

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 9 - Warmup 11.00am****Event 41 Girls 13 Year Olds 50 SC Meter Freestyle**

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Evans, Bethan	13	Neath Asc	30.49	30.15	
2 Fox, Eve L	13	Swansea Aquatics	30.86	31.13	
3 Lloyd, Ruby C	13	Swansea Aquatics	31.11	31.29	
4 Jones, Holly-Ellice	13	Carmarthen	31.35	31.30	
5 Crocker, Jasmyn	13	Llanelli Asc	32.15	31.60	
6 Garcia de Leaniz, Sofia	13	Swansea Aquatics	31.79	31.68	
7 Sandy, Jess	13	Milford Haven Swim Squad	31.76	31.73	
8 Bowen, Hanna M	13	Carmarthen	32.09	32.23	

Event 41 Girls 13 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Evans, Bethan	13	Neath Asc	29.96	30.49	a
2 Fox, Eve L	13	Swansea Aquatics	30.28	30.86	a
3 Lloyd, Ruby C	13	Swansea Aquatics	30.76	31.11	a
4 Jones, Holly-Ellice	13	Carmarthen	31.58	31.35	a
5 Sandy, Jess	13	Milford Haven Swim Squad	31.47	31.76	a
6 Garcia de Leaniz, Sofia	13	Swansea Aquatics	31.25	31.79	a
7 Scott, Summer	13	Swansea Aquatics	30.87	31.94	a
8 Bowen, Hanna M	13	Carmarthen	33.27	32.09	a
9 Crocker, Jasmyn	13	Llanelli Asc	32.77	32.15	
10 Tucker, Natalie E	13	Swansea Aquatics	32.10	32.43	
11 Jones, Jodie	13	Carmarthen	33.41	32.82	
12 Wilkins, Maia M	13	Swansea Aquatics	32.16	32.95	
13 Watts, Non	13	Celtic Dolphins	32.81	33.13	
14 Johns, Ffion C	13	Swansea Aquatics	33.54	33.26	
15 Hammond, Lauren B	13	Swansea Aquatics	34.34	33.30	
16 Rice, Aimee L	13	Carmarthen	33.83	34.04	
17 Lewis, Abigail	13	Neath Asc	36.01	34.82	
18 Davies, Katie	13	Celtic Dolphins	34.68	35.02	
19 Cole, Megan	13	Pembroke & District	37.86	35.07	
20 Phillips, Rhianna	13	Llanelli Asc	34.75	35.40	
21 Jones, Neve	13	Neath Asc	36.04	35.55	
22 Williams, Thea	13	Neath Asc	38.97	38.52	

Event 41 Girls 14 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Rees, Emily	14	Llanelli Asc	30.37	30.41	
2 Davies, Ellie L	14	Swansea Aquatics	30.47	30.47	
3 Thomson, Megan E	14	Haverfordwest Swimming Club	30.43	30.83	
4 Pearce, Molly	14	Llanelli Asc	31.04	30.85	
5 Powell, Megan B	14	Swansea Aquatics	31.52	31.32	
6 Evans, Caitlin R	14	Swansea Aquatics	31.42	31.42	
7 Greenwood, Hannah	14	Pembroke & District	31.64	31.52	
8 Lewis, Rachael E	14	Fishguard Flyers SC	32.17	32.35	

Event 41 Girls 14 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Rees, Emily	14	Llanelli Asc	29.70	30.37	a
2 Thomson, Megan E	14	Haverfordwest Swimming Club	30.81	30.43	a
3 Davies, Ellie L	14	Swansea Aquatics	30.58	30.47	a
4 Pearce, Molly	14	Llanelli Asc	31.24	31.04	a

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 9 - Warmup 11.00am****Preliminaries ... (Event 41 Girls 14 Year Olds 50 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time	
5 Evans, Caitlin R	14	Swansea Aquatics	31.73	31.42	q
6 Powell, Megan B	14	Swansea Aquatics	30.73	31.52	q
7 Greenwood, Hannah	14	Pembroke & District	32.82	31.64	q
8 Lewis, Rachael E	14	Fishguard Flyers SC	32.06	32.17	q
9 Clack, Lucy	14	Carmarthen	32.96	32.27	
10 Griffiths, Seren	14	Haverfordwest Swimming Club	34.31	33.31	
11 Barnikel, Ffion R	14	Tenby & District	33.24	33.39	
12 Lee, Georgia	14	Pembroke & District	33.32	33.65	
13 Glover, Katie	14	Neath Asc	34.59	33.87	
14 Williams, Ffion	14	Haverfordwest Swimming Club	35.16	34.35	
15 Williams, Olivia	14	Celtic Dolphins	36.19	34.36	

Event 41 Girls 15-16 50 SC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Ezard, Emily	16	Neath Asc	28.96	28.77	
2 Jones, Bethan	15	Pembroke & District	29.70	29.49	
3 Roberts, Alice	15	Carmarthen	29.53	29.69	
4 Llewellyn, Rosie	16	Pembroke & District	29.88	29.88	
5 Davies, Cari L	15	Aberystwyth sc	29.98	30.08	
6 Conlon, Nia	15	Carmarthen	30.82	30.58	
7 Williams, Danielle R	15	Swansea Aquatics	31.08	30.89	
8 Cressey-Rodgers, Deryn H	15	Carmarthen	31.03	31.09	

Event 41 Girls 15-16 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Ezard, Emily	16	Neath Asc	28.49	28.96	q
2 Roberts, Alice	15	Carmarthen	29.41	29.53	q
3 Jones, Bethan	15	Pembroke & District	29.29	29.70	q
4 Llewellyn, Rosie	16	Pembroke & District	30.18	29.88	q
5 Davies, Cari L	15	Aberystwyth sc	30.35	29.98	q
6 Conlon, Nia	15	Carmarthen	31.12	30.82	q
7 Cressey-Rodgers, Deryn H	15	Carmarthen	30.69	31.03	q
8 Williams, Danielle R	15	Swansea Aquatics	31.42	31.08	q
9 Tyler, Megan	16	Carmarthen	31.26	31.37	
10 Holdsworth, Jasmine	16	Celtic Dolphins	31.17	31.47	
11 Warlow, Grace E	15	Neath Asc	32.42	31.74	
12 Fice, Rachel	16	Carmarthen	32.37	31.85	
13 Jones, Ffion	15	Swansea Aquatics	31.26	31.86	
14 Brooks-Thomas, Tilly E	15	Swansea Aquatics	32.58	32.14	
15 Davies, Emily	15	Celtic Dolphins	31.35	32.24	
16 Glover, Alysia	16	Neath Asc	31.88	32.25	
17 Howells, Charlotte E	15	Swansea Aquatics	33.83	33.68	
18 Martin-Evans, Lillie L	15	Neath Asc	32.09	33.69	

Event 41 Girls 17 & Over 50 SC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Davies, Cerys	20	Carmarthen	27.93	27.71	
2 Fry, Catrin	18	Carmarthen	28.21	28.09	
*3 Davies, Cara J	17	Swansea Aquatics	30.01	29.32	
*3 Harding, Lucy	17	Haverfordwest Swimming Club	29.50	29.32	
5 Jones, Niamh	18	Swansea Aquatics	30.51	30.52	
6 Wallwork, Sioned	17	Aberystwyth sc	31.25	31.20	

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 9 - Warmup 11.00am****Event 41 Girls 17 & Over 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1	Davies, Cerys	20 Carmarthen	28.28	27.93	q
2	Fry, Catrin	18 Carmarthen	27.66	28.21	q
3	Harding, Lucy	17 Haverfordwest Swimming Club	28.93	29.50	q
4	Davies, Cara J	17 Swansea Aquatics	28.55	30.01	q
5	Jones, Niamh	18 Swansea Aquatics	30.18	30.51	q
6	Wallwork, Sioned	17 Aberystwyth sc	30.58	31.25	q

Event 42 Boys 13 Year Olds 50 SC Meter Breaststroke

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1	Schmidt, Hans	13 Fishguard Flyers SC	41.40	39.04	
2	Gwynne-Jones, Dylan	13 Carmarthen	38.14	39.15	
3	Andrews, Rory	13 Haverfordwest Swimming Club	39.74	39.62	
4	North-Mullis, Oliver	13 Carmarthen	40.51	40.22	
5	Burkett, Maximus C	13 Swansea Aquatics	40.30	40.95	
6	Catling, Finlay	13 Celtic Dolphins	41.21	41.63	
7	Thomas, Charlie	13 Celtic Dolphins	43.40	42.72	
8	Hedge, Thomas A	13 Swansea Aquatics	43.48	44.30	

Event 42 Boys 13 Year Olds 50 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1	Gwynne-Jones, Dylan	13 Carmarthen	39.71	38.14	q
2	Andrews, Rory	13 Haverfordwest Swimming Club	40.79	39.74	q
3	Burkett, Maximus C	13 Swansea Aquatics	40.96	40.30	q
4	North-Mullis, Oliver	13 Carmarthen	40.76	40.51	q
5	Catling, Finlay	13 Celtic Dolphins	41.20	41.21	q
6	Schmidt, Hans	13 Fishguard Flyers SC	42.66	41.40	q
7	Thomas, Charlie	13 Celtic Dolphins	44.54	43.40	q
8	Hedge, Thomas A	13 Swansea Aquatics	45.23	43.48	q
9	Ralph, Robbie	13 Haverfordwest Swimming Club	46.79	45.72	
10	Bruce, Jack	13 Tenby & District	52.72	47.11	
11	Thornton, Douglass	13 Neath Asc	47.39	48.17	
12	Francis, Woody L	13 Swansea Aquatics	45.89	48.52	
13	Bridger, Steffan	13 Haverfordwest Swimming Club	50.35	49.81	

Event 42 Boys 14 Year Olds 50 SC Meter Breaststroke

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1	Fitzsimmons, Arron	14 Pembroke & District	36.69	36.05	
2	Edwards, Liam	14 Carmarthen	37.48	36.92	
3	Cole, Matthew	14 Milford Haven Swim Squad	42.30	42.35	
4	Wingrave-Rix, Harvey	14 Swansea Aquatics	44.70	44.56	
5	Davies, Dominic	14 Llanelli Asc	44.63	46.08	

Event 42 Boys 14 Year Olds 50 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1	Fitzsimmons, Arron	14 Pembroke & District	36.21	36.69	q
2	Edwards, Liam	14 Carmarthen	37.14	37.48	q
3	Cole, Matthew	14 Milford Haven Swim Squad	44.25	42.30	q
4	Davies, Dominic	14 Llanelli Asc	49.30	44.63	q
5	Wingrave-Rix, Harvey	14 Swansea Aquatics	47.74	44.70	q

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 9 - Warmup 11.00am****Event 42 Boys 15-16 50 SC Meter Breaststroke**

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Barrett, Sean A	16	Haverfordwest Swimming Club	32.91	32.67	
2 Hancock, Carwyn	15	Carmarthen	36.75	36.65	
3 MacDougall, Ben J	15	Haverfordwest Swimming Club	39.95	39.43	
4 Richards-Parssa Nyko, Rafael	15	Swansea Aquatics	41.79	42.08	
5 Jones, Harry E	15	Celtic Dolphins	41.18	42.30	
6 Williams, Corey	16	Llanelli Asc	45.46	44.29	

Event 42 Boys 15-16 50 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Barrett, Sean A	16	Haverfordwest Swimming Club	32.28	32.91	a
2 Hancock, Carwyn	15	Carmarthen	36.96	36.75	a
3 MacDougall, Ben J	15	Haverfordwest Swimming Club	40.41	39.95	a
4 Jones, Harry E	15	Celtic Dolphins	40.84	41.18	a
5 Richards-Parssa Nyko, Rafael	15	Swansea Aquatics	42.06	41.79	a
6 Williams, Corey	16	Llanelli Asc	46.24	45.46	a

Event 42 Boys 17 & Over 50 SC Meter Breaststroke

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Fraser, Lewis W	18	Swansea Aquatics	31.35	29.25	
2 Mellett, Liam M	25	Swansea Aquatics	30.55	31.03	
3 Webb, Tomas D	18	Haverfordwest Swimming Club	32.56	32.10	
4 Lewis, Matthew D	33	Haverfordwest Swimming Club	32.41	32.72	
5 Job, Kyle	20	Penyrheol	33.46	33.24	
6 Lee Davies, Sam	18	Neath Asc	35.53	34.92	
7 Phillips, Cameron	18	Aberystwyth sc	35.98	35.07	
8 Davies, Rhys	17	Fishguard Flyers SC	35.31	36.28	

Event 42 Boys 17 & Over 50 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Mellett, Liam M	25	Swansea Aquatics	31.60	30.55	a
2 Fraser, Lewis W	18	Swansea Aquatics	28.13	31.35	a
3 Lewis, Matthew D	33	Haverfordwest Swimming Club	32.53	32.41	a
4 Webb, Tomas D	18	Haverfordwest Swimming Club	30.56	32.56	a
5 Job, Kyle	20	Penyrheol	33.77	33.46	a
6 Davies, Rhys	17	Fishguard Flyers SC	37.76	35.31	a
7 Lee Davies, Sam	18	Neath Asc	34.94	35.53	a
8 Phillips, Cameron	18	Aberystwyth sc	33.85	35.98	a
9 Gibson, Jason A	18	Swansea Aquatics	45.78	46.02	

Event 43 Boys 11 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Thomas, Dewi	11	Haverfordwest Swimming Club	1:24.39	1:21.42	
2 Jones, Dafydd R	11	Carmarthen	1:23.66	1:22.75	
40.41	1:22.75 (42.34)				
3 Fletcher, Owen	11	Haverfordwest Swimming Club	1:35.62	1:33.43	
45.78	1:33.43 (47.65)				
4 Partridge, Kieran	11	Llanelli Asc	1:35.34	1:35.56	
46.73	1:35.56 (48.83)				
5 Lee, Aneurin	11	Pembroke & District	1:36.70	1:35.83	
47.45	1:35.83 (48.38)				

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 9 - Warmup 11.00am****Finals ... (Event 43 Boys 11 Year Olds 100 SC Meter Backstroke)**

Name	Age	Team	Prelim Time	Finals Time	Points
6 Bingham, Gabriel	11	Fishguard Flyers SC	1:46.33	1:46.57	
50.94		1:46.57 (55.63)			
--- Thomas, Iestyn	11	Neath Asc	1:37.00	DQ	
45.04		DQ (45.07)			

Event 43 Boys 11 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Jones, Dafydd R	11	Carmarthen	1:38.08	1:23.66	a
40.72		1:23.66 (42.94)			
2 Thomas, Dewi	11	Haverfordwest Swimming Club	1:25.12	1:24.39	a
3 Partridge, Kieran	11	Llanelli Asc	1:37.26	1:35.34	a
46.83		1:35.34 (48.51)			
4 Fletcher, Owen	11	Haverfordwest Swimming Club	1:38.06	1:35.62	a
46.67		1:35.62 (48.95)			
5 Lee, Aneurin	11	Pembroke & District	1:37.80	1:36.70	a
47.34		1:36.70 (49.36)			
6 Thomas, Iestyn	11	Neath Asc	1:34.62	1:37.00	a
47.21		1:37.00 (49.79)			
7 Bingham, Gabriel	11	Fishguard Flyers SC	1:44.02	1:46.33	a
51.06		1:46.33 (55.27)			
--- Upton-Boorman, Liam	11	Carmarthen	1:32.59	DQ	
45.05		DQ (47.14)			

Event 43 Boys 12 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Hillary, Benjamin	12	Pembroke & District	1:21.04	1:20.97	
40.87		1:20.97 (40.10)			
2 Willis, Morgan J	12	Swansea Aquatics	1:21.98	1:21.38	
3 Gwyn, Osian	12	Neath Asc	1:24.68	1:23.51	
41.46		1:23.51 (42.05)			
4 Greenaway, Thomas W	12	Swansea Aquatics	1:26.38	1:24.59	
41.55		1:24.59 (43.04)			
5 Williams, Ethan	12	Llanelli Asc	1:31.33	1:31.51	
44.62		1:31.51 (46.89)			
6 Devonald, James	12	Haverfordwest Swimming Club	1:35.37	1:33.42	
44.26		1:33.42 (49.16)			

Event 43 Boys 12 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Hillary, Benjamin	12	Pembroke & District	1:22.40	1:21.04	a
39.05		1:21.04 (41.99)			
2 Willis, Morgan J	12	Swansea Aquatics	1:24.12	1:21.98	a
1:21.93		1:21.98 (0.05)			
3 Gwyn, Osian	12	Neath Asc	1:21.79	1:24.68	a
42.34		1:24.68 (42.34)			
4 Greenaway, Thomas W	12	Swansea Aquatics	1:32.41	1:26.38	a
42.67		1:26.38 (43.71)			
5 Williams, Ethan	12	Llanelli Asc	1:32.06	1:31.33	a
44.96		1:31.33 (46.37)			
6 Devonald, James	12	Haverfordwest Swimming Club	1:41.55	1:35.37	a
46.56		1:35.37 (48.81)			
--- Thomas, Jac	12	Neath Asc	1:29.66	DQ	

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 9 - Warmup 11.00am****Event 44 Girls 13 Year Olds 200 SC Meter IM (HDW)**

Name	Age	Team	Seed Time	Finals Time	Points
1 Lloyd, Ruby C	13	Swansea Aquatics	2:47.12	2:40.44	
36.62	1:17.87 (41.25)	2:05.72 (47.85)	2:40.44 (34.72)		
2 Evans, Bethan	13	Neath Asc	2:46.90	2:42.35	
36.15	1:17.16 (41.01)	2:07.50 (50.34)	2:42.35 (34.85)		
3 Bowen, Hanna M	13	Carmarthen	2:47.21	2:44.20	
4 Sandy, Jess	13	Milford Haven Swim Squad	2:48.17	2:47.13	
38.41	1:20.86 (42.45)	2:10.06 (49.20)	2:47.13 (37.07)		
5 Garcia de Leaniz, Sofia	13	Swansea Aquatics	2:51.73	2:48.86	
37.63	1:21.51 (43.88)	2:13.23 (51.72)	2:48.86 (35.63)		
6 Wilkins, Maia M	13	Swansea Aquatics	3:02.85	2:49.29	
39.77	1:23.38 (43.61)	2:49.29 (1:25.91)	2:49.29 ()		
7 Burgess, Sienna	13	Neath Asc	2:44.03	2:49.39	
36.74	1:21.64 (44.90)	2:07.96 (46.32)	2:49.39 (41.43)		
8 Tucker, Natalie E	13	Swansea Aquatics	2:49.93	2:50.43	
37.97	1:21.77 (43.80)	2:13.82 (52.05)	2:50.43 (36.61)		
9 Jones, Holly-Ellice	13	Carmarthen	2:54.66	2:54.16	
38.66	1:22.22 (43.56)	2:13.76 (51.54)	2:54.16 (40.40)		
10 Hammond, Lauren B	13	Swansea Aquatics	2:58.82	2:56.80	
37.79	1:23.21 (45.42)	2:17.30 (54.09)	2:56.80 (39.50)		
11 White, Amy V	13	Haverfordwest Swimming Club	2:56.32	2:57.06	
12 Scott, Summer	13	Swansea Aquatics	3:03.80	2:57.53	
37.37	1:23.50 (46.13)	2:16.41 (52.91)	2:57.53 (41.12)		
13 Watts, Non	13	Celtic Dolphins	2:59.61	2:58.39	
41.91	1:25.43 (43.52)	2:20.06 (54.63)	2:58.39 (38.33)		
14 Krol, Sophie	13	Haverfordwest Swimming Club	3:04.24	3:01.07	
41.35	1:26.18 (44.83)	2:18.97 (52.79)	3:01.07 (42.10)		
15 Clapham, Rhiannon m	13	Fishguard Flyers SC	3:12.85	3:02.27	
43.69	1:27.22 (43.53)	2:23.04 (55.82)	3:02.27 (39.23)		
16 Jones, Jodie	13	Carmarthen	3:28.45	3:04.82	
42.24	1:29.82 (47.58)	2:24.19 (54.37)	3:04.82 (40.63)		
17 Johns, Ffion C	13	Swansea Aquatics	3:22.87	3:10.06	
46.60	1:33.01 (46.41)	2:32.52 (59.51)	3:10.06 (37.54)		
18 Jones, Neve	13	Neath Asc	3:18.72	3:11.26	
42.01	1:27.91 (45.90)	2:24.56 (56.65)	3:11.26 (46.70)		
19 Cole, Megan	13	Pembroke & District	3:17.84	3:12.85	
41.26	1:30.84 (49.58)	2:28.50 (57.66)	3:12.85 (44.35)		

Event 44 Girls 14 Year Olds 200 SC Meter IM (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Sullivan, Nia	14	Celtic Dolphins	2:41.41	2:38.87	
32.71	1:13.35 (40.64)	2:02.06 (48.71)	2:38.87 (36.81)		
2 Thomson, Megan E	14	Haverfordwest Swimming Club	2:41.76	2:40.55	
3 Lewis, Rachael E	14	Fishguard Flyers SC	2:53.21	2:50.42	
36.95	1:22.06 (45.11)	2:10.64 (48.58)	2:50.42 (39.78)		
4 Greenwood, Hannah	14	Pembroke & District	2:49.46	2:50.83	
36.59	1:20.45 (43.86)	2:10.68 (50.23)	2:50.83 (40.15)		
5 Powell, Megan B	14	Swansea Aquatics	2:42.74	2:52.49	
39.84	1:18.48 (38.64)	2:14.09 (55.61)	2:52.49 (38.40)		
6 Griffiths, Seren	14	Haverfordwest Swimming Club	3:03.44	2:56.50	
7 Glover, Katie	14	Neath Asc	3:09.29	3:04.64	
8 Williams, Ffion	14	Haverfordwest Swimming Club	3:11.59	3:08.06	
42.96	1:28.99 (46.03)	2:26.33 (57.34)	3:08.06 (41.73)		
9 Williams, Olivia	14	Celtic Dolphins	3:22.25	3:10.12	
44.59	1:31.59 (47.00)	2:29.84 (58.25)	3:10.12 (40.28)		
10 Barnikel, Ffion R	14	Tenby & District	3:07.28	3:10.13	
43.44	1:31.13 (47.69)	2:28.06 (56.93)	3:10.13 (42.07)		

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 9 - Warmup 11.00am****(Event 44 Girls 14 Year Olds 200 SC Meter IM (HDW))**

Name	Age	Team	Seed Time	Finals Time	Points
11 Bennett, Briony	14	Haverfordwest Swimming Club	3:09.52	3:11.92	
42.13	1:29.91 (47.78)	2:26.49 (56.58)	3:11.92 (45.43)		

Event 44 Girls 15-16 200 SC Meter IM (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Ezard, Emily	16	Neath Asc	2:32.11	2:31.34	
32.24	1:08.98 (36.74)	1:55.62 (46.64)	2:31.34 (35.72)		
2 Jones, Bethan	15	Pembroke & District	2:31.61	2:34.38	
32.27	1:12.00 (39.73)	1:57.94 (45.94)	2:34.38 (36.44)		
3 Roberts, Alice	15	Carmarthen	2:35.05	2:37.03	
33.48	1:15.10 (41.62)	2:01.43 (46.33)	2:37.03 (35.60)		
4 Conlon, Nia	15	Carmarthen	2:37.17	2:39.75	
35.14	1:14.09 (38.95)	2:03.79 (49.70)	2:39.75 (35.96)		
5 Davies, Emily	15	Celtic Dolphins	2:47.42	2:41.69	
37.58	1:19.09 (41.51)	2:02.54 (43.45)	2:41.69 (39.15)		
6 Wilson, Tayla	15	Pembroke & District	2:43.07	2:42.35	
35.49	1:17.22 (41.73)	2:04.04 (46.82)	2:42.35 (38.31)		
7 Davies, Cari L	15	Aberystwyth sc	2:46.38	2:43.64	
35.62	1:19.30 (43.68)	2:06.05 (46.75)	2:43.64 (37.59)		
8 Holdsworth, Jasmine	16	Celtic Dolphins	2:51.26	2:47.49	
9 Grigg-Williams, Chloe	15	Penyrheol	2:53.09	2:48.43	
38.90	1:18.98 (40.08)	2:10.47 (51.49)	2:48.43 (37.96)		
10 Warlow, Grace E	15	Neath Asc	2:47.98	2:51.28	
37.18	1:21.62 (44.44)	2:14.10 (52.48)	2:51.28 (37.18)		
11 Glover, Alysia	16	Neath Asc	2:48.31	2:52.50	
38.60	1:21.27 (42.67)	2:11.66 (50.39)	2:52.50 (40.84)		
12 Tyler, Megan	16	Carmarthen	2:51.86	2:55.64	
39.85	1:24.81 (44.96)	2:16.21 (51.40)	2:55.64 (39.43)		
13 Cressey-Rodgers, Molly R	15	Carmarthen	2:53.39	2:56.00	
40.64	1:24.24 (43.60)	2:15.88 (51.64)	2:56.00 (40.12)		
14 Morris, Jess M	15	Pembroke & District	2:56.48	3:00.60	
41.31	1:28.51 (47.20)	2:17.86 (49.35)	3:00.60 (42.74)		
15 Martin-Evans, Lillie L	15	Neath Asc	2:59.41	3:02.03	
43.44	1:29.77 (46.33)	2:24.10 (54.33)	3:02.03 (37.93)		
16 Martin-Evans, Poppie P	15	Neath Asc	3:13.70	3:06.27	
42.87	1:30.01 (47.14)	2:23.47 (53.46)	3:06.27 (42.80)		

Event 44 Girls 17 & Over 200 SC Meter IM (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Harding, Lucy	17	Haverfordwest Swimming Club	2:25.92	2:33.33	
33.72	1:11.74 (38.02)	1:58.73 (46.99)	2:33.33 (34.60)		
2 Williams, Rhiannon B	17	Swansea Aquatics	2:39.22	2:37.54	
34.52	1:15.67 (41.15)	2:02.42 (46.75)	2:37.54 (35.12)		
3 Jones, Niamh	18	Swansea Aquatics	2:40.02	2:49.16	
37.36	1:21.97 (44.61)	2:08.57 (46.60)	2:49.16 (40.59)		
4 Jones, Emily	17	Carmarthen	3:02.33	3:01.45	
41.65	1:26.71 (45.06)	2:18.75 (52.04)	3:01.45 (42.70)		

Event 45 Boys 13 Year Olds 200 SC Meter IM (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Andrews, Rory	13	Haverfordwest Swimming Club	2:36.04	2:31.94	
34.87	1:13.72 (38.85)	1:58.97 (45.25)	2:31.94 (32.97)		
2 Gwynne-Jones, Dylan	13	Carmarthen	2:45.71	2:39.36	
33.94	1:15.35 (41.41)	2:03.19 (47.84)	2:39.36 (36.17)		
3 Burkett, Maximus C	13	Swansea Aquatics	2:35.73	2:43.05	
35.21	1:16.02 (40.81)	2:06.10 (50.08)	2:43.05 (36.95)		
4 Catling, Finlay	13	Celtic Dolphins	2:47.79	2:47.11	
39.51	1:21.32 (41.81)	2:10.74 (49.42)	2:47.11 (36.37)		

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 9 - Warmup 11.00am****(Event 45 Boys 13 Year Olds 200 SC Meter IM (HDW))**

Name	Age	Team	Seed Time	Finals Time	Points
5 North-Mullis, Oliver	13	Carmarthen	2:51.66	2:47.33	
35.93	1:19.32 (43.39)	2:08.76 (49.44)	2:47.33 (38.57)		
6 Keane, Jayden	13	Pembroke & District	2:50.91	2:50.95	
37.34	1:21.54 (44.20)	2:12.67 (51.13)	2:50.95 (38.28)		
7 Conlon, Aled L	13	Carmarthen	2:52.17	2:54.41	
38.88	1:23.96 (45.08)	2:16.90 (52.94)	2:54.41 (37.51)		
8 Schmidt, Hans	13	Fishguard Flyers SC	3:07.07	2:54.48	
41.23	1:24.49 (43.26)	2:14.48 (49.99)	2:54.48 (40.00)		
9 Cressey-Rodgers, Ioan	13	Carmarthen	2:51.88	2:54.82	
41.55	1:23.24 (41.69)	2:18.14 (54.90)	2:54.82 (36.68)		
10 Ralph, Robbie	13	Haverfordwest Swimming Club	3:03.40	3:04.21	
41.76	1:29.01 (47.25)	2:22.96 (53.95)	3:04.21 (41.25)		
11 Francis, Woody L	13	Swansea Aquatics	3:02.83	3:10.25	
44.52	1:32.98 (48.46)	2:29.19 (56.21)	3:10.25 (41.06)		
--- Hewitt, Harry C	13	Swansea Aquatics	2:35.79	DQ	
35.01	1:13.84 (38.83)	1:58.26 (44.42)	DQ (34.64)		

Event 45 Boys 14 Year Olds 200 SC Meter IM (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Sturley, Toby	14	Pembroke & District	2:31.67	2:26.00	
31.81	1:09.93 (38.12)	1:52.71 (42.78)	2:26.00 (33.29)		
2 Fitzsimmons, Arron	14	Pembroke & District	2:38.69	2:36.51	
35.24	1:16.61 (41.37)	2:02.63 (46.02)	2:36.51 (33.88)		
3 Powell, Jake	14	Haverfordwest Swimming Club	2:36.48	2:39.05	
34.95	1:15.47 (40.52)	2:04.80 (49.33)	2:39.05 (34.25)		
4 Wingrave-Rix, Harvey	14	Swansea Aquatics	2:54.59	2:44.83	
35.13	1:17.93 (42.80)	2:09.05 (51.12)	2:44.83 (35.78)		
5 Edwards, Liam	14	Carmarthen	2:51.07	2:48.20	
37.50	1:22.36 (44.86)	2:09.92 (47.56)	2:48.20 (38.28)		
--- Partridge, Rhys	14	Llanelli Asc	2:44.80	DQ	
35.94	1:17.68 (41.74)	2:09.60 (51.92)	DQ (37.43)		

Event 45 Boys 15-16 200 SC Meter IM (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Govier, Jack	15	Neath Asc	2:26.74	2:26.19	
30.51	1:06.14 (35.63)	1:51.18 (45.04)	2:26.19 (35.01)		
2 Hancock, Carwyn	15	Carmarthen	2:24.40	2:27.72	
32.51	1:08.94 (36.43)	1:52.20 (43.26)	2:27.72 (35.52)		
3 Jones, Joshua	16	Carmarthen	2:32.72	2:29.30	
31.98	1:09.78 (37.80)	1:55.70 (45.92)	2:29.30 (33.60)		
4 Berry, Matthew	16	Haverfordwest Swimming Club	2:36.97	2:36.22	
5 Kelly, Dean L	16	Haverfordwest Swimming Club	2:40.28	2:43.91	
33.86	1:17.58 (43.72)	2:07.73 (50.15)	2:43.91 (36.18)		
6 Wells, Lewis	15	Neath Asc	2:34.31	2:44.65	
32.94	1:12.42 (39.48)	2:06.32 (53.90)	2:44.65 (38.33)		
7 MacDougall, Ben J	15	Haverfordwest Swimming Club	2:47.55	2:48.97	
8 Williams, Corey	16	Llanelli Asc	2:54.98	2:49.43	
35.61	1:17.98 (42.37)	2:10.92 (52.94)	2:49.43 (38.51)		
9 Kettle, Lewys	15	Pembroke & District	2:52.41	2:53.88	
40.67	1:25.40 (44.73)	2:13.79 (48.39)	2:53.88 (40.09)		

Event 45 Boys 17 & Over 200 SC Meter IM (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Fraser, Lewis W	18	Swansea Aquatics	2:03.45	2:06.97	
25.97	59.24 (33.27)	1:35.86 (36.62)	2:06.97 (31.11)		
2 Williams, Rhys S	19	Carmarthen	2:17.99	2:15.84	
29.62	1:04.60 (34.98)	1:45.07 (40.47)	2:15.84 (30.77)		
3 Webb, Tomas D	18	Haverfordwest Swimming Club	2:13.02	2:16.42	

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 9 - Warmup 11.00am****(Event 45 Boys 17 & Over 200 SC Meter IM (HDW))**

Name	Age	Team	Seed Time	Finals Time	Points
4 Davies, Rhys	17	Fishguard Flyers SC	2:20.46	2:20.72	
	30.89	1:04.79 (33.90)	1:47.12 (42.33)	2:20.72 (33.60)	

Event 46 Girls 11 Year Olds 200 SC Meter Breaststroke (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Gilligan, Gracie	11	Neath Asc	3:23.15	3:13.41	
	44.86	1:35.41 (50.55)	2:25.35 (49.94)	3:13.41 (48.06)	
2 Hughes, Cari	11	Neath Asc	3:38.99	3:36.51	
	49.14	1:43.18 (54.04)	2:39.91 (56.73)	3:36.51 (56.60)	
3 John, Holly	11	Haverfordwest Swimming Club	4:03.02	3:52.53	
4 Francis, Heledd G	11	Swansea Aquatics	4:10.15	4:12.53	
	57.77	2:02.25 (1:04.48)	3:09.59 (1:07.34)	4:12.53 (1:02.94)	
--- Davies, Rhian L	11	Swansea Aquatics	3:29.36	DQ	
	48.36	1:45.01 (56.65)	2:40.60 (55.59)	DQ (56.28)	

Event 46 Girls 12 Year Olds 200 SC Meter Breaststroke (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Callen, Holly-Jane	12	Pembroke & District	3:33.10	3:20.47	
	47.37	1:39.11 (51.74)	2:31.82 (52.71)	3:20.47 (48.65)	
2 Evans, Caitlin	12	Neath Asc	3:27.47	3:20.77	
3 Hale, Chloe	12	Haverfordwest Swimming Club	3:35.99	3:22.76	
	46.01	1:39.93 (53.92)	2:31.41 (51.48)	3:22.76 (51.35)	
4 John, Lucy	12	Haverfordwest Swimming Club	3:33.34	3:24.84	
	48.30	1:39.63 (51.33)	2:32.32 (52.69)	3:24.84 (52.52)	
5 Roberts, Emily	12	Carmarthen	3:33.13	3:25.18	
	47.82	1:41.35 (53.53)	2:35.71 (54.36)	3:25.18 (49.47)	
6 Williams-Jones, Cari	12	Llanelli Asc	3:33.02	3:25.31	
	47.44	1:40.70 (53.26)	2:34.82 (54.12)	3:25.31 (50.49)	
7 Horne, Alexa	12	Fishguard Flyers SC	3:34.53	3:28.50	
	46.45	1:40.43 (53.98)	2:35.58 (55.15)	3:28.50 (52.92)	
8 White, Eleanor R	12	Haverfordwest Swimming Club	3:34.90	3:30.65	
	3:30.65	3:30.65 ()			
9 Rush, Ella	12	Celtic Dolphins	3:30.09	3:32.78	
	47.34	1:41.50 (54.16)	2:37.05 (55.55)	3:32.78 (55.73)	
10 Morris, Lili	12	Celtic Dolphins	3:42.21	3:35.03	
	48.43	1:42.57 (54.14)	2:38.92 (56.35)	3:35.03 (56.11)	
11 Goddard, Evie E	12	Haverfordwest Swimming Club	3:39.35	3:40.32	
	50.23	1:46.75 (56.52)	2:44.63 (57.88)	3:40.32 (55.69)	
12 Pugh, Kara	12	Haverfordwest Swimming Club	3:41.96	3:43.42	
	52.19	1:48.17 (55.98)	2:48.97 (1:00.80)	3:43.42 (54.45)	