

## West Wales Regionals 2017 - 03/02/2017 to 12/02/2017

## Results - Session 8 - Warmup 08.00am

## Event 35 Girls 11 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
<b>Finals</b>		
1 Lewis, Caera	11 Pembroke	43.20
2 Rogers, Gracie	11 Pembroke	44.15
3 Llewellyn, Nia	11 Haverfordwest	44.86
4 Lewis, Lowri	11 Neath	45.81
5 Thomas, Seren	11 Swansea Aq	46.91
6 Morris, Lili	11 Celtic Dolphins	47.23
7 White, Eleanor R	11 Haverfordwest	47.66
--- Williams, Freya	11 Milford Tigers	DQ

## Event 35 Girls 11 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
<b>Preliminaries</b>		
1 Lewis, Caera	11 Pembroke	43.38
2 Rogers, Gracie	11 Pembroke	45.13
3 Llewellyn, Nia	11 Haverfordwest	46.16
4 Morris, Lili	11 Celtic Dolphins	47.09
5 Thomas, Seren	11 Swansea Aq	47.60
6 Lewis, Lowri	11 Neath	47.78
7 White, Eleanor R	11 Haverfordwest	48.61
8 Williams, Freya	11 Milford Tigers	49.44
9 Haley, Roxy H	11 Tenby & District	49.55
10 John, Lucy	11 Haverfordwest	49.86
11 Goddard, Evie E	11 Haverfordwest	49.94
12 Evans, Caitlin	11 Neath	50.60
13 Horne, Alexa	11 Flyers	50.61
14 Pugh, Kara	11 Haverfordwest	50.67
15 Hill, Marissa	11 Celtic Dolphins	50.72
16 Phillips, Erin	11 Celtic Dolphins	51.83
17 Reed, Kayleigh	11 Flyers	52.23
18 Callen, Holly-Jane	11 Pembroke	52.53
19 Webb, Alys	11 Haverfordwest	52.95
20 Griffiths, Enfys	11 Haverfordwest	53.14
21 Thomas, Abigail G	11 Pembroke	53.74
22 Heredia-Rowe, Rhiannon	11 Swansea Aq	54.54
23 Wakely, Emily	11 Milford Tigers	54.76
24 Davies, Esyllt	11 Cardigan	55.91
25 Owen, Nia	11 Swansea Aq	56.05
26 James, Nia	11 Haverfordwest	56.62
27 Sturley, Maggie M	11 Pembroke	56.86
28 Bawden, Amy G	11 Swansea Aq	58.91
29 Southam, Sophie	11 Llanelli	1:03.57
--- Powell, Jessica	11 Haverfordwest	DQ

## Event 35 Girls 12 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
<b>Finals</b>		
1 Burgess, Sienna	12 Neath	40.12
2 Jones, Holly-Ellice	12 Aberystwyth	41.52
3 Doughty, Katie	12 Milford Tigers	42.19
4 Francis, Mirain	12 Swansea Aq	42.30
5 Wilkins, Maia	12 Swansea Aq	42.68
6 Evans, Lila	12 Aberystwyth	43.88
7 Bowen, Hanna M	12 Carmarthen	44.00
8 Evans, Bethan	12 Neath	44.57

## Event 35 Girls 12 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
<b>Preliminaries</b>		
1 Burgess, Sienna	12 Neath	40.96
2 Francis, Mirain	12 Swansea Aq	41.05
3 Jones, Holly-Ellice	12 Aberystwyth	42.64
4 Wilkins, Maia	12 Swansea Aq	42.76
5 Evans, Lila	12 Aberystwyth	43.61
6 Doughty, Katie	12 Milford Tigers	43.86
7 Bowen, Hanna M	12 Carmarthen	44.06
8 Evans, Bethan	12 Neath	44.40
9 Sandy, Jess	12 Milford Tigers	44.62
10 Curtis-Jones, Llian M	12 Celtic Dolphins	44.79
11 Thapa, Freya M	12 Aberystwyth	45.26
12 Garcia De Leaniz, Sofia	12 Swansea Aq	45.27
13 Bailey-Jones, Nia	12 Swansea Aq	46.33
14 Krol, Sophie	12 Haverfordwest	46.47
15 Watts, Non	12 Celtic Dolphins	46.52
16 Curtis, Lily	12 Swansea Aq	46.60
17 Scott, Summer	12 Neath	46.67
18 Davies, Katie	12 Celtic Dolphins	46.69
19 Cole, Megan	12 Pembroke	46.84
20 Fischer, Kayleigh	12 Flyers	47.31
21 Jones, Nia	12 Flyers	49.67
22 George, Mia	12 Neath	50.58
23 Jones, Neve	12 Neath	54.85
24 Morris, Scarlet	12 Haverfordwest	55.26

## Event 36 Girls 13 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
<b>Finals</b>		
1 Whalley, Charlotte C	13 Haverfordwest	1:09.55
2 Powell, Megan B	13 Swansea Aq	1:11.35
3 Rees, Emily	13 Llanelli	1:12.80
4 Stokes, Aimee	13 Swansea Aq	1:13.57
5 Davies, Ellie	13 Swansea Aq	1:17.72
6 Evans, Caitlin	13 Swansea Aq	1:18.59
7 Greenwood, Hannah	13 Pembroke	1:19.93
8 Thomson, Megan E	13 Haverfordwest	1:20.85

## Event 36 Girls 13 Year Olds 100 SC Meter Backstroke

Name	Age Team	Prelim Time
<b>Preliminaries</b>		
1 Whalley, Charlotte C	13 Haverfordwest	1:09.96
2 Powell, Megan B	13 Swansea Aq	1:12.76
3 Rees, Emily	13 Llanelli	1:12.80
4 Stokes, Aimee	13 Swansea Aq	1:15.00
5 Davies, Ellie	13 Swansea Aq	1:16.71
6 Evans, Caitlin	13 Swansea Aq	1:18.08
7 Greenwood, Hannah	13 Pembroke	1:18.80
8 Thomson, Megan E	13 Haverfordwest	1:19.00
9 Clack, Lucy	13 Carmarthen	1:20.44
10 Sullivan, Nia	13 Celtic Dolphins	1:20.66
11 Williams, Ffion	13 Haverfordwest	1:26.00
12 Barber, Sydney P	13 Haverfordwest	1:27.35
13 Shepherd, Charlotte	13 Milford Tigers	1:27.39
14 Mottram, Abbie	13 Haverfordwest	1:28.84
15 Bennett, Briony	13 Haverfordwest	1:28.96
16 Glover, Katie	13 Neath	1:30.00
17 Phillips, Sara	13 Llanelli	1:30.25

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**Preliminaries ... (Event 36 Girls 13 Year Olds 100 SC Meter Backstroke)**

Name	Age Team	Prelim Time
18 Beare, Madeline	13 Llanelli	1:30.48
19 Griffiths, Seren	13 Haverfordwest	1:32.96
--- Williams, Olivia	13 Celtic Dolphins	DQ

**Event 36 Girls 14 Year Olds 100 SC Meter Backstroke**

Name	Age Team	Finals Time
<b>Finals</b>		
1 Jones, Bethan	14 Pembroke	1:10.35
2 Peter, Hannah	14 Swansea Aq	1:14.70
*3 Davies, Katie	14 Neath	1:15.20
*3 Conlon, Nia Haf	14 Carmarthen	1:15.20
5 Cressey-Rodgers, Deryn H	14 Carmarthen	1:17.80
6 Wilson, Tayla	14 Pembroke	1:18.38
7 Wheeler, Bethan	14 Milford Tigers	1:19.35
8 Omnet, Lauren	14 Pembroke	1:19.40

**Event 36 Girls 14 Year Olds 100 SC Meter Backstroke**

Name	Age Team	Prelim Time
<b>Preliminaries</b>		
1 Jones, Bethan	14 Pembroke	1:11.03
2 Peter, Hannah	14 Swansea Aq	1:14.67
3 Davies, Katie	14 Neath	1:15.35
4 Conlon, Nia Haf	14 Carmarthen	1:16.17
5 Wilson, Tayla	14 Pembroke	1:17.86
6 Cressey-Rodgers, Deryn H	14 Carmarthen	1:18.00
7 Omnet, Lauren	14 Pembroke	1:18.29
8 Wheeler, Bethan	14 Milford Tigers	1:18.54
9 Davies, Emily	14 Celtic Dolphins	1:19.25
10 Cressey-Rodgers, Molly R	14 Carmarthen	1:19.43
11 Warlow, Grace E	14 Neath	1:19.98
12 Brooks-Thomas, Tilly	14 Swansea Aq	1:21.26
13 Robinson, Francesca S	14 Haverfordwest	1:21.35
14 Martin-Evans, Lillie L	14 Neath	1:21.67
15 Williams, Danielle	14 Swansea Aq	1:22.87
16 Jones, Katie	14 Aberystwyth	1:25.47
17 Davies, Alaw	14 Aberystwyth	1:25.58
18 Martin-Evans, Poppie P	14 Neath	1:28.75
19 Jones, Emma	14 Aberystwyth	1:29.35

**Event 36 Girls 15-16 100 SC Meter Backstroke**

Name	Age Team	Finals Time
<b>Finals</b>		
1 Wheel, Heather E	16 Llanelli	1:05.11
2 Haley, Arabella	16 Tenby & District	1:06.68
3 Harding, Lucy	16 Haverfordwest	1:08.84
4 Morgan, Rebeca	16 Carmarthen	1:08.91
5 Williams, Abigayle	15 Pembroke	1:12.26
6 Jones, Mali	16 Aberystwyth	1:13.40
7 Wallwork, Sioned	16 Aberystwyth	1:15.32
8 Davies, Cara J	16 Swansea Aq	1:15.69

**Event 36 Girls 15-16 100 SC Meter Backstroke**

Name	Age Team	Prelim Time
<b>Preliminaries</b>		
1 Wheel, Heather E	16 Llanelli	1:05.83
2 Haley, Arabella	16 Tenby & District	1:06.51
3 Morgan, Rebeca	16 Carmarthen	1:09.48
4 Harding, Lucy	16 Haverfordwest	1:09.83
5 Williams, Abigayle	15 Pembroke	1:12.40
6 Jones, Mali	16 Aberystwyth	1:13.64

7 Davies, Cara J	16 Swansea Aq	1:14.52
8 Wallwork, Sioned	16 Aberystwyth	1:15.45
9 Hopkins, Lauren	15 Celtic Dolphins	1:16.15
10 Pullen, Megan K	16 Swansea Aq	1:16.53
11 Fice, Rachel	15 Carmarthen	1:18.47
12 Glover, Alysia	15 Neath	1:18.52
13 Fletcher, Chloe	15 Haverfordwest	1:19.08
14 Holdsworth, Jasmine	15 Celtic Dolphins	1:21.24
15 Jones, Emily	16 Carmarthen	1:26.65

**Event 36 Girls 17 & Over 100 SC Meter Backstroke**

Name	Age Team	Finals Time
<b>Finals</b>		
1 Dwyer, Caitlin	17 Swansea Aq	1:09.67
2 Fry, Catrin	17 Carmarthen	1:10.48
3 Golding, Francesca M	25 Neath	1:13.33
4 Benham, Bethan	18 Aberystwyth	1:14.11
5 Fletcher, Megan	17 Haverfordwest	1:19.37
6 Parks, Ellie	18 Pembroke	1:22.41

**Event 36 Girls 17 & Over 100 SC Meter Backstroke**

Name	Age Team	Prelim Time
<b>Preliminaries</b>		
1 Dwyer, Caitlin	17 Swansea Aq	1:10.04
2 Fry, Catrin	17 Carmarthen	1:13.07
3 Benham, Bethan	18 Aberystwyth	1:15.48
4 Golding, Francesca M	25 Neath	1:15.57
5 Fletcher, Megan	17 Haverfordwest	1:20.84
6 Parks, Ellie	18 Pembroke	1:22.89

**Event 37 Boys 13 Year Olds 100 SC Meter Butterfly**

Name	Age Team	Finals Time
<b>Finals</b>		
1 Morgan, Dylan	13 Carmarthen	1:08.68
2 Rodriguez, Ab B	13 Swansea Aq	1:09.10
3 Sturley, Toby	13 Pembroke	1:13.14
4 Powell, Jake	13 Haverfordwest	1:13.31
5 White, Henry	13 Haverfordwest	1:18.50
6 Wingrave-Rix, Harvey	13 Swansea Aq	1:19.74
7 Fitzsimmons, Arron	13 Pembroke	1:19.75
8 Shiels, Charlie J	13 Pembroke	1:19.94

**Event 37 Boys 13 Year Olds 100 SC Meter Butterfly**

Name	Age Team	Prelim Time
<b>Preliminaries</b>		
1 Rodriguez, Ab B	13 Swansea Aq	1:10.08
2 Morgan, Dylan	13 Carmarthen	1:12.11
3 Powell, Jake	13 Haverfordwest	1:13.70
4 Sturley, Toby	13 Pembroke	1:16.71
5 Shiels, Charlie J	13 Pembroke	1:18.49
6 White, Henry	13 Haverfordwest	1:19.19
7 Wingrave-Rix, Harvey	13 Swansea Aq	1:21.82
8 Fitzsimmons, Arron	13 Pembroke	1:22.98

**Event 37 Boys 14 Year Olds 100 SC Meter Butterfly**

Name	Age Team	Finals Time
<b>Finals</b>		
1 Govier, Jack	14 Neath	1:07.64
2 Preece, Alex J	14 Neath	1:11.83
3 Southam, Jack	14 Llanelli	1:13.09
4 Hancock, Carwyn	14 Carmarthen	1:17.16
5 Massey, Jacob	14 Aberystwyth	1:19.56

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**Event 37 Boys 14 Year Olds 100 SC Meter Butterfly**

Name	Age Team	Prelim Time
<b>Preliminaries</b>		
1 Preece, Alex J	14 Neath	1:11.91
2 Govier, Jack	14 Neath	1:14.49
3 Southam, Jack	14 Llanelli	1:15.18
4 Massey, Jacob	14 Aberystwyth	1:18.75
5 Hancock, Carwyn	14 Carmarthen	1:20.37

**Event 37 Boys 15-16 100 SC Meter Butterfly**

Name	Age Team	Finals Time
<b>Finals</b>		
1 Edwards, Rhys L	15 Swansea Aq	58.83
2 Harries, Nathaniel	16 Swansea Aq	1:01.74
3 Phillips, Ioan	15 Llanelli	1:07.93
4 Payne, James	16 Carmarthen	1:09.77
5 Dwyer, William	15 Swansea Aq	1:10.53
6 Webb, Jac D	15 Haverfordwest	1:12.40
7 Kelly, Dean L	15 Haverfordwest	1:16.08

**Event 37 Boys 15-16 100 SC Meter Butterfly**

Name	Age Team	Prelim Time
<b>Preliminaries</b>		
1 Edwards, Rhys L	15 Swansea Aq	1:00.08
2 Harries, Nathaniel	16 Swansea Aq	1:01.58
3 Phillips, Ioan	15 Llanelli	1:08.11
4 Dwyer, William	15 Swansea Aq	1:09.93
5 Payne, James	16 Carmarthen	1:10.97
6 Webb, Jac D	15 Haverfordwest	1:11.85
7 Kelly, Dean L	15 Haverfordwest	1:14.22

**Event 37 Boys 17 & Over 100 SC Meter Butterfly**

Name	Age Team	Finals Time
<b>Finals</b>		
1 Webb, Tomas D	17 Haverfordwest	1:00.44
2 Thomas, Daniel J	20 Swansea Aq	1:00.67
3 Herdman, Steffan	18 Carmarthen	1:02.02
4 Phillips, Cameron	17 Aberystwyth	1:02.03
5 Williams, Rhys R	18 Carmarthen	1:02.18
6 Mottram, Ben	17 Haverfordwest	1:02.73
7 Kettle, Rowan	17 Pembroke	1:09.79

**Event 37 Boys 17 & Over 100 SC Meter Butterfly**

Name	Age Team	Prelim Time
<b>Preliminaries</b>		
1 Thomas, Daniel J	20 Swansea Aq	1:01.27
2 Webb, Tomas D	17 Haverfordwest	1:01.47
3 Phillips, Cameron	17 Aberystwyth	1:02.05
4 Mottram, Ben	17 Haverfordwest	1:02.82
5 Herdman, Steffan	18 Carmarthen	1:03.10
6 Williams, Rhys R	18 Carmarthen	1:03.70
7 Lee Davies, Sam	17 Neath	1:05.16
8 Kettle, Rowan	17 Pembroke	1:09.01
9 Job, Kyle	19 Penyrheol Asc	1:10.14
10 Short, Simon	20 Neath	1:10.40

**Event 39 Girls 11 Year Olds 400 SC Meter Freestyle (HDW)**

Name	Age Team	Finals Time
1 Patterson, Millie	11 Carmarthen	5:24.74
2 Phillips, Erin	11 Celtic Dolphins	6:21.50
3 Hewitt, Jessica	11 Swansea Aq	6:29.19

**Event 39 Girls 12 Year Olds 400 SC Meter Freestyle (HDW)**

Name	Age Team	Finals Time
1 Curtis-Jones, Llian M	12 Celtic Dolphins	5:08.16
2 Tucker, Natalie E	12 Swansea Aq	5:17.47
3 Evans, Bethan	12 Neath	5:18.20
4 Lloyd, Ruby	12 Swansea Aq	5:18.33
5 Fox, Eve	12 Swansea Aq	5:19.59
6 Bailey-Jones, Nia	12 Swansea Aq	5:42.07
7 Thapa, Freya M	12 Aberystwyth	5:45.53
8 Evans, Lila	12 Aberystwyth	5:46.17
9 Watts, Non	12 Celtic Dolphins	5:55.58
10 Johns, Ffion	12 Swansea Aq	6:13.97
11 Clapham, Rhiannon m	12 Flyers	6:20.69

**Event 40 Boys 11 Year Olds 200 SC Meter Breaststroke (HDW)**

Name	Age Team	Finals Time
1 Marsh, Gabe	11 Milford Tigers	3:33.20
2 West, Zac	11 Flyers	3:43.02
3 Williams, Corey	11 Swansea Aq	4:02.55
4 Scott, Andrew	11 Flyers	4:24.44
--- Willis, Morgan J	11 Swansea Aq	DQ

**Event 40 Boys 12 Year Olds 200 SC Meter Breaststroke (HDW)**

Name	Age Team	Finals Time
1 Hewitt, Harry	12 Swansea Aq	3:02.57
2 Roberts, Joshua	12 Celtic Dolphins	3:06.77
3 Andrews, Rory	12 Haverfordwest	3:15.13
4 Catling, Finlay	12 Celtic Dolphins	3:23.17
5 Schmidt, Hans	12 Flyers	3:39.90
6 Cressey-Rodgers, Ioan	12 Carmarthen	3:43.59