



## **SPRINT MEET 2019**

LEVEL 3 MEET - License No 3WL190213

**Date: Sunday 6<sup>th</sup> January 2019**

Run under FINA Technical Rules and Swim Wales Laws

**VENUE: NEATH SWIMMING POOL**

**AGE GROUPS: Medals awarded for 9, 10, 11, 12, 13, 14, 15, 16yrs & over age groups.**

**EVENTS: BOYS 50M EACH STROKE (HDW) & 100m IM (HDW) swum in the combined age groups 9/11, 12/13, 14/15, 16/OV.**

**GIRLS 50M EACH STROKE (HDW) & 100m IM (HDW) swum in the combined age groups 9/10, 11/12, 13/14, 15/OV.**

**AWARDS TO THE FIRST THREE IN EACH INDIVIDUAL AGE GROUP  
i.e. 9, 10, 11, 12, 13, 14, 15, 16/OV**

**SWIMMERS WILL COMPETE IN THEIR AGE GROUP AS ON 06/01/2019**

**CLOSING DATE FOR ENTRIES: Friday 7<sup>th</sup> December 2018**

**PRICE PER ENTRY: £4.00**

# **CELTIC DOLPHINS SPRINT MEET 2019**

**6<sup>th</sup> January 2019  
LEVEL 3 MEET - EVENT NOTES**

## **Video and Photography**

Celtic Dolphins SC will adopt the Swim Wales Film and Photography Policy as shown below:

### **Swim Wales Film and Photography Policy**

Please be advised that photographs and videos may be taken at this event.

Swim Wales are aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or identity of a child/children which may present a risk of harm to the child/children concerned.

The use of such equipment is difficult to control but we can all be vigilant. If you have any concerns or safeguarding queries, please bring them to the immediate attention of the event management team.

Celtic Dolphins SC may use photographs taken at this event as promotional material and used across public forums including their website and social media accounts. Should you wish to refuse photographic permission please contact the event management team on site. The full swim Wales photography guidance policy can be found on the Swim Wales website.

## **Poolside Passes**

Clubs may have a maximum of two poolside managers, unless otherwise arranged.

**NO ACCESS WILL BE GRANTED TO THE POOLSIDE WITHOUT A PASS.**

Poolside passes can be purchased for either £10 to include programmes, or £15 per pass, to include programmes and lunch. Passes will be valid for all three sessions.

Applications for passes **must** be made and paid for in advance of the meeting. **NO** passes can be purchased on the day of the event.

All Coaches and Chaperones must have relevant accreditation. Coaches, Chaperones and support staff must be registered members of SASA/WASA or the ASA and be registered on their home country's child protection database.

**All Coaches and Chaperones must have proof of DBS check, member ID number and one other form of proof of identity, eg drivers licence.**

**Passes can be obtained from the entry desk upon proof of identity and must be returned at the end of each session.**

- All competitors must be members of an affiliated club and must be amateurs as defined by Swim Wales/ASA.
- All events will be conducted strictly in accordance with Swim Wales laws, e.g. minimum age is 9 yrs.
- This is a level 3 meet, with electronic timing. Upper Qualifying Times are in force and any swimmers with times faster than those stated are not eligible to swim in that event.
- Age as on: January 6<sup>th</sup> 2019.
- The pool length is 25m.
- NO refunds will be made for withdrawals after computer entries have been sent out.
- Promoters reserve the right to restrict entries. In any event where entries exceed capacity, priority will be given to the SLOWER swimmers in that event.
- Entries will be seeded into heats, based on submitted times, the slowest heats being first.
- All events will be allocated lanes according to the spearhead principle.
- The order of events may be changed at the discretion of the referee.
- Awards will be made to the first three in each age group. i.e. 9, 10, 11, 12, 13, 14, 15, 16/OV.
- Awards will be made at the end of each event.

- A competitor not at the start when the race is handed over to the referee may be excluded from the event.
- Swimmers must have attained the standard of the Competitive Start Award in order to start from the blocks; (this is the responsibility of the club coach). Swimmers who have not attained the standard of the Competitive Start Award must lower themselves over the side into the water on the long whistle of the Referee before starting at an appropriate place.
- Where possible over the top starts will be used.
- Swimmers must make themselves available for marshalling 2 events prior to their event. It is the responsibility of the swimmer to report to the marshalling area in plenty of time.
- Full results sheets will be made available as soon as possible after each session.
- Under no circumstances should any person take any glass item onto poolside or into the changing room areas.
- Promoters reserve the right to refuse entry to any competitor or spectator. Spectator entry is by programme only.
- The use of mobile phones in both the pool area and changing area is prohibited while the meet is in progress.
- The spectator's area must be cleared at the end of each session.
- All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times. Behaviour becomes "unacceptable" when it is considered "Offensive" to others; this includes, but is not limited to, the following:  
  
Theft, willful damage to property and / or equipment, acts of vandalism, abuse of alcohol and / or drugs, bullying, offensive language, aggressive / violent acts, threatening behavior, all breaches of safety practices, failure to comply with instructions / directions, actions that bring the sport of swimming into disrepute.
- For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands). Swim Wales will not

be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.

- All events will commence at the deep end of the pool.
- Entries will be accepted electronically.
- Entry fees must be sent by the closing date. Swimmers will not be entered into the meet until payment is received.
- Swimmers will be accepted up to the maximum possible. Any swimmers not accepted would have their fees returned. Refunds will be in the form of a single cheque payable to each club.
- Clubs will be sent confirmation of entries entered into the computer via email.

**ENTRY FORMS TO:**

Rob Williams  
12 Park Terrace  
Pontarddulais  
Swansea SA4 8HS

E-MAIL: [robwilliams1145@gmail.com](mailto:robwilliams1145@gmail.com)

**CLOSING DATE FOR ENTRIES:** Friday, 7<sup>th</sup> December 2018

**Celtic Dolphins Sprint Meet 2019 - Sunday, 6<sup>th</sup> January**  
**Licence No: 3WL190213**

**Programme of Events**

<b>Session 1</b>	
<b>Event #</b>	<b>Event Name</b>
1	Boys 9-11 50 Butterfly
2	Girls 9-10 50 Butterfly
3	Boys 12-13 50 Backstroke
4	Girls 11-12 50 Backstroke
5	Boys 14-15 50 Butterfly
6	Girls 13-14 50 Butterfly
7	Boys 16 & Over 50 Backstroke
8	Girls 15 & Over 50 Backstroke
9	Boys 9-11 50 Backstroke
10	Girls 9-10 50 Backstroke
11	Boys 12-13 50 Butterfly
12	Girls 11-12 50 Butterfly
13	Boys 14-15 50 Backstroke
14	Girls 13-14 50 Backstroke
15	Boys 16 & Over 50 Butterfly
16	Girls 15 & Over 50 Butterfly

<b>Session 2</b>	
<b>Event #</b>	<b>Event Name</b>
17	Girls 9-10 100 IM
18	Boys 9-11 100 IM
19	Girls 11-12 100 IM
20	Boys 12-13 100 IM
21	Girls 13-14 100 IM
22	Boys 14-15 100 IM
23	Girls 15 & Over 100 IM
24	Boys 16 & Over 100 IM

<b>Session 3</b>	
<b>Event #</b>	<b>Event Name</b>
25	Boys 9-11 50 Freestyle
26	Girls 9-10 50 Freestyle
27	Boys 12-13 50 Breaststroke
28	Girls 11-12 50 Breaststroke
29	Boys 14-15 50 Freestyle
30	Girls 13-14 50 Freestyle
31	Boys 16 & Over 50 Breaststroke
32	Girls 15 & Over 50 Breaststroke
33	Boys 9-11 50 Breaststroke
34	Girls 9-10 50 Breaststroke
35	Boys 12-13 50 Freestyle
36	Girls 11-12 50 Freestyle
37	Boys 14-15 50 Breaststroke
38	Girls 13-14 50 Breaststroke
39	Boys 16 & Over 50 Freestyle
40	Girls 15 & Over 50 Freestyle



**SPRINT MEET 2019**

**COACH/CHAPERONE PASS**

**Sunday, 6<sup>th</sup> January 2019**

**INDIVIDUAL PASS APPLICATION FORM**

**PLEASE COMPLETE THIS FORM IN BLOCK CAPITALS**

FULL NAME: .....

NAME OF CLUB: .....

POSITION e.g. Club Coach: .....

ADDRESS: .....

..... POST CODE: .....

Contact TEL NO: ..... EMAIL: .....

WASA/SASA/ASA AFFILIATION NUMBER: .....

DBS NUMBER: .....

**PLEASE BRING PROOF OF DBS AND MEMBER ID No ON THE DAY, AS WELL AS  
ONE OTHER FORM OF PROOF OF IDENTITY**

Please forward a cheque for £10 (excluding lunch) or £15 (including lunch)  
made payable to "Celtic Dolphins SC" for each pass.

**Only applications on this form will be accepted.  
No passes will be available on the day. Passes must be purchased  
beforehand.**



## **SPRINT MEET 2019**

**Sunday, 6<sup>th</sup> January 2019**

### **PAYMENT SUMMARY SHEET**

**Please complete the following form & include it with your payment.**

Name of Club			
Total No. of Entries		X £4.00 per entry	£
Total No. of Pool Passes		X £10 per pass	£
		X £15 per pass inc lunch	£
		TOTAL ENCLOSED	£
<b>PAYMENT TO BE SENT WITH ENTRIES. SWIMMERS WILL NOT BE ENTERED UNTIL PAYMENT IS RECEIVED</b>			

***PLEASE REMEMBER TO INCLUDE YOUR INDIVIDUAL PASS APPLICATION FORM(S) WITH THIS RETURN.***



**CELTIC DOLPHINS LEVEL 3 SPRINT MEET 2019**

LICENCE NO. 3WL190213

**INDIVIDUAL ENTRY FORM**

**AGE AS ON 6<sup>th</sup> January 2019**

**Run under FINA Technical Rules and Swim Wales Laws**

**Name:** \_\_\_\_\_

**Date of Birth:** DD / MM / YYYY

**Gender:** ☐ Male ☐ Female  
(Please tick as appropriate)

**Swim Wales/ASA Registration Number:** \_\_\_\_\_

**Club:** \_\_\_\_\_ **Contact Name:** \_\_\_\_\_ **Contact Telephone Number:** \_\_\_\_\_

**Contact email address:** \_\_\_\_\_

**ENTER EVENT NUMBER AND LATEST TIMES (CONVERTED TO SHORT COURSE POOL)  
IN THE APPROPRIATE BOXES BELOW**

	Event Number	Entry Time	Entry Fee
50m Freestyle			£4
50m Backstroke			£4
50m Butterfly			£4
50m Breaststroke			£4
100m I.M.			£4

**Total number of entries =** \_\_\_\_\_

**Total Entry fee enclosed = £** \_\_\_\_\_

### LEVEL 3 UPPER QUALIFYING TIMES

Swimmers with times faster than those stated are not eligible to swim in that event

#### BOYS

	EVENT	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs+
UQT	<b>50m Free</b>	37.3	34.7	33.0	31.1	29.6	28.3	27.3	26.7
UQT	<b>50m Breast</b>	49.1	45.5	42.8	40.2	37.6	35.9	34.5	33.5
UQT	<b>50m Fly</b>	42.3	38.9	36.5	34.6	32.6	31.1	29.7	29.1
UQT	<b>50m Back</b>	43.3	40.1	37.9	36.0	33.8	32.5	31.1	30.1
UQT	<b>100 IM</b>	1.35.6	1.28.3	1.23.8	1.19.1	1.14.5	1.10.7	1.08.5	1.06.2

#### GIRLS

	EVENT	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs+	16yrs+
UQT	<b>50m Free</b>	37.8	35.3	33.6	32.0	31.0	30.3	29.7	29.5
UQT	<b>50m Breast</b>	50.0	45.9	43.0	40.6	39.1	38.1	37.3	37
UQT	<b>50m Fly</b>	42.9	39.0	36.9	35.0	33.8	32.9	32.2	32.0
UQT	<b>50m Back</b>	43.6	40.2	38.1	36.2	35.0	34.1	33.7	33.3
UQT	<b>100 IM</b>	1.36.9	1.27.0	1.23.8	1.19.7	1.16.6	1.15.2	1.12.7	1.11.9