

West Wales Regionals 2019 - 01/02/2019 to 10/02/2019**Results - Session 10 - Warmup 11.00am****Event 42 Girls 13 Year Olds 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Lewis, Lowri	13	Neath SC	29.57	29.50	a
2 Patterson, Millie	13	Carmarthen	28.91	29.74	a
3 Lewis, Caera	13	Pembroke & District Asc	30.70	29.75	a
4 Pritchard, Kara E	13	City of Swansea Aquatics Club	31.20	31.70	a
5 Thomas, Seren M	13	City of Swansea Aquatics Club	33.65	32.13	a
6 Phillips, Erin	13	Celtic Dolphins	31.77	32.37	a
7 Goddard, Evie E	13	Haverfordwest	35.30	32.44	a
8 Griffiths, Enfys	13	Haverfordwest	33.22	32.55	a
9 Jones, Holli K	13	City of Swansea Aquatics Club	33.48	32.91	
10 Rush, Ella	13	Celtic Dolphins	33.20	33.02	
11 Horne, Alexa	13	Fishguard Flyers	32.54	33.17	
12 Turatto-Owen, Morgan L	13	City of Swansea Aquatics Club	33.10	33.27	
13 Webb, Alys	13	Haverfordwest	33.15	33.37	
14 White, Eleanor R	13	Haverfordwest	36.56	33.55	
15 Hill, Marissa C	13	City of Swansea Aquatics Club	33.41	33.61	
16 Thomas, Madison A	13	Nexus Valleys Swimming Club	34.73	33.65	
17 John, Lucy	13	Haverfordwest	33.45	33.74	
18 Bray, Bethan	13	Celtic Dolphins	33.81	34.05	
19 James, Nia	13	Haverfordwest	33.58	34.11	
20 Evans, Caitlin	13	Neath SC	34.18	34.27	
21 Thomas, Abigail G	13	Pembroke & District Asc	33.80	34.61	
22 Cundy, Erin G	13	City of Swansea Aquatics Club	34.85	34.71	
23 Collier, Mari	13	Carmarthen	36.20	35.21	
24 Owen, Nia T	13	City of Swansea Aquatics Club	35.80	36.55	
25 James, Dempsey	13	Neath SC	37.33	36.81	
26 Rowland, Cleo	13	Milford Haven	39.57	37.52	
27 Southam, Sophie	13	Llanelli	37.42	38.08	
28 Phelps, Lucy	13	Celtic Dolphins	37.62	38.74	

Event 42 Girls 14 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Davies, Abigail H	14	City of Swansea Aquatics Club	29.40	29.14	a
2 Davies-Amos, Angelica R	14	City of Swansea Aquatics Club	28.96	29.15	a
3 Evans, Bethan	14	Neath SC	29.09	29.92	a
4 Krol, Sophie	14	Haverfordwest	30.43	29.93	a
5 Fox, Eve L	14	City of Swansea Aquatics Club	30.20	30.39	a
6 Lloyd, Ruby C	14	City of Swansea Aquatics Club	30.70	30.44	a
7 Scott, Summer	14	City of Swansea Aquatics Club	30.80	30.71	a
8 Clapham, Rhiannon m	14	Fishguard Flyers	32.52	30.84	a
9 Garcia de Leaniz, Sofia	14	City of Swansea Aquatics Club	30.50	31.18	
10 Crocker, Jasmyn	14	Llanelli	31.23	31.40	
11 Johnson, Rachel	14	Neath SC	31.07	31.52	
12 Bowen, Hanna M	14	Carmarthen	32.09	31.53	
13 Wilkins, Maia M	14	City of Swansea Aquatics Club	32.16	31.54	
14 Jones, Jodie	14	Carmarthen	31.67	31.88	
15 White, Amy V	14	Haverfordwest	32.39	31.91	
16 Curtis, Lily	14	City of Swansea Aquatics Club	31.50	31.92	
17 Gillett, Keira J	14	City of Swansea Aquatics Club	31.90	31.99	
18 Phillips, Rhianna	14	Llanelli	32.16	32.04	
19 Johns, Ffion C	14	City of Swansea Aquatics Club	32.16	32.06	
20 Cole, Megan	14	Pembroke & District Asc	35.07	32.52	
*21 Thomas, Abigail	14	Neath SC	32.00	32.63	

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Name	Age	Team	Seed Time	Prelim Time
*21 Jones, Neve	14	Neath SC	31.02	32.63
23 Lewis, Abigail	14	Neath SC	32.78	32.91
24 Francis, Mirain I	14	City of Swansea Aquatics Club	32.80	33.03
25 Brown, Danielle E	14	Amman Valley	37.50	36.10
26 Curtis-Jones, Llian M	14	Celtic Dolphins	33.01	36.18

Event 42 Girls 15-16 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Protheroe, Chloe B	16	City of Swansea Aquatics Club	29.70	29.21 a
2 Lewis, Rachael E	15	Fishguard Flyers	30.03	29.41 a
3 Thomson, Megan E	15	Haverfordwest	30.24	29.83 a
4 Robinson, Francesca S	16	Haverfordwest	29.51	29.84 a
5 Davies, Katie	16	Neath SC	28.91	29.87 a
6 Evans, Caitlin R	15	City of Swansea Aquatics Club	30.80	30.23 a
7 Conlon, Nia	16	Carmarthen	30.10	30.43 a
8 Davies, Ellie L	15	City of Swansea Aquatics Club	30.47	30.51 a
9 Griffiths, Seren	15	Haverfordwest	30.94	30.59
10 Pearce, Molly	15	Llanelli	30.49	30.60
11 Edwards, Maddie	15	Nexus Valleys Swimming Club	31.20	30.99
12 Williams, Danielle R	16	City of Swansea Aquatics Club	30.20	31.06
13 Greenwood, Hannah	15	Pembroke & District Asc	30.84	31.29
14 Lee, Georgia	15	Pembroke & District Asc	31.58	31.32
15 Jones, Ffion	16	City of Swansea Aquatics Club	31.20	31.47
16 Powell, Megan	15	City of Swansea Aquatics Club	31.20	31.48
17 Howells, Charlotte E	16	City of Swansea Aquatics Club	32.80	31.88
18 Clack, Lucy	15	Carmarthen	31.10	32.35
19 Jones, Sophie	15	Amman Valley	34.09	33.71
20 Ord, Tamzin L	15	Amman Valley	34.08	33.83

Event 42 Girls 17 & Over 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Jones, Niamh	19	City of Swansea Aquatics Club	30.02	29.38 a
2 Harding, Lucy	18	Haverfordwest	28.93	29.47 a
3 Holdsworth, Jasmine	17	Celtic Dolphins	31.17	31.83 a

Event 43 Boys 13 Year Olds 50 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Marsh, Gabe	13	Milford Haven	41.00	40.11 a
2 Swinton, Christopher J	13	City of Swansea Aquatics Club	42.92	41.38 a
3 Edwards, Sam C	13	Nexus Valleys Swimming Club	43.67	41.72 a
4 Rogers, Logan A	13	Neath SC	43.88	42.26 a
5 Sparks, Harry	13	Carmarthen	44.78	42.91 a
6 Griffin, Davie	13	Celtic Dolphins	45.98	44.59 a
7 Owen, Cai	13	Haverfordwest	47.88	46.85 a
8 Williams, Ethan	13	Llanelli	47.95	46.96 a
9 Jones, Joseph T	13	Nexus Valleys Swimming Club	49.80	47.53
10 Henry, Mabon	13	Haverfordwest	54.76	50.55

Event 43 Boys 14 Year Olds 50 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 McDowell, Josh	14	Haverfordwest	35.25	33.48 a
2 Gwynne-Jones, Dylan	14	Carmarthen	35.67	35.83 a

West Wales Regionals 2019 - 01/02/2019 to 10/02/2019**Results - Session 10 - Warmup 11.00am****Preliminaries ... (Event 43 Boys 14 Year Olds 50 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time	
3 Burkett, Maximus C	14	City of Swansea Aquatics Club	40.30	36.94	q
4 Hewitt, Harry C	14	City of Swansea Aquatics Club	38.27	37.05	q
5 North-Mullis, Oliver	14	Carmarthen	38.21	38.06	q
6 Williams, Tyler J	14	City of Swansea Aquatics Club	38.76	39.82	q
7 Thomas, Rhys A	14	City of Swansea Aquatics Club	42.13	41.99	q
8 Francis, Woody L	14	City of Swansea Aquatics Club	43.99	42.01	q
9 Jones, Garyn	14	Neath SC	44.80	43.73	
10 Lewis, Jaydon	14	Celtic Dolphins	46.77	44.76	
11 Bridger, Steffan	14	Haverfordwest	46.73	45.36	
--- Cole, Toby R	14	City of Swansea Aquatics Club	35.40	DQ	

Event 43 Boys 15-16 50 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Shiels, Charlie J	15	Pembroke & District Asc	33.21	32.71	q
2 Morgan, Dylan	15	Carmarthen	36.45	34.48	q
3 Fitzsimmons, Arron	15	Pembroke & District Asc	35.53	35.33	q
4 Edwards, Liam	15	Carmarthen	34.65	36.27	q
5 Partridge, Rhys	15	Llanelli	36.57	36.65	q
6 Southam, Jack	16	Llanelli	40.20	36.99	q
7 Greenway, Morgan S	16	City of Swansea Aquatics Club	39.65	37.40	q
8 Seppman, Neo T	15	City of Swansea Aquatics Club	41.55	40.18	q
9 Ferguson, Lucas	15	Neath SC	41.53	41.77	

Event 43 Boys 17 & Over 50 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Barrett, Sean A	17	Haverfordwest	31.74	31.52	q
2 Job, Kyle	21	Penyrheol	31.65	32.09	q
3 Morris, Alexander T	20	City of Swansea Aquatics Club	33.01	33.50	q
4 Jones, Joshua	17	Carmarthen	36.50	35.98	q
5 Dunning, Luke	17	Llanelli	3.84	36.58	q
6 Clapham, Patrick J	18	Fishguard Flyers	39.03	39.46	q

Event 44 Boys 11 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Montgomery, Sammy	11	Fishguard Flyers	1:28.37	1:25.32	q
41.20 44.12					
2 Sellick, Fenn	11	Llanelli	1:38.03	1:29.12	q
44.00 45.12					
3 Sparks, Sebastian	11	Carmarthen	1:34.29	1:30.91	q
45.25 45.66					
--- Griffin, Daniel	11	Celtic Dolphins	1:36.50	DQ	
46.04 48.71					
--- Diouf, Kaden S	11	City of Swansea Aquatics Club	1:40.19	DQ	
45.31 48.21					

Event 44 Boys 12 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Jones, Dafydd R	12	Carmarthen	1:15.55	1:15.66	q
36.19 39.47					
2 Thomas, Iestyn	12	Neath SC	1:25.47	1:23.85	q
40.43 43.42					

West Wales Regionals 2019 - 01/02/2019 to 10/02/2019**Results - Session 10 - Warmup 11.00am****Preliminaries ... (Event 44 Boys 12 Year Olds 100 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time	
3 Butcher, Benjamin 42.62 44.80	12	Haverfordwest	1:28.76	1:27.42	a
4 Lee, Aneurin 42.32 45.45	12	Pembroke & District Asc	1:31.51	1:27.77	a
5 Fletcher, Owen 43.06 45.24	12	Haverfordwest	1:26.99	1:28.30	a
6 Johnstone, Daniel 43.76 46.89	12	Carmarthen	1:29.51	1:30.65	a
7 Morgan, Jack 45.53 47.17	12	Pembroke & District Asc	1:36.39	1:32.70	a
8 Thomson, Jacob 48.03 52.58	12	Haverfordwest	1:39.69	1:40.61	a
--- Lloyd-Roberts, Rhys 43.19 47.67	12	Milford Haven	1:26.95		DQ

Event 45 Girls 13 Year Olds 200 SC Meter IM (HDW)

Name	Age	Team	Seed Time	Finals Time	
1 Patterson, Millie 34.98 37.40 45.54 36.09	13	Carmarthen	2:32.84	2:34.01	
2 Lewis, Caera 34.71 43.65 43.56 36.78	13	Pembroke & District Asc	2:41.76	2:38.70	
3 Lewis, Lowri 35.27 40.46 51.08 36.44	13	Neath SC	2:50.86	2:43.25	
4 Evans, Caitlin 38.13 46.06 47.50 40.24	13	Neath SC	2:51.89	2:51.93	
5 Griffiths, Enfys 40.30 46.04 49.72 37.26	13	Haverfordwest	2:54.32	2:53.32	
6 White, Eleanor R 37.15 1:37.62 40.37	13	Haverfordwest	2:54.42	2:55.14	
7 Phillips, Erin 39.18 46.52 48.01 42.38	13	Celtic Dolphins	2:52.44	2:56.09	
8 Jones, Holli K 39.94 44.50 56.30 36.31	13	City of Swansea Aquatics Club	2:55.29	2:57.05	
9 Webb, Alys 39.31 46.67 52.22 40.85	13	Haverfordwest	2:58.97	2:59.05	
10 John, Lucy 40.98 43.35 53.01 42.31	13	Haverfordwest	2:55.43	2:59.65	
11 Goddard, Evie E 41.54 46.37 54.12 39.09	13	Haverfordwest	3:05.14	3:01.12	
12 Hill, Marissa C 43.33 45.91 53.45 41.46	13	City of Swansea Aquatics Club	2:59.40	3:04.15	
13 Rush, Ella 41.93 50.19 53.01 42.04	13	Celtic Dolphins	3:01.73	3:07.17	
14 Cundy, Erin G 46.54 45.86 55.23 40.50	13	City of Swansea Aquatics Club	3:10.53	3:08.13	
15 Hewitt, Jessica G 45.32 47.31 55.89 41.29	13	City of Swansea Aquatics Club	3:10.80	3:09.81	
16 Thomas, Abigail G 43.76 54.32 59.76 42.59	13	Pembroke & District Asc	3:10.63	3:20.43	
17 Selby, Cerys 48.01 50.28 57.82 45.71	13	Celtic Dolphins	3:24.74	3:21.82	
18 Owen, Nia T 52.13 50.74 1:01.95 43.28	13	City of Swansea Aquatics Club	3:25.73	3:28.10	
19 Phelps, Lucy 52.27 51.68 1:02.28 47.46	13	Celtic Dolphins	3:27.97	3:33.69	
--- Thomas, Madison A 51.34 52.99 1:02.53 42.27	13	Nexus Valleys Swimming Club	3:28.96		DQ

West Wales Regionals 2019 - 01/02/2019 to 10/02/2019**Results - Session 10 - Warmup 11.00am****(Event 45 Girls 13 Year Olds 200 SC Meter IM (HDW))**

Name	Age	Team	Seed Time	Finals Time
--- Pritchard, Kara E	13	City of Swansea Aquatics Club	2:53.52	DQ
35.22 42.04 49.07	37.69			
--- Turatto-Owen, Morgan L	13	City of Swansea Aquatics Club	3:03.40	DQ
41.66 46.29 59.49	39.82			

Event 45 Girls 14 Year Olds 200 SC Meter IM (HDW)

Name	Age	Team	Seed Time	Finals Time
1 Evans, Bethan	14	Neath SC	2:38.70	2:35.06
35.92 39.12 46.48	33.54			
2 Davies-Amos, Angelica R	14	City of Swansea Aquatics Club	2:37.91	2:36.31
35.31 39.86 46.40	34.74			
3 Davies, Abigail H	14	City of Swansea Aquatics Club	2:39.79	2:38.32
33.86 40.26 49.46	34.74			
4 Lloyd, Ruby C	14	City of Swansea Aquatics Club	2:36.58	2:38.34
35.05 40.87 47.21	35.21			
5 Bowen, Hanna M	14	Carmarthen	2:35.10	2:38.37
35.82 41.36 43.10	38.09			
6 White, Amy V	14	Haverfordwest	2:45.02	2:44.45
37.87 39.32 49.02	38.24			
7 Gillett, Keira J	14	City of Swansea Aquatics Club	2:47.72	2:45.64
36.85 41.62 50.74	36.43			
8 Watts, Non	14	Celtic Dolphins	2:49.50	2:49.39
38.48 42.24 50.85	37.82			
9 Clapham, Rhiannon m	14	Fishguard Flyers	2:52.48	2:49.50
39.40 43.39 49.40	37.31			
10 Lewis, Abigail	14	Neath SC	2:57.18	2:51.07
39.46 42.38 49.65	39.58			
11 Johnson, Rachel	14	Neath SC	3:05.20	2:54.12
39.94 43.48 52.90	37.80			
12 Fox, Eve L	14	City of Swansea Aquatics Club	2:50.25	2:55.27
35.79 42.61 1:00.90	35.97			
13 Jones, Neve	14	Neath SC	2:58.36	2:56.40
40.71 42.09 53.03	40.57			
14 Johns, Ffion C	14	City of Swansea Aquatics Club	2:55.06	2:56.92
39.76 45.36 53.90	37.90			
15 Thomas, Abigail	14	Neath SC	3:07.12	2:59.11
38.16 45.95 53.35	41.65			
16 Francis, Mirain I	14	City of Swansea Aquatics Club	2:58.59	2:59.33
38.23 46.16 50.70	44.24			
17 Cole, Megan	14	Pembroke & District Asc	3:12.85	3:01.82
36.44 48.94 54.13	42.31			
--- Wilkins, Maia M	14	City of Swansea Aquatics Club	2:45.69	DQ
38.20 44.19 45.00	36.49			
--- Garcia de Leaniz, Sofia	14	City of Swansea Aquatics Club	2:41.35	DQ
34.80 40.84 50.22	36.97			

Event 45 Girls 15-16 200 SC Meter IM (HDW)

Name	Age	Team	Seed Time	Finals Time
1 Tucker, Amelia H	16	City of Swansea Aquatics Club	2:28.90	2:32.28
33.00 39.14 44.54	35.60			
2 Protheroe, Chloe B	16	City of Swansea Aquatics Club	2:43.40	2:35.97
32.23 38.74 50.66	34.34			
3 Robinson, Francesca S	16	Haverfordwest	2:39.60	2:38.68
33.54 39.94 48.26	36.94			
4 Thomson, Megan E	15	Haverfordwest	2:39.76	2:41.19
34.19 39.75 50.40	36.85			
5 Davies, Ellie L	15	City of Swansea Aquatics Club	2:57.52	2:44.45
33.85 40.10 53.27	37.23			

West Wales Regionals 2019 - 01/02/2019 to 10/02/2019**Results - Session 10 - Warmup 11.00am****(Event 45 Girls 15-16 200 SC Meter IM (HDW))**

Name	Age	Team	Seed Time	Finals Time
6 Greenwood, Hannah 35.84 41.68 1:29.20	15	Pembroke & District Asc	2:44.17	2:46.72
7 Griffiths, Seren 34.76 43.23 51.09	15	Haverfordwest 38.75	2:48.40	2:47.83
8 Jones, Ffion 38.63 41.94 51.12	16	City of Swansea Aquatics Club 37.05	2:51.73	2:48.74
9 Powell, Megan 37.75 40.26 54.22	15	City of Swansea Aquatics Club 39.08	2:53.60	2:51.31
10 Edwards, Maddie 37.33 44.79 53.01	15	Nexus Valleys Swimming Club 38.54	2:51.32	2:53.67
11 Lee, Georgia 38.60 43.94 52.03	15	Pembroke & District Asc 39.58	3:03.02	2:54.15
12 Ord, Tamzin L 41.76 46.31 52.20	15	Amman Valley 39.39	3:03.45	2:59.66
13 Jones, Sophie 43.01 49.18 50.95	15	Amman Valley 41.98	3:03.75	3:05.12
14 Huddy, Kate 42.15 47.51 1:01.61	15	Milford Haven 45.83	3:20.60	3:17.10
--- Peter, Hannah C 31.46 37.84 47.30	16	City of Swansea Aquatics Club 35.69	2:41.00	DQ

Event 45 Girls 17 & Over 200 SC Meter IM (HDW)

Name	Age	Team	Seed Time	Finals Time
1 Rees, Millie M 30.39 37.89 45.92	17	City of Swansea Aquatics Club 34.63	2:31.20	2:28.83
2 Jones, Niamh 35.35 40.71 45.12	19	City of Swansea Aquatics Club 35.81	2:38.19	2:36.99
3 Harding, Lucy 35.29 39.68 49.07	18	Haverfordwest 39.89	2:25.92	2:43.93
4 Holdsworth, Jasmine 35.86 46.26 51.69	17	Celtic Dolphins 39.52	2:46.85	2:53.33
5 Jones, Emily 37.94 45.24 52.17	18	Carmarthen 42.10	2:57.50	2:57.45

Event 46 Boys 13 Year Olds 200 SC Meter IM (HDW)

Name	Age	Team	Seed Time	Finals Time
1 Wells, Oliver S 34.26 41.49 47.03	13	Celtic Dolphins 35.97	2:42.39	2:38.75
2 West, Zac 36.35 43.41 47.44	13	Fishguard Flyers 38.16	2:53.25	2:45.36
3 Hillary, Benjamin 35.95 42.66 52.41	13	Pembroke & District Asc 35.56	2:55.94	2:46.58
4 Thomas, Jac 37.38 44.87 52.08	13	Neath SC 36.46	2:54.90	2:50.79
5 Swinton, Christopher J 39.06 44.93 50.60	13	City of Swansea Aquatics Club 39.96	3:05.87	2:54.55
6 Rogers, Logan A 43.97 45.93 51.09	13	Neath SC 37.66	3:10.06	2:58.65
7 Owen, Cai 40.29 45.12 57.53	13	Haverfordwest 38.54	2:59.95	3:01.48
8 Williams, Ethan 41.17 48.68 1:00.31	13	Llanelli 37.34	3:11.58	3:07.50
9 Sparks, Harry 41.96 48.78 55.69	13	Carmarthen 42.02	3:14.75	3:08.45
10 Jones, Joseph T 1:29.87	13	Nexus Valleys Swimming Club 40.25	3:09.69	3:09.61
--- Griffin, Davie 44.79 45.80 51.58	13	Celtic Dolphins 41.63	3:05.84	DQ

West Wales Regionals 2019 - 01/02/2019 to 10/02/2019**Results - Session 10 - Warmup 11.00am****Event 46 Boys 14 Year Olds 200 SC Meter IM (HDW)**

	Name	Age	Team	Seed Time	Finals Time
1	Andrews, Rory	14	Haverfordwest	2:22.53	2:25.33
	32.20 37.25 43.43	32.45			
2	North-Mullis, Oliver	14	Carmarthen	2:37.64	2:38.86
	33.50 41.67 47.52	36.17			
3	Keane, Jayden	14	Pembroke & District Asc	2:43.13	2:38.98
	35.30 40.48 46.83	36.37			
4	Catling, Finlay	14	Celtic Dolphins	2:44.52	2:41.08
	36.96 41.69 47.41	35.02			
5	Thomas, Rhys A	14	City of Swansea Aquatics Club	2:49.30	2:46.11
	34.89 41.41 51.59	38.22			
6	Cressey-Rodgers, Ioan	14	Carmarthen	2:51.31	2:46.23
	38.12 40.57 50.31	37.23			
7	Conlon, Aled L	14	Carmarthen	2:51.60	2:50.00
	37.62 42.11 53.67	36.60			
8	Francis, Woody L	14	City of Swansea Aquatics Club	2:53.70	2:51.32
	38.92 43.09 50.76	38.55			
9	Williams, Tyler J	14	City of Swansea Aquatics Club	2:58.84	2:58.46
	39.96 46.58 50.76	41.16			

Event 46 Boys 15-16 200 SC Meter IM (HDW)

	Name	Age	Team	Seed Time	Finals Time
1	White, Henry	15	Haverfordwest	2:14.36	2:17.58
	31.01 34.79 39.73	32.05			
2	Smart, Connor	16	City of Swansea Aquatics Club	2:22.31	2:21.61
	29.24 35.89 44.79	31.69			
3	Shiels, Charlie J	15	Pembroke & District Asc	2:30.99	2:23.29
	30.34 38.36 41.10	33.49			
4	Sturley, Toby	15	Pembroke & District Asc	2:24.55	2:24.31
	31.97 37.75 42.00	32.59			
5	Wells, Lewis	16	Neath SC	2:28.91	2:32.91
	30.77 37.96 47.52	36.66			
6	Fitzsimmons, Arron	15	Pembroke & District Asc	2:35.05	2:33.20
	33.13 38.37 47.29	34.41			
7	Seppman, Neo T	15	City of Swansea Aquatics Club	2:40.43	2:41.28
	36.68 40.53 47.57	36.50			
8	Goddard, Harrison J	15	Haverfordwest	2:55.15	2:50.41
	38.35 42.68 49.36	40.02			
---	Greenway, Morgan S	16	City of Swansea Aquatics Club	2:42.21	DQ
	31.97 39.48 1:25.20				

Event 46 Boys 17 & Over 200 SC Meter IM (HDW)

	Name	Age	Team	Seed Time	Finals Time
1	Barrett, Sean A	17	Haverfordwest	2:13.53	2:12.99
	29.58 35.03 37.08	31.30			
2	Davies, Rhys	18	Pembroke & District Asc	2:20.72	2:17.09
	30.71 33.22 41.05	32.11			
3	Williams, Steffan R	20	Carmarthen	2:15.84	2:22.09
	29.53 36.40 42.44	33.72			

Event 47 Girls 11 Year Olds 200 SC Meter Breaststroke (HDW)

	Name	Age	Team	Seed Time	Finals Time
1	Collyer, Mabli	11	Carmarthen	3:26.81	3:10.91
	45.03 49.42 48.81	47.65			
2	Tucker, Holly O	11	City of Swansea Aquatics Club	3:32.80	3:22.36
	47.14 51.74 52.00	51.48			
3	Minty, Gracie L	11	City of Swansea Aquatics Club	3:38.20	3:36.05
	49.42 56.51 57.09	53.03			

West Wales Regionals 2019 - 01/02/2019 to 10/02/2019**Results - Session 10 - Warmup 11.00am****(Event 47 Girls 11 Year Olds 200 SC Meter Breaststroke (HDW))**

Name	Age	Team	Seed Time	Finals Time
4 Marsh, Nina	11	Milford Haven	3:50.87	3:42.55
53.14 56.74 58.67	54.00			
5 Turatto-Owen, Maddison G	11	City of Swansea Aquatics Club	3:45.49	3:44.99
53.30 57.29 57.66	56.74			
6 Thomas, Medi A	11	City of Swansea Aquatics Club	3:56.34	3:45.09
50.65 58.62 1:01.04	54.78			
7 Jacklin, Isabelle F	11	Nexus Valleys Swimming Club	4:01.11	3:52.72
55.98 59.22 58.98	58.54			
8 Sears-neale, Saoirse L	11	City of Swansea Aquatics Club	3:48.26	4:01.20
54.88 1:01.38 1:03.48	1:01.46			
9 Holdsworth, Sienna	11	Celtic Dolphins	4:03.00	4:06.52
55.99 1:03.15 1:05.19	1:02.19			

Event 47 Girls 12 Year Olds 200 SC Meter Breaststroke (HDW)

Name	Age	Team	Seed Time	Finals Time
1 Gilligan, Gracie	12	Neath SC	2:57.63	3:02.34
41.88 46.29 47.17	47.00			
2 Bissicks, Ella H	12	Celtic Dolphins	3:23.88	3:10.64
41.18 49.07 50.83	49.56			
3 Hughes, Cari	12	Nexus Valleys Swimming Club	3:24.12	3:18.34
44.53 50.91 52.14	50.76			
4 Hale, Gemma N	12	City of Swansea Aquatics Club	3:21.61	3:18.51
44.35 50.02 51.96	52.18			
5 Davies, Rhian L	12	City of Swansea Aquatics Club	3:16.00	3:22.49
45.39 52.69 52.95	51.46			
6 Brown, Caitlin	12	Amman Valley	3:53.96	3:46.52
53.57 59.61 58.81	54.53			
7 Scully, Freya A	12	City of Swansea Aquatics Club	4:02.71	3:52.17
51.71 59.95 1:00.78	59.73			
8 Edwards, Ellie	12	Celtic Dolphins	4:01.36	3:54.92
53.27 1:00.64 1:01.88	59.13			
--- Tyrrell, Kiera	12	Celtic Dolphins	3:52.93	DQ
49.79 57.71 56.98	51.69			

Event 42 Girls 13 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Lewis, Lowri	13	Neath SC	29.50	29.19
2 Lewis, Caera	13	Pembroke & District Asc	29.75	29.33
3 Patterson, Millie	13	Carmarthen	29.74	29.54
4 Pritchard, Kara E	13	City of Swansea Aquatics Club	31.70	31.36
5 Thomas, Seren M	13	City of Swansea Aquatics Club	32.13	32.54
6 Goddard, Evie E	13	Haverfordwest	32.44	32.81
7 Phillips, Erin	13	Celtic Dolphins	32.37	33.12
8 Griffiths, Enfys	13	Haverfordwest	32.55	33.48

Event 42 Girls 14 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Davies, Abigail H	14	City of Swansea Aquatics Club	29.14	29.23
2 Davies-Amos, Angelica R	14	City of Swansea Aquatics Club	29.15	29.24
3 Evans, Bethan	14	Neath SC	29.92	29.40
4 Krol, Sophie	14	Haverfordwest	29.93	29.89
5 Fox, Eve L	14	City of Swansea Aquatics Club	30.39	30.32
6 Lloyd, Ruby C	14	City of Swansea Aquatics Club	30.44	30.56
7 Scott, Summer	14	City of Swansea Aquatics Club	30.71	30.80
8 Clapham, Rhiannon m	14	Fishguard Flyers	30.84	31.47

West Wales Regionals 2019 - 01/02/2019 to 10/02/2019**Results - Session 10 - Warmup 11.00am****Event 42 Girls 15-16 50 SC Meter Freestyle**

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Protheroe, Chloe B	16	City of Swansea Aquatics Club	29.21	29.23
2	Lewis, Rachael E	15	Fishguard Flyers	29.41	29.38
3	Robinson, Francesca S	16	Haverfordwest	29.84	29.60
4	Evans, Caitlin R	15	City of Swansea Aquatics Club	30.23	30.03
5	Davies, Katie	16	Neath SC	29.87	30.04
6	Thomson, Megan E	15	Haverfordwest	29.83	30.13
7	Davies, Ellie L	15	City of Swansea Aquatics Club	30.51	30.23
8	Conlon, Nia	16	Carmarthen	30.43	30.68

Event 42 Girls 17 & Over 50 SC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Jones, Niamh	19	City of Swansea Aquatics Club	29.38	29.44
2	Harding, Lucy	18	Haverfordwest	29.47	30.29
3	Holdsworth, Jasmine	17	Celtic Dolphins	31.83	31.56

Event 43 Boys 13 Year Olds 50 SC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Marsh, Gabe	13	Milford Haven	40.11	39.50
2	Swinton, Christopher J	13	City of Swansea Aquatics Club	41.38	42.84
3	Edwards, Sam C	13	Nexus Valleys Swimming Club	41.72	42.87
4	Sparks, Harry	13	Carmarthen	42.91	43.78
5	Rogers, Logan A	13	Neath SC	42.26	44.07
6	Griffin, Davie	13	Celtic Dolphins	44.59	45.49
7	Williams, Ethan	13	Llanelli	46.96	48.95
---	Owen, Cai	13	Haverfordwest	46.85	DQ

Event 43 Boys 14 Year Olds 50 SC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	McDowell, Josh	14	Haverfordwest	33.48	32.95
2	Gwynne-Jones, Dylan	14	Carmarthen	35.83	35.95
3	Burkett, Maximus C	14	City of Swansea Aquatics Club	36.94	36.14
4	Hewitt, Harry C	14	City of Swansea Aquatics Club	37.05	37.28
5	North-Mullis, Oliver	14	Carmarthen	38.06	38.13
6	Williams, Tyler J	14	City of Swansea Aquatics Club	39.82	40.03
7	Francis, Woody L	14	City of Swansea Aquatics Club	42.01	42.48
8	Thomas, Rhys A	14	City of Swansea Aquatics Club	41.99	42.80

Event 43 Boys 15-16 50 SC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Shiels, Charlie J	15	Pembroke & District Asc	32.71	32.83
2	Morgan, Dylan	15	Carmarthen	34.48	33.56
3	Fitzsimmons, Arron	15	Pembroke & District Asc	35.33	35.39
4	Edwards, Liam	15	Carmarthen	36.27	36.00
5	Partridge, Rhys	15	Llanelli	36.65	36.51
6	Southam, Jack	16	Llanelli	36.99	37.10
7	Greenway, Morgan S	16	City of Swansea Aquatics Club	37.40	37.48
8	Seppman, Neo T	15	City of Swansea Aquatics Club	40.18	40.77

West Wales Regionals 2019 - 01/02/2019 to 10/02/2019**Results - Session 10 - Warmup 11.00am****Event 43 Boys 17 & Over 50 SC Meter Breaststroke**

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Barrett, Sean A	17	Haverfordwest	31.52	31.48
2	Morris, Alexander T	20	City of Swansea Aquatics Club	33.50	31.67
3	Job, Kyle	21	Penyrheol	32.09	31.83
4	Dunning, Luke	17	Llanelli	36.58	36.06

Event 44 Boys 11 Year Olds 100 SC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Montgomery, Sammy 41.76 44.02	11	Fishguard Flyers	1:25.32	1:25.78
2	Sparks, Sebastian 43.76 45.04	11	Carmarthen	1:30.91	1:28.80
3	Sellick, Fenn 44.16 45.24	11	Llanelli	1:29.12	1:29.40

Event 44 Boys 12 Year Olds 100 SC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Jones, Dafydd R 36.70 38.08	12	Carmarthen	1:15.66	1:14.78
2	Thomas, Iestyn 41.75 42.69	12	Neath SC	1:23.85	1:24.44
3	Fletcher, Owen 42.15 42.55	12	Haverfordwest	1:28.30	1:24.70
4	Butcher, Benjamin 42.80 44.61	12	Haverfordwest	1:27.42	1:27.41
5	Lee, Aneurin 43.67 45.37	12	Pembroke & District Asc	1:27.77	1:29.04
6	Johnstone, Daniel 43.45 45.84	12	Carmarthen	1:30.65	1:29.29
7	Morgan, Jack 46.49 48.89	12	Pembroke & District Asc	1:32.70	1:35.38
8	Thomson, Jacob 47.90 51.08	12	Haverfordwest	1:40.61	1:38.98