

**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 2 - Warmup 8.00am****Event 3 Girls 13 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1	Evans, Bethan	13 Neath Asc	33.43	32.68	
2	Burgess, Sienna	13 Neath Asc	34.80	34.48	
3	Sandy, Jess	13 Milford Haven Swim Squad	35.52	35.26	
4	Jones, Holly-Ellice	13 Carmarthen	35.63	35.29	
5	Moses, Ffion M	13 Haverfordwest Swimming Club	35.26	35.75	
6	Fox, Eve L	13 Swansea Aquatics	36.37	36.27	
7	Bowen, Hanna M	13 Carmarthen	35.95	36.76	
8	Garcia de Leaniz, Sofia	13 Swansea Aquatics	36.84	36.95	

**Event 3 Girls 13 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1	Evans, Bethan	13 Neath Asc	32.97	33.43	q
2	Burgess, Sienna	13 Neath Asc	37.50	34.80	q
3	Moses, Ffion M	13 Haverfordwest Swimming Club	36.41	35.26	q
4	Sandy, Jess	13 Milford Haven Swim Squad	35.98	35.52	q
5	Jones, Holly-Ellice	13 Carmarthen	36.34	35.63	q
6	Bowen, Hanna M	13 Carmarthen	37.95	35.95	q
7	Fox, Eve L	13 Swansea Aquatics	36.84	36.37	q
8	Garcia de Leaniz, Sofia	13 Swansea Aquatics	37.35	36.84	q
9	White, Amy V	13 Haverfordwest Swimming Club	37.01	36.84	
10	Watts, Non	13 Celtic Dolphins	38.40	37.24	
11	Spiller, Toni E	13 Tenby & District	40.31	37.65	
12	Jones, Neve	13 Neath Asc	38.40	37.96	
13	Krol, Sophie	13 Haverfordwest Swimming Club	38.29	38.01	
14	Tucker, Natalie E	13 Swansea Aquatics	38.07	38.33	
15	Curtis-Jones, Llian M	13 Celtic Dolphins	41.51	38.48	
16	Scott, Summer	13 Swansea Aquatics	41.89	38.84	
17	Gillett, Keira J	13 Swansea Aquatics	40.22	40.07	
18	Rice, Aimee L	13 Carmarthen	40.29	41.36	
19	Phillips, Rhianna	13 Llanelli Asc	43.93	41.63	
20	Lewis, Abigail	13 Neath Asc	42.43	41.95	

**Event 3 Girls 14 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1	Whalley, Charlotte	14 Pembroke & District	30.86	30.90	
2	Rees, Emily	14 Llanelli Asc	33.11	33.19	
3	Powell, Megan B	14 Swansea Aquatics	33.60	33.85	
4	Davies, Ellie L	14 Swansea Aquatics	34.36	34.27	
5	Greenwood, Hannah	14 Pembroke & District	35.08	34.77	
6	Clack, Lucy	14 Carmarthen	34.57	34.93	
7	Glover, Katie	14 Neath Asc	39.97	40.40	

**Event 3 Girls 14 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1	Whalley, Charlotte	14 Pembroke & District	30.95	30.86	q
2	Rees, Emily	14 Llanelli Asc	32.08	33.11	q
3	Powell, Megan B	14 Swansea Aquatics	33.35	33.60	q
4	Davies, Ellie L	14 Swansea Aquatics	33.47	34.36	q
5	Clack, Lucy	14 Carmarthen	36.51	34.57	q
6	Greenwood, Hannah	14 Pembroke & District	35.68	35.08	q
7	Glover, Katie	14 Neath Asc	41.34	39.97	q

**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 2 - Warmup 8.00am****Preliminaries ... (Event 3 Girls 14 Year Olds 50 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
--- Evans, Caitlin R	14	Swansea Aquatics	35.65	DQ

**Event 3 Girls 15-16 50 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Conlon, Nia	15	Carmarthen	33.15	33.23	
2 Robinson, Francesca S	15	Haverfordwest Swimming Club	34.04	33.74	
3 Thompson, Alannah	16	Penyrheol	34.94	34.96	
4 Jones, Ffion	15	Swansea Aquatics	34.99	35.01	
5 Wilson, Tayla	15	Pembroke & District	35.25	35.64	
6 Williams, Danielle R	15	Swansea Aquatics	36.88	36.87	
7 Brooks-Thomas, Tilly E	15	Swansea Aquatics	38.02	37.79	
8 Shiels, Georgia	15	Pembroke & District	38.08	38.76	

**Event 3 Girls 15-16 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Conlon, Nia	15	Carmarthen	32.93	33.15 a
2 Robinson, Francesca S	15	Haverfordwest Swimming Club	33.85	34.04 a
3 Thompson, Alannah	16	Penyrheol	35.05	34.94 a
4 Jones, Ffion	15	Swansea Aquatics	35.58	34.99 a
5 Wilson, Tayla	15	Pembroke & District	36.61	35.25 a
6 Williams, Danielle R	15	Swansea Aquatics	37.16	36.88 a
7 Brooks-Thomas, Tilly E	15	Swansea Aquatics	36.95	38.02 a
8 Shiels, Georgia	15	Pembroke & District	39.21	38.08 a
9 Martin-Evans, Lillie L	15	Neath Asc	39.17	40.12
10 Martin-Evans, Poppie P	15	Neath Asc	41.16	40.84
11 Michael, Tari-Starre	16	Celtic Dolphins	42.57	42.20

**Event 3 Girls 17 & Over 50 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Davies, Cerys	20	Carmarthen	30.84	31.18	
2 Haley, Arabella	17	Tenby & District	31.31	31.41	
3 Morgan, Rebeca	17	Carmarthen	31.94	31.56	
4 Fry, Catrin	18	Carmarthen	32.99	32.71	
5 Wallwork, Sioned	17	Aberystwyth sc	35.60	34.91	

**Event 3 Girls 17 & Over 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Davies, Cerys	20	Carmarthen	31.97	30.84 a
2 Haley, Arabella	17	Tenby & District	31.04	31.31 a
3 Morgan, Rebeca	17	Carmarthen	32.25	31.94 a
4 Fry, Catrin	18	Carmarthen	32.68	32.99 a
5 Wallwork, Sioned	17	Aberystwyth sc	34.14	35.60 a

**Event 4 Boys 11 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Prysor, Sami	11	Aberystwyth sc	36.98	36.83	
2 Gillett, Oliver J	11	Swansea Aquatics	39.59	39.03	
3 Jones, Dafydd R	11	Carmarthen	39.77	39.53	
4 Fletcher, Owen	11	Haverfordwest Swimming Club	41.98	41.08	
5 Thomas, Iestyn	11	Neath Asc	41.67	41.30	

**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 2 - Warmup 8.00am****Event 4 Boys 11 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Prysor, Sami	11	Aberystwyth sc	37.74	36.98	a
2 Gillett, Oliver J	11	Swansea Aquatics	41.12	39.59	a
3 Jones, Dafydd R	11	Carmarthen	39.39	39.77	a
4 Thomas, Iestyn	11	Neath Asc	43.24	41.67	a
5 Fletcher, Owen	11	Haverfordwest Swimming Club	43.97	41.98	a
--- Ardern, James	11	Tenby & District	38.46	DQ	

**Event 4 Boys 12 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Wells, Oliver S	12	Celtic Dolphins	35.11	35.24	
2 Hillary, Benjamin	12	Pembroke & District	35.81	36.59	
3 Thomas, Jac	12	Neath Asc	39.61	37.19	
4 Marsh, Gabe	12	Milford Haven Swim Squad	39.17	40.09	
5 Lister, Edward	12	Pembroke & District	41.51	41.42	
--- Mutter, Ioan	12	Pembroke & District	42.59	DQ	

**Event 4 Boys 12 Year Olds 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Wells, Oliver S	12	Celtic Dolphins	35.53	35.11	a
2 Hillary, Benjamin	12	Pembroke & District	37.00	35.81	a
3 Marsh, Gabe	12	Milford Haven Swim Squad	41.34	39.17	a
4 Thomas, Jac	12	Neath Asc	41.73	39.61	a
5 Lister, Edward	12	Pembroke & District	42.65	41.51	a
6 Mutter, Ioan	12	Pembroke & District	44.33	42.59	a

**Event 5 Boys 13 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Gwynne-Jones, Dylan	13	Carmarthen	1:13.03	1:13.70	
35.06	1:13.70	(38.64)			
2 Schmidt, Hans	13	Fishguard Flyers SC	1:17.89	1:18.41	
37.85	1:18.41	(40.56)			
3 Conlon, Aled L	13	Carmarthen	1:17.90	1:18.81	
37.74	1:18.81	(41.07)			
4 Francis, Woody L	13	Swansea Aquatics	1:25.61	1:23.89	
40.67	1:23.89	(43.22)			
5 Ralph, Robbie	13	Haverfordwest Swimming Club	1:25.75	1:25.93	
41.45	1:25.93	(44.48)			
6 Robinson, Ellis	13	Haverfordwest Swimming Club	1:36.04	1:33.06	
45.19	1:33.06	(47.87)			
--- Thomas, Charlie	13	Celtic Dolphins	1:22.33	DQ	
40.04	DQ	(42.35)			

**Event 5 Boys 13 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Gwynne-Jones, Dylan	13	Carmarthen	1:12.32	1:13.03	a
35.12	1:13.03	(37.91)			
2 Schmidt, Hans	13	Fishguard Flyers SC	1:22.51	1:17.89	a
37.57	1:17.89	(40.32)			
3 Conlon, Aled L	13	Carmarthen	1:15.98	1:17.90	a
37.85	1:17.90	(40.05)			
4 Thomas, Charlie	13	Celtic Dolphins	1:24.82	1:22.33	a
40.32	1:22.33	(42.01)			

**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 2 - Warmup 8.00am****Preliminaries ... (Event 5 Boys 13 Year Olds 100 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time	
5 Francis, Woody L	13	Swansea Aquatics	1:25.67	1:25.61	q
41.45	1:25.61 (44.16)				
6 Ralph, Robbie	13	Haverfordwest Swimming Club	1:24.62	1:25.75	q
40.97	1:25.75 (44.78)				
7 Robinson, Ellis	13	Haverfordwest Swimming Club	1:33.39	1:36.04	q
46.21	1:36.04 (49.83)				

**Event 5 Boys 14 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Morgan, Dylan	14	Carmarthen	1:04.40	1:04.05	
30.62	1:04.05 (33.43)				
2 Elkin, Max	14	Swansea Aquatics	1:08.06	1:07.84	
3 Sturley, Toby	14	Pembroke & District	1:08.55	1:07.90	
33.62	1:07.90 (34.28)				
4 Fitzsimmons, Arron	14	Pembroke & District	1:10.67	1:10.67	
34.33	1:10.67 (36.34)				
5 Shiels, Charlie J	14	Pembroke & District	1:10.26	1:13.57	
36.35	1:13.57 (37.22)				
6 Lewis, Dylan R	14	Swansea Aquatics	1:15.39	1:14.92	
37.62	1:14.92 (37.30)				
7 Wingrave-Rix, Harvey	14	Swansea Aquatics	1:16.18	1:17.14	
37.05	1:17.14 (40.09)				
8 Mote, Alex	14	Carmarthen	1:27.25	1:26.87	
41.57	1:26.87 (45.30)				

**Event 5 Boys 14 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Morgan, Dylan	14	Carmarthen	1:04.94	1:04.40	q
31.03	1:04.40 (33.37)				
2 Elkin, Max	14	Swansea Aquatics	1:09.25	1:08.06	q
32.91	1:08.06 (35.15)				
3 Sturley, Toby	14	Pembroke & District	1:07.94	1:08.55	q
33.60	1:08.55 (34.95)				
4 Shiels, Charlie J	14	Pembroke & District	1:14.31	1:10.26	q
33.54	1:10.26 (36.72)				
5 Fitzsimmons, Arron	14	Pembroke & District	1:11.26	1:10.67	q
34.51	1:10.67 (36.16)				
6 Lewis, Dylan R	14	Swansea Aquatics	1:16.53	1:15.39	q
37.14	1:15.39 (38.25)				
7 Wingrave-Rix, Harvey	14	Swansea Aquatics	1:15.58	1:16.18	q
36.31	1:16.18 (39.87)				
8 Mote, Alex	14	Carmarthen	1:25.58	1:27.25	q
41.62	1:27.25 (45.63)				

**Event 5 Boys 15-16 100 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Morgan, Deian S	16	Carmarthen	1:01.82	1:00.90	
29.85	1:00.90 (31.05)				
2 Govier, Jack	15	Neath Asc	1:02.81	1:02.19	
29.97	1:02.19 (32.22)				
3 Hancock, Carwyn	15	Carmarthen	1:05.78	1:06.11	
32.09	1:06.11 (34.02)				
4 Wells, Lewis	15	Neath Asc	1:07.44	1:08.54	
33.33	1:08.54 (35.21)				

**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 2 - Warmup 8.00am****Finals ... (Event 5 Boys 15-16 100 SC Meter Backstroke)**

Name	Age	Team	Prelim Time	Finals Time	Points
5 Williams, Osian C	15	Swansea Aquatics	1:08.44	1:08.78	
34.23		1:08.78 (34.55)			
6 Lee, Ethan	15	Penyrheol	1:12.02	1:10.54	
33.60		1:10.54 (36.94)			
7 Dunning, Luke	16	Llanelli Asc	1:10.93	1:12.46	
34.82		1:12.46 (37.64)			
8 Kelly, Dean L	16	Haverfordwest Swimming Club	1:17.94	1:18.12	
37.35		1:18.12 (40.77)			

**Event 5 Boys 15-16 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Morgan, Deian S	16	Carmarthen	1:01.49	1:01.82	a
29.38		1:01.82 (32.44)			
2 Govier, Jack	15	Neath Asc	1:01.66	1:02.81	a
30.04		1:02.81 (32.77)			
3 Hancock, Carwyn	15	Carmarthen	1:10.94	1:05.78	a
31.89		1:05.78 (33.89)			
4 Wells, Lewis	15	Neath Asc	1:09.69	1:07.44	a
33.08		1:07.44 (34.36)			
5 Williams, Osian C	15	Swansea Aquatics	1:09.82	1:08.44	a
33.18		1:08.44 (35.26)			
6 Berry, Matthew	16	Haverfordwest Swimming Club	1:10.01	1:09.88	a
33.69		1:09.88 (36.19)			
7 Dunning, Luke	16	Llanelli Asc	1:13.60	1:10.93	a
34.14		1:10.93 (36.79)			
8 Lee, Ethan	15	Penyrheol	1:11.83	1:12.02	a
34.78		1:12.02 (37.24)			
9 Kelly, Dean L	16	Haverfordwest Swimming Club	1:16.18	1:17.94	
37.20		1:17.94 (40.74)			

**Event 5 Boys 17 & Over 100 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Davies, Rhys	17	Fishguard Flyers SC	1:03.64	1:03.21	
30.75		1:03.21 (32.46)			
2 Thomas, Daniel J	21	Swansea Aquatics	1:05.16	1:04.38	
31.64		1:04.38 (32.74)			
3 Oates, Callum	17	Neath Asc	1:06.77	1:06.22	
31.32		1:06.22 (34.90)			
4 Kettle, Rowan	18	Pembroke & District	1:09.72	1:08.50	
32.95		1:08.50 (35.55)			

**Event 5 Boys 17 & Over 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Davies, Rhys	17	Fishguard Flyers SC	1:02.99	1:03.64	a
30.85		1:03.64 (32.79)			
2 Thomas, Daniel J	21	Swansea Aquatics	1:02.64	1:05.16	a
31.60		1:05.16 (33.56)			
3 Oates, Callum	17	Neath Asc	1:06.88	1:06.77	a
30.97		1:06.77 (35.80)			
4 Kettle, Rowan	18	Pembroke & District	1:07.74	1:09.72	a
32.42		1:09.72 (37.30)			

**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 2 - Warmup 8.00am****Event 6 Girls 13 Year Olds 400 SC Meter IM (HDW)**

Name	Age	Team	Seed Time	Finals Time	Points
1 Lloyd, Ruby C	13	Swansea Aquatics	5:56.58	5:41.24	
	37.26	1:20.63 (43.37)	2:05.41 (44.78)	2:49.51 (44.10)	
	3:36.83 (47.32)	4:26.83 (50.00)	5:05.41 (38.58)	5:41.24 (35.83)	
2 Evans, Bethan	13	Neath Asc	6:00.31	5:46.43	
	40.77	1:29.38 (48.61)	2:10.82 (41.44)	2:51.78 (40.96)	
	3:43.07 (51.29)	4:34.81 (51.74)	5:11.25 (36.44)	5:46.43 (35.18)	
3 Bowen, Hanna M	13	Carmarthen	5:52.35	5:51.59	
	38.76	1:26.27 (47.51)	2:10.17 (43.90)	2:54.74 (44.57)	
	3:40.81 (46.07)	4:31.26 (50.45)	5:10.68 (39.42)	5:51.59 (40.91)	
4 Fischer, Kayleigh	13	Fishguard Flyers SC	6:35.28	6:07.28	
	1:31.18	2:16.48 (45.30)	3:00.43 (43.95)	3:52.65 (52.22)	
	5:26.47 (1:33.82)	6:07.28 (40.81)	6:07.28 ( )		
5 White, Amy V	13	Haverfordwest Swimming Club	6:16.89	6:29.52	
	44.17	1:35.76 (51.59)	2:23.43 (47.67)	3:09.17 (45.74)	
	4:03.93 (54.76)	5:00.39 (56.46)	5:46.20 (45.81)	6:29.52 (43.32)	
6 Clapham, Rhiannon m	13	Fishguard Flyers SC	6:45.10	6:33.23	
	43.14	1:37.85 (54.71)	2:23.26 (45.41)	3:08.98 (45.72)	
	4:07.47 (58.49)	5:05.11 (57.64)	5:50.95 (45.84)	6:33.23 (42.28)	

**Event 6 Girls 14 Year Olds 400 SC Meter IM (HDW)**

Name	Age	Team	Seed Time	Finals Time	Points
1 Sullivan, Nia	14	Celtic Dolphins	5:38.91	5:31.69	
	33.53	1:11.19 (37.66)	1:55.15 (43.96)	2:38.20 (43.05)	
	3:26.27 (48.07)	4:16.51 (50.24)	4:54.90 (38.39)	5:31.69 (36.79)	

**Event 6 Girls 15-16 400 SC Meter IM (HDW)**

Name	Age	Team	Seed Time	Finals Time	Points
1 Robinson, Francesca S	15	Haverfordwest Swimming Club	5:49.47	5:41.26	
	34.62	1:15.99 (41.37)	1:58.48 (42.49)	2:40.87 (42.39)	
	3:31.16 (50.29)	4:24.37 (53.21)	5:03.37 (39.00)	5:41.26 (37.89)	

**Event 6 Girls 17 & Over 400 SC Meter IM (HDW)**

Name	Age	Team	Seed Time	Finals Time	Points
1 Twigg, Louisa E	17	Haverfordwest Swimming Club	5:02.63	5:05.88	
	33.61	1:09.85 (36.24)	1:49.83 (39.98)	2:28.54 (38.71)	
	3:11.32 (42.78)	3:55.03 (43.71)	4:31.66 (36.63)	5:05.88 (34.22)	
2 Harding, Lucy	17	Haverfordwest Swimming Club	5:10.94	5:30.98	
	1:15.03		2:35.26 ( )		
	3:24.17 ( )	5:30.98 (2:06.81)			

**Event 7 Boys 11 Year Olds 400 SC Meter IM (HDW)**

Name	Age	Team	Seed Time	Finals Time	Points
1 Fletcher, Owen	11	Haverfordwest Swimming Club	7:32.20	7:13.77	
	1:48.82		2:47.44 ( )	3:42.67 (55.23)	
	4:42.23 (59.56)	5:42.24 (1:00.01)	7:13.77 (1:31.53)		

**Event 7 Boys 12 Year Olds 400 SC Meter IM (HDW)**

Name	Age	Team	Seed Time	Finals Time	Points
1 Wells, Oliver S	12	Celtic Dolphins	5:53.15	5:59.75	
	38.77	1:23.89 (45.12)	2:09.16 (45.27)	2:54.08 (44.92)	
	3:47.03 (52.95)	4:41.31 (54.28)	5:21.24 (39.93)	5:59.75 (38.51)	

**Event 8 Girls 11 Year Olds 200 SC Meter Freestyle (HDW)**

Name	Age	Team	Seed Time	Finals Time	Points
1 Demery, Porsche E	11	Swansea Aquatics	2:34.97	2:29.90	
	34.18	1:13.04 (38.86)	1:51.99 (38.95)	2:29.90 (37.91)	
2 Knowles, Amy A	11	Haverfordwest Swimming Club	2:44.15	2:38.03	
	35.63	1:58.73 (1:23.10)	2:38.03 (39.30)	2:38.03 ( )	

**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 2 - Warmup 8.00am****(Event 8 Girls 11 Year Olds 200 SC Meter Freestyle (HDW))**

Name	Age	Team	Seed Time	Finals Time	Points
3 Smart, Charlotte E	11	Swansea Aquatics	2:38.91	2:38.33	
36.38	1:17.55 (41.17)	1:58.54 (40.99)	2:38.33 (39.79)		
4 Gilligan, Gracie	11	Neath Asc	2:45.13	2:39.00	
35.89	1:16.22 (40.33)	1:58.47 (42.25)	2:39.00 (40.53)		
5 Peter, Sophie C	11	Swansea Aquatics	2:46.56	2:42.58	
35.96	1:18.38 (42.42)	2:02.09 (43.71)	2:42.58 (40.49)		
6 Thomas, Ffion	11	Neath Asc	2:42.65	2:46.27	
36.14	1:18.73 (42.59)	2:03.18 (44.45)	2:46.27 (43.09)		
7 Lewis, Grace R	11	Swansea Aquatics	2:52.62	2:47.15	
37.73	1:20.44 (42.71)	2:04.43 (43.99)	2:47.15 (42.72)		
8 Sullivan, Katie	11	Celtic Dolphins	2:55.63	2:48.54	
37.65	1:20.97 (43.32)	2:06.88 (45.91)	2:48.54 (41.66)		
9 Thomas, Grace	11	Milford Haven Swim Squad	2:52.85	2:54.46	
39.57	1:23.78 (44.21)	2:09.76 (45.98)	2:54.46 (44.70)		
10 Thomas, Betsi H	11	Swansea Aquatics	3:05.45	3:06.63	
43.64	1:30.27 (46.63)	2:19.76 (49.49)	3:06.63 (46.87)		

**Event 8 Girls 12 Year Olds 200 SC Meter Freestyle (HDW)**

Name	Age	Team	Seed Time	Finals Time	Points
1 Patterson, Millie	12	Carmarthen	2:23.17	2:26.12	
32.59	1:08.97 (36.38)	1:47.83 (38.86)	2:26.12 (38.29)		
2 Lewis, Lowri	12	Neath Asc	2:36.58	2:33.14	
35.82	1:15.88 (40.06)	1:55.95 (40.07)	2:33.14 (37.19)		
3 Phillips, Erin	12	Celtic Dolphins	2:38.43	2:33.95	
34.01	1:13.20 (39.19)	1:54.86 (41.66)	2:33.95 (39.09)		
4 Lewis, Caera	12	Pembroke & District	2:38.95	2:34.05	
34.43	1:14.57 (40.14)	1:55.97 (41.40)	2:34.05 (38.08)		
5 Jones, Holli K	12	Swansea Aquatics	2:34.79	2:36.50	
36.40	1:17.32 (40.92)	2:36.50 (1:19.18)	2:36.50 ( )		
6 Griffiths, Enfys	12	Haverfordwest Swimming Club	2:52.14	2:41.94	
36.54	1:17.39 (40.85)	2:00.92 (43.53)	2:41.94 (41.02)		
7 Reed, Kayleigh	12	Fishguard Flyers SC	2:50.92	2:42.80	
36.32	1:18.82 (42.50)	2:02.37 (43.55)	2:42.80 (40.43)		
8 Evans, Caitlin	12	Neath Asc	2:52.13	2:47.99	
37.47	1:20.09 (42.62)	2:04.96 (44.87)	2:47.99 (43.03)		
9 Thomas, Seren M	12	Swansea Aquatics	2:50.78	2:48.50	
37.63	1:19.59 (41.96)	2:05.02 (45.43)	2:48.50 (43.48)		
10 White, Eleanor R	12	Haverfordwest Swimming Club	2:46.39	2:51.32	
38.46	1:21.93 (43.47)	2:06.89 (44.96)	2:51.32 (44.43)		
11 Hewitt, Jessica G	12	Swansea Aquatics	2:48.57	2:52.95	
39.49	1:24.15 (44.66)	2:09.53 (45.38)	2:52.95 (43.42)		
12 Williams-Jones, Cari	12	Llanelli Asc	2:55.35	2:53.39	
38.44	1:22.63 (44.19)	2:08.91 (46.28)	2:53.39 (44.48)		
13 Webb, Alys	12	Haverfordwest Swimming Club	2:58.05	2:53.56	
39.45	1:23.82 (44.37)	2:09.65 (45.83)	2:53.56 (43.91)		
14 Thomas, Abigail G	12	Pembroke & District	2:57.38	2:54.29	
1:24.43	2:12.15 (47.72)	2:54.29 (42.14)	2:54.29 ( )		
15 Pugh, Kara	12	Haverfordwest Swimming Club	3:00.34	2:54.91	
38.84	1:24.11 (45.27)	2:11.03 (46.92)	2:54.91 (43.88)		
16 Callen, Holly-Jane	12	Pembroke & District	3:01.29	2:55.41	
39.48	1:25.08 (45.60)	2:11.87 (46.79)	2:55.41 (43.54)		
17 Sturley, Maggie M	12	Pembroke & District	3:00.69	2:55.52	
38.33	1:23.35 (45.02)	2:10.96 (47.61)	2:55.52 (44.56)		
18 James, Nia	12	Haverfordwest Swimming Club	3:03.57	2:55.55	
39.57	1:24.77 (45.20)	2:10.78 (46.01)	2:55.55 (44.77)		
19 Carroll, Leah	12	Pembroke & District	2:57.98	2:56.36	
39.02	1:25.71 (46.69)	2:12.19 (46.48)	2:56.36 (44.17)		

**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 2 - Warmup 8.00am****(Event 8 Girls 12 Year Olds 200 SC Meter Freestyle (HDW))**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
20	Williams, Freya	12	Milford Haven Swim Squad	2:49.38	2:58.66	
	39.77	1:26.35 (46.58)	2:13.28 (46.93)	2:58.66 (45.38)		
21	Hale, Chloe	12	Haverfordwest Swimming Club	2:52.67	2:59.23	
	39.80	1:26.34 (46.54)	2:14.24 (47.90)	2:59.23 (44.99)		
---	Forster, Ella	12	Fishguard Flyers SC	3:09.02	DQ	
	39.12	1:24.78 (45.66)	2:12.04 (47.26)	DQ (46.02)		

**Event 203 Girls 13 & Over 50 SC Meter Backstroke Swim-off**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
<b>- Swim-off</b>					
1	Garcia de Leaniz, Sofia	13	Swansea Aquatics	NT	35.12
2	White, Amy V	13	Haverfordwest Swimming Club	NT	36.21