

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 1 - Warmup 5.30pm****Event 1 Boys 11 Year Olds 1500 SC Meter Freestyle (HDW)**

Name	Age	Team	Seed Time	Finals Time	Points
1 Weston, Liam	11	Llanelli Asc	26:38.72	25:18.09	
40.51	1:28.34 (47.83)	2:17.73 (49.39)	3:07.86 (50.13)		
3:57.55 (49.69)	4:47.62 (50.07)	5:36.30 (48.68)	6:24.15 (47.85)		
7:16.97 (52.82)	8:07.45 (50.48)	8:58.19 (50.74)	9:49.77 (51.58)		
10:40.67 (50.90)	11:34.92 (54.25)	12:29.17 (54.25)	13:22.72 (53.55)		
14:19.44 (56.72)	15:13.71 (54.27)	16:13.19 (59.48)	17:06.01 (52.82)		
17:58.99 (52.98)	18:52.40 (53.41)	19:40.59 (48.19)	20:28.70 (48.11)		
21:18.44 (49.74)	22:08.92 (50.48)	22:59.50 (50.58)	23:48.43 (48.93)		
24:35.81 (47.38)	25:18.09 (42.28)				
2 Thapa, Finlay	11	Aberystwyth sc	25:04.23	25:24.13	
41.86	1:29.54 (47.68)	2:18.96 (49.42)	3:09.07 (50.11)		
3:59.77 (50.70)	4:51.42 (51.65)	5:42.82 (51.40)	6:35.14 (52.32)		
7:27.58 (52.44)	8:20.31 (52.73)	9:13.94 (53.63)	10:05.43 (51.49)		
10:59.37 (53.94)	11:51.79 (52.42)	12:46.41 (54.62)	13:39.03 (52.62)		
14:29.92 (50.89)	15:23.96 (54.04)	16:16.03 (52.07)	17:07.74 (51.71)		
18:00.55 (52.81)	18:52.57 (52.02)	19:39.98 (47.41)	20:29.84 (49.86)		
21:21.48 (51.64)	22:12.82 (51.34)	23:02.06 (49.24)	23:52.37 (50.31)		
24:39.14 (46.77)	25:24.13 (44.99)				

Event 1 Boys 12 Year Olds 1500 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Wells, Oliver S	12	Celtic Dolphins	20:03.51	19:18.39	
34.72	1:12.79 (38.07)	1:51.11 (38.32)	2:29.97 (38.86)		
3:09.07 (39.10)	3:48.87 (39.80)	4:28.26 (39.39)	5:08.17 (39.91)		
5:47.72 (39.55)	6:26.58 (38.86)	7:05.57 (38.99)	7:44.86 (39.29)		
8:23.64 (38.78)	9:02.53 (38.89)	9:41.88 (39.35)	10:20.73 (38.85)		
11:00.06 (39.33)	11:38.98 (38.92)	12:17.69 (38.71)	12:56.87 (39.18)		
13:34.96 (38.09)	14:13.42 (38.46)	14:51.65 (38.23)	15:29.90 (38.25)		
16:08.30 (38.40)	16:46.52 (38.22)	17:25.42 (38.90)	18:03.48 (38.06)		
18:41.34 (37.86)	19:18.39 (37.05)				
2 Carver, Wil J	12	Swansea Aquatics	25:03.25	21:24.90	
38.17	1:20.14 (41.97)	2:03.43 (43.29)	2:45.83 (42.40)		
3:28.61 (42.78)	4:54.30 (1:25.69)	5:36.78 (42.48)			
6:19.98 ()	7:04.47 (44.49)	7:47.56 (43.09)	8:31.23 (43.67)		
9:15.21 (43.98)	9:58.70 (43.49)	10:41.20 (42.50)	11:24.59 (43.39)		
12:08.29 (43.70)	12:52.09 (43.80)	13:35.65 (43.56)	14:18.43 (42.78)		
15:02.27 (43.84)	15:43.28 (41.01)	16:26.36 (43.08)	17:09.34 (42.98)		
17:52.18 (42.84)	18:36.03 (43.85)	19:19.26 (43.23)	20:02.30 (43.04)		
20:44.20 (41.90)	21:24.90 (40.70)				

Event 1 Boys 13 Year Olds 1500 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Hewitt, Harry C	13	Swansea Aquatics	18:15.19	18:15.81	
31.69	1:07.15 (35.46)	1:43.41 (36.26)	2:19.71 (36.30)		
2:56.36 (36.65)	3:32.87 (36.51)	4:09.40 (36.53)	4:46.15 (36.75)		
5:22.46 (36.31)	5:59.36 (36.90)	6:36.01 (36.65)	7:12.88 (36.87)		
7:49.57 (36.69)	8:26.12 (36.55)	9:03.15 (37.03)	9:39.75 (36.60)		
10:16.56 (36.81)	10:53.25 (36.69)	11:30.20 (36.95)	12:07.25 (37.05)		
12:44.32 (37.07)	13:21.28 (36.96)	13:58.41 (37.13)	14:35.71 (37.30)		
15:12.87 (37.16)	15:49.89 (37.02)	16:27.18 (37.29)	17:03.99 (36.81)		
17:40.43 (36.44)	18:15.81 (35.38)				

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 1 - Warmup 5.30pm****(Event 1 Boys 13 Year Olds 1500 SC Meter Freestyle (HDW))**

Name	Age	Team	Seed Time	Finals Time	Points
2 Catling, Finlay	13	Celtic Dolphins	19:48.17	20:10.69	
35.46	1:15.34 (39.88)	1:56.13 (40.79)	2:36.92 (40.79)		
3:17.74 (40.82)	3:58.93 (41.19)	5:20.45 (1:21.52)	6:01.71 (41.26)		
6:42.00 (40.29)			8:02.55 ()		
8:43.49 (40.94)	9:24.10 (40.61)	10:04.79 (40.69)	10:45.94 (41.15)		
11:27.18 (41.24)	11:41.96 (14.78)	12:08.02 (26.06)	12:49.45 (41.43)		
13:30.07 (40.62)	14:09.74 (39.67)	14:49.10 (39.36)	15:28.64 (39.54)		
16:50.17 (1:21.53)	17:31.56 (41.39)	18:12.27 (40.71)	18:51.99 (39.72)		
19:32.19 (40.20)	20:10.69 (38.50)				
3 Keane, Jayden	13	Pembroke & District	20:17.33	20:40.76	
33.28	1:10.59 (37.31)	1:49.67 (39.08)	2:29.53 (39.86)		
3:10.64 (41.11)	3:52.35 (41.71)	4:34.27 (41.92)	5:16.25 (41.98)		
5:58.41 (42.16)	6:40.08 (41.67)	7:22.19 (42.11)	8:04.00 (41.81)		
8:46.48 (42.48)	9:27.81 (41.33)	10:10.93 (43.12)	10:53.03 (42.10)		
11:35.94 (42.91)	12:18.79 (42.85)	13:01.30 (42.51)	13:44.00 (42.70)		
14:27.30 (43.30)	15:09.66 (42.36)	15:52.92 (43.26)	16:35.71 (42.79)		
17:17.57 (41.86)	17:59.27 (41.70)	18:40.59 (41.32)	19:21.18 (40.59)		
20:01.92 (40.74)	20:40.76 (38.84)				
4 Cressey-Rodgers, Ioan	13	Carmarthen	20:54.54	21:09.28	
37.62	1:19.02 (41.40)	2:44.57 (1:25.55)	3:26.89 (42.32)		
	4:09.18 ()	4:51.25 (42.07)	5:32.84 (41.59)		
6:16.13 (43.29)	6:59.36 (43.23)	7:42.18 (42.82)	8:25.10 (42.92)		
9:08.21 (43.11)	9:50.52 (42.31)	10:33.24 (42.72)	11:17.58 (44.34)		
11:59.84 (42.26)	12:42.98 (43.14)	13:25.65 (42.67)	14:09.06 (43.41)		
14:53.34 (44.28)	15:35.97 (42.63)	16:20.47 (44.50)	17:02.20 (41.73)		
17:44.61 (42.41)	18:27.13 (42.52)	19:08.31 (41.18)	19:50.11 (41.80)		
20:32.22 (42.11)	21:09.28 (37.06)				
5 Francis, Woody L	13	Swansea Aquatics	22:49.98	23:01.20	
41.34	1:25.96 (44.62)	2:11.85 (45.89)	2:57.24 (45.39)		
3:42.43 (45.19)	4:27.67 (45.24)	5:13.12 (45.45)	6:00.01 (46.89)		
6:45.12 (45.11)	7:30.71 (45.59)	8:17.55 (46.84)	9:04.69 (47.14)		
	9:51.91 ()	10:38.98 (47.07)	11:25.89 (46.91)		
12:57.73 (1:31.84)	13:45.28 (47.55)	14:31.77 (46.49)	15:19.84 (48.07)		
16:07.30 (47.46)	16:55.06 (47.76)	17:42.35 (47.29)	18:29.25 (46.90)		
19:15.87 (46.62)	20:02.79 (46.92)	20:48.56 (45.77)	21:35.65 (47.09)		
22:20.33 (44.68)	23:01.20 (40.87)				

Event 1 Boys 14 Year Olds 1500 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 White, Henry	14	Haverfordwest Swimming Club	18:49.77	18:52.69	
32.93	1:09.55 (36.62)	1:48.12 (38.57)	2:25.71 (37.59)		
3:02.78 (37.07)	3:40.87 (38.09)	4:18.63 (37.76)	4:56.87 (38.24)		
5:35.07 (38.20)	6:13.40 (38.33)	6:52.28 (38.88)	7:31.00 (38.72)		
8:10.20 (39.20)	8:49.24 (39.04)	9:27.14 (37.90)	10:05.80 (38.66)		
10:43.19 (37.39)	11:22.32 (39.13)	12:01.77 (39.45)	12:38.98 (37.21)		
13:17.90 (38.92)	13:56.34 (38.44)	14:34.46 (38.12)	15:12.11 (37.65)		
15:49.62 (37.51)	16:27.12 (37.50)	17:03.63 (36.51)	17:40.74 (37.11)		
18:17.69 (36.95)	18:52.69 (35.00)				
2 Wingrave-Rix, Harvey	14	Swansea Aquatics	19:09.55	19:09.06	
32.76	1:10.78 (38.02)	1:48.61 (37.83)	2:26.98 (38.37)		
3:05.13 (38.15)	3:44.07 (38.94)	4:23.04 (38.97)	5:01.66 (38.62)		
5:40.60 (38.94)	6:19.00 (38.40)	6:57.56 (38.56)	7:35.12 (37.56)		
8:13.90 (38.78)	8:51.83 (37.93)	9:30.24 (38.41)	10:08.85 (38.61)		
10:47.48 (38.63)	11:26.69 (39.21)	12:04.91 (38.22)	12:44.29 (39.38)		
13:22.87 (38.58)	14:01.51 (38.64)	14:40.53 (39.02)	15:19.01 (38.48)		
15:58.10 (39.09)	16:36.72 (38.62)	17:15.42 (38.70)	17:54.37 (38.95)		
18:32.16 (37.79)	19:09.06 (36.90)				

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 1 - Warmup 5.30pm****(Event 1 Boys 14 Year Olds 1500 SC Meter Freestyle (HDW))**

Name	Age	Team	Seed Time	Finals Time	Points
3 Fitzsimmons, Arron	14	Pembroke & District	19:36.17	19:13.38	
32.16	1:08.94 (36.78)	1:46.94 (38.00)	2:25.57 (38.63)		
3:04.53 (38.96)	3:43.71 (39.18)	4:22.65 (38.94)	5:02.04 (39.39)		
5:41.18 (39.14)	6:20.88 (39.70)	6:59.89 (39.01)	7:39.31 (39.42)		
8:17.89 (38.58)	8:57.24 (39.35)	9:35.85 (38.61)	10:15.26 (39.41)		
10:53.85 (38.59)	11:33.39 (39.54)	12:12.81 (39.42)	12:52.00 (39.19)		
13:30.14 (38.14)	14:08.75 (38.61)	14:47.95 (39.20)	15:25.87 (37.92)		
16:04.33 (38.46)	16:42.47 (38.14)	17:19.96 (37.49)	17:58.37 (38.41)		
18:37.06 (38.69)	19:13.38 (36.32)				
4 Davies, Dominic	14	Llanelli Asc	22:50.30	22:16.64	
	4:16.99 ()	4:46.30 (29.31)	5:40.76 (54.46)		
6:26.28 (45.52)	7:11.44 (45.16)	7:57.39 (45.95)	8:44.10 (46.71)		
9:28.95 (44.85)	10:14.55 (45.60)	10:58.92 (44.37)	11:44.94 (46.02)		
12:29.67 (44.73)	13:14.44 (44.77)	13:58.56 (44.12)	14:44.89 (46.33)		
15:29.46 (44.57)	16:14.51 (45.05)	17:00.81 (46.30)	17:46.32 (45.51)		
18:32.43 (46.11)	19:19.69 (47.26)	20:05.48 (45.79)	20:51.85 (46.37)		
21:37.81 (45.96)	22:16.64 (38.83)				

Event 1 Boys 15-16 1500 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Preece, Alexander J	15	Swansea Aquatics	18:39.29	17:53.50	
31.34	1:06.58 (35.24)	1:42.86 (36.28)	2:19.25 (36.39)		
2:55.62 (36.37)	3:32.05 (36.43)	4:08.38 (36.33)	4:45.04 (36.66)		
5:21.29 (36.25)	5:57.80 (36.51)	6:33.99 (36.19)	7:09.89 (35.90)		
7:46.23 (36.34)	8:22.09 (35.86)	8:57.33 (35.24)	9:33.25 (35.92)		
10:09.63 (36.38)	10:45.66 (36.03)	11:21.71 (36.05)	11:57.65 (35.94)		
12:33.89 (36.24)	13:09.96 (36.07)	13:46.05 (36.09)	14:21.71 (35.66)		
14:57.87 (36.16)	15:33.96 (36.09)	16:10.04 (36.08)	16:45.21 (35.17)		
17:20.56 (35.35)	17:53.50 (32.94)				
2 Williams, Osian C	15	Swansea Aquatics	18:40.68	18:37.26	
31.82	1:07.95 (36.13)	1:44.35 (36.40)	2:20.83 (36.48)		
2:57.79 (36.96)	3:35.25 (37.46)	4:13.08 (37.83)	4:50.58 (37.50)		
5:26.51 (35.93)	6:04.86 (38.35)	6:43.59 (38.73)	7:22.08 (38.49)		
7:59.95 (37.87)	8:38.40 (38.45)	9:16.50 (38.10)	9:53.46 (36.96)		
10:30.42 (36.96)	11:08.41 (37.99)	11:46.08 (37.67)	12:23.91 (37.83)		
13:02.10 (38.19)	13:39.44 (37.34)	14:16.84 (37.40)	14:54.06 (37.22)		
15:31.53 (37.47)	16:09.06 (37.53)	16:46.78 (37.72)	17:24.35 (37.57)		
18:02.40 (38.05)	18:37.26 (34.86)				

Event 1 Boys 17 & Over 1500 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Morgan J	24	Neath Asc	18:58.92	16:34.82	
29.84	1:01.69 (31.85)	1:34.11 (32.42)	2:06.79 (32.68)		
2:39.59 (32.80)	3:12.61 (33.02)	3:45.82 (33.21)	4:19.11 (33.29)		
4:52.52 (33.41)	5:25.99 (33.47)	5:59.42 (33.43)	6:33.08 (33.66)		
7:06.28 (33.20)	7:39.63 (33.35)	8:12.93 (33.30)	8:46.63 (33.70)		
9:20.00 (33.37)	9:53.34 (33.34)	10:26.88 (33.54)	11:00.30 (33.42)		
11:34.11 (33.81)	12:07.57 (33.46)	12:41.04 (33.47)	13:14.60 (33.56)		
13:48.32 (33.72)	14:21.68 (33.36)	14:55.58 (33.90)	15:29.46 (33.88)		
16:02.73 (33.27)	16:34.82 (32.09)				
2 Williams, Rhys S	19	Carmarthen	16:50.64	17:01.34	
29.59	1:02.15 (32.56)	1:35.01 (32.86)	2:07.91 (32.90)		
2:41.03 (33.12)	3:14.56 (33.53)	3:47.86 (33.30)	4:21.87 (34.01)		
4:55.65 (33.78)	5:29.51 (33.86)	6:04.07 (34.56)	6:38.23 (34.16)		
7:12.68 (34.45)	7:47.62 (34.94)	8:22.33 (34.71)	8:56.80 (34.47)		
9:31.74 (34.94)	10:05.97 (34.23)	10:41.23 (35.26)	11:16.02 (34.79)		
11:50.29 (34.27)	12:25.47 (35.18)	13:00.73 (35.26)	13:36.11 (35.38)		
14:11.01 (34.90)	14:45.62 (34.61)	15:20.40 (34.78)	15:54.97 (34.57)		
16:28.91 (33.94)	17:01.34 (32.43)				

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 1 - Warmup 5.30pm****(Event 1 Boys 17 & Over 1500 SC Meter Freestyle (HDW))**

Name	Age	Team	Seed Time	Finals Time	Points
3 Davies, Rhys	17	Fishguard Flyers SC	17:42.13	17:51.93	
30.10	1:04.04 (33.94)	1:39.27 (35.23)	2:14.78 (35.51)		
2:49.51 (34.73)	3:24.99 (35.48)	4:00.48 (35.49)	4:36.18 (35.70)		
5:11.81 (35.63)	5:47.70 (35.89)	6:59.47 (1:11.77)	7:36.08 (36.61)		
8:13.05 (36.97)	8:49.35 (36.30)	9:25.65 (36.30)	10:02.33 (36.68)		
10:39.16 (36.83)	11:15.57 (36.41)	11:51.57 (36.00)	12:28.44 (36.87)		
13:03.55 (35.11)	13:42.40 (38.85)	14:18.72 (36.32)	14:54.42 (35.70)		
15:30.28 (35.86)	16:06.37 (36.09)	16:42.19 (35.82)	17:17.23 (35.04)		
17:51.93 (34.70)					
4 Gibson, Jason A	18	Swansea Aquatics	20:20.80	20:24.47	
34.86	1:13.41 (38.55)	1:52.55 (39.14)	2:32.69 (40.14)		
3:13.20 (40.51)	3:53.21 (40.01)	4:33.25 (40.04)	5:14.57 (41.32)		
5:55.02 (40.45)	6:35.74 (40.72)	7:16.59 (40.85)	7:57.38 (40.79)		
8:38.47 (41.09)	9:19.74 (41.27)	10:00.92 (41.18)	10:42.10 (41.18)		
11:22.79 (40.69)	12:04.48 (41.69)	12:46.46 (41.98)	13:28.15 (41.69)		
14:09.93 (41.78)	14:51.50 (41.57)	15:33.01 (41.51)	16:15.15 (42.14)		
16:57.45 (42.30)	17:39.60 (42.15)	18:20.90 (41.30)	19:02.96 (42.06)		
19:44.17 (41.21)	20:24.47 (40.30)				

Event 2 Girls 11 Year Olds 800 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Smart, Charlotte E	11	Swansea Aquatics	11:39.58	11:39.49	
38.21	1:20.96 (42.75)	2:03.94 (42.98)	2:47.85 (43.91)		
3:32.24 (44.39)	4:17.35 (45.11)	5:01.57 (44.22)	5:46.51 (44.94)		
6:31.96 (45.45)	7:16.81 (44.85)	8:01.85 (45.04)	8:46.96 (45.11)		
9:31.81 (44.85)	10:15.64 (43.83)	10:59.90 (44.26)	11:39.49 (39.59)		

Event 2 Girls 12 Year Olds 800 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Patterson, Millie	12	Carmarthen	10:51.00	10:30.24	
35.86	1:14.93 (39.07)	1:54.95 (40.02)	2:35.06 (40.11)		
3:15.54 (40.48)	3:55.50 (39.96)	4:35.32 (39.82)	5:15.38 (40.06)		
5:55.08 (39.70)	6:35.08 (40.00)	7:15.18 (40.10)	7:55.20 (40.02)		
8:35.20 (40.00)	9:14.49 (39.29)	9:53.19 (38.70)	10:30.24 (37.05)		
2 Lewis, Caera	12	Pembroke & District	11:24.84	11:09.56	
36.22	1:16.95 (40.73)	1:59.35 (42.40)	2:40.82 (41.47)		
3:23.03 (42.21)	4:06.38 (43.35)	4:49.26 (42.88)	5:31.52 (42.26)		
6:14.77 (43.25)	6:57.39 (42.62)	7:39.64 (42.25)	8:23.15 (43.51)		
9:06.09 (42.94)	9:48.65 (42.56)	10:31.15 (42.50)	11:09.56 (38.41)		
3 Jones, Holli K	12	Swansea Aquatics	11:05.41	11:24.52	
38.80	1:21.88 (43.08)	2:06.10 (44.22)	2:49.80 (43.70)		
3:33.27 (43.47)	4:17.26 (43.99)	4:59.69 (42.43)	5:42.40 (42.71)		
6:25.40 (43.00)	7:08.42 (43.02)	7:52.63 (44.21)	8:36.08 (43.45)		
9:18.44 (42.36)	10:01.81 (43.37)	10:44.20 (42.39)	11:24.52 (40.32)		
4 Thomas, Seren M	12	Swansea Aquatics	11:57.27	11:40.84	
39.93	1:23.62 (43.69)	2:07.46 (43.84)	2:51.30 (43.84)		
3:36.06 (44.76)	4:21.74 (45.68)	5:06.58 (44.84)	5:51.98 (45.40)		
6:36.15 (44.17)	7:21.24 (45.09)	8:06.71 (45.47)	8:51.33 (44.62)		
9:36.17 (44.84)	10:20.28 (44.11)	11:02.90 (42.62)	11:40.84 (37.94)		
5 Bray, Bethan	12	Celtic Dolphins	12:18.11	11:52.29	
40.46	1:24.91 (44.45)	2:10.48 (45.57)	2:55.64 (45.16)		
3:40.31 (44.67)	4:25.89 (45.58)	5:11.01 (45.12)	5:56.12 (45.11)		
6:41.39 (45.27)	7:26.79 (45.40)	8:12.62 (45.83)	8:58.32 (45.70)		
9:42.67 (44.35)	10:27.57 (44.90)	11:12.36 (44.79)	11:52.29 (39.93)		
6 Hewitt, Jessica G	12	Swansea Aquatics	12:05.86	12:41.63	
40.21	1:26.15 (45.94)	2:14.80 (48.65)	3:03.88 (49.08)		
3:53.17 (49.29)	4:42.92 (49.75)	5:31.80 (48.88)	6:20.91 (49.11)		
7:10.13 (49.22)	7:58.40 (48.27)	8:47.44 (49.04)	9:35.30 (47.86)		
10:22.31 (47.01)	11:09.93 (47.62)	11:57.31 (47.38)	12:41.63 (44.32)		

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 1 - Warmup 5.30pm****Event 2 Girls 13 Year Olds 800 SC Meter Freestyle (HDW)**

Name	Age	Team	Seed Time	Finals Time
1 Lloyd, Ruby C	13	Swansea Aquatics	10:16.38	10:17.69
35.07	1:12.77 (37.70)	1:50.76 (37.99)	2:30.10 (39.34)	
3:08.50 (38.40)	3:47.31 (38.81)	4:26.70 (39.39)	5:06.47 (39.77)	
5:45.05 (38.58)	6:24.70 (39.65)	7:04.36 (39.66)	7:43.30 (38.94)	
8:24.05 (40.75)	9:03.10 (39.05)	9:41.26 (38.16)	10:17.69 (36.43)	
2 Tucker, Natalie E	13	Swansea Aquatics	10:32.37	10:26.86
34.97	1:13.55 (38.58)	1:53.01 (39.46)	2:32.64 (39.63)	
3:12.21 (39.57)	3:52.07 (39.86)	4:31.83 (39.76)	5:11.41 (39.58)	
5:51.36 (39.95)	6:31.43 (40.07)	7:11.23 (39.80)	7:50.72 (39.49)	
8:30.12 (39.40)	9:09.76 (39.64)	9:48.91 (39.15)	10:26.86 (37.95)	
3 Curtis-Jones, Llian M	13	Celtic Dolphins	10:41.11	10:51.79
36.35	1:16.50 (40.15)	1:56.95 (40.45)	2:37.75 (40.80)	
3:18.00 (40.25)	3:58.90 (40.90)	4:40.29 (41.39)	5:22.19 (41.90)	
6:03.55 (41.36)	6:46.11 (42.56)	7:27.39 (41.28)	8:08.50 (41.11)	
8:49.93 (41.43)	9:31.24 (41.31)	10:11.80 (40.56)	10:51.79 (39.99)	
4 Thapa, Freya M	13	Aberystwyth sc	10:54.63	11:02.35
36.05	1:16.82 (40.77)	1:59.74 (42.92)	2:41.85 (42.11)	
3:24.26 (42.41)	4:06.34 (42.08)	4:48.87 (42.53)	5:31.28 (42.41)	
6:13.75 (42.47)	6:56.27 (42.52)	7:37.92 (41.65)	8:20.30 (42.38)	
9:01.87 (41.57)	9:43.51 (41.64)	10:24.04 (40.53)	11:02.35 (38.31)	
5 Watts, Non	13	Celtic Dolphins	10:56.23	11:11.48
35.51	1:14.31 (38.80)	1:55.65 (41.34)	2:37.06 (41.41)	
3:19.96 (42.90)	4:02.58 (42.62)	4:45.39 (42.81)	5:28.23 (42.84)	
6:11.06 (42.83)	6:54.56 (43.50)	7:38.04 (43.48)	8:21.98 (43.94)	
9:04.65 (42.67)	9:47.98 (43.33)	10:30.72 (42.74)	11:11.48 (40.76)	

Event 2 Girls 14 Year Olds 800 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time
1 Thomson, Megan E	14	Haverfordwest Swimming Club	10:16.99	10:23.07
33.81	1:11.14 (37.33)	1:49.81 (38.67)	2:28.85 (39.04)	
3:07.90 (39.05)	3:47.46 (39.56)	4:27.42 (39.96)	5:07.56 (40.14)	
5:47.63 (40.07)	6:28.04 (40.41)	7:07.99 (39.95)	7:48.31 (40.32)	
8:27.84 (39.53)	9:07.87 (40.03)	9:46.42 (38.55)	10:23.07 (36.65)	
2 Clack, Lucy	14	Carmarthen	11:18.43	11:06.64
37.06	1:18.49 (41.43)	2:01.27 (42.78)	2:45.08 (43.81)	
3:27.83 (42.75)	4:10.88 (43.05)	4:52.84 (41.96)	5:35.42 (42.58)	
6:18.10 (42.68)	6:59.68 (41.58)	7:40.93 (41.25)	8:23.69 (42.76)	
9:04.65 (40.96)	9:46.26 (41.61)	10:27.21 (40.95)	11:06.64 (39.43)	
3 Evans, Caitlin R	14	Swansea Aquatics	10:57.94	11:14.27
35.73	1:16.32 (40.59)	1:58.52 (42.20)	2:40.90 (42.38)	
3:23.51 (42.61)	4:06.35 (42.84)	4:49.49 (43.14)	5:31.73 (42.24)	
6:14.54 (42.81)	6:58.30 (43.76)	7:41.75 (43.45)	8:24.75 (43.00)	
9:08.06 (43.31)	9:51.55 (43.49)	10:33.88 (42.33)	11:14.27 (40.39)	
4 Ord, Tamzin	14	Llanelli Asc	11:49.14	11:45.67
38.51	1:21.59 (43.08)	2:05.68 (44.09)	2:49.95 (44.27)	
3:35.69 (45.74)	4:19.65 (43.96)	5:04.49 (44.84)	5:48.57 (44.08)	
6:34.14 (45.57)	7:19.21 (45.07)	8:04.70 (45.49)	8:50.39 (45.69)	
9:35.13 (44.74)	10:20.67 (45.54)	11:05.45 (44.78)	11:45.67 (40.22)	

Event 2 Girls 15-16 800 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time
1 Willis, Ashleigh J	16	Swansea Aquatics	9:49.80	9:46.07
32.14	1:07.61 (35.47)	1:44.61 (37.00)	2:22.25 (37.64)	
2:59.27 (37.02)	3:36.47 (37.20)	4:13.96 (37.49)	4:51.21 (37.25)	
5:28.01 (36.80)	6:05.00 (36.99)	6:42.01 (37.01)	7:19.06 (37.05)	
7:56.24 (37.18)	8:33.30 (37.06)	9:10.32 (37.02)	9:46.07 (35.75)	

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 1 - Warmup 5.30pm****(Event 2 Girls 15-16 800 SC Meter Freestyle (HDW))**

Name	Age	Team	Seed Time	Finals Time
2 Conlon, Nia	15	Carmarthen	10:12.36	9:57.99
32.91	1:09.27 (36.36)	1:46.28 (37.01)	2:23.70 (37.42)	
3:01.22 (37.52)	3:38.91 (37.69)	4:16.97 (38.06)	4:54.95 (37.98)	
5:33.31 (38.36)	6:11.70 (38.39)	6:50.14 (38.44)	7:28.49 (38.35)	
8:06.57 (38.08)	8:44.77 (38.20)	9:22.48 (37.71)	9:57.99 (35.51)	
3 Llewellyn, Rosie	16	Pembroke & District	10:11.28	9:58.67
34.06	1:11.66 (37.60)	1:49.40 (37.74)	2:27.18 (37.78)	
3:04.53 (37.35)	3:42.79 (38.26)	4:20.27 (37.48)	4:58.01 (37.74)	
5:35.96 (37.95)	6:14.04 (38.08)	6:52.27 (38.23)	7:30.45 (38.18)	
8:07.83 (37.38)	8:45.76 (37.93)	9:23.35 (37.59)	9:58.67 (35.32)	
4 Omnet, Lauren	15	Pembroke & District	10:47.04	9:59.77
33.27	1:09.56 (36.29)	1:46.70 (37.14)	2:24.59 (37.89)	
3:03.03 (38.44)	3:40.88 (37.85)	4:18.88 (38.00)	4:56.83 (37.95)	
5:34.89 (38.06)	6:13.36 (38.47)	6:51.62 (38.26)	7:29.74 (38.12)	
8:08.25 (38.51)	8:45.97 (37.72)	9:23.42 (37.45)	9:59.77 (36.35)	
5 Cressey-Rodgers, Deryn H	15	Carmarthen	10:31.14	10:13.76
34.63	1:13.10 (38.47)	1:52.02 (38.92)	2:31.30 (39.28)	
3:10.27 (38.97)	3:49.31 (39.04)	4:28.06 (38.75)	5:07.99 (39.93)	
5:47.17 (39.18)	6:26.06 (38.89)	7:05.34 (39.28)	7:44.17 (38.83)	
8:22.22 (38.05)	9:00.20 (37.98)	9:38.14 (37.94)	10:13.76 (35.62)	
6 Warlow, Grace E	15	Neath Asc	10:32.67	10:17.33
33.27	1:10.06 (36.79)	1:48.43 (38.37)	2:27.86 (39.43)	
3:07.65 (39.79)	3:47.36 (39.71)	4:26.63 (39.27)	5:06.20 (39.57)	
5:45.37 (39.17)	6:24.74 (39.37)	7:04.05 (39.31)	7:43.33 (39.28)	
8:22.20 (38.87)	9:01.37 (39.17)	9:40.14 (38.77)	10:17.33 (37.19)	
7 Holdsworth, Jasmine	16	Celtic Dolphins	10:34.73	10:31.29
35.14	1:14.15 (39.01)	1:53.12 (38.97)	2:32.05 (38.93)	
3:11.54 (39.49)	3:51.23 (39.69)	4:31.00 (39.77)	5:10.53 (39.53)	
5:50.58 (40.05)	6:31.01 (40.43)	7:11.19 (40.18)	7:51.05 (39.86)	
8:31.18 (40.13)	9:11.04 (39.86)	9:51.63 (40.59)	10:31.29 (39.66)	
8 Jones, Ffion	15	Swansea Aquatics	10:50.43	10:37.62
36.45	1:16.27 (39.82)	1:55.98 (39.71)	2:36.07 (40.09)	
3:15.79 (39.72)	3:56.26 (40.47)	4:36.94 (40.68)	5:16.67 (39.73)	
5:57.23 (40.56)	6:37.59 (40.36)	7:17.81 (40.22)	7:58.80 (40.99)	
8:39.12 (40.32)	9:19.35 (40.23)	9:59.22 (39.87)	10:37.62 (38.40)	
9 Tyler, Megan	16	Carmarthen	11:10.94	10:56.78
36.03	1:16.24 (40.21)	1:57.31 (41.07)	2:39.43 (42.12)	
3:21.26 (41.83)	4:03.62 (42.36)	4:45.74 (42.12)	5:27.92 (42.18)	
6:09.55 (41.63)	6:51.95 (42.40)	7:32.87 (40.92)	8:14.66 (41.79)	
8:55.81 (41.15)	9:37.43 (41.62)	10:18.17 (40.74)	10:56.78 (38.61)	
10 Cressey-Rodgers, Molly R	15	Carmarthen	11:03.88	11:27.06
36.56	1:17.48 (40.92)	1:59.87 (42.39)	2:43.12 (43.25)	
3:26.22 (43.10)	4:09.60 (43.38)	4:53.61 (44.01)	5:37.63 (44.02)	
6:21.85 (44.22)	7:06.41 (44.56)	7:49.50 (43.09)	8:33.60 (44.10)	
9:17.89 (44.29)	10:01.63 (43.74)	10:45.35 (43.72)	11:27.06 (41.71)	
--- Williams, Danielle R	15	Swansea Aquatics	10:39.26	DNF

Event 2 Girls 17 & Over 800 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time
1 Davies, Eleri	18	Neath Asc	9:19.50	9:19.14
31.84	1:06.98 (35.14)	1:42.28 (35.30)	2:17.52 (35.24)	
2:52.92 (35.40)	3:28.10 (35.18)	4:03.31 (35.21)	4:38.55 (35.24)	
5:13.61 (35.06)	5:48.98 (35.37)	6:24.28 (35.30)	6:59.66 (35.38)	
7:35.04 (35.38)	8:10.40 (35.36)	8:45.50 (35.10)	9:19.14 (33.64)	
2 Davies, Cati	17	Neath Asc	9:21.79	9:30.80
31.71	1:06.93 (35.22)	1:42.59 (35.66)	2:18.13 (35.54)	
2:53.51 (35.38)	3:29.59 (36.08)	4:05.91 (36.32)	4:42.29 (36.38)	
5:18.60 (36.31)	5:55.36 (36.76)	6:31.93 (36.57)	7:08.59 (36.66)	
7:44.93 (36.34)	8:21.40 (36.47)	8:58.03 (36.63)	9:30.80 (32.77)	