

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 11 - Warmup 08.00am****Event 52 Boys 13 Year Olds 50 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1	Burkett, Maximus C	13 Swansea Aquatics	34.28	33.43	
2	Gwynne-Jones, Dylan	13 Carmarthen	33.81	33.69	
3	North-Mullis, Oliver	13 Carmarthen	37.40	36.67	
4	Thomas, Charlie	13 Celtic Dolphins	37.01	37.20	
5	Price, Toby G	13 Tenby & District	38.17	38.14	
6	Francis, Woody L	13 Swansea Aquatics	38.57	38.50	
7	Budd-Thomas, Dylan	13 Llanelli Asc	39.41	39.58	
---	Conlon, Aled L	13 Carmarthen	35.74	DQ	

Event 52 Boys 13 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1	Gwynne-Jones, Dylan	13 Carmarthen	34.42	33.81	q
2	Burkett, Maximus C	13 Swansea Aquatics	33.08	34.28	q
3	Conlon, Aled L	13 Carmarthen	35.61	35.74	q
4	Thomas, Charlie	13 Celtic Dolphins	41.11	37.01	q
5	North-Mullis, Oliver	13 Carmarthen	37.28	37.40	q
6	Price, Toby G	13 Tenby & District	38.77	38.17	q
7	Francis, Woody L	13 Swansea Aquatics	39.89	38.57	q
8	Budd-Thomas, Dylan	13 Llanelli Asc	40.15	39.41	q
---	Thornton, Douglass	13 Neath Asc	40.62	DQ	

Event 52 Boys 14 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1	Rodriguez, Antonio B	14 Swansea Aquatics	30.48	30.50	
2	Elkin, Max	14 Swansea Aquatics	30.84	30.60	
3	Fitzsimmons, Arron	14 Pembroke & District	33.23	33.10	
4	Coleridge, Jude R	14 Aberystwyth sc	33.52	33.20	
5	Wingrave-Rix, Harvey	14 Swansea Aquatics	34.28	34.16	
6	Edwards, Liam	14 Carmarthen	36.45	36.16	
7	Mote, Alex	14 Carmarthen	39.25	38.67	

Event 52 Boys 14 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1	Rodriguez, Antonio B	14 Swansea Aquatics	31.89	30.48	q
2	Elkin, Max	14 Swansea Aquatics	31.54	30.84	q
3	Fitzsimmons, Arron	14 Pembroke & District	32.90	33.23	q
4	Coleridge, Jude R	14 Aberystwyth sc	34.46	33.52	q
5	Wingrave-Rix, Harvey	14 Swansea Aquatics	35.45	34.28	q
6	Edwards, Liam	14 Carmarthen	37.85	36.45	q
7	Mote, Alex	14 Carmarthen	39.29	39.25	q

Event 52 Boys 15-16 50 SC Meter Backstroke

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1	Williams, Osian C	15 Swansea Aquatics	32.48	31.97	
2	Hancock, Carwyn	15 Carmarthen	31.74	32.18	
3	Kelly, Dean L	16 Haverfordwest Swimming Club	35.06	35.10	
4	Williams, Corey	16 Llanelli Asc	37.69	36.92	
5	MacDougall, Ben J	15 Haverfordwest Swimming Club	37.04	37.17	
---	Greenway, Morgan S	15 Swansea Aquatics	32.68	DQ	

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 11 - Warmup 08.00am****Event 52 Boys 15-16 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time		
Preliminaries						
1	Hancock, Carwyn	15	Carmarthen	32.56	31.74	a
2	Williams, Osian C	15	Swansea Aquatics	32.51	32.48	a
3	Greenway, Morgan S	15	Swansea Aquatics	33.21	32.68	a
4	Kelly, Dean L	16	Haverfordwest Swimming Club	38.18	35.06	a
5	MacDougall, Ben J	15	Haverfordwest Swimming Club	36.68	37.04	a
6	Williams, Corey	16	Llanelli Asc	37.15	37.69	a

Event 52 Boys 17 & Over 50 SC Meter Backstroke

Name	Age	Team	Prelim Time	Finals Time	Points	
Finals						
1	Thomas, Daniel J	21	Swansea Aquatics	30.13	29.83	
2	Davies, Rhys	17	Fishguard Flyers SC	29.89	29.99	
3	Kettle, Rowan	18	Pembroke & District	30.40	30.49	
4	Lee Davies, Sam	18	Neath Asc	30.51	30.60	
5	Gibson, Jason A	18	Swansea Aquatics	36.36	35.67	

Event 52 Boys 17 & Over 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Prelim Time		
Preliminaries						
1	Davies, Rhys	17	Fishguard Flyers SC	30.07	29.89	a
2	Thomas, Daniel J	21	Swansea Aquatics	29.44	30.13	a
3	Kettle, Rowan	18	Pembroke & District	30.84	30.40	a
4	Lee Davies, Sam	18	Neath Asc	30.83	30.51	a
5	Gibson, Jason A	18	Swansea Aquatics	36.22	36.36	a
---	Oates, Callum	17	Neath Asc	30.24	DQ	

Event 53 Girls 13 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time	Points	
Finals						
1	Burgess, Sienna	13	Neath Asc	33.48	32.70	
2	Fox, Eve L	13	Swansea Aquatics	33.11	33.23	
3	Lloyd, Ruby C	13	Swansea Aquatics	33.60	33.41	
4	Evans, Bethan	13	Neath Asc	34.72	33.44	
5	Bowen, Hanna M	13	Carmarthen	35.04	34.37	
6	Scott, Summer	13	Swansea Aquatics	35.96	35.28	
7	Garcia de Leaniz, Sofia	13	Swansea Aquatics	35.37	35.39	
8	Jones, Holly-Ellice	13	Carmarthen	35.64	36.36	

Event 53 Girls 13 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time		
Preliminaries						
1	Fox, Eve L	13	Swansea Aquatics	32.31	33.11	a
2	Burgess, Sienna	13	Neath Asc	32.93	33.48	a
3	Lloyd, Ruby C	13	Swansea Aquatics	34.54	33.60	a
4	Evans, Bethan	13	Neath Asc	36.31	34.72	a
5	Bowen, Hanna M	13	Carmarthen	35.82	35.04	a
6	Garcia de Leaniz, Sofia	13	Swansea Aquatics	36.44	35.37	a
7	Jones, Holly-Ellice	13	Carmarthen	35.71	35.64	a
8	Scott, Summer	13	Swansea Aquatics	35.56	35.96	a
9	Hammond, Lauren B	13	Swansea Aquatics	35.93	36.15	
10	Sandy, Jess	13	Milford Haven Swim Squad	37.31	36.21	
11	Jones, Jodie	13	Carmarthen	40.78	37.87	
12	Curtis-Jones, Llian M	13	Celtic Dolphins	36.44	38.84	
13	Cole, Megan	13	Pembroke & District	42.57	39.14	

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 11 - Warmup 08.00am****Preliminaries ... (Event 53 Girls 13 Year Olds 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
14 Jones, Neve	13	Neath Asc	39.38	40.05
15 Davies, Katie	13	Celtic Dolphins	42.80	40.08
16 Clapham, Rhiannon m	13	Fishguard Flyers SC	41.87	41.21
17 Spiller, Toni E	13	Tenby & District	46.94	42.54
18 Phillips, Rhianna	13	Llanelli Asc	48.67	43.31
19 Morris, Scarlet	13	Haverfordwest Swimming Club	49.12	45.89

Event 53 Girls 14 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Sullivan, Nia	14	Celtic Dolphins	32.56	32.26	
2 Stokes, Aimee L	14	Swansea Aquatics	32.56	32.98	
3 Pearce, Molly	14	Llanelli Asc	34.31	33.67	
4 Clack, Lucy	14	Carmarthen	34.26	34.21	
5 Williams, Ffion	14	Haverfordwest Swimming Club	39.21	38.76	
6 Bennett, Briony	14	Haverfordwest Swimming Club	40.57	39.25	
7 Barnikel, Ffion R	14	Tenby & District	41.10	42.20	

Event 53 Girls 14 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
*1 Stokes, Aimee L	14	Swansea Aquatics	36.09	32.56	q
*1 Sullivan, Nia	14	Celtic Dolphins	33.91	32.56	q
3 Clack, Lucy	14	Carmarthen	35.38	34.26	q
4 Pearce, Molly	14	Llanelli Asc	35.01	34.31	q
5 Williams, Ffion	14	Haverfordwest Swimming Club	38.66	39.21	q
6 Bennett, Briony	14	Haverfordwest Swimming Club	39.43	40.57	q
7 Glover, Katie	14	Neath Asc	43.24	41.07	q
8 Barnikel, Ffion R	14	Tenby & District	46.43	41.10	q

Event 53 Girls 15-16 50 SC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Jones, Bethan	15	Pembroke & District	30.36	30.04	
2 Roberts, Alice	15	Carmarthen	30.76	30.57	
3 Conlon, Nia	15	Carmarthen	32.08	32.70	
4 Short, Mollie	16	Neath Asc	34.51	33.54	
5 Davies, Cari L	15	Aberystwyth sc	34.15	33.56	
6 Warlow, Grace E	15	Neath Asc	35.66	36.13	
7 Holdsworth, Jasmine	16	Celtic Dolphins	35.75	36.16	
8 Brooks-Thomas, Tilly E	15	Swansea Aquatics	36.78	37.12	

Event 53 Girls 15-16 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Jones, Bethan	15	Pembroke & District	30.16	30.36	q
2 Roberts, Alice	15	Carmarthen	29.68	30.76	q
3 Conlon, Nia	15	Carmarthen	32.50	32.08	q
4 Davies, Cari L	15	Aberystwyth sc	34.61	34.15	q
5 Short, Mollie	16	Neath Asc	32.99	34.51	q
6 Warlow, Grace E	15	Neath Asc	34.20	35.66	q
7 Holdsworth, Jasmine	16	Celtic Dolphins	35.42	35.75	q
8 Davies, Emily	15	Celtic Dolphins	35.55	36.12	q
9 Glover, Alysia	16	Neath Asc	36.69	36.28	
10 Brooks-Thomas, Tilly E	15	Swansea Aquatics	36.52	36.78	
11 Williams, Danielle R	15	Swansea Aquatics	37.35	37.38	

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 11 - Warmup 08.00am****Preliminaries ... (Event 53 Girls 15-16 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
12 Tyler, Megan	16	Carmarthen	37.98	38.15
13 Martin-Evans, Poppie P	15	Neath Asc	40.61	40.66
14 Howells, Charlotte E	15	Swansea Aquatics	41.52	41.43
15 Martin-Evans, Lillie L	15	Neath Asc	42.72	44.24

Event 53 Girls 17 & Over 50 SC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Fry, Catrin	18	Carmarthen	31.87	31.98	
2 Jones, Emily	17	Carmarthen	38.88	38.43	

Event 53 Girls 17 & Over 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Fry, Catrin	18	Carmarthen	30.49	31.87	q
2 Jones, Emily	17	Carmarthen	41.24	38.88	q

Event 54 Boys 11 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Prysor, Sami	11	Aberystwyth sc	1:23.51	1:24.38	
38.41	1:24.38 (45.97)				
2 Fletcher, Owen	11	Haverfordwest Swimming Club	1:39.41	1:41.64	
46.55	1:41.64 (55.09)				
3 Caygill, Rhys	11	Fishguard Flyers SC	1:44.14	1:44.44	
47.76	1:44.44 (56.68)				

Event 54 Boys 11 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Prysor, Sami	11	Aberystwyth sc	1:25.77	1:23.51	q
1:23.51	1:23.51 ()				
2 Fletcher, Owen	11	Haverfordwest Swimming Club	1:47.14	1:39.41	q
44.51	1:39.41 (54.90)				
3 Caygill, Rhys	11	Fishguard Flyers SC	1:43.11	1:44.14	q
46.69	1:44.14 (57.45)				

Event 54 Boys 12 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Pugh, Gethin	12	Amman Valley Swimming Club	1:29.56	1:30.35	
39.86	1:30.35 (50.49)				
2 Lister, Edward	12	Pembroke & District	1:40.18	1:41.83	
45.52	1:41.83 (56.31)				

Event 54 Boys 12 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Pugh, Gethin	12	Amman Valley Swimming Club	1:34.55	1:29.56	q
38.74	1:29.56 (50.82)				
2 Lister, Edward	12	Pembroke & District	1:39.57	1:40.18	q
45.01	1:40.18 (55.17)				

Event 55 Boys 13 Year Olds 400 SC Meter IM (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Andrews, Rory	13	Haverfordwest Swimming Club	5:24.74	5:17.26	
35.46	1:17.62 (42.16)		1:58.39 (40.77)	2:37.63 (39.24)	
3:23.72 (46.09)	4:09.16 (45.44)		4:44.00 (34.84)	5:17.26 (33.26)	

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 11 - Warmup 08.00am****(Event 55 Boys 13 Year Olds 400 SC Meter IM (HDW))**

Name	Age	Team	Seed Time	Finals Time	Points
2 Cole, Toby R	13	Swansea Aquatics	5:55.20	5:33.70	
36.70	1:19.35 (42.65)	2:01.60 (42.25)	2:43.20 (41.60)		
3:29.93 (46.73)	4:16.70 (46.77)	4:56.34 (39.64)	5:33.70 (37.36)		
3 Burkett, Maximus C	13	Swansea Aquatics	5:33.22	5:39.27	
35.61	1:17.76 (42.15)	1:58.88 (41.12)	2:39.67 (40.79)		
4:20.36 (1:40.69)	5:00.52 (40.16)	5:39.27 (38.75)			
4 Keane, Jayden	13	Pembroke & District	6:13.86	6:10.44	
38.49	1:29.74 (51.25)	2:15.91 (46.17)	3:01.93 (46.02)		
3:56.78 (54.85)	4:51.20 (54.42)	5:31.07 (39.87)	6:10.44 (39.37)		
5 Francis, Woody L	13	Swansea Aquatics	6:38.51	6:40.94	
47.50	1:42.17 (54.67)	2:31.39 (49.22)	3:20.41 (49.02)		
4:15.79 (55.38)	5:14.57 (58.78)	5:58.96 (44.39)	6:40.94 (41.98)		
--- Hewitt, Harry C	13	Swansea Aquatics	5:15.39	DQ	
35.16	1:16.41 (41.25)	1:56.34 (39.93)	2:35.74 (39.40)		
3:21.58 (45.84)	4:08.31 (46.73)	4:44.20 (35.89)	DQ (34.42)		

Event 55 Boys 14 Year Olds 400 SC Meter IM (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Aneurin	14	Swansea Aquatics	4:52.81	4:52.91	
32.23	1:08.41 (36.18)	1:48.40 (39.99)	2:27.92 (39.52)		
3:06.51 (38.59)	3:45.32 (38.81)	4:20.08 (34.76)	4:52.91 (32.83)		
2 Fitzsimmons, Arron	14	Pembroke & District	5:44.57	5:32.08	
35.75	1:18.19 (42.44)	1:59.00 (40.81)	2:41.96 (42.96)		
3:29.94 (47.98)	4:57.23 (1:27.29)	5:32.08 (34.85)			
3 Coleridge, Jude R	14	Aberystwyth sc	5:59.65	6:01.65	
36.56	1:21.84 (45.28)	2:06.17 (44.33)	2:50.68 (44.51)		
3:42.89 (52.21)	4:35.79 (52.90)	5:20.54 (44.75)	6:01.65 (41.11)		
--- Edwards, Liam	14	Carmarthen	6:08.24	DQ	
41.32	1:32.09 (50.77)	2:20.32 (48.23)	3:07.30 (46.98)		
3:56.22 (48.92)	4:48.58 (52.36)	5:28.55 (39.97)	DQ (38.87)		

Event 55 Boys 15-16 400 SC Meter IM (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Smart, Connor	15	Swansea Aquatics	5:13.69	4:51.72	
30.72	1:06.16 (35.44)	1:44.48 (38.32)	2:22.12 (37.64)		
3:04.23 (42.11)	3:47.54 (43.31)	4:20.23 (32.69)	4:51.72 (31.49)		
2 Hancock, Carwyn	15	Carmarthen	5:06.50	5:15.51	
33.53	1:12.66 (39.13)	1:51.82 (39.16)	2:30.88 (39.06)		
3:13.41 (42.53)	3:59.51 (46.10)	4:37.79 (38.28)	5:15.51 (37.72)		

Event 55 Boys 17 & Over 400 SC Meter IM (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
--- Williams, Rhys S	19	Carmarthen	4:51.05	DQ	
30.72	1:05.60 (34.88)	1:42.45 (36.85)	2:19.16 (36.71)		
3:00.62 (41.46)	3:42.39 (41.77)	4:16.18 (33.79)	DQ (31.80)		
--- Davies, Rhys	17	Fishguard Flyers SC	4:52.35	DQ	
30.63	1:05.96 (35.33)	1:40.75 (34.79)	2:15.44 (34.69)		
3:00.15 (44.71)	3:46.61 (46.46)	4:24.25 (37.64)	DQ (38.59)		

Event 56 Girls 13 Year Olds 400 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Evans, Bethan	13	Neath Asc	5:02.83	4:59.38	
31.68	1:08.02 (36.34)	1:46.79 (38.77)	2:26.02 (39.23)		
3:05.13 (39.11)	3:44.34 (39.21)	4:22.88 (38.54)	4:59.38 (36.50)		
2 Lloyd, Ruby C	13	Swansea Aquatics	4:56.88	5:02.13	
34.06	1:10.91 (36.85)	1:49.66 (38.75)	2:29.48 (39.82)		
3:08.18 (38.70)	3:47.21 (39.03)	4:26.24 (39.03)	5:02.13 (35.89)		

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 11 - Warmup 08.00am****(Event 56 Girls 13 Year Olds 400 SC Meter Freestyle (HDW))**

Name	Age	Team	Seed Time	Finals Time	Points
3 Fox, Eve L	13	Swansea Aquatics	5:12.95	5:07.13	
	34.85	1:12.44 (37.59)	1:51.52 (39.08)	2:30.08 (38.56)	
	3:08.65 (38.57)	3:48.28 (39.63)	4:28.46 (40.18)	5:07.13 (38.67)	
4 Watts, Non	13	Celtic Dolphins	5:22.58	5:26.89	
	35.79	1:15.35 (39.56)	1:57.06 (41.71)	2:38.84 (41.78)	
	3:21.78 (42.94)	4:04.11 (42.33)	4:46.70 (42.59)	5:26.89 (40.19)	
5 Hammond, Lauren B	13	Swansea Aquatics	5:43.87	5:34.63	
	36.00	1:16.97 (40.97)	1:59.13 (42.16)	2:42.00 (42.87)	
	3:24.77 (42.77)	4:08.33 (43.56)	4:52.24 (43.91)	5:34.63 (42.39)	
6 Rice, Aimee L	13	Carmarthen	5:35.08	5:36.21	
	37.32	1:19.42 (42.10)	2:01.91 (42.49)	2:44.83 (42.92)	
	3:27.78 (42.95)	4:11.70 (43.92)	4:54.93 (43.23)	5:36.21 (41.28)	
7 Jones, Neve	13	Neath Asc	6:25.13	6:03.52	
	38.69	1:24.18 (45.49)	2:11.28 (47.10)	2:59.17 (47.89)	
	3:46.62 (47.45)	4:34.19 (47.57)	5:20.46 (46.27)	6:03.52 (43.06)	
--- Garcia de Leaniz, Sofia	13	Swansea Aquatics	5:21.99	DNF	
	35.54	1:14.98 (39.44)	1:56.11 (41.13)	2:37.61 (41.50)	
	3:18.04 (40.43)	3:59.03 (40.99)	4:39.00 (39.97)		

Event 56 Girls 14 Year Olds 400 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Stokes, Aimee L	14	Swansea Aquatics	4:37.99	4:42.10	
	31.54	1:06.21 (34.67)	1:42.14 (35.93)	2:18.19 (36.05)	
	2:54.49 (36.30)	3:30.59 (36.10)	4:06.82 (36.23)	4:42.10 (35.28)	
2 Sullivan, Nia	14	Celtic Dolphins	5:00.88	4:56.60	
	34.14	1:10.88 (36.74)	1:48.43 (37.55)	2:26.56 (38.13)	
	3:04.73 (38.17)	3:42.50 (37.77)	4:20.35 (37.85)	4:56.60 (36.25)	
3 Evans, Caitlin R	14	Swansea Aquatics	5:13.19	5:18.00	
	34.96	1:13.39 (38.43)	1:53.40 (40.01)	2:34.06 (40.66)	
	3:15.24 (41.18)	3:56.82 (41.58)	4:37.97 (41.15)	5:18.00 (40.03)	
4 Clack, Lucy	14	Carmarthen	5:28.89	5:20.07	
	36.32	1:16.63 (40.31)	1:58.45 (41.82)	2:38.99 (40.54)	
	3:18.64 (39.65)	3:58.85 (40.21)	4:39.53 (40.68)	5:20.07 (40.54)	
5 Griffiths, Seren	14	Haverfordwest Swimming Club	5:34.14	5:31.74	
	36.92	1:18.40 (41.48)	2:02.00 (43.60)	2:45.07 (43.07)	
	3:27.78 (42.71)	4:10.18 (42.40)	4:52.85 (42.67)	5:31.74 (38.89)	
6 Barnikel, Ffion R	14	Tenby & District	5:42.12	5:35.63	
	37.57	1:19.05 (41.48)	2:01.90 (42.85)	2:45.39 (43.49)	
	3:28.69 (43.30)	4:12.71 (44.02)	4:54.47 (41.76)	5:35.63 (41.16)	

Event 56 Girls 15-16 400 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Llewellyn, Rosie	16	Pembroke & District	4:49.83	4:48.03	
	33.19	1:09.75 (36.56)	1:47.35 (37.60)	2:24.29 (36.94)	
	3:00.91 (36.62)	3:37.13 (36.22)	4:13.04 (35.91)	4:48.03 (34.99)	
2 Conlon, Nia	15	Carmarthen	4:50.55	4:50.43	
	33.19	1:09.56 (36.37)	1:46.42 (36.86)	2:23.50 (37.08)	
	3:00.41 (36.91)	3:37.47 (37.06)	4:14.71 (37.24)	4:50.43 (35.72)	
3 Cressey-Rodgers, Deryn H	15	Carmarthen	5:04.58	4:55.38	
	33.30	1:10.22 (36.92)	1:47.88 (37.66)	2:25.50 (37.62)	
	3:03.41 (37.91)	3:41.94 (38.53)	4:19.15 (37.21)	4:55.38 (36.23)	
4 Roberts, Alice	15	Carmarthen	4:57.45	4:59.80	
	34.49	1:12.13 (37.64)	1:50.47 (38.34)	2:28.65 (38.18)	
	3:06.55 (37.90)	3:44.83 (38.28)	4:22.86 (38.03)	4:59.80 (36.94)	
5 Jones, Ffion	15	Swansea Aquatics	5:11.67	5:04.71	
	34.20	1:12.35 (38.15)	1:51.27 (38.92)	2:30.68 (39.41)	
	3:09.94 (39.26)	3:49.24 (39.30)	4:27.80 (38.56)	5:04.71 (36.91)	

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 11 - Warmup 08.00am****(Event 56 Girls 15-16 400 SC Meter Freestyle (HDW))**

Name	Age	Team	Seed Time	Finals Time	Points
6 Warlow, Grace E	15	Neath Asc	5:01.91	5:06.18	
33.05	1:09.67 (36.62)	1:48.45 (38.78)	2:27.49 (39.04)		
3:07.23 (39.74)	3:47.05 (39.82)	4:27.48 (40.43)	5:06.18 (38.70)		
7 Wilson, Tayla	15	Pembroke & District	5:16.32	5:08.19	
33.72	1:12.25 (38.53)	1:51.85 (39.60)	2:31.45 (39.60)		
3:11.48 (40.03)	3:51.46 (39.98)	4:30.93 (39.47)	5:08.19 (37.26)		
8 Holdsworth, Jasmine	16	Celtic Dolphins	5:07.10	5:10.72	
34.82	1:12.89 (38.07)	1:52.05 (39.16)	2:31.31 (39.26)		
3:11.55 (40.24)	3:51.26 (39.71)	4:31.48 (40.22)	5:10.72 (39.24)		
9 Williams, Danielle R	15	Swansea Aquatics	5:11.50	5:14.02	
36.80	1:16.06 (39.26)	1:56.21 (40.15)	2:36.54 (40.33)		
3:15.62 (39.08)	3:55.92 (40.30)	4:35.97 (40.05)	5:14.02 (38.05)		
10 Brooks-Thomas, Tilly E	15	Swansea Aquatics	5:31.28	5:24.26	
35.60	1:14.91 (39.31)	1:55.66 (40.75)	2:37.78 (42.12)		
3:19.80 (42.02)	4:01.48 (41.68)	4:43.50 (42.02)	5:24.26 (40.76)		
11 Edwards, Eva	16	Carmarthen	5:32.73	5:30.20	
36.89	1:17.68 (40.79)	2:00.14 (42.46)	2:42.64 (42.50)		
3:25.62 (42.98)	4:08.46 (42.84)	4:50.80 (42.34)	5:30.20 (39.40)		

Event 56 Girls 17 & Over 400 SC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Eleri	18	Neath Asc	4:29.35	4:35.24	
31.25	1:05.17 (33.92)	1:39.96 (34.79)	2:15.09 (35.13)		
2:50.18 (35.09)	3:25.54 (35.36)	4:00.95 (35.41)	4:35.24 (34.29)		
2 Davies, Cati	17	Neath Asc	4:33.89	4:37.51	
31.34	1:05.69 (34.35)	1:41.14 (35.45)	2:16.59 (35.45)		
2:52.30 (35.71)	3:28.19 (35.89)	4:03.98 (35.79)	4:37.51 (33.53)		
3 Williams, Rhiannon B	17	Swansea Aquatics	4:51.14	4:53.75	
33.07	1:09.35 (36.28)	1:46.84 (37.49)	2:24.74 (37.90)		
3:01.89 (37.15)	3:39.33 (37.44)	4:16.79 (37.46)	4:53.75 (36.96)		
4 Jones, Emily	17	Carmarthen	5:44.20	5:44.18	
38.00	1:20.42 (42.42)	2:03.94 (43.52)	2:48.34 (44.40)		
3:33.72 (45.38)	4:18.20 (44.48)	5:02.58 (44.38)	5:44.18 (41.60)		

Event 57 Girls 11 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Demery, Porsche E	11	Swansea Aquatics	1:10.05	1:09.46	
33.18	1:09.46 (36.28)				
2 Peter, Sophie C	11	Swansea Aquatics	1:12.10	1:11.58	
34.65	1:11.58 (36.93)				
3 Smart, Charlotte E	11	Swansea Aquatics	1:13.21	1:11.92	
34.98	1:11.92 (36.94)				
4 Knowles, Amy A	11	Haverfordwest Swimming Club	1:13.58	1:12.06	
34.86	1:12.06 (37.20)				
5 Cleave, Mia	11	Celtic Dolphins	1:12.63	1:12.08	
34.76	1:12.08 (37.32)				
6 Gilligan, Gracie	11	Neath Asc	1:15.82	1:12.85	
34.95	1:12.85 (37.90)				
7 Thomas, Grace	11	Milford Haven Swim Squad	1:16.23	1:16.90	
36.89	1:16.90 (40.01)				
--- Hughes, Cari	11	Neath Asc	1:15.17	DQ	
35.78	DQ (38.54)				

Event 57 Girls 11 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time	Points
Preliminaries					
1 Demery, Porsche E	11	Swansea Aquatics	1:16.21	1:10.05	a
33.75	1:10.05 (36.30)				

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 11 - Warmup 08.00am****Preliminaries ... (Event 57 Girls 11 Year Olds 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time	
2 Peter, Sophie C	11	Swansea Aquatics	1:16.81	1:12.10	q
34.32	1:12.10 (37.78)				
3 Cleave, Mia	11	Celtic Dolphins	1:17.51	1:12.63	q
34.95	1:12.63 (37.68)				
4 Smart, Charlotte E	11	Swansea Aquatics	1:13.85	1:13.21	q
35.16	1:13.21 (38.05)				
5 Knowles, Amy A	11	Haverfordwest Swimming Club	1:15.71	1:13.58	q
35.08	1:13.58 (38.50)				
6 Hughes, Cari	11	Neath Asc	1:16.16	1:15.17	q
35.72	1:15.17 (39.45)				
7 Gilligan, Gracie	11	Neath Asc	1:16.42	1:15.82	q
36.23	1:15.82 (39.59)				
8 Thomas, Grace	11	Milford Haven Swim Squad	1:21.61	1:16.23	q
36.30	1:16.23 (39.93)				
9 Thomas, Ffion	11	Neath Asc	1:17.33	1:16.60	
36.36	1:16.60 (40.24)				
10 Sullivan, Katie	11	Celtic Dolphins	1:20.56	1:19.92	
38.06	1:19.92 (41.86)				
11 Edwards, Izzy M	11	Swansea Aquatics	1:20.97	1:21.83	
37.57	1:21.83 (44.26)				
12 Busby, Lily	11	Pembroke & District	1:31.43	1:22.37	
39.66	1:22.37 (42.71)				
13 Puglia-Walburg, Alessia	11	Milford Haven Swim Squad	1:30.93	1:23.19	
39.15	1:23.19 (44.04)				
14 Williams, Ellie	11	Tenby & District	1:26.18	1:23.41	
39.22	1:23.41 (44.19)				
15 Tyrrell, Kiera	11	Celtic Dolphins	1:32.36	1:24.61	
40.86	1:24.61 (43.75)				
16 Thomas, Betsi H	11	Swansea Aquatics	1:27.26	1:25.08	
40.83	1:25.08 (44.25)				
17 Allen, Erin	11	Haverfordwest Swimming Club	1:28.42	1:25.81	
39.74	1:25.81 (46.07)				
18 Farcas, Nicole C	11	Swansea Aquatics	1:29.71	1:27.23	
41.46	1:27.23 (45.77)				
19 John, Holly	11	Haverfordwest Swimming Club	1:36.30	1:29.01	
42.63	1:29.01 (46.38)				
20 Devonald, Niamh	11	Haverfordwest Swimming Club	1:36.27	1:37.49	
43.55	1:37.49 (53.94)				

Event 57 Girls 12 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time	Points
Finals					
1 Patterson, Millie	12	Carmarthen	1:06.59	1:05.39	
31.72	1:05.39 (33.67)				
2 Lewis, Lowri	12	Neath Asc	1:09.15	1:08.41	
32.41	1:08.41 (36.00)				
3 Harvey, Carys	12	Celtic Dolphins	1:11.61	1:12.60	
34.30	1:12.60 (38.30)				
4 Phillips, Erin	12	Celtic Dolphins	1:11.99	1:12.67	
34.70	1:12.67 (37.97)				
5 Jones, Holli K	12	Swansea Aquatics	1:13.63	1:12.76	
35.53	1:12.76 (37.23)				
6 Morris, Lili	12	Celtic Dolphins	1:13.40	1:13.93	
35.67	1:13.93 (38.26)				
7 Reed, Kayleigh	12	Fishguard Flyers SC	1:14.59	1:14.33	
35.68	1:14.33 (38.65)				

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 11 - Warmup 08.00am****Finals ... (Event 57 Girls 12 Year Olds 100 SC Meter Freestyle)**

Name	Age	Team	Prelim Time	Finals Time	Points
8 Thomas, Seren M	12	Swansea Aquatics	1:15.65	1:14.81	
36.10	1:14.81 (38.71)				

Event 57 Girls 12 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Patterson, Millie	12	Carmarthen	1:05.38	1:06.59	a
31.93	1:06.59 (34.66)				
2 Lewis, Lowri	12	Neath Asc	1:09.65	1:09.15	a
33.22	1:09.15 (35.93)				
3 Harvey, Carys	12	Celtic Dolphins	1:09.73	1:11.61	a
33.37	1:11.61 (38.24)				
4 Phillips, Erin	12	Celtic Dolphins	1:25.51	1:11.99	a
34.62	1:11.99 (37.37)				
5 Morris, Lili	12	Celtic Dolphins	1:15.75	1:13.40	a
35.31	1:13.40 (38.09)				
6 Jones, Holli K	12	Swansea Aquatics	1:15.94	1:13.63	a
35.49	1:13.63 (38.14)				
7 Reed, Kayleigh	12	Fishguard Flyers SC	1:17.17	1:14.59	a
35.72	1:14.59 (38.87)				
8 Thomas, Seren M	12	Swansea Aquatics	1:15.74	1:15.65	a
35.65	1:15.65 (40.00)				
9 Evans, Caitlin	12	Neath Asc	1:20.15	1:16.01	
36.35	1:16.01 (39.66)				
10 Bray, Bethan	12	Celtic Dolphins	1:20.90	1:16.39	
37.64	1:16.39 (38.75)				
11 Williams, Freya	12	Milford Haven Swim Squad	1:17.72	1:16.57	
36.01	1:16.57 (40.56)				
12 Webb, Alys	12	Haverfordwest Swimming Club	1:19.90	1:17.66	
36.80	1:17.66 (40.86)				
13 Rush, Ella	12	Celtic Dolphins	1:22.02	1:18.18	
37.72	1:18.18 (40.46)				
14 Carroll, Leah	12	Pembroke & District	1:27.15	1:18.87	
37.92	1:18.87 (40.95)				
15 Griffiths, Enfys	12	Haverfordwest Swimming Club	1:18.79	1:18.93	
37.60	1:18.93 (41.33)				
16 James, Nia	12	Haverfordwest Swimming Club	1:23.91	1:19.66	
38.23	1:19.66 (41.43)				
17 Sturley, Maggie M	12	Pembroke & District	1:24.91	1:20.20	
38.15	1:20.20 (42.05)				
18 Thomas, Abigail G	12	Pembroke & District	1:19.15	1:21.13	
38.03	1:21.13 (43.10)				
19 Callen, Holly-Jane	12	Pembroke & District	1:26.06	1:21.95	
39.46	1:21.95 (42.49)				
20 Goddard, Evie E	12	Haverfordwest Swimming Club	1:23.83	1:23.04	
38.75	1:23.04 (44.29)				
21 Heredia-Rowe, Rhiannon A	12	Swansea Aquatics	1:27.54	1:23.76	
39.49	1:23.76 (44.27)				