

**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 8 - Warmup 08.00am****Event 35 Girls 11 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Gilligan, Gracie	11	Neath Asc	43.29	42.62	
2 Hughes, Cari	11	Neath Asc	45.09	44.49	
3 Knowles, Amy A	11	Haverfordwest Swimming Club	47.63	45.76	
4 Thomas, Grace	11	Milford Haven Swim Squad	47.79	46.23	
5 Demery, Porsche E	11	Swansea Aquatics	46.68	46.55	
6 Davies, Rhian L	11	Swansea Aquatics	47.30	47.67	
7 Edwards, Catrin S	11	Swansea Aquatics	48.74	47.89	
8 Thomas, Ffion	11	Neath Asc	48.98	47.92	

**Event 35 Girls 11 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Gilligan, Gracie	11	Neath Asc	44.59	43.29	q
2 Hughes, Cari	11	Neath Asc	44.11	45.09	q
3 Demery, Porsche E	11	Swansea Aquatics	46.81	46.68	q
4 Davies, Rhian L	11	Swansea Aquatics	46.60	47.30	q
5 Knowles, Amy A	11	Haverfordwest Swimming Club	48.76	47.63	q
6 Thomas, Grace	11	Milford Haven Swim Squad	48.73	47.79	q
7 Edwards, Catrin S	11	Swansea Aquatics	49.36	48.74	q
8 Thomas, Ffion	11	Neath Asc	49.00	48.98	q
9 Sherman Higgs, Tirion	11	Aberystwyth sc	52.40	49.84	
10 Puglia-Walburg, Alessia	11	Milford Haven Swim Squad	53.55	51.05	
11 John, Holly	11	Haverfordwest Swimming Club	52.71	51.25	
12 Allen, Erin	11	Haverfordwest Swimming Club	54.88	53.17	
13 McDonald, Erin	11	Haverfordwest Swimming Club	56.86	53.98	
14 Francis, Heledd G	11	Swansea Aquatics	55.75	55.25	
15 Brown, Caitlin	11	Amman Valley Swimming Club	57.98	56.55	
16 David, Katie	11	Haverfordwest Swimming Club	1:00.73	57.51	
--- Busby, Lily	11	Pembroke & District	48.19	DQ	

**Event 35 Girls 12 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Lewis, Caera	12	Pembroke & District	40.49	40.66	
2 Phillips, Erin	12	Celtic Dolphins	42.31	41.40	
3 Thomas, Seren M	12	Swansea Aquatics	43.32	43.11	
4 Llewellyn, Nia	12	Haverfordwest Swimming Club	42.58	43.23	
5 Morris, Lili	12	Celtic Dolphins	44.41	44.11	
6 Lewis, Lowri	12	Neath Asc	44.12	44.17	
7 Roberts, Emily	12	Carmarthen	44.30	44.53	
8 Haley, Roxy H	12	Tenby & District	44.28	44.69	

**Event 35 Girls 12 Year Olds 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Lewis, Caera	12	Pembroke & District	40.63	40.49	q
2 Phillips, Erin	12	Celtic Dolphins	44.00	42.31	q
3 Llewellyn, Nia	12	Haverfordwest Swimming Club	43.56	42.58	q
4 Thomas, Seren M	12	Swansea Aquatics	44.50	43.32	q
5 Lewis, Lowri	12	Neath Asc	44.94	44.12	q
6 Haley, Roxy H	12	Tenby & District	49.39	44.28	q
7 Roberts, Emily	12	Carmarthen	46.45	44.30	q
8 Morris, Lili	12	Celtic Dolphins	44.32	44.41	q
9 Horne, Alexa	12	Fishguard Flyers SC	47.18	44.52	

**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 8 - Warmup 08.00am****Preliminaries ... (Event 35 Girls 12 Year Olds 50 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
10 Williams-Jones, Cari	12	Llanelli Asc	47.77	45.04
11 Callen, Holly-Jane	12	Pembroke & District	45.05	45.60
12 Rush, Ella	12	Celtic Dolphins	47.30	45.88
13 Evans, Caitlin	12	Neath Asc	47.25	46.35
14 John, Lucy	12	Haverfordwest Swimming Club	45.71	46.44
15 White, Eleanor R	12	Haverfordwest Swimming Club	46.93	47.33
16 Pugh, Kara	12	Haverfordwest Swimming Club	47.24	49.12
17 James, Nia	12	Haverfordwest Swimming Club	51.17	50.13
18 Carroll, Leah	12	Pembroke & District	51.07	52.03
19 Sturley, Maggie M	12	Pembroke & District	51.57	52.39
20 Southam, Sophie	12	Llanelli Asc	58.70	55.10
21 Clissold, Elizabeth	12	Tenby & District	58.92	56.17
22 Rowland, Cleo	12	Milford Haven Swim Squad	59.66	56.62
23 Corbett, Freyja	12	Tenby & District	58.50	1:00.31
--- Rowland, Lola	12	Milford Haven Swim Squad	55.03	DQ

**Event 36 Girls 13 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Evans, Bethan	13	Neath Asc	1:12.72	1:12.00	
34.39	1:12.00 (37.61)				
2 Bowen, Hanna M	13	Carmarthen	1:17.78	1:15.71	
36.63	1:15.71 (39.08)				
3 Jones, Holly-Ellice	13	Carmarthen	1:15.93	1:16.04	
4 Sandy, Jess	13	Milford Haven Swim Squad	1:17.64	1:16.40	
37.81	1:16.40 (38.59)				
5 Fox, Eve L	13	Swansea Aquatics	1:16.13	1:17.58	
37.73	1:17.58 (39.85)				
6 White, Amy V	13	Haverfordwest Swimming Club	1:20.10	1:18.03	
37.89	1:18.03 (40.14)				
7 Watts, Non	13	Celtic Dolphins	1:17.62	1:18.09	
37.74	1:18.09 (40.35)				
8 Garcia de Leaniz, Sofia	13	Swansea Aquatics	1:16.79	1:19.15	
38.34	1:19.15 (40.81)				

**Event 36 Girls 13 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Evans, Bethan	13	Neath Asc	1:12.89	1:12.72	a
34.88	1:12.72 (37.84)				
2 Jones, Holly-Ellice	13	Carmarthen	1:18.26	1:15.93	a
36.81	1:15.93 (39.12)				
3 Fox, Eve L	13	Swansea Aquatics	1:20.01	1:16.13	a
36.96	1:16.13 (39.17)				
4 Garcia de Leaniz, Sofia	13	Swansea Aquatics	1:16.88	1:16.79	a
37.53	1:16.79 (39.26)				
5 Watts, Non	13	Celtic Dolphins	1:24.13	1:17.62	a
38.16	1:17.62 (39.46)				
6 Sandy, Jess	13	Milford Haven Swim Squad	1:20.37	1:17.64	a
37.80	1:17.64 (39.84)				
7 Bowen, Hanna M	13	Carmarthen	1:19.69	1:17.78	a
37.26	1:17.78 (40.52)				
8 White, Amy V	13	Haverfordwest Swimming Club	1:20.57	1:20.10	a
39.47	1:20.10 (40.63)				
9 Curtis-Jones, Llian M	13	Celtic Dolphins	1:24.63	1:21.55	
39.90	1:21.55 (41.65)				

**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 8 - Warmup 08.00am****Preliminaries ... (Event 36 Girls 13 Year Olds 100 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
10 Jones, Neve	13	Neath Asc	1:24.97	1:22.31
39.60	1:22.31 (42.71)			
11 Hammond, Lauren B	13	Swansea Aquatics	1:22.48	1:22.74
39.92	1:22.74 (42.82)			
12 Johns, Ffion C	13	Swansea Aquatics	1:26.43	1:23.75
40.72	1:23.75 (43.03)			
13 Krol, Sophie	13	Haverfordwest Swimming Club	1:22.95	1:24.11
42.03	1:24.11 (42.08)			
14 Clapham, Rhiannon m	13	Fishguard Flyers SC	1:28.96	1:24.74
41.07	1:24.74 (43.67)			
15 Lewis, Abigail	13	Neath Asc	1:28.82	1:27.46
42.78	1:27.46 (44.68)			
16 Rice, Aimee L	13	Carmarthen	1:27.05	1:29.50
43.01	1:29.50 (46.49)			
17 Cole, Megan	13	Pembroke & District	1:33.87	1:33.82
45.13	1:33.82 (48.69)			

**Event 36 Girls 14 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Whalley, Charlotte	14	Pembroke & District	1:07.54	1:08.28	
32.88	1:08.28 (35.40)				
2 Powell, Megan B	14	Swansea Aquatics	1:11.81	1:11.08	
34.78	1:11.08 (36.30)				
3 Davies, Ellie L	14	Swansea Aquatics	1:14.27	1:13.88	
35.40	1:13.88 (38.48)				
4 Rees, Emily	14	Llanelli Asc	1:14.61	1:14.06	
35.32	1:14.06 (38.74)				
5 Greenwood, Hannah	14	Pembroke & District	1:14.98	1:14.28	
35.70	1:14.28 (38.58)				
6 Clack, Lucy	14	Carmarthen	1:14.44	1:17.15	
38.38	1:17.15 (38.77)				
7 Evans, Caitlin R	14	Swansea Aquatics	1:16.18	1:17.33	
37.53	1:17.33 (39.80)				
8 Sullivan, Nia	14	Celtic Dolphins	1:16.90	1:17.72	
38.23	1:17.72 (39.49)				

**Event 36 Girls 14 Year Olds 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Whalley, Charlotte	14	Pembroke & District	1:06.14	1:07.54	q
32.49	1:07.54 (35.05)				
2 Powell, Megan B	14	Swansea Aquatics	1:11.35	1:11.81	q
35.12	1:11.81 (36.69)				
3 Davies, Ellie L	14	Swansea Aquatics	1:13.59	1:14.27	q
35.48	1:14.27 (38.79)				
4 Clack, Lucy	14	Carmarthen	1:14.44	1:14.44	q
36.33	1:14.44 (38.11)				
5 Rees, Emily	14	Llanelli Asc	1:11.78	1:14.61	q
35.52	1:14.61 (39.09)				
6 Greenwood, Hannah	14	Pembroke & District	1:18.16	1:14.98	q
36.53	1:14.98 (38.45)				
7 Evans, Caitlin R	14	Swansea Aquatics	1:16.61	1:16.18	q
37.01	1:16.18 (39.17)				
8 Sullivan, Nia	14	Celtic Dolphins	1:20.66	1:16.90	q
37.81	1:16.90 (39.09)				

**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 8 - Warmup 08.00am****Preliminaries ... (Event 36 Girls 14 Year Olds 100 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
9 Lee, Georgia	14	Pembroke & District	1:23.65	1:23.02
40.33	1:23.02 (42.69)			
10 Glover, Katie	14	Neath Asc	1:27.69	1:25.21
42.52	1:25.21 (42.69)			
11 Griffiths, Seren	14	Haverfordwest Swimming Club	1:24.14	1:25.50
41.70	1:25.50 (43.80)			
12 Williams, Olivia	14	Celtic Dolphins	1:30.44	1:28.97
43.25	1:28.97 (45.72)			

**Event 36 Girls 15-16 100 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Ezard, Emily	16	Neath Asc	1:08.32	1:09.15	
33.18	1:09.15 (35.97)				
2 Conlon, Nia	15	Carmarthen	1:10.39	1:09.85	
33.97	1:09.85 (35.88)				
3 Grigg-Williams, Chloe	15	Penyrheol	1:13.68	1:13.43	
35.80	1:13.43 (37.63)				
4 Roberts, Alice	15	Carmarthen	1:12.36	1:13.52	
36.06	1:13.52 (37.46)				
5 Jones, Ffion	15	Swansea Aquatics	1:14.37	1:13.81	
36.57	1:13.81 (37.24)				
6 Cressey-Rodgers, Deryn H	15	Carmarthen	1:13.27	1:14.09	
36.42	1:14.09 (37.67)				
7 Wilson, Tayla	15	Pembroke & District	1:15.88	1:16.29	
36.29	1:16.29 (40.00)				
8 Glover, Alysia	16	Neath Asc	1:17.47	1:17.87	
37.50	1:17.87 (40.37)				

**Event 36 Girls 15-16 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Ezard, Emily	16	Neath Asc	1:10.86	1:08.32	a
32.98	1:08.32 (35.34)				
2 Conlon, Nia	15	Carmarthen	1:12.14	1:10.39	a
33.85	1:10.39 (36.54)				
3 Roberts, Alice	15	Carmarthen	1:11.97	1:12.36	a
35.36	1:12.36 (37.00)				
4 Cressey-Rodgers, Deryn H	15	Carmarthen	1:13.77	1:13.27	a
35.82	1:13.27 (37.45)				
5 Grigg-Williams, Chloe	15	Penyrheol	1:17.09	1:13.68	a
36.43	1:13.68 (37.25)				
6 Jones, Ffion	15	Swansea Aquatics	1:15.48	1:14.37	a
36.42	1:14.37 (37.95)				
7 Thompson, Alannah	16	Penyrheol	1:14.50	1:14.62	a
35.45	1:14.62 (39.17)				
8 Wilson, Tayla	15	Pembroke & District	1:16.54	1:15.88	a
35.93	1:15.88 (39.95)				
9 Glover, Alysia	16	Neath Asc	1:16.91	1:17.47	
37.77	1:17.47 (39.70)				
10 Williams, Danielle R	15	Swansea Aquatics	1:18.93	1:18.22	
38.71	1:18.22 (39.51)				
11 Fice, Rachel	16	Carmarthen	1:17.87	1:18.25	
12 Brooks-Thomas, Tilly E	15	Swansea Aquatics	1:20.45	1:21.92	
39.42	1:21.92 (42.50)				
13 Martin-Evans, Lillie L	15	Neath Asc	1:21.67	1:26.50	
42.33	1:26.50 (44.17)				

**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 8 - Warmup 08.00am****Preliminaries ... (Event 36 Girls 15-16 100 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
14 Martin-Evans, Poppie P	15	Neath Asc	1:27.68	1:26.90
42.06	1:26.90 (44.84)			
15 Morris, Jess M	15	Pembroke & District	1:27.49	1:31.46
44.47	1:31.46 (46.99)			

**Event 36 Girls 17 & Over 100 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Davies, Cerys	20	Carmarthen	1:08.92	1:06.89	
32.20	1:06.89 (34.69)				
2 Haley, Arabella	17	Tenby & District	1:07.00	1:06.97	
32.53	1:06.97 (34.44)				
3 Harding, Lucy	17	Haverfordwest Swimming Club	1:08.70	1:08.67	
33.27	1:08.67 (35.40)				
4 Wallwork, Sioned	17	Aberystwyth sc	1:14.59	1:14.32	
36.13	1:14.32 (38.19)				
5 Davies, Cara J	17	Swansea Aquatics	1:15.41	1:16.18	
36.98	1:16.18 (39.20)				
6 Jones, Emily	17	Carmarthen	1:26.90	1:27.00	
42.43	1:27.00 (44.57)				

**Event 36 Girls 17 & Over 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Haley, Arabella	17	Tenby & District	1:06.51	1:07.00 a
32.58	1:07.00 (34.42)			
2 Harding, Lucy	17	Haverfordwest Swimming Club	1:07.69	1:08.70 a
33.54	1:08.70 (35.16)			
3 Davies, Cerys	20	Carmarthen	1:08.01	1:08.92 a
32.62	1:08.92 (36.30)			
4 Wallwork, Sioned	17	Aberystwyth sc	1:12.98	1:14.59 a
36.09	1:14.59 (38.50)			
5 Davies, Cara J	17	Swansea Aquatics	1:13.51	1:15.41 a
36.38	1:15.41 (39.03)			
6 Jones, Emily	17	Carmarthen	1:24.61	1:26.90 a
42.53	1:26.90 (44.37)			

**Event 37 Boys 13 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Andrews, Rory	13	Haverfordwest Swimming Club	1:13.09	1:12.09	
34.41	1:12.09 (37.68)				
2 Burkett, Maximus C	13	Swansea Aquatics	1:13.20	1:12.31	
40.09	1:12.31 (32.22)				
3 North-Mullis, Oliver	13	Carmarthen	1:14.19	1:12.87	
34.89	1:12.87 (37.98)				
4 Keane, Jayden	13	Pembroke & District	1:26.46	1:26.04	
38.55	1:26.04 (47.49)				

**Event 37 Boys 13 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Andrews, Rory	13	Haverfordwest Swimming Club	1:14.09	1:13.09 a
34.43	1:13.09 (38.66)			
2 Burkett, Maximus C	13	Swansea Aquatics	1:11.34	1:13.20 a
34.02	1:13.20 (39.18)			
3 North-Mullis, Oliver	13	Carmarthen	1:14.51	1:14.19 a
1:14.19	1:14.19 ( )			

**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 8 - Warmup 08.00am****Preliminaries ... (Event 37 Boys 13 Year Olds 100 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time	
4 Keane, Jayden	13	Pembroke & District	1:25.46	1:26.46	q
37.86	1:26.46 (48.60)				

**Event 37 Boys 14 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Lewis, Dylan R	14	Swansea Aquatics	1:12.27	1:11.99	
35.69	1:11.99 (36.30)				
2 Powell, Jake	14	Haverfordwest Swimming Club	1:13.57	1:12.50	
3 Fitzsimmons, Arron	14	Pembroke & District	1:15.33	1:13.11	
34.25	1:13.11 (38.86)				
4 Wingrave-Rix, Harvey	14	Swansea Aquatics	1:17.52	1:17.91	
36.07	1:17.91 (41.84)				

**Event 37 Boys 14 Year Olds 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Lewis, Dylan R	14	Swansea Aquatics	1:14.76	1:12.27	q
34.62	1:12.27 (37.65)				
2 Powell, Jake	14	Haverfordwest Swimming Club	1:13.20	1:13.57	q
33.19	1:13.57 (40.38)				
3 Fitzsimmons, Arron	14	Pembroke & District	1:14.08	1:15.33	q
36.05	1:15.33 (39.28)				
4 Wingrave-Rix, Harvey	14	Swansea Aquatics	1:15.34	1:17.52	q
35.71	1:17.52 (41.81)				

**Event 37 Boys 15-16 100 SC Meter Butterfly**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Govier, Jack	15	Neath Asc	1:13.70	1:07.76	
33.40	1:07.76 (34.36)				
2 Jones, Joshua	16	Carmarthen	1:08.32	1:07.94	
31.68	1:07.94 (36.26)				
3 Southam, Jack	15	Llanelli Asc	1:10.61	1:10.44	
4 Kelly, Dean L	16	Haverfordwest Swimming Club	1:14.76	1:14.04	
33.30	1:14.04 (40.74)				
5 Wells, Lewis	15	Neath Asc	1:13.66	1:15.29	
33.66	1:15.29 (41.63)				

**Event 37 Boys 15-16 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Jones, Joshua	16	Carmarthen	1:08.83	1:08.32	q
31.05	1:08.32 (37.27)				
2 Southam, Jack	15	Llanelli Asc	1:11.98	1:10.61	q
32.19	1:10.61 (38.42)				
3 Wells, Lewis	15	Neath Asc	1:10.86	1:13.66	q
32.40	1:13.66 (41.26)				
4 Govier, Jack	15	Neath Asc	1:07.64	1:13.70	q
33.65	1:13.70 (40.05)				
5 Berry, Matthew	16	Haverfordwest Swimming Club	1:16.01	1:14.06	q
32.88	1:14.06 (41.18)				
6 Kelly, Dean L	16	Haverfordwest Swimming Club	1:14.22	1:14.76	q
33.66	1:14.76 (41.10)				

**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 8 - Warmup 08.00am****Event 37 Boys 17 & Over 100 SC Meter Butterfly**

Name	Age	Team	Prelim Time	Finals Time	Points
<b>Finals</b>					
1 Fraser, Lewis W	18	Swansea Aquatics	56.48	55.49	
25.97	55.49 (29.52)				
2 Morris, Alexander T	19	Swansea Aquatics	1:00.66	58.51	
3 Mottram, Ben	18	Haverfordwest Swimming Club	1:03.20	1:00.57	
28.10	1:00.57 (32.47)				
4 Lewis, Ashley	24	Neath Asc	1:01.66	1:00.84	
28.15	1:00.84 (32.69)				
5 Thomas, Daniel J	21	Swansea Aquatics	1:01.59	1:01.48	
28.67	1:01.48 (32.81)				
6 Phillips, Cameron	18	Aberystwyth sc	1:02.99	1:02.62	
29.84	1:02.62 (32.78)				
7 Lee Davies, Sam	18	Neath Asc	1:05.03	1:04.40	
30.39	1:04.40 (34.01)				
8 Rosser, Alex W	22	Swansea Aquatics	1:04.56	1:04.91	
30.09	1:04.91 (34.82)				

**Event 37 Boys 17 & Over 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Fraser, Lewis W	18	Swansea Aquatics	52.82	56.48	a
26.56	56.48 (29.92)				
2 Morris, Alexander T	19	Swansea Aquatics	56.23	1:00.66	a
27.97	1:00.66 (32.69)				
3 Thomas, Daniel J	21	Swansea Aquatics	59.99	1:01.59	a
28.27	1:01.59 (33.32)				
4 Lewis, Ashley	24	Neath Asc	58.40	1:01.66	a
28.24	1:01.66 (33.42)				
5 Phillips, Cameron	18	Aberystwyth sc	1:01.80	1:02.99	a
29.59	1:02.99 (33.40)				
6 Mottram, Ben	18	Haverfordwest Swimming Club	1:00.45	1:03.20	a
7 Webb, Tomas D	18	Haverfordwest Swimming Club	59.83	1:03.70	a
8 Rosser, Alex W	22	Swansea Aquatics	1:02.85	1:04.56	a
29.47	1:04.56 (35.09)				
9 Lee Davies, Sam	18	Neath Asc	1:02.72	1:05.03	
31.44	1:05.03 (33.59)				
10 Davies, Rhys	17	Fishguard Flyers SC	1:04.67	1:05.67	
30.70	1:05.67 (34.97)				
11 Oates, Callum	17	Neath Asc	1:04.43	1:05.73	
29.76	1:05.73 (35.97)				
12 Job, Kyle	20	Penyrheol	1:07.26	1:08.03	
31.65	1:08.03 (36.38)				
13 Kettle, Rowan	18	Pembroke & District	1:07.70	1:08.89	
31.21	1:08.89 (37.68)				

**Event 39 Girls 11 Year Olds 400 SC Meter Freestyle (HDW)**

Name	Age	Team	Seed Time	Finals Time	Points
1 Demery, Porsche E	11	Swansea Aquatics	5:23.38	5:15.78	
2:36.94	3:58.68 ( )	5:15.78 (1:17.10)			
2 Peter, Sophie C	11	Swansea Aquatics	5:50.79	5:44.15	
2:04.14 ( )	2:48.85 (44.71)				
3:32.92 (44.07)	5:01.99 (1:29.07)	5:44.15 (42.16)			
3 Lewis, Grace R	11	Swansea Aquatics	5:55.27	5:48.30	
38.75	1:22.25 (43.50)	2:06.33 (44.08)	2:51.09 (44.76)		
3:35.57 (44.48)	4:20.30 (44.73)	5:05.24 (44.94)	5:48.30 (43.06)		

**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 8 - Warmup 08.00am****(Event 39 Girls 11 Year Olds 400 SC Meter Freestyle (HDW))**

Name	Age	Team	Seed Time	Finals Time	Points
4 Hughes, Cari	11	Neath Asc	5:47.13	5:52.94	
39.04	1:22.52 (43.48)	2:07.70 (45.18)	2:52.50 (44.80)		
3:38.18 (45.68)	4:23.73 (45.55)	5:08.92 (45.19)	5:52.94 (44.02)		
5 Sullivan, Katie	11	Celtic Dolphins	6:27.45	6:05.26	
39.10	1:23.94 (44.84)	2:09.56 (45.62)	2:56.35 (46.79)		
3:43.42 (47.07)	4:32.18 (48.76)	5:20.06 (47.88)	6:05.26 (45.20)		

**Event 39 Girls 12 Year Olds 400 SC Meter Freestyle (HDW)**

Name	Age	Team	Seed Time	Finals Time	Points
1 Patterson, Millie	12	Carmarthen	5:08.57	5:07.31	
34.30	1:12.39 (38.09)	1:51.03 (38.64)	2:30.13 (39.10)		
3:09.52 (39.39)	3:48.75 (39.23)	4:28.55 (39.80)	5:07.31 (38.76)		
2 Jones, Holli K	12	Swansea Aquatics	5:28.46	5:18.18	
36.46	1:16.68 (40.22)	1:57.52 (40.84)	2:37.83 (40.31)		
3:18.84 (41.01)	4:00.03 (41.19)	4:39.62 (39.59)	5:18.18 (38.56)		
3 Lewis, Lowri	12	Neath Asc	5:34.72	5:21.94	
37.47	1:18.93 (41.46)	2:00.49 (41.56)	2:42.03 (41.54)		
3:23.67 (41.64)	4:04.63 (40.96)	4:44.81 (40.18)	5:21.94 (37.13)		
4 Lewis, Caera	12	Pembroke & District	5:39.29	5:22.17	
35.83	1:16.61 (40.78)	1:58.69 (42.08)	2:39.71 (41.02)		
3:21.53 (41.82)	4:03.06 (41.53)	4:44.07 (41.01)	5:22.17 (38.10)		
5 Phillips, Erin	12	Celtic Dolphins	5:41.02	5:36.27	
38.21	1:20.76 (42.55)	2:04.12 (43.36)	2:47.40 (43.28)		
3:30.36 (42.96)	4:13.62 (43.26)	4:56.06 (42.44)	5:36.27 (40.21)		
6 Bray, Bethan	12	Celtic Dolphins	6:01.39	5:48.38	
40.21	1:23.07 (42.86)	2:07.22 (44.15)	2:52.14 (44.92)		
3:37.87 (45.73)	4:22.51 (44.64)	5:07.03 (44.52)	5:48.38 (41.35)		
7 Hewitt, Jessica G	12	Swansea Aquatics	5:48.73	5:59.73	
39.71	1:24.59 (44.88)	2:10.77 (46.18)	2:57.45 (46.68)		
3:44.48 (47.03)	4:30.67 (46.19)	5:16.48 (45.81)	5:59.73 (43.25)		
8 Carroll, Leah	12	Pembroke & District	6:15.17	6:07.87	
41.86	1:28.42 (46.56)	2:15.91 (47.49)	3:03.40 (47.49)		
3:51.26 (47.86)	4:37.51 (46.25)	5:24.33 (46.82)	6:07.87 (43.54)		
9 Sturley, Maggie M	12	Pembroke & District	6:23.83	6:31.21	
42.64	1:32.06 (49.42)	2:22.33 (50.27)	3:12.44 (50.11)		
4:04.97 (52.53)	4:55.15 (50.18)	5:43.76 (48.61)	6:31.21 (47.45)		
--- Williams, Freya	12	Milford Haven Swim Squad	6:05.15	DQ	
39.89	1:24.93 (45.04)	2:11.08 (46.15)	2:58.26 (47.18)		
3:44.70 (46.44)	4:31.49 (46.79)	5:17.88 (46.39)	DQ (43.91)		
--- Hill, Marissa C	12	Swansea Aquatics	5:56.18	DQ	
39.92	1:24.93 (45.01)	2:10.19 (45.26)	2:56.33 (46.14)		
3:43.33 (47.00)	4:30.09 (46.76)	5:17.56 (47.47)	DQ (44.18)		

**Event 40 Boys 11 Year Olds 200 SC Meter Breaststroke (HDW)**

Name	Age	Team	Seed Time	Finals Time	Points
1 Ardern, James	11	Tenby & District	3:31.72	3:22.84	
1:38.81 ( )	3:22.84 (1:44.03)				
2 Butcher, Benjamin	11	Haverfordwest Swimming Club	3:33.38	3:23.29	
47.68	1:40.71 (53.03)	2:31.93 (51.22)	3:23.29 (51.36)		
3 Phillips, Alistair	11	Celtic Dolphins	3:41.81	3:34.67	
49.68	1:46.10 (56.42)	2:41.32 (55.22)	3:34.67 (53.35)		
4 Thomas, Iestyn	11	Neath Asc	3:42.26	3:38.92	
51.42	1:47.75 (56.33)	2:43.68 (55.93)	3:38.92 (55.24)		
5 Fletcher, Owen	11	Haverfordwest Swimming Club	3:46.49	3:42.35	
50.20	1:48.59 (58.39)	2:47.21 (58.62)	3:42.35 (55.14)		



**West Wales Regionals 2018 - 02/02/2018 to 11/02/2018****Results - Session 8 - Warmup 08.00am****Event 40 Boys 12 Year Olds 200 SC Meter Breaststroke (HDW)**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Marsh, Gabe	12	Milford Haven Swim Squad	3:26.69	3:18.06	
	46.05	1:36.53 (50.48)	2:28.39 (51.86)	3:18.06 (49.67)		
2	Willis, Morgan J	12	Swansea Aquatics	3:40.24	3:26.53	
	46.69	1:38.84 (52.15)	2:34.36 (55.52)	3:26.53 (52.17)		
3	Sparks, Harry	12	Carmarthen	3:56.02	3:56.04	
	50.87	1:49.03 (58.16)	2:54.31 (1:05.28)	3:56.04 (1:01.73)		