

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 13 - Warmup 2.15pm****Event 65 Boys 200 SC Meter Medley (HDW) Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Swansea Aquatics	A	1:53.90	1:51.92	8
1) Mellett, Liam M 25	2) Fraser, Lewis W 18	3) Morris, Alexander T 19	4) Beveridge, Andrew D 25	
29.47	57.99 (28.52)	1:26.06 (28.07)	1:51.92 (25.86)	
2 Haverfordwest Swimming Club	A	1:55.01	2:00.09	7
1) Mottram, Ben 18	2) Lewis, Matthew D 33	3) Webb, Tomas D 18	4) Kelly, Dean L 16	
30.25	1:02.30 (32.05)	1:30.46 (28.16)	2:00.09 (29.63)	
3 Carmarthen	A	1:58.48	2:06.04	6
1) Gwynne-Jones, Dylan 13	2) Hancock, Carwyn 15	3) Jones, Joshua 16	4) Williams, Rhys S 19	
35.13	1:11.25 (36.12)	1:39.88 (28.63)	2:06.04 (26.16)	
4 Swansea Aquatics	B	NT	2:06.63	5
1) Thomas, Daniel J 21	2) Preece, Alexander J 15	3) Smart, Connor 15	4) Gibson, Jason A 18	
30.14	1:06.89 (36.75)	1:35.97 (29.08)	2:06.63 (30.66)	

Event 66 Girls 200 SC Meter Medley (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
1 Carmarthen	A	2:02.42	2:02.91	8
1) Davies, Cerys 20	2) Edwards, Bethan 17	3) Roberts, Alice 15	4) Fry, Catrin 18	
31.46	1:04.68 (33.22)	2:02.91 (58.23)	2:02.91 ()	
2 Swansea Aquatics	A	NT	2:16.00	7
1) Browne, Megan K 15	2) Jones, Niamh 18	3) Williams, Rhiannon B 17	4) Nicholls, Jasmine F 17	
33.90	1:11.77 (37.87)	1:45.49 (33.72)	2:16.00 (30.51)	

Event 67 Boys 16 & Under 200 SC Meter Medley (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
1 Haverfordwest Swimming Club	A	2:03.86	2:05.10	8
1) Berry, Matthew 16	2) Barrett, Sean A 16	3) Webb, Jac D 16	4) MacDougall, Ben J 15	
32.05	1:04.91 (32.86)	1:35.35 (30.44)	2:05.10 (29.75)	
2 Swansea Aquatics	A	NT	2:06.37	7
1) Greenway, Morgan S 15	2) Williams, Osian C 15	3) Smart, Connor 15	4) Preece, Alexander J 15	
34.16	1:10.28 (36.12)	1:39.20 (28.92)	2:06.37 (27.17)	
3 Carmarthen	A	2:00.89	2:13.25	6
1) Gwynne-Jones, Dylan 13	2) Hancock, Carwyn 15	3) Jones, Joshua 16	4) North-Mullis, Oliver 13	
35.97	1:12.32 (36.35)	1:41.96 (29.64)	2:13.25 (31.29)	
4 Swansea Aquatics	B	NT	2:22.55	5
1) Richards-Parssa Nyko, Rafael 15	2) Cole, Toby R 13	3) Wingrave-Rix, Harvey 14	4) Burkett, Maximus C 13	
39.40	1:17.37 (37.97)	1:52.54 (35.17)	2:22.55 (30.01)	

Event 68 Girls 16 & Under 200 SC Meter Medley (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
1 Pembroke & District	A	2:13.51	2:07.35	8
1) Whalley, Charlotte 14	2) Llewellyn, Rosie 16	3) Jones, Bethan 15	4) Omnet, Lauren 15	
30.68	1:06.28 (35.60)	1:36.79 (30.51)	2:07.35 (30.56)	
2 Swansea Aquatics	A	2:13.97	2:07.73	7
1) Browne, Megan K 15	2) Tucker, Amelia H 15	3) Pritchard, Chloe E 14	4) Willis, Ashleigh J 16	
35.93	1:09.83 (33.90)	1:38.60 (28.77)	2:07.73 (29.13)	
3 Carmarthen	A	2:11.21	2:12.11	6
1) Conlon, Nia 15	2) Bowen, Hanna M 13	3) Roberts, Alice 15	4) Cressey-Rodgers, Deryn H 15	
32.91	1:10.28 (37.37)	1:41.24 (30.96)	2:12.11 (30.87)	
4 Celtic Dolphins	A	2:19.65	2:22.23	5
1) Watts, Non 13	2) Davies, Emily 15	3) Sullivan, Nia 14	4) Holdsworth, Jasmine 16	
38.50	1:16.34 (37.84)	1:50.15 (33.81)	2:22.23 (32.08)	
5 Swansea Aquatics	B	NT	2:29.99	4
1) Jones, Ffion 15	2) Williams, Danielle R 15	3) Brooks-Thomas, Tilly E 15	4) Howells, Charlotte E 15	
	1:19.00 ()	1:55.92 (36.92)	2:29.99 (34.07)	

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 13 - Warmup 2.15pm****Event 69 Boys 14 & Under 200 SC Meter Medley (HDW) Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Swansea Aquatics	A	2:08.05	2:09.25	8
1) Elkin, Max 14	2) Cole, Toby R 13	3) Rodriguez, Antonio B 14	4) Hewitt, Harry C 13	
31.77	1:10.31 (38.54)	1:39.35 (29.04)	2:09.25 (29.90)	
2 Pembroke & District	A	2:22.40	2:14.09	7
1) Hillary, Benjamin 12	2) Fitzsimmons, Arron 14	3) Sturley, Toby 14	4) Keane, Jayden 13	
36.84	1:12.31 (35.47)	1:42.30 (29.99)	2:14.09 (31.79)	
3 Haverfordwest Swimming Club	A	2:13.36	2:16.76	6
1) White, Henry 14	2) Andrews, Rory 13	3) Powell, Jake 14	4) Ralph, Robbie 13	
31.23	1:10.83 (39.60)	1:43.97 (33.14)	2:16.76 (32.79)	
4 Carmarthen	A	2:08.58	2:19.43	5
1) Gwynne-Jones, Dylan 13	2) Edwards, Liam 14	3) North-Mullis, Oliver 13	4) Conlon, Aled L 13	
35.59	1:13.04 (37.45)	1:46.90 (33.86)	2:19.43 (32.53)	
5 Swansea Aquatics	B	NT	2:24.06	4
1) Burkett, Maximus C 13	2) Francis, Woody L 13	3) Wingrave-Rix, Harvey 14	4) Hedge, Thomas A 13	
33.92	1:19.64 (45.72)	2:24.06 (1:04.42)		
--- Llanelli Asc	A	NT	DQ	
1) Partridge, Rhys 14	2) Budd-Thomas, Dylan 13	3) Williams, Ethan 12	4) Davies, Dominic 14	
35.77	1:18.67 (42.90)	2:15.67 (57.00)	DQ (30.00)	

Event 70 Girls 14 & Under 200 SC Meter Medley (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
1 Swansea Aquatics	A	2:17.95	2:17.50	8
1) Fox, Eve L 13	2) Wilkins, Maia M 13	3) Lloyd, Ruby C 13	4) Pritchard, Chloe E 14	
36.10	1:16.60 (40.50)	1:50.87 (34.27)	2:17.50 (26.63)	
2 Carmarthen	A	2:20.50	2:18.85	7
1) Clack, Lucy 14	2) Bowen, Hanna M 13	3) Patterson, Millie 12	4) Jones, Holly-Ellice 13	
35.46	1:13.26 (37.80)	1:48.37 (35.11)	2:18.85 (30.48)	
3 Swansea Aquatics	B	NT	2:19.58	6
1) Powell, Megan B 14	2) Stokes, Aimee L 14	3) Garcia de Leaniz, Sofia 13	4) Scott, Summer 13	
33.44	1:12.83 (39.39)	1:48.30 (35.47)	2:19.58 (31.28)	
4 Haverfordwest Swimming Club	A	2:13.19	2:22.82	5
1) White, Amy V 13	2) Krol, Sophie 13	3) Moses, Ffion M 13	4) Thomson, Megan E 14	
36.54	1:17.85 (41.31)	1:52.72 (34.87)	2:22.82 (30.10)	
5 Celtic Dolphins	A	2:27.67	2:31.24	4
1) Watts, Non 13	2) Davies, Katie 13	3) Sullivan, Nia 14	4) Curtis-Jones, Llian M 13	
38.39	1:23.67 (45.28)	1:57.25 (33.58)	2:31.24 (33.99)	
6 Haverfordwest Swimming Club	B	NT	2:37.92	3
1) Williams, Ffion 14	2) Bennett, Briony 14	3) Griffiths, Seren 14	4) James, Nia 12	
39.48	1:25.05 (45.57)	2:02.03 (36.98)	2:37.92 (35.89)	
7 Llanelli Asc	A	NT	2:45.32	2
1) Crocker, Jasmyn 13	2) Southam, Sophie 12	3) Williams-Jones, Cari 12	4) Phillips, Rhianna 13	
37.22	1:33.62 (56.40)	2:10.48 (36.86)	2:45.32 (34.84)	
--- Carmarthen	B	2:40.27	DQ	
1) Rice, Aimee L 13	2) Howells, Gwenllian 14	3) Roberts, Emily 12	4) Jones, Jodie 13	
41.00	2:06.16 ()	DQ (32.36)		
--- Pembroke & District	A	2:12.40	DQ	
1) Greenwood, Hannah 14	2) Morris, Chloe 13	3) Cole, Megan 13	4) Lee, Georgia 14	
35.33	1:23.15 (47.82)	2:01.09 (37.94)	DQ (32.61)	

Event 71 Boys 11-12 200 SC Meter Medley (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
1 Haverfordwest Swimming Club	A	2:51.91	2:47.22	8
1) Thomas, Dewi 11	2) Butcher, Benjamin 11	3) Fletcher, Owen 11	4) Devonald, James 12	
38.91	1:24.13 (45.22)	2:07.30 (43.17)	2:47.22 (39.92)	
2 Swansea Aquatics	A	2:35.02	2:52.82	7
1) Willis, Morgan J 12	2) Swinton, Christopher J 12	3) Greenaway, Thomas W 12	4) Minney, Clement D 11	
38.92	1:27.01 (48.09)	2:09.95 (42.94)	2:52.82 (42.87)	

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 13 - Warmup 2.15pm****(Event 71 Boys 11-12 200 SC Meter Medley (HDW) Relay)**

Team	Relay	Seed Time	Finals Time	Points
3 Pembroke & District	A	2:31.84	2:54.83	6
1) Lee, Aneurin 11	2) Mutter, Ioan 12	3) Lister, Edward 12	4) Morgan, Jack 11	
42.83	1:32.10 (49.27) 2:15.53 (43.43)	2:54.83 (39.30)		
--- Carmarthen	A	2:55.30	DQ	
1) Jones, Dafydd R 11	2) Johnstone, Daniel 11	3) Sparks, Harry 12	4) Cressey-Rodgers, Huw 11	
38.42	1:35.62 (57.20) 2:19.78 (44.16)	DQ (43.16)		
--- Celtic Dolphins	A	2:42.69	DQ	
1) Richards, Aled 11	2) Phillips, Alistair 11	3) Wells, Oliver S 12	4) Thomas, Evan 11	
45.61	1:32.64 (47.03) 2:08.17 (35.53)	DQ (35.99)		

Event 72 Girls 11-12 200 SC Meter Medley (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
1 Celtic Dolphins	A	2:30.83	2:31.66	8
1) Cleave, Mia 11	2) Phillips, Erin 12	3) Harvey, Carys 12	4) Morris, Lili 12	
38.63	1:20.60 (41.97) 1:57.19 (36.59)	2:31.66 (34.47)		
2 Swansea Aquatics	A	2:26.49	2:34.68	7
1) Peter, Sophie C 11	2) Davies, Rhian L 11	3) Demery, Porsche E 11	4) Edwards, Izzy M 11	
36.98	1:22.52 (45.54) 1:59.96 (37.44)	2:34.68 (34.72)		
3 Swansea Aquatics	B	NT	2:35.01	6
1) Jones, Holli K 12	2) Thomas, Seren M 12	3) Pritchard, Kara E 12	4) Smart, Charlotte E 11	
40.96	1:24.66 (43.70) 2:35.01 (1:10.35)	2:35.01 ()		
4 Haverfordwest Swimming Club	A	2:47.41	2:36.51	5
1) Knowles, Amy A 11	2) Llewellyn, Nia 12	3) White, Eleanor R 12	4) Griffiths, Enfys 12	
40.03	1:25.02 (44.99) 2:02.69 (37.67)	2:36.51 (33.82)		
5 Haverfordwest Swimming Club	B	NT	2:43.67	4
1) Pugh, Kara 12	2) John, Lucy 12	3) Powell, Jessica 12	4) Webb, Alys 12	
43.04	1:28.93 (45.89) 2:08.56 (39.63)	2:43.67 (35.11)		
6 Celtic Dolphins	B	2:50.50	2:45.07	3
1) Bray, Bethan 12	2) Rush, Ella 12	3) Sullivan, Katie 11	4) Tyrrell, Kiera 11	
40.23	1:27.46 (47.23) 2:45.07 (1:17.61)			
7 Milford Haven Swim Squad	A	2:35.28	2:47.96	2
1) Williams, Freya 12	2) Puglia-Walburg, Alessia 11	3) Thomas, Grace 11	4) Rowland, Lola 12	
37.50	1:35.24 (57.74) 2:06.62 (31.38)	2:47.96 (41.34)		
--- Pembroke & District	A	2:44.59	DQ	
1) Busby, Lily 11	2) Callen, Holly-Jane 12	3) Lewis, Caera 12	4) Thomas, Abigail G 12	
40.67	1:24.60 (43.93) 2:00.20 (35.60)	DQ (35.45)		

Event 73 Boys 200 SC Meter Freestyle (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
1 Swansea Aquatics	A	1:42.58	1:40.76	8
1) Mellett, Liam M 25	2) Fraser, Lewis W 18	3) Morris, Alexander T 19	4) Beveridge, Andrew D 25	
25.26	49.11 (23.85) 1:14.47 (25.36)	1:40.76 (26.29)		
2 Haverfordwest Swimming Club	A	1:50.67	1:47.43	7
1) MacDougall, Ben J 15	2) Kelly, Dean L 16	3) Lewis, Matthew D 33	4) Webb, Tomas D 18	
26.72	56.16 (29.44) 1:22.18 (26.02)	1:47.43 (25.25)		
3 Carmarthen	A	1:44.95	1:51.41	6
1) Hancock, Carwyn 15	2) Jones, Joshua 16	3) Gwynne-Jones, Dylan 13	4) Williams, Rhys S 19	
27.66	54.32 (26.66) 1:25.00 (30.68)	1:51.41 (26.41)		
4 Swansea Aquatics	B	NT	1:53.19	5
1) Gibson, Jason A 18	2) Greenway, Morgan S 15	3) Thomas, Daniel J 21	4) Smart, Connor 15	
31.42	1:00.14 (28.72) 1:26.80 (26.66)	1:53.19 (26.39)		

Event 74 Girls 200 SC Meter Freestyle (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
1 Carmarthen	A	1:51.39	1:52.56	8
1) Fry, Catrin 18	2) Davies, Cerys 20	3) Roberts, Alice 15	4) Edwards, Bethan 17	
28.29	55.70 (27.41) 1:24.55 (28.85)	1:52.56 (28.01)		

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 13 - Warmup 2.15pm****(Event 74 Girls 200 SC Meter Freestyle (HDW) Relay)**

Team	Relay	Seed Time	Finals Time	Points
2 Swansea Aquatics	A	NT	2:00.86	7
1) Browne, Megan K 15	2) Jones, Niamh 18	3) Williams, Rhiannon B 17	4) Nicholls, Jasmine F 17	
28.99	59.79 (30.80)	1:30.78 (30.99)	2:00.86 (30.08)	
3 Swansea Aquatics	B	NT	2:03.46	6
1) Willis, Ashleigh J 16	2) Jones, Ffion 15	3) Brooks-Thomas, Tilly E 15	4) Tucker, Amelia H 15	
29.84	1:01.59 (31.75)	1:34.43 (32.84)	2:03.46 (29.03)	

Event 75 Boys 16 & Under 200 SC Meter Freestyle (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
1 Haverfordwest Swimming Club	A	1:55.69	1:52.23	8
1) MacDougall, Ben J 15	2) Berry, Matthew 16	3) Webb, Jac D 16	4) Barrett, Sean A 16	
30.34	58.53 (28.19)	1:25.74 (27.21)	1:52.23 (26.49)	
2 Swansea Aquatics	B	NT	1:52.70	7
1) Greenway, Morgan S 15	2) Hewitt, Harry C 13	3) Elkin, Max 14	4) Rodriguez, Antonio B 14	
28.70	59.01 (30.31)	1:26.32 (27.31)	1:52.70 (26.38)	
3 Swansea Aquatics	A	NT	1:54.53	6
1) Richards-Parssa Nyko, Rafael 15	2) Preece, Alexander J 15	3) Smart, Connor 15	4) Williams, Osian C 15	
33.24	1:00.48 (27.24)	1:26.88 (26.40)	1:54.53 (27.65)	
4 Carmarthen	A	1:46.93	1:55.86	5
1) Gwynne-Jones, Dylan 13	2) Hancock, Carwyn 15	3) Jones, Joshua 16	4) Edwards, Liam 14	
31.07	58.49 (27.42)	1:24.70 (26.21)	1:55.86 (31.16)	

Event 76 Girls 16 & Under 200 SC Meter Freestyle (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
1 Pembroke & District	A	2:01.38	1:59.09	8
1) Jones, Bethan 15	2) Llewellyn, Rosie 16	3) Wilson, Tayla 15	4) Whalley, Charlotte 14	
29.31	58.77 (29.46)	1:30.89 (32.12)	1:59.09 (28.20)	
2 Carmarthen	A	2:02.16	2:03.61	7
1) Cressey-Rodgers, Deryn H 15	2) Conlon, Nia 15	3) Patterson, Millie 12	4) Roberts, Alice 15	
31.33	1:01.94 (30.61)	1:34.44 (32.50)	2:03.61 (29.17)	
3 Swansea Aquatics	B	NT	2:08.25	6
1) Powell, Megan B 14	2) Howells, Charlotte E 15	3) Williams, Danielle R 15	4) Brooks-Thomas, Tilly E 15	
31.37	1:04.75 (33.38)	1:35.91 (31.16)	2:08.25 (32.34)	
4 Celtic Dolphins	A	2:07.47	2:12.98	5
1) Holdsworth, Jasmine 16	2) Davies, Emily 15	3) Watts, Non 13	4) Sullivan, Nia 14	
31.61	1:05.65 (34.04)	1:40.32 (34.67)	2:12.98 (32.66)	

Event 77 Boys 14 & Under 200 SC Meter Freestyle (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
1 Swansea Aquatics	A	1:57.01	1:57.12	8
1) Rodriguez, Antonio B 14	2) Cole, Toby R 13	3) Hewitt, Harry C 13	4) Elkin, Max 14	
27.97	58.93 (30.96)	1:29.26 (30.33)	1:57.12 (27.86)	
2 Haverfordwest Swimming Club	A	1:59.86	1:58.05	7
1) Andrews, Rory 13	2) Ralph, Robbie 13	3) White, Henry 14	4) Powell, Jake 14	
29.48	1:03.16 (33.68)	1:29.94 (26.78)	1:58.05 (28.11)	
3 Pembroke & District	A	2:05.27	1:59.10	6
1) Sturley, Toby 14	2) Keane, Jayden 13	3) Hillary, Benjamin 12	4) Fitzsimmons, Arron 14	
27.41	58.81 (31.40)	1:30.81 (32.00)	1:59.10 (28.29)	
4 Carmarthen	A	1:58.08	2:06.22	5
1) Gwynne-Jones, Dylan 13	2) North-Mullis, Oliver 13	3) Edwards, Liam 14	4) Conlon, Aled L 13	
31.08	1:02.57 (31.49)	1:34.28 (31.71)	2:06.22 (31.94)	
5 Llanelli Asc	A	NT	2:17.51	4
1) Partridge, Rhys 14	2) Budd-Thomas, Dylan 13	3) Williams, Ethan 12	4) Davies, Dominic 14	
31.69	1:07.89 (36.20)	1:45.30 (37.41)	2:17.51 (32.21)	
--- Swansea Aquatics	B	NT	DQ	
1) Wingrave-Rix, Harvey 14	2) Francis, Woody L 13	3) Hedge, Thomas A 13	4) Burkett, Maximus C 13	
31.82	1:38.43 (1:06.61)	DQ (30.62)		

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 13 - Warmup 2.15pm****Event 78 Girls 14 & Under 200 SC Meter Freestyle (HDW) Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Swansea Aquatics	A	2:04.31	1:58.98	8
1) Pritchard, Chloe E 14	2) Garcia de Leaniz, Sofia 13	3) Stokes, Aimee L 14	4) Fox, Eve L 13	
27.37	58.39 (31.02)	1:28.24 (29.85)	1:58.98 (30.74)	
2 Swansea Aquatics	B	NT	2:06.81	7
1) Scott, Summer 13	2) Wilkins, Maia M 13	3) Powell, Megan B 14	4) Lloyd, Ruby C 13	
31.46	1:04.47 (33.01)	1:35.46 (30.99)	2:06.81 (31.35)	
3 Carmarthen	A	2:08.75	2:08.78	6
1) Jones, Holly-Ellice 13	2) Bowen, Hanna M 13	3) Clack, Lucy 14	4) Patterson, Millie 12	
31.92	1:03.69 (31.77)	1:36.70 (33.01)	2:08.78 (32.08)	
4 Haverfordwest Swimming Club	A	2:01.93	2:09.17	5
1) Moses, Ffion M 13	2) Krol, Sophie 13	3) White, Amy V 13	4) Thomson, Megan E 14	
31.99	1:05.07 (33.08)	1:39.10 (34.03)	2:09.17 (30.07)	
5 Celtic Dolphins	A	2:11.17	2:17.41	4
1) Sullivan, Nia 14	2) Curtis-Jones, Llian M 13	3) Davies, Katie 13	4) Watts, Non 13	
32.76	1:06.89 (34.13)	1:43.75 (36.86)	2:17.41 (33.66)	
6 Pembroke & District	A	2:01.54	2:18.56	3
1) Greenwood, Hannah 14	2) Morris, Chloe 13	3) Cole, Megan 13	4) Lee, Georgia 14	
32.41	1:09.58 (37.17)	2:18.56 (1:08.98)		
7 Haverfordwest Swimming Club	B	NT	2:18.91	2
1) Williams, Ffion 14	2) Bennett, Briony 14	3) Powell, Jessica 12	4) Griffiths, Seren 14	
35.11	1:10.90 (35.79)	2:18.91 (1:08.01)		
8 Carmarthen	B	2:18.84	2:19.68	1
1) Rice, Aimee L 13	2) Howells, Gwenllian 14	3) Roberts, Emily 12	4) Jones, Jodie 13	
35.45	1:11.02 (35.57)	1:47.04 (36.02)	2:19.68 (32.64)	
9 Llanelli Asc	A	NT	2:21.84	
1) Phillips, Rhianna 13	2) Crocker, Jasmyn 13	3) Williams-Jones, Cari 12	4) Southam, Sophie 12	
	1:40.49 ()	2:21.84 (41.35)		

Event 79 Boys 11-12 200 SC Meter Freestyle (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
1 Swansea Aquatics	A	2:12.82	2:27.09	8
1) Minney, Clement D 11	2) Swinton, Christopher J 12	3) Willis, Morgan J 12	4) Greenaway, Thomas W 12	
	1:20.71 ()	1:52.30 (31.59)	2:27.09 (34.79)	
2 Haverfordwest Swimming Club	A	2:24.00	2:30.27	7
1) Fletcher, Owen 11	2) Butcher, Benjamin 11	3) Devonald, James 12	4) Thomas, Dewi 11	
38.21	1:16.51 (38.30)	1:55.66 (39.15)	2:30.27 (34.61)	
3 Pembroke & District	A	2:14.05	2:32.61	6
1) Lee, Aneurin 11	2) Lister, Edward 12	3) Morgan, Jack 11	4) Mutter, Ioan 12	
38.46	1:17.80 (39.34)	1:57.80 (40.00)	2:32.61 (34.81)	
4 Celtic Dolphins	A	2:27.66	2:32.62	5
1) Thomas, Evan 11	2) Richards, Aled 11	3) Phillips, Alistair 11	4) Wells, Oliver S 12	
37.74	1:21.08 (43.34)	2:01.37 (40.29)	2:32.62 (31.25)	
5 Carmarthen	A	2:38.05	2:38.55	4
1) Sparks, Harry 12	2) Johnstone, Daniel 11	3) Cressey-Rodgers, Huw 11	4) Jones, Dafydd R 11	
36.30	1:21.38 (45.08)	2:38.55 (1:17.17)	2:38.55 ()	

Event 80 Girls 11-12 200 SC Meter Freestyle (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
1 Swansea Aquatics	A	2:11.19	2:15.46	8
1) Smart, Charlotte E 11	2) Pritchard, Kara E 12	3) Peter, Sophie C 11	4) Davies, Rhian L 11	
33.83	1:09.12 (35.29)	2:15.46 (1:06.34)	2:15.46 ()	
2 Celtic Dolphins	A	2:15.03	2:15.91	7
1) Harvey, Carys 12	2) Phillips, Erin 12	3) Morris, Lili 12	4) Cleave, Mia 11	
33.48	1:07.50 (34.02)	1:41.47 (33.97)	2:15.91 (34.44)	
3 Haverfordwest Swimming Club	A	2:31.91	2:16.37	6
1) Knowles, Amy A 11	2) White, Eleanor R 12	3) Griffiths, Enfyys 12	4) Llewellyn, Nia 12	
34.34	1:08.80 (34.46)	1:43.59 (34.79)	2:16.37 (32.78)	

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 13 - Warmup 2.15pm****(Event 80 Girls 11-12 200 SC Meter Freestyle (HDW) Relay)**

Team	Relay	Seed Time	Finals Time	Points
4 Swansea Aquatics	B	NT	2:18.72	5
1) Demery, Porsche E 11	2) Edwards, Izzy M 11	3) Thomas, Seren M 12	4) Jones, Holli K 12	
33.87	1:10.58 (36.71)	1:44.39 (33.81)	2:18.72 (34.33)	
5 Haverfordwest Swimming Club	B	NT	2:25.11	4
1) Webb, Alys 12	2) James, Nia 12	3) John, Lucy 12	4) Pugh, Kara 12	
36.10	1:13.02 (36.92)	1:48.73 (35.71)	2:25.11 (36.38)	
6 Pembroke & District	A	2:28.58	2:26.05	3
1) Sturley, Maggie M 12	2) Thomas, Abigail G 12	3) Carroll, Leah 12	4) Lewis, Caera 12	
36.51	1:13.25 (36.74)	1:50.31 (37.06)	2:26.05 (35.74)	
7 Celtic Dolphins	B	2:28.55	2:26.07	2
1) Bray, Bethan 12	2) Sullivan, Katie 11	3) Rush, Ella 12	4) Tyrrell, Kiera 11	
35.66	1:49.63 (1:13.97)	2:22.21 (32.58)	2:26.07 (3.86)	
8 Milford Haven Swim Squad	A	2:17.98	2:36.70	1
1) Rowland, Cleo 12	2) Rowland, Lola 12	3) Puglia-Walburg, Alessia 11	4) Thomas, Grace 11	
40.07	1:22.91 (42.84)	2:01.90 (38.99)	2:36.70 (34.80)	

Event 81 Mixed 200 SC Meter Freestyle (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
1 Carmarthen	A	1:45.86	1:48.03	8
1) Jones, Joshua M16	2) Davies, Cerys W20	3) Edwards, Bethan W17	4) Williams, Rhys S M19	
26.78	54.28 (27.50)	1:22.34 (28.06)	1:48.03 (25.69)	
2 Swansea Aquatics	B	NT	1:49.60	7
1) Mellett, Liam M M25	2) Willis, Ashleigh J W16	3) Morris, Alexander T M19	4) Browne, Megan K W15	
25.09	55.38 (30.29)	1:20.99 (25.61)	1:49.60 (28.61)	
3 Haverfordwest Swimming Club	A	1:50.50	1:50.80	6
1) Mottram, Ben M18	2) Twigg, Louisa E W17	3) Harding, Lucy W17	4) Webb, Tomas D M18	
26.72	56.41 (29.69)	1:25.71 (29.30)	1:50.80 (25.09)	
4 Swansea Aquatics	A	1:50.75	1:51.04	5
1) Fraser, Lewis W M18	2) Jones, Niamh W18	3) Beveridge, Andrew D M25	4) Williams, Rhiannon B W17	
23.86	54.46 (30.60)	1:19.97 (25.51)	1:51.04 (31.07)	

Event 82 Mixed 16 & Under 200 SC Meter Freestyle (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
1 Pembroke & District	A	2:01.69	1:52.94	8
1) Sturley, Toby M14	2) Fitzsimmons, Arron M14	3) Jones, Bethan W15	4) Whalley, Charlotte W14	
28.10	56.27 (28.17)	1:25.32 (29.05)	1:52.94 (27.62)	
2 Carmarthen	A	1:50.74	1:53.56	7
1) Hancock, Carwyn M15	2) Roberts, Alice W15	3) Cressey-Rodgers, Deryn H W15	4) Jones, Joshua M16	
27.76	56.97 (29.21)	1:27.34 (30.37)	1:53.56 (26.22)	
3 Swansea Aquatics	A	1:53.07	1:54.00	6
1) Smart, Connor M15	2) Tucker, Amelia H W15	3) Greenway, Morgan S M15	4) Browne, Megan K W15	
27.25	56.31 (29.06)	1:25.26 (28.95)	1:54.00 (28.74)	
4 Haverfordwest Swimming Club	A	1:53.70	1:58.00	5
1) MacDougall, Ben J M15	2) Krol, Sophie W13	3) Robinson, Francesca S W15	4) Barrett, Sean A M16	
30.31	1:03.28 (32.97)	1:32.17 (28.89)	1:58.00 (25.83)	
5 Swansea Aquatics	B	NT	1:58.71	4
1) Preece, Alexander J M15	2) Willis, Ashleigh J W16	3) Williams, Osian C M15	4) Brooks-Thomas, Tilly E W15	
28.53	58.68 (30.15)	1:26.02 (27.34)	1:58.71 (32.69)	

Event 83 Mixed 14 & Under 200 SC Meter Freestyle (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
1 Swansea Aquatics	A	1:57.09	1:53.54	8
1) Pritchard, Chloe E W14	2) Elkin, Max M14	3) Fox, Eve L W13	4) Rodriguez, Antonio B M14	
27.42	55.20 (27.78)	1:26.22 (31.02)	1:53.54 (27.32)	
2 Swansea Aquatics	B	NT	2:01.88	7
1) Powell, Megan B W14	2) Hedge, Thomas A M13	3) Stokes, Aimee L W14	4) Hewitt, Harry C M13	
31.87		1:32.03 ()	2:01.88 (29.85)	

West Wales Regionals 2018 - 02/02/2018 to 11/02/2018**Results - Session 13 - Warmup 2.15pm****(Event 83 Mixed 14 & Under 200 SC Meter Freestyle (HDW) Relay)**

Team	Relay	Seed Time	Finals Time	Points
3 Haverfordwest Swimming Club	A	2:04.60	2:02.13	6
1) Andrews, Rory M13	2) Moses, Ffion M W13	3) Thomson, Megan E W14	4) Powell, Jake M14	
30.02	1:01.69 (31.67)	1:32.52 (30.83)	2:02.13 (29.61)	
4 Carmarthen	A	1:56.73	2:06.80	5
1) Gwynne-Jones, Dylan M13	2) Bowen, Hanna M W13	3) Patterson, Millie W12	4) North-Mullis, Oliver M13	
31.05	1:02.51 (31.46)	1:35.51 (33.00)	2:06.80 (31.29)	
5 Haverfordwest Swimming Club	B	NT	2:07.33	4
1) Ralph, Robbie M13	2) Griffiths, Seren W14	3) White, Amy V W13	4) White, Henry M14	
34.09	1:06.89 (32.80)	1:40.63 (33.74)	2:07.33 (26.70)	
6 Carmarthen	B	NT	2:08.35	3
1) Edwards, Liam M14	2) Jones, Holly-Ellice W13	3) Clack, Lucy W14	4) Conlon, Aled L M13	
31.49	1:03.39 (31.90)	1:36.82 (33.43)	2:08.35 (31.53)	
7 Fishguard Flyers SC	A	NT	2:08.48	2
1) Lewis, Rachael E W14	2) Clapham, Rhiannon m W13	3) Schmidt, Hans M13	4) Owen, Kaleb M14	
31.38	1:04.58 (33.20)	1:36.71 (32.13)	2:08.48 (31.77)	
8 Pembroke & District	A	2:09.04	2:11.76	1
1) Hillary, Benjamin M12	2) Keane, Jayden M13	3) Greenwood, Hannah W14	4) Lee, Georgia W14	
34.35	1:06.77 (32.42)	1:39.17 (32.40)	2:11.76 (32.59)	

Event 84 Mixed 11-12 200 SC Meter Freestyle (HDW) Relay

Team	Relay	Seed Time	Finals Time	Points
*1 Carmarthen	A	2:07.97	2:15.55	7.50
1) Jones, Dafydd R M11	2) Sparks, Harry M12	3) Roberts, Emily W12	4) Patterson, Millie W12	
33.01	1:09.29 (36.28)	2:15.55 (1:06.26)		
*1 Swansea Aquatics	A	2:09.54	2:15.55	7.50
1) Pritchard, Kara E W12	2) Willis, Morgan J M12	3) Demery, Porsche E W11	4) Greenaway, Thomas W M12	
32.21	1:04.26 (32.05)	1:37.97 (33.71)	2:15.55 (37.58)	
3 Celtic Dolphins	A	2:13.44	2:16.61	6
1) Harvey, Carys W12	2) Thomas, Evan M11	3) Cleave, Mia W11	4) Wells, Oliver S M12	
32.87	1:10.27 (37.40)	1:45.83 (35.56)	2:16.61 (30.78)	
4 Haverfordwest Swimming Club	A	2:21.52	2:21.39	5
1) Fletcher, Owen M11	2) Knowles, Amy A W11	3) Llewellyn, Nia W12	4) Thomas, Dewi M11	
38.10	1:12.86 (34.76)	1:46.16 (33.30)	2:21.39 (35.23)	
5 Pembroke & District	A	2:22.61	2:23.30	4
1) Sturley, Maggie M W12	2) Lewis, Caera W12	3) Lister, Edward M12	4) Mutter, Ioan M12	
36.53	1:10.43 (33.90)	1:48.14 (37.71)	2:23.30 (35.16)	
6 Milford Haven Swim Squad	A	NT	2:24.10	3
1) Marsh, Gabe M12	2) Thomas, Grace W11	3) Williams, Tyler M11	4) Williams, Freya W12	
35.52	1:10.09 (34.57)	1:49.88 (39.79)	2:24.10 (34.22)	
7 Fishguard Flyers SC	A	2:26.60	2:26.39	2
1) Reed, Kayleigh W12	2) Forster, Ella W12	3) Owen, Zachariah M11	4) Caygill, Rhys M11	
34.73	1:10.02 (35.29)	1:48.28 (38.26)	2:26.39 (38.11)	
8 Swansea Aquatics	B	NT	2:27.50	1
1) Minney, Clement D M11	2) Smart, Charlotte E W11	3) Swinton, Christopher J M12	4) Jones, Holli K W12	
1:18.74	1:53.89 ()	2:27.50 (33.61)		
9 Celtic Dolphins	B	2:29.25	2:30.94	
1) Phillips, Erin W12	2) Phillips, Alistair M11	3) Morris, Lili W12	4) Richards, Aled M11	
34.00	1:13.72 (39.72)	1:48.66 (34.94)	2:30.94 (42.28)	
10 Haverfordwest Swimming Club	B	NT	2:30.98	
1) Butcher, Benjamin M11	2) John, Lucy W12	3) Webb, Alys W12	4) Devonald, James M12	
39.66	1:15.79 (36.13)	1:51.94 (36.15)	2:30.98 (39.04)	