West Wales Regional SC Championships 2026 - 06/11/2026 to 08/11/2026

Session Report

Session: 1 Session 1 (Warmup 5.00 - 6.00)

Day of Meet: 1 Starts at 06:10 PM Heat Interval: 35 Seconds / Back +45 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	111	Female 11 & Over 50 Butterfly	109	14 u	06:10 PM	_____
Finals	112	Boys 11 & Over 1500 Freestyle	13	2 u	06:28 PM	_____
Finals	113	Female 11 & Over 50 Backstroke	135	17 u	07:09 PM	_____
Finals	114	Boys 11 & Over 50 Backstroke	68	9 u	07:43 PM	_____
Finals	115	Female 11 & Over 1500 Freestyle	8	1 u	08:01 PM	_____
Finals	116	Boys 11 & Over 50 Butterfly	63	8 u	08:24 PM	_____
		Swimmers Counts for Warm-ups: 258	====	====		
		Entry / Heat Totals:	396	51		
		Finish Time			08:33 PM	_____

Session: 2 Session 2 (Warmup 8.00 - 9.00)

Day of Meet: 2 Starts at 09:05 AM Heat Interval: 40 Seconds / Back +45 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	211	Boys 11 & Over 50 Breaststroke	53	7 u	09:05 AM	_____
Finals	212	Female 11 & Over 50 Freestyle	155	20 u	09:15 AM	_____
Finals	213	Boys 11 & Over 400 IM	14	2 u	09:40 AM	_____
Finals	214	Female 11 & Over 200 IM	119	15 u	09:54 AM	_____
Finals	215	Boys 11 & Over 100 Butterfly	32	4 u	10:49 AM	_____
		Swimmers Counts for Warm-ups: 268	====	====		
		Entry / Heat Totals:	373	48		
		Finish Time			10:57 AM	_____

Session: 3 Session 3 (Warmup 11.10 - 12.10)

Day of Meet: 2 Starts at 12:15 PM Heat Interval: 40 Seconds / Back +45 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	221	Female 11 & Over 100 Breaststroke	80	10 u	12:15 PM	_____
Finals	222	Boys 11 & Over 100 Freestyle	85	11 u	12:38 PM	_____
Finals	223	Female 11 & Over 800 Freestyle	35	5 u	12:58 PM	_____
Finals	224	Boys 11 & Over 200 Breaststroke	27	4 u	01:59 PM	_____
		Break: 40 Minutes: Time for Skins				
		Swimmers Counts for Warm-ups: 209	====	====		
		Entry / Heat Totals:	227	30		
		Finish Time			02:56 PM	_____

Session: 4 Session 4 (Warmup 3.10 - 4.10)

Day of Meet: 2 Starts at 04:15 PM Heat Interval: 40 Seconds / Back +45 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	231	Female 11 & Over 200 Backstroke	53	7 u	04:15 PM	_____
Finals	232	Boys 11 & Over 100 Backstroke	48	6 u	04:46 PM	_____
Finals	233	Female 11 & Over 200 Butterfly	10	2 u	05:03 PM	_____
Finals	234	Boys 11 & Over 400 Freestyle	31	4 u	05:11 PM	_____
Finals	235	Female 11 & Over 200 Freestyle	81	11 u	05:35 PM	_____
		Swimmers Counts for Warm-ups: 191	====	====		
		Entry / Heat Totals:	223	30		
		Finish Time			06:13 PM	_____

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Session Report

Session: 5 Session 5 (Warmup 8.00 - 9.00)

Day of Meet: 3 Starts at 09:05 AM Heat Interval: 40 Seconds / Back +45 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	311	Female 11 & Over 50 Breaststroke	86	11 u	09:05 AM	_____
Finals	312	Boys 11 & Over 50 Freestyle	93	12 u	09:21 AM	_____
Finals	313	Female 11 & Over 400 IM	27	4 u	09:35 AM	_____
Finals	314	Boys 11 & Over 200 IM	57	8 u	10:03 AM	_____
Finals	315	Female 11 & Over 100 Butterfly	44	6 u	10:31 AM	_____
		Swimmers Counts for Warm-ups: 247	====	====		
		Entry / Heat Totals:	307	41		
		Finish Time			10:43 AM	_____

Session: 6 Session 6 (Warmup 10.55 - 11.55)

Day of Meet: 3 Starts at 12:00 PM Heat Interval: 40 Seconds / Back +45 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	321	Boys 11 & Over 100 Breaststroke	45	6 u	12:00 PM	_____
Finals	322	Female 11 & Over 100 Freestyle	135	17 u	12:14 PM	_____
Finals	323	Boys 11 & Over 800 Freestyle	6	1 u	12:46 PM	_____
Finals	324	Female 11 & Over 200 Breaststroke	49	7 u	01:00 PM	_____
		Break: 40 Minutes: Time for Skins				
		Swimmers Counts for Warm-ups: 212	====	====		
		Entry / Heat Totals:	235	31		
		Finish Time			02:10 PM	_____

Session: 7 Session 7 (Warmup 2.25 - 3.25)

Day of Meet: 3 Starts at 03:30 PM Heat Interval: 40 Seconds / Back +45 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	331	Boys 11 & Over 200 Backstroke	25	4 u	03:30 PM	_____
Finals	332	Female 11 & Over 100 Backstroke	81	11 u	03:48 PM	_____
Finals	333	Boys 11 & Over 200 Butterfly	7	1 u	04:20 PM	_____
Finals	334	Female 11 & Over 400 Freestyle	41	6 u	04:24 PM	_____
Finals	335	Boys 11 & Over 200 Freestyle	48	6 u	05:01 PM	_____
		Swimmers Counts for Warm-ups: 171	====	====		
		Entry / Heat Totals:	202	28		
		Finish Time			05:21 PM	_____