 800 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Kurys, Emiliese	12	Carmarthen	10:35.91
2	Enoch, Erin Lois	12	Carmarthen	11:01.17
3	Organ, Eleanor L	11	Swansea Aq	12:10.51
4	Morgan, Iolah	12	Haverfordwest	12:10.57

Event 223 Girls 13-14 800 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Davies, Ava-Rose	13	Llanelli	10:04.64
2	Powell, Nina	14	Haverfordwest	10:11.94
3	Pinnock, Betsan R	14	Swansea Aq	10:11.95
4	Davies, Elizabeth	13	Tenby Dolphins	10:19.56
5	Dyde, Pheobe	14	Pembroke	10:35.06
6	Gil Wood, Elena	14	Swansea Aq	10:38.51
7	Williams, Eirwen N	14	Swansea Aq	10:51.75
8	Mason, Ezmee	13	Haverfordwest	10:54.38
9	Hawkins, Lottie	13	Haverfordwest	10:58.82
10	Roberts, Arwyn	13	Afan Valley	11:03.02
11	Morris, Ffion	14	Tenby Dolphins	11:19.70
12	#Roberts Mylan, Ffion C	14	Swansea Aq	11:28.20
13	#Roberts Mylan, Sophie I	14	Swansea Aq	11:34.01
14	Edmunds, Freya	13	Llanelli	11:34.37
15	Iturbe, Carys	13	Neath	11:56.98

Event 223 Girls 15-16 800 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Griffiths, Cerys	16	Haverfordwest	9:06.82
2	Burns, Freya	15	Amman Valley	9:40.81
3	Jenkins, Elli J	15	Swansea Aq	10:14.14
4	McFarlane, Una	15	Milford Tigers	10:15.18
5	Davies, Erin	15	Celtic D.	10:30.10
6	Griffiths, Ffion	15	Tenby Dolphins	10:55.11
7	Kaill-Franks, Nia	15	Fishguard	11:38.23

Event 223 Girls 17 & Over 800 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Mitchell, Abby	20	Swansea Uni	9:06.80
2	Wade, Grace	18	Swansea Uni	9:40.82
3	Clissold, Bronwyn	18	Tenby Dolphins	10:05.30
4	Williams, Marys E	17	Swansea Aq	10:07.60
5	Bruce, Skye	17	Tenby Dolphins	10:22.27

Event 224 Boys 11-12 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Williams, Lucas C	12	Swansea Aq	2:54.54
2	Leahy, Herbie	12	Haverfordwest	3:21.40
3	Marques-Jones, Idris	12	Carmarthen	3:27.98
4	Gorvett, Blu	12	Aberavon	3:35.18
5	Filmer, Owen	11	Aberystwyth	3:37.77
6	May-John, Dylan	11	Aberystwyth	3:37.82
7	El Saghir, Karim Salah	12	Carmarthen	3:39.18
8	Treinis, Lucian	12	Tenby Dolphins	3:39.82
9	Caprilli, Valentino	12	Fishguard	3:40.30
10	Fretwell, Logan	12	Milford Tigers	3:44.42
11	Taylor, Kingsley C	11	Swansea Aq	3:52.88

Event 224 Boys 13-14 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Morgan, Thomas	14	Llanelli	2:38.75
2	Backen, Frederick	14	Fishguard	2:50.45
3	Monan, Euan	13	Tenby Dolphins	3:05.56
4	Rees, Oscar	13	Llanelli	3:10.74
5	Couzens, Sebastian	13	Fishguard	3:15.39
6	Taylor, Jasper B	14	Swansea Aq	3:22.82

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Event 224 Boys 15-16 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Phillips, Finley	16	Llanelli	2:26.24
2	Stuart-Lavender, Jac	16	Llanelli	2:28.54
3	Thomas, Rhys	16	Haverfordwest	2:43.51
4	Smith, Caelan	16	Haverfordwest	2:54.63
5	Lerigo, Oli	16	Aberystwyth	2:55.41

Event 224 Boys 17 & Over 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Lovell-Pascal, Jean-Luc	21	Swansea Uni	2:23.98
2	Hall, Ethan	17	Fishguard	2:51.42
3	Lewis, Cian	17	Neath	2:55.58